

Case Caption	
Order Number	
Claim Number	
Firm File Number	
Date of loss	

Medical Record Information Synopsis

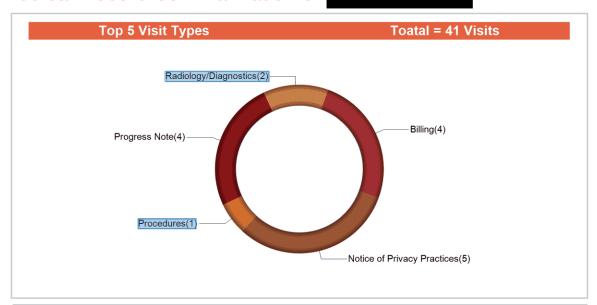
1.	Records From:	03/11/2008	То:	11/22/2021	Period Covered:	164 Months
	Total Pages in File:	325	Date of Summarization:	02/10/2022		
2.	Record Subject:		SSN:		DOB:	
	Gender:	Female	Weight:	276 lbs	DOD:	
3.	Total # of Providers:	4	Total # Visits:	42	Total Billed:	\$0

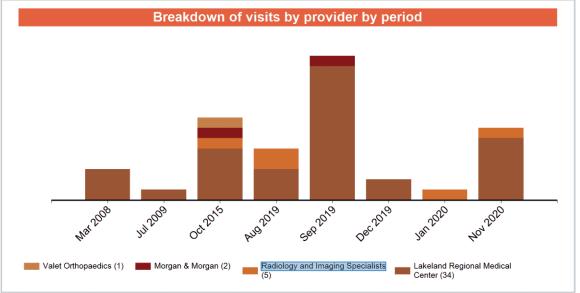
Summarization requested on the following locations as of 03/11/2008

Record Location	City, State	Pages	RECORDS Completed	S Pending
Lakeland Regional Medical Center	Lakeland, FL	34	abla	
Morgan & Morgan	Atlanta, GA	2	✓	
Radiology and Imaging Specialists	Lakeland, FL	5	✓	
Valet Orthopaedics	Tampa, FL	1	\checkmark	



Medical Record Summarization of







Visit Index by Date

Patient Name:

Date	Pg. Number Document	Name	Report Type Visit Summary
No Date	Pg. 1-3	Lakeland Regional Medical Center	Neck Disability Index
03/11/2008	Pg. 4-5	Lakeland Regional Medical Center	Notice of Privacy Practices
07/22/2009	Pg. 6-7	Lakeland Regional Medical Center	Notice of Privacy Practices
03/07/2013	Pg. 8-9	Lakeland Regional Medical Center	Notice of Privacy Practices
10/15/2015	Pg. 10-11	Lakeland Regional Medical Center	Notice of Privacy Practices
10/27/2015	Pg. 12-13	Lakeland Regional Medical Center	Procedures
10/20/2017	Pg. 14	Radiology and Imaging Specialists	Patient Statement of Pregnancy
03/11/2019	Pg. 15-16	Lakeland Regional Medical Center	Notice of Privacy Practices
08/27/2019	Pg. 17-29	Lakeland Regional Medical Center	Progress Note
08/27/2019	Pg. 30-35	Radiology and Imaging Specialists	Radiology/Diagnostics
08/27/2019	Pg. 36	Radiology and Imaging Specialists	Access Authorization for the Use or Disclosure of Protected Health Information.
09/12/2019	Pg. 37-44	Lakeland Regional Medical Center	Progress Note
09/12/2019	Pg. 45-47	Lakeland Regional Medical Center	OP Rehab Authorization
09/13/2019	Pg. 48	Morgan & Morgan	Correspondence
09/18/2019	Pg. 49-69	Lakeland Regional Medical Center	Physical Therapy Outpatient Examination
09/18/2019	Pg. 70-71	Lakeland Regional Medical Center	Rehabilitative Services Medical History
09/18/2019	Pg. 72-74	Lakeland Regional Medical Center	Physician Orders
09/18/2019	Pg. 75-77	Lakeland Regional Medical Center	Neck Disability Index
09/18/2019	Pg. 78-79	Lakeland Regional Medical Center	Functional-Home Environment
09/18/2019	Pg. 80-81	Lakeland Regional Medical Center	Gynecology/Obstetrics Information
09/18/2019	Pg. 82-83	Lakeland Regional Medical Center	Education
09/18/2019	Pg. 84-85	Lakeland Regional Medical Center	Problem List
09/18/2019	Pg. 86-87	Lakeland Regional Medical Center	Clinical Diagnoses



09/18/2019	Pg. 88-89	Lakeland Regional Medical Center	Infusion Billing Report
09/23/2019	Pg. 90-95	Lakeland Regional Medical Center	Rapid Pain Assessment
10/01/2019	Pg. 96-97	Lakeland Regional Medical Center	Coding Summary
10/18/2019	Pg. 98-266	Lakeland Regional Medical Center	Outpatient Physical Therapy
10/18/2019	Pg. 267-290	Lakeland Regional Medical Center	Physical Therapy Discharge
			Summary
10/24/2019	Pg. 291-292	Morgan & Morgan	Authorization for Release of
			Protected Health Information
12/19/2019	Pg. 293-296	Lakeland Regional Medical Center	Progress Note
12/19/2019	Pg. 297-298	Lakeland Regional Medical Center	Laboratory
01/21/2020	Pg. 299	Radiology and Imaging Specialists	Correspondence to Ms. Ramirez
10/16/2020	Pg. 300-301	Valet Orthopaedics	Orthopedic Surgery Consultation
11/16/2020	Pg. 302-303	Lakeland Regional Medical Center	Allergy List
11/16/2020	Pg. 304-305	Lakeland Regional Medical Center	Social History
11/16/2020	Pg. 306	Lakeland Regional Medical Center	Immunizations
11/16/2020	Pg. 307	Lakeland Regional Medical Center	Radiology/Diagnostics
11/27/2020	Pg. 308-311	Lakeland Regional Medical Center	Progress Note
08/17/2021	Pg. 312-315	Lakeland Regional Medical Center	Billing
08/27/2021	Pg. 316-322	Lakeland Regional Medical Center	Billing
11/02/2021	Pg. 323-324	Lakeland Regional Medical Center	Billing
11/22/2021	Pg. 325	Radiology and Imaging Specialists	Billing

Control No:

Chronological Visit Summary

Patient Name:

No Date	Lakeland Regional Medical Center	Pg. 1-3
Neck Disability Index	Neck disability index score is 8%.	
03/11/2008	Lakeland Regional Medical Center	Pg. 4-5
Notice of Privacy Practices	Acknowledgment of Receipt.	
07/22/2009	Lakeland Regional Medical Center	Pg. 6-7
Notice of Privacy Practices	Acknowledgment of Receipt)	
03/07/2013	Lakeland Regional Medical Center	Pg. 8-9
Notice of Privacy Practices	Acknowledgment of Receipt.	
10/15/2015	Lakeland Regional Medical Center	Pg. 10-11
Notice of Privacy Practices	Acknowledgment of Receipt.	
10/27/2015	Lakeland Regional Medical Center	Pg. 12-13
Procedures	Appendectomy laparoscopic, adult.	
10/20/2017	Radiology and Imaging Specialists	Pg. 14
Patient Statement of Pregnancy	Not pregnant. Last menstrual cycle was on 10/06/17.	
03/11/2019	Lakeland Regional Medical Center	Pg. 15-16
Notice of Privacy Practices	Acknowledgment of Receipt.	
08/27/2019	Lakeland Regional Medical Center	Pg. 17-29

Progress Note History:

Patient presents with complaints of sudden onset of constant episodes of moderate entire neck pain described as sharp, aching and burning, radiating to the left shoulder and left arm. She rated the pain as 6/10. The symptoms resulted from a hyperflexion, hypertension and fall. She is currently experiencing neck pain. Symptoms are improved by immobilization and NSAIDs, but not by ice, heat and rest. Symptoms are made worse by head turn to right and left, neck flexion, neck extension and neck movement, but not by right arm use. Associated symptoms include neck stiffness, muscle spasm, tenderness, and impaired ROM and shoulder pain.

Observation:

BP: 118/78. WT: 272 lbs. HT: 5 feet 7 inches. HR: 97. Temp: 97.7 degrees F. SpO2: 98%. BMI: 42.6 kg/m2. Cervical Spine: Left paraspinal tenderness noted at level (C1, C2, C3, C4, C5, C6, C7, T1 and T2) and left trapezius muscles. Palpatory findings include left-sided muscle spasms (muscular, C1, C2, C3, C4, C5, C6, C7, T1 and T2). ROM was painful.

Impression/Diagnosis/Conclusion/Clinical Correlation:

Accidental fall.

Neck pain, acute.

Muscle spasms of neck.

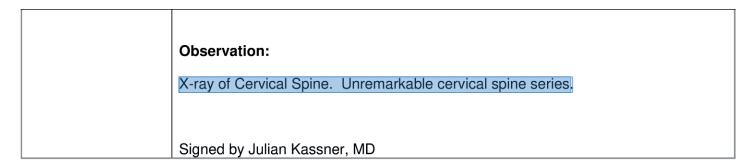
Cervical muscle strain, initial encounter.

Treatment/Prescription:

Prescribed cyclobenzaprine HCI. Continue meloxicam. PT referral was given. Advised to use cervical collar while out of bed. Ordered x-ray of cervical spine.

Signed by Kessarian Gustafson, APRN

08/27/2019	Radiology and Imaging Specialists	Pg. 30-35
Radiology/Diagnostics	History:	
	Low neck pain.	



08/27/2019	Radiology and Imaging Specialists	Pg. 36
Access	Patient hereby authorize Radiology and Imaging Specialists to use of	or disclose
Authorization for	protected health information.	
the Use or		
Disclosure of		
Protected Health		
Information.		

09/12/2019	Lakeland Regional Medical Center	Pg. 37-44
Progress Note	History:	
	Patient presents for followup due to fall on 08/23/19 in Atlanta George of persistent left shoulder pain/burning. She comes in with complain trapezius and pectoral muscle pain. She slipped and fell on the left with outstretched arm about 2 weeks ago. She was seen at walk-in normal cervical spine x-ray. Pain rated as 8/10. Worse with movem better with rest, not helped with Tylenol, Advil, Tiger Balm or Lidode did to the part bank and the great and wanted	ning of left side of her body clinic and had a nent of any kind, rm patch, but she
	PMH: Acute upper respiratory infection. Bilateral kidney stones, Mild bilate wheezing and acute exacerbation.	
	PSH: Appendectomy. Cholecystectomy. Lithotomy.	
	SH: Consumes alcohol occasionally.	

Meds:

Benadryl Allergy, cyclobenzaprine, Florastor.

Observation:

BP: 122/70. WT: 270 lbs. HT: 5 feet 7 inches. HR: 80. Temp: 97.6 degrees F. SpO2: 97%. BMI: 42.37 kg/m2. Cervical Spine: Tenderness over left trapezius muscle. ROM: Extension was restricted and painful. Rotation to the right was restricted and painful.

Impression/Diagnosis/Conclusion/Clinical Correlation:

Trapezius strain.

Treatment/Prescription:

Advised to start meloxicam. Recommended stretching exercise.

Singed by Robert Bala, MD

09/12/2019	Lakeland Regional Medical Center	Pg. 45-47
OP Rehab	Authorization of PT visits based on medical necessity.	
Authorization		

09/13/2019	Morgan & Morgan	Pg. 48
Correspondence	Requesting for copies of all medical records for the date of service of	of 08/23/19,

09/18/2019	Lakeland Regional Medical Center	Pg. 49-69
Physical Therapy	History:	
Outpatient		
Examination	Patient presents with left shoulder pain that began on 08/23/19 after	a fall. She reports
	pain in the anterior and posterior shoulder that extends into neck. S	She reports a prior
	diagnosis of cervical muscular strain. She reports migraines when t	he pain starts. She
	reports intermittent "burning" into left lateral arm. Aggravating factor	rs include
	movement and household chores. Pain is described as aching and	burning. Pain is

rated as 4/10.

PMH:

Spinal canal stenosis in lumbar spine.

Meds:

Meloxicam.

Observation:

Moderate TTP and grade 2 hypomobility noted with C7 and T1 CPA glides. Moderate-severe tone and TTP noted in left UT and supraspinatus muscle belly.

Impression/Diagnosis/Conclusion/Clinical Correlation:

Cervicalgia.

Rotator cuff strain.

Treatment/Prescription:

Recommended 12 visits of PT 3x/week for 4 weeks.

Signed by Ashley Singleton, PT

09/18/2019	Lakeland Regional Medical Center	Pg. 70-71
Rehabilitative	Patient presents for left shoulder pain, due to fall on August 23rd. T	
Services Medical	Excedrin. Pain is located at left shoulder to neck. Pain is better with	n doing nothing/ice.
History	Pain is worse with moving it.	

09/18/2019	Lakeland Regional Medical Center	Pg. 72-74
Physician Orders	Ordered OP PT POC, influenza vaccine screening, pneumococcal v	accine screening.

09/18/2019 Lakeland Regional Medical Center Pg.	75-77
---	-------

Neck Disability Index	Neck disability index score is 50%.	
09/18/2019	Lakeland Regional Medical Center	Pg. 78-79
Functional-Home Environment	Assistance needed for lifting things.	
09/18/2019	Lakeland Regional Medical Center	Pg. 80-81
Gynecology/Obstetri Information	Pregnancy status is unknown.	
09/18/2019	Lakeland Regional Medical Center	Pg. 82-83
Education	Procedure: Barriers to learning from 09/18/19 to 10/18/19. None ev	rident.
09/18/2019	Lakeland Regional Medical Center	Pg. 84-85
Problem List	Cervicalgia, renal colic, rotator cuff strain, trigeminal neuralgia.	
09/18/2019	Lakeland Regional Medical Center	Pg. 86-87
Clinical Diagnoses	Diagnosed with rotator cuff strain and cervicalgia.	
09/18/2019	Lakeland Regional Medical Center	Pg. 88-89
Infusion Billing Report	No results qualified.	
09/23/2019	Lakeland Regional Medical Center	Pg. 90-95
Rapid Pain Assessment	Pain assessment from 09/23/19 to 10/18/19. Left shoulder pain, des discomfort, sharp. Pain level is 6/10. Pain is constant.	scribed as burning,
10/01/2019	Lakeland Regional Medical Center	Pg. 96-97
Coding Summary	Diagnoses: S16.1XXA Strain of muscle, fascia and tendon at neck lencounter. M62.838 Other muscle spasm. M54.2 Cervicalgia	evel, initial
10/18/2019	Lakeland Regional Medical Center	Pg. 98-266
Outpatient Physical Therapy	Patient participated in outpatient physical therapy sessions from 09/for cervical and left RTC muscular strain.	18/19 to 10/18/19

10/18/2019	La	akeland Regiona	al Medica	al Center		Pg. 267-290
Physical Therapy Discharge	Left UE ROM OT Left UE Active					
Summary	L	UE Active Date	L Active Flexion 0	Shoulder 0-180	L Active Shoulder Abduction 0-180	L Active Shoulder External Rotation 0-90
	Active :	自由应用电压图60任用电应用电应用电位用电应用电应用电应用电应用电应用电应用电	Compile physical desir desir desir des	150- pain	120- pain	C7
	Active :	10/11/19		155	155	-{IN ERROR}- { [T3] - previously charted by Singleton PT, Ashley-at 10/18/2019-9:08 EDT);
	Active :	10/18/19		WNL	WNL	T3
	Active .	Singleton PT,	Sin	gleton PT,	Singleton PT,	Singleton PT,
		Ashley - 10/18/2019 9:08 EDT		Ashley - 2019 9:08 EDT	Ashley - 10/18/2019 9:08	Ashley - 10/18/2019 9:29 EDT
		L Active Shi		Left Scap	ROM/Strength Upper Extremity oular Elevation :	4+
		0-90		Shot	ulder Flexion: 4	+
	Active		T12	Shot	ulder Abduction :	4+
	Active	and the second s		Shot	ulder External Ro	tation: 4
		[T10] pre	viously	Shor	ulder Internal Rot	ation: 4
		eha	rted-by		w Flexion: 4+	
		Single	ton PT,	Elbo	w Extension: 4	+
			hiey at			
		10/18/20			t Upper Extremit	
			EDT);	,	oular Elevation :	
	Active	i de inde	T10		ulder Flexion: 4	
	franchis has a sea on a sea on a sea on complete and a sea on a se	Single	ton PT,		ulder Abduction ;	
		A	\shley -		ulder External Ro	
		10/18/20	19 9:29	-	ulder Internal Rot w Flexion : 4+	ation: 4
			EDT		w Fiexion: 4+ w Extension: 4-	
	Long Term Goals			2.00	W Extension , 4	•
	Long Term Goals					
	Lo	ong Term Goal 1	Long Ter	m Goal 2	Long Term Goal 3	Long Term Goal 4
		Pt will be dependenpt with HEP in 12 sessions to promote safe unctional mobility.	de cervical AROM al	Pt will monstrate and L GH to WNL in I planes to mote safe	demonstrate 4+/5 BUE and cervical MMT to promote safe functional	improvement with completing work-related activities to
			,			

10/18/2019	Lakeland Regional Medical Center	Pg. 267-290
Physical Therapy	Assessment	
Discharge Summary	Impairments/Limitations : Pain limiting function, Range of motion de deficits	ficits, Strength
	Progress Assessment: Progressing as expected. Patient has attended 13 sessions of skilled outpatient physical thera and left RTC muscular strain. Patient exhibits left GH AROM and continues. Increased BUE and cervical flexion muscular strain reported pain, and improved perceived functional ability as demonst NDI score. Patient continues with mild deficits in bilateral GH externation muscular strength to WNL. Patient has MET 4 of 5 goals out and is appropriate for safe discharge with HEP at this time to continue towards goals. Patient agrees with his recommendation. Signed by Ashley Singleton, PT	ervical AROM to ength, no trated by a DEC nal and internal utlined in the IE

10/24/2019	Morgan & Morgan	Pg. 291-292
Authorization for	Authorization is directed to Lakeland Regional Health Sports Medicin	ne.
Release of		
Protected Health		
Information		

12/19/2019	Lakeland Regional Medical Center	Pg. 293-296	
Progress Note	History: Patient presents with complaints of sudden onset of constant episodes of moderate		
	cold symptoms x4 days. Her symptoms caused by community exporespiratory tract infection. Symptoms are worsening. Associated synasal congestion, runny nose, postnasal drainage, hoarseness, profacial pressure, facial pain, headache, wheezing, shortness of breatl weakness, nausea, vomiting, fever, and chills.	mptoms include ductive cough,	
	Observation:		
	BP: 122/76. Wt: 263 lbs. Temp: 99.3. HR: 113. O2 saturation: Constitutional: Acutely ill, uncomfortable and appears tired but alert Examination of pharynx showed moist mucosa and erythema but no voice was hoarse.	and obese.	
	Impression/Diagnosis/Conclusion/Clinical Correlation: Acute upper respiratory tract infection.		

Influenza B.
No illicit drug use.
Treatment/Prescription:
Ordered influenza A and B test. Start oseltamivir phosphate, promethazine DM. Advised to drink plenty of fluids. Good hand washing is one of the best ways to control the spread of germs.
Signed by Karem Remond, MD

12/19/2019	Lakeland Regional Medical Center	Pg. 297-298
Laboratory	Negative influenza A test. Positive influenza B test.	

01/21/2020	Radiology and Imaging Specialists	Pg. 299
Correspondence to	to We have been unable to reach you by telephone to schedule an exam requested by	
Ms. Ramirez	your physician.	

10/16/2020	Valet Orthopaedics	Pg. 300-301
Orthopedic Surgery Consultation	History: Patient had a slip and fall injury on 08/23/19 while in a hotel in George that she tried catching herself with the left arm and subsequently had in her left upper neck and trapezius area since. She has previously therapy for approximately 6 weeks which she states has given her states does get migraine and headaches. She states that gabapentin does Most of her issues are in her neck. PMH: Cholecystectomy, kidney stones. Meds: Gabapentin.	s been having pain done physical come relief. She

Observation:

Wt: 206 lbs. Musculoskeletal: Cervical spine: Tenderness over the left trapezial region. Positive Spurling's.

Impression/Diagnosis/Conclusion/Clinical Correlation:

Left neck pain.

Treatment/Prescription:

Recommended to obtain an MRI of neck and subsequently follow up with Dr. Nel.

Signed by Mohit Bansal, MD

11/16/2020	Lakeland Regional Medical Center	Pg. 302-303
Allergy List	No known allergies.	

11/16/2020	Lakeland Regional Medical Center	Pg. 304-305
Social History	Alcohol currently 1-2 times per month.	

11/16/2020	Lakeland Regional Medical Center	Pg. 306
Immunizations	Administered Influenza virus, vaccine inactivated at right deltoid on Fojtik, RN.	11/16/20 by Mary

11/16/2020	Lakeland Regional Medical Center	Pg. 307
Radiology/Diagnostics	Observation:	
	ECG. 1) Sinus rhythm rate of 78. 2) Normal ECG.	
	Signed by David Smith, DO	

11/27/2020	Lakeland Regional Medical Center	Pg. 308-311
Progress Note	History:	
	Patient presents for followup due to chest pain. She was here after	hospitalization.

She was hospitalized at LRH on 11/16/20 and discharged on 11/17/20. Hospital Course: She went to the ER with complaints of chest pain and was admitted for chest pain to rule out myocardial infarction. She refused stress test because she is claustrophobic. GI cocktail did not relieve the chest pain. She has history of cholecystectomy. She is still experiencing some off and on left-sided chest pain under her breast. She was discharged to home.

PMH:

History of bilateral kidney stones. Mild intermittent reactive airway disease with wheezing and acute exacerbation.

Meds:

Benadryl, gabapentin, meloxicam and vitamin B12.

Observation:

BP: 110/70. Wt: 276 lbs. HT: 5 feet 7 inches. HR: 70. Temp: 97.1 degrees F. SpO2: 98%. BMI: 43.23 kg/m2.

Impression/Diagnosis/Conclusion/Clinical Correlation:

Hospital discharge follow-up.

Atypical chest pain.

Breast pain in female.

Treatment/Prescription:

Referred to Cardiology. Requested for EGD, mammogram and bilateral breast ultrasound. Will do further testing to evaluate her left-sided chest pain.

Signed by Robert Bala, MD

08/17/2021	Lakeland Regional Medical Center	Pg. 312-315
------------	----------------------------------	-------------

Visit Index

Billing			
08/27/2021		Lakeland Regional Medical Center	Pg. 316-322
Billing	Billing		
11/02/2021		Lakeland Regional Medical Center	Pg. 323-324
Billing	Billing		
11/22/2021		Radiology and Imaging Specialists	Pg. 325
Billing	Billing		•

Vicit Indov	
Visit Index	
Date of Birth	ı

* Auth (Verified) *



Patient's Name	Number Date
NECK DIS	ABILITY INDEX
everyosy me. Please answer every section and mark in each	nation as to how your neck pain has affected your ability to manage in ch section only ONE box which applies to you. We realize you may to you, but please just mark the box which MOST CLOSELY
Section 1 - Pain Intensity	Section 6 - Concentration
☐ I have no pain at the moment. ☐ The pain is very mild at the moment. ☐ The pain is moderate at the moment. ☐ The pain is fairly severe at the moment. ☐ The pain is very severe at the moment. ☐ The pain is the worst imaginable at the moment.	☐ I can concentrate fully when I want to with no difficulty. ☐ I can concentrate fully when I want to with slight difficulty. ☐ I have a fair degree of difficulty in concentrating when I want to. ☐ I have a lot of difficulty in concentrating when I want to. ☐ I have a great deal of difficulty in concentrating when I want to. ☐ I cannot concentrate at all.
Section 2 - Personal Care (Washing, Dressing, etc.)	Section 7Work
☐ I can look after myself normally without causing extra pain. ☐ I can look after myself normally but it causes extra pain. ☐ It is painful to look after myself and I am slow and careful. ☐ I need some help but manage most of my personal care. ☐ I need help every day in most aspects of self care. ☐ I do not get dressed, I wash with difficulty and stay in bed.	☐ I can do as much work as I want to. ☐ I can only do my usual work, but no more. ☐ I can do most of my usual work, but no more. ☐ I cannot do my usual work. ☐ I can hardly do any work at all. ☐ I can't do any work at all.
Section 3 – Lifting	Section 8 - Driving
 □ I can lift heavy weights without extra pain. □ I can lift heavy weights but it gives extra pain. □ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table; □ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. □ I can lift very light weights. □ I cannot lift or carry enything at all. 	 □ I drive my car without any neck pain. □ I can drive my car as long as I want with slight pain in my neck. □ I can drive my car as long as I want with moderate pain in my neck. □ I can't drive my car as long as I want because of moderate pain in my neck. □ I can hardly drive my car at all because of severe pain in my neck. □ I can't drive my car at all.
Section 4 – Reading	Section 9 Sleeping
 ☑ I can read as much as I want to with no pain in my nack. ☑ I can read as much as I want to with slight pain in my nack. ☑ I can read as much as I want with moderate pain. ☑ I can't read as much as I want because of moderate pain in my nack. ☑ I can hardly read at all because of severe pain in my nack. ☑ I cannot read at all. 	☐ I have no trouble sleeping. ☐ My sleep is slightly disturbed (less than 1 hr. sleepless). ☐ My sleep is moderately disturbed (1-2 hrs. sleepless). ☐ My sleep is moderately disturbed (2-3 hrs. sleepless). ☐ My sleep is greatly disturbed (3-4 hrs. sleepless). ☐ My sleep is completely disturbed (5-7 hrs. sleepless). Section 10 — Recreation
Section 5-Headaches	Plam able to engage in all my recreation activities with no neck-
☐ I have no headaches et all. ☐ I have slight headaches which come infrequently. ☐ I have slight headaches which come frequently. ☐ I have moderate headaches which come infrequently. ☐ I have severe headaches which come frequently. ☐ I have headaches almost all the time. Scoring: Quastions are scored on a vertical scale of 0-5. Total scores	pain at all. It am able to engage in all my recreation activities, with some pain in my neck. It is able to engage in most, but not all of my usual recreation activities because of pain in my neck. It is able to engage in a few of my usual recreation activities because of pain in my neck. It can hardly do any recreation activities because of pain in my neck.
and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered a significant activities of daily living disability. (Score x 2) / Sections x 10) = %ADL	Comments
	Reference: Vernon, Mior, JMPT 1991; 14(7): 409-1:

(4,81



* Auth (Verified) *

Patient's Name	NumberDate
NECK DI	SABILITY INDEX
everyday me. Please answer every section and mark in e	mation as to how your neck pain has affected your ability to manage in ach section only ONE box which applies to you. We realize you may to you, but please just mark the box which MOST CLOSELY
Section 1 - Pain Intensity	Section 6 - Concentration
☐ I have no pain at the moment. ☐ The pain is very mild at the moment. ☐ The pain is moderate at the moment. ☐ The pain is fairly severe at the moment. ☐ The pain is very severe at the moment. ☐ The pain is the worst imaginable at the moment.	E can concentrate fully when I want to with no difficulty. □ I can concentrate fully when I want to with slight difficulty. □ I have a fair degree of difficulty in concentrating when I want to. □ I have a lot of difficulty in concentrating when I want to. □ I have a great deal of difficulty in concentrating when I want to. □ I cannot concentrate at all.
Section 2 Personal Care (Washing, Dressing, etc.)	Section 7Work
☐ can look after myself normally without causing extra pain. ☐ I can look after myself normally but it causes extra pain. ☐ It is painful to look after myself and I am slow and careful. ☐ I need some help but manage most of my personal care. ☐ I need help every day in most aspects of self-care. ☐ I do not get dressed, I wash with difficulty and stay in bed.	 ☐ can do as much work as I want to. ☐ I can only do my usual work, but no more. ☐ I can do most of my usual work, but no more. ☐ I cannot do my usual work. ☐ I can hardly do any work at all. ☐ I can't do any work at all.
Section 3 – Lifting	Section 8 – Driving
 □ I can lift heavy weights without extra pain. ☑ I can lift heavy weights but it gives extra pain. □ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table. □ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. □ I can lift very light weights. □ I cannot lift or carry anything at all. 	 □ I drive my car without any neck pain. □ I can drive my car as long as I want with slight pain in my neck. □ I can drive my car as long as I want with moderate pain in my neck. □ I can't drive my car as long as I want because of moderate pain in my neck. □ I can hardly drive my car at all because of severe pain in my neck. □ I can't drive my car at all.
Section 4 – Reading	Section 9 - Sleeping
☐ I can read as much as I want to with no pain in my neck. ☐ I can read as much as I want to with slight pain in my neck. ☐ I can read as much as I want with moderate pain. ☐ I can't read as much as I want because of moderate pain in my neck. ☐ I can hardly read at all because of severe pain in my neck. ☐ I cannot read at all.	☐ I have no trouble sleeping. ☐ My sleep is slightly disturbed (less than 1 hr. sleepless). ☐ My sleep is moderately disturbed (1-2 hrs. sleepless). ☐ My sleep is moderately disturbed (2-3 hrs. sleepless). ☐ My sleep is greatly disturbed (3-4 hrs. sleepless). ☐ My sleep is completely disturbed (5-7 hrs. sleepless). Section 10 — Recreation
Section 5-Headaches	 If am able to engage in all my recreation activities with no neck
☐ I have no headaches at all. ☐ I have slight headaches which come infrequently. ☐ I have slight headaches which come infrequently. ☐ I have moderate headaches which come infrequently. ☐ I have severe headaches which come frequently. ☐ I have headaches almost all the time.	pain at all. □ I am able to engage in all my recreation activities, with some pain in my neck. □ I am able to engage in most, but not all of my usual recreation activities because of pain in my neck. □ I am able to engage in a few of my usual recreation activities because of pain in my neck. □ I can hardly do any recreation activities because of pain in my
Scoring: Questions are scored on a vertical scale of 0-6. Total scores and multiply by 2. Divide by number of sections answered multiplied by i0. A score of 22% or more is considered a significant activities of daily iving disability.	neck. □ I can't do any recreation activities at all. Comments
Score x 2) / (Sections x 10) =%ADL	Reference: Vernon, Mior. JMPT 1991; 14(7): 409-14
	nergrenue, verrieri, mer. Juli 1 3891; 14(/): 4(9-):



Patient Nam Date of Birth MRN:

* Auth (Verified) *

Patient's Name	NumberDate
NECK DISA	BILITY INDEX
This questionnaire has been designed to give the doctor informat	tion as to how your neck pain has affected your ability to manage in section only ONE box which applies to you. We realize you may
consider that two of the statements in any one section relate to describes your problem.	you, but please just mark the box which MOST CLOSELY
Section 1 - Pain Intensity	Section 6 - Concentration
I have no pain at the moment. The pain is very mild at the moment. The pain is moderate at the moment. The pain is fairly severe at the moment.	 ∠ can concentrate fully when t want to with no difficulty. I can concentrate fully when t want to with slight difficulty. I have a fair degree of difficulty in concentrating when I want to I have a lot of difficulty in concentrating when I want to.
☐ The pain is very severe at the moment. ☐ The pain is the worst imaginable at the moment.	□ I have a great deal of difficulty in concentrating when I want to. □ I cannot concentrate at all.
Section 2 Personal Care (Washing, Dressing, etc.)	Section 7—Work
☐ can look after myself normally without causing extra pain. ☐ I can look after myself normally but it causes extra pain. ☐ It is painful to look after myself and I am slow and careful. ☐ I need some help but manage most of my personal care. ☐ I need help every day in most aspects of self care. ☐ I do not get dressed, I wash with difficulty and stay in bed.	☐ can do as much work as ! want to. ☐ I can only do my usuai work, but no more. ☐ I can do most of my usual work, but no more. ☐ I cannot do my usual work. ☐ I can hardly do any work at all. ☐ I can't do any work at all.
Section 3 - Lifting	Section 8 - Driving
☐ I can lift heavy weights without extra pain. 27 can lift heavy weights but it gives extra pain. ☐ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table. ☐ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. ☐ I can lift very light weights. ☐ I cannot lift or carry anything at all.	 ☐ I drive my car without any neck pain. ☐ I can drive my car as long as I want with slight pain in my neck. ☐ I can't drive my car as long as I want because of moderate pair in my neck. ☐ I can't drive my car at all because of severe pain in my neck. ☐ I can hardly drive my car at all because of severe pain in my neck. ☐ I can't drive my car at all.
Section 4 – Reading	Section 9 - Sleeping
☐ I can read as much as I want to with no pain in my neck. ☐ I can read as much as I want to with slight pain in my neck. ☐ I can read as much as I want with moderate pain. ☐ I can't read as much as I want because of moderate pain in my neck. ☐ I can hardly read at all because of severe pain in my neck.	☐ I have no trouble sleeping. ☐ My sleep is slightly disturbed (less than 1 hr. sleepless). ☐ My sleep is moderately disturbed (1-2 hrs. sleepless). ☐ My sleep is moderately disturbed (2-3 hrs. sleepless). ☐ My sleep is greatly disturbed (3-4 hrs. sleepless). ☐ My sleep is completely disturbed (5-7 hrs. sleepless).
I cannot read at all,	Section 10 – Recreation
Section 5-Headaches	an able to engage in all my recreation activities with no neck
It have no headaches at all. It have slight headaches which come infrequently. It have slight headaches which come frequently. It have moderate headaches which come infrequently. It have severe headaches which come frequently. It have headaches almost all the time.	 ☐ I am able to engage in all my recreation activities, with some pain in my neck. ☐ I am able to engage in most, but not all of my usual recreation activities because of pain in my neck. ☐ I am able to engage in a few of my usual recreation activities because of pain in my neck.
	I can hardly do any recreation activities because of pain in my
Scoring: Questions are accred on a vertical scale of 0-5. Total accres and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered a significant activities of daily iving disability.	neck. C i can't do any recreation activities at all. Comments
(Score x 2) / (Sections x 10) = %ADL_	Comments %AUX.



* Auth (Verified) *





Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the *Notice of Privacy Practices* of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our *Notice of Privacy Practices* provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.lrmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at (863) 687-1 1 00, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

and Lakel	and Regional Health Systems, Inc.			
Signature	/ (pplicat/phrant/appropriate/approline)	Date	10/15/08	

Lacknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center,

To be completed only if no signature obtained. If it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgement, and the reasons why the acknowledgement was not obtained.

Signature of provider representative Date

LAKELAND REGIONAL MEDICAL CENTER

NOTICE OF PRIVACY PRACTICE
ACKNOWLEDGE OF RECEIPT.

CON500079P MRC 04803





Patient Name: Date of Birth:

* Auth (Verifled) *











NOTICE OF PRIVACY PRACTICES

Acknowledgment of Receipt

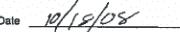
By signing this form, you acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.lrmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our Notice of Privacy Practices, please contact the Director of Health Information Managemient Services at (863) 687-1 1 00, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Health Systems

Signature



To be completed only if no signature obtained, if it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgement was not obtained.

Signature of provider representative

Date

LAKELAND REGIONAL MEDICAL CENTER

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGE OF RECEIPT.













22.00







NOTICE OF PRIVACY PRACTICES

Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the *Notice of Privacy Practices* of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our *Notice of Privacy Practices* provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.lrmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Managemient Services at (863) 687-1 1 00, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Health Systems, Inc.



Date 7/22/09

To be completed only if no signature obtained. If it is not possible to obtain the individual's acknowledgment, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgement was not obtained.

Signature of provider representative ______ Date

LAKELAND REGIONAL MEDICAL GENTER

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGE OF RECEIPT

CONSIDERTOP MIRC 04/93



Patient Name: Date of Birth: MRN:

* Auth (Verified) *





.







NOTICE OF PRIVACY PRACTICES

Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the *Notice of Privacy Practices* of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our *Notice of Privacy Practices* provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.lmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at (863) 687-1 1 00, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Health Systems, Inc.



Date 7/22/09

To be completed only if no signature obtained, if it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgement was not obtained.

Signature of provider representative

Date

LAKELAND REGIONAL MEDICAL CENTER



NOTICE OF PRIVACY PRACTICE ACKNOWLEDGE OF RECEIPT

CONSCIONTED MRC 6463







Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the *Notice of Privacy Practices* of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our *Notice of Privacy Practices* provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.lrmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at (863) 687-1 1 00, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practice and Lakeland	es of Lakeland Regional Medical Center,
Signature _	3/7/13@1857 Date / Time
	*

To be completed only if no signature obtained, if it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgement, and the reasons why the acknowledgement was not obtained.

Signature			
•	(provider representative)	Date / Time	-

LAKELAND REGIONAL MEDICAL CENTER

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGE OF RECEIPT

CONS00079-01 FSC 02:10

Patient Name: Date of Birth: MRN;

" Auth (Verified) "

Acknowledgment of Receipt

NOTICE OF PRIVACY PRACTICES

By signing this form, you acknowledge receipt of the *Notice of Privacy Practices* of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our *Notice of Privacy Practices* provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.trmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Bóx 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at (863) 687-1 1 00, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Health Systems, Inc.

Signature



To be completed only if no signature obtained. If it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgement was not obtained.

LAKELAND REGIONAL MEDICAL CENTER

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGE OF RECEIPT

CONS00079-01 FSC 08/10

Fege 1 of 1







NOTICE OF PRIVACY PRACTICES

Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the *Notice of Privacy Practices* of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our *Notice of Privacy Practices* provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.lrmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at (863) 687-1100, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

l acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Flealth Systems, Inc.

Signature

| 10/15/15 | 22:,20|
| Date / Time

To be completed only if no signature obtained. If it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgement was not obtained.

Signature	(provider representative)	Date / Time

LAKELAND REGIONAL MEDICAL CENTER

NOTICE OF PRIVACY PRACTICE

ACKNOWLEDGE OF RECEIPT

CONS00079-01 FSC 08/10



Patient Name: Date of Birth:

* Auth (Verified) *

NOTICE OF PRIVACY PRACTICES

Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Health Systems, Inc and Lakeland Regional Medical Center, Inc. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. We encourage you to read it in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our websites at www.trmc.com or www.lakelandregionalcancercenter.com, or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our Notice of Privacy Practices, please contact the Director of Health Information Management Services at (863) 687-1100, ext. 2835, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Health Svet Signature

To be completed only if no signature obtained, If it is not possible to obtain the individual's acknowledgement, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgement was not obtained.

Signature (provider representative) Date / Time

LAKELAND REGIONAL MEDICAL CENTER

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGE OF RECEIPT

CONSCIONAL PSC 66/10



- 1		-	en.	d	100	•	
- 1							

Procedure: Laparoscopy, surgical, appendectomy

 Last Updated:
 Status:
 Procedure Date:

 1/7/2016
 Active
 12/27/2015 00:00 EST

Location:

Provider:

NEWSOME ,DENNIS

Procedure: APPENDECTOMY LAPAROSCOPIC ADULT

 Last Updated:
 Status:
 Procedure Date:

 12/27/2015
 Active
 12/27/2015 08:44 EST

Location: SURG Provider:

BENJAMIN MD, ROBERT E

C: 12/27/2015 10:13 EST; Richardson RN, Kacy; auto-populated from documented surgical case

Procedure: kidney stones

Last Updated: Status: Procedure Date: 10/15/2015 Active

Location:

Provider:

Procedure: gall bladder removal

Last Updated: Status: Procedure Date:
10/15/2015 Active

Location:

Provider:

Procedure: none

Last Updated: Status: Procedure Date: 3/7/2013 Active

Location:

Provider:

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

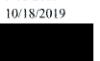
Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 99 of 110

Pr	ac	od	ш	MOR
	UL			100

Procedure: Laparoscopy, surgical, appendectomy

Last Updated:

Procedure Date: 1/7/2016 Active 12/27/2015 00:00 EST

Location:

Provider:

Procedure: APPENDECTOMY LAPAROSCOPIC ADULT

Last Updated:

Status:

12/27/2015

Active

12/27/2015 08:44 EST

Location: SURG

Provider:

BENJAMIN MD, ROBERT E

C: 12/27/2015 10:13 EST; Richardson RN, Kacy; auto-populated from documented surgical case

Procedure: kidney stones

Last Updated: 10/15/2015

Status: Active

Procedure Date:

Location:

Provider:

Procedure: gail bladder removal

Last Updated: 10/15/2015

Status: Active

Procedure Date:

Location:

Provider:

Procedure: none

Last Updated: 3/7/2013

Status:

Active

Procedure Date:

Location:

Provider:

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:



PT Location:

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 102 of 105









PATIENT STATEMENT OF PREGNANCY

For the safety of unborn children and nursing infants, every female of childbearing age (as defined by Regulatory Control Board, is 10-50 years of age) is required by Florida Law to provide information on their current status.

Note: All statements are considered strictly confidential.

I am absolutely certain that I am not pregnant. Date of last menstrual cycle 10 1061 2017

There is a possibility that I might be pregnant.

Are you currently breastfeeding?

Yes

No.

Date

Reviewed by

RIS - 123 THE

* Auth (Verified) *







NOTICE OF PRIVACY PRACTICES Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Health Systems, inc. and Lakeland Regional Medical Center, Inc. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. Our Notice of Privacy Practices also contains a section that explains our nondiscrimination policy and how we comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. We encourage you to read the Notice of Privacy Practices in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our website at myLRH.org or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at 863.687.1100, ext. 1415, or at P.O. Box 95448, Lakeland, Florida 33804.

Lacknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical

Center, and Lakeland Regional Health Systems, Inc.	03/11/2019 19:08
Signature of Patient, Parent, Conservator or Guardian	Date / Time
To be completed only if no signature obtained. If it is not individual's acknowledgment, describe the good faith efformation individual's acknowledgment, and the reasons why the acoustined.	orts made to obtain the
Signature of Provider Representative	Date / Time



LAKELAND REGIONAL HEALTH

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGMENT OF RECEIPT

CONS00079-04-ESSG LRH 10/17

Page 2 of 1

Patient Name: Date of Birth: MRN: 11

* Auth (Verified) *

Patient Name:

MRN: FIN: Admit Dale:



NOTICE OF PRIVACY PRACTICES Acknowledgment of Receipt

By signing this form, you acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Health Systems, Inc. and Lakeland Regional Medical Center, inc. Our Notice of Privacy Practices provides information about how we may use and disclose your protected health information. Our Notice of Privacy Practices also contains a section that explains our nondiscrimination policy and how we comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. We encourage you to read the Notice of Privacy Practices in full.

Our Notice of Privacy Practices is subject to change. If we change our notice, you may obtain a copy of the revised notice by accessing our website at myLRH.org or from Planning and External Relations, Lakeland Regional Medical Center, P.O. Box 95448, Lakeland, Florida 33804.

If you have any questions about our *Notice of Privacy Practices*, please contact the Director of Health Information Management Services at 863.687.1100, ext. 1415, or at P.O. Box 95448, Lakeland, Florida 33804.

I acknowledge receipt of the Notice of Privacy Practices of Lakeland Regional Medical Center, and Lakeland Regional Health Systems, Inc.

•			
	7*		

03/11/2019 19:08

Signature of Patient, Parent, Conservator or Guardian

Date / Time

To be completed only if no signature obtained. If it is not possible to obtain the individual's acknowledgment, describe the good faith efforts made to obtain the individual's acknowledgment, and the reasons why the acknowledgment was not obtained.

Signature of Provider Representative

Date / Time



LAKELAND REGIONAL HEALTH

NOTICE OF PRIVACY PRACTICE ACKNOWLEDGMENT OF RECEIPT

CONS00079-04-ESIG LRH 10/17

CIOX Health Lakeland Regional Medical Center 1324 Lakeland Hills Blvd Lakeland, FL 33804

Re:

CERTIFICATION OF RECORDS

(Patient N	iame)			
As an HIM repres	sentative employe	ed by CIOX Health,	the health informat	tion
management serv	ice used by Lake	eland Regional Med	i. Center. I hereby	y
certify that the en	closed photograp	ohic copy of the med	lical records of the	above-named
patient, covering	the period from	08/23/2019	to Present	, has
been compared w	ith the original n	nedical records and	is an accurate dupli	cate of such
medical records.				
Number of pages	105			
Date	11/15/2019	the state of the s	nie LaCombe of representative of ealth	

CIOX Health Lakeland Regional Health 130 Pablo St. Lakeland, FL 33803

CERTIFICATION OF RECORDS

Re: (Patient Name)	
As an HIM representative employe	d by CIOX Health, the health information
management service used by Lakel	land Regional Health. I hereby
certify that the enclosed photograph	hic copy of the medical records of the above-named
patient, covering the period from _	_8/27/19 to9/12/19, has
been compared with the original me	edical records and is an accurate duplicate of such
medical records.	
Number of pages10	Includes BillsYes _XNo
Date11/15/19	



* Auth (Verified) *



CERTIFY

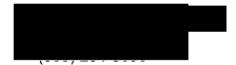
CIOX Health Lakeland Regional Medical Center 1324 Lakeland Hills Blvd Lakeland, FL 33804 763111 REC 10.18.19

CERTIFICATION OF BILLING RECORDS

Re: (Patient I	Name)	
As an HIM repre	esentative employed by C	OX Health, the health information
management ser	vice used by Lakeland R	egional Med. Center. I hereby
certify that the e	nclosed photographic cop	y of the billing records of the above-named
patient, covering	the period from 08/23/2	019 _{to} present have
been compared v	with the original billing re	cords and are an accurate duplicate of such
billing records.		
Number of pages	s <u>2</u>	
Date	11/18/2019	Gill Perzov Signature of representative of
		CIOX Health

Visit Index Visit Summary





Patient ID: Patient Name Date of Birth: Age: 34

Date of Service: 08/27/2019

Kessarin Gustafson APRN, Family Medicine

Primary Care Provider

Primary Care Physician: The patient's Primary Care Provider is Dr. Robert Bala.

Chief Complaint

Neck Pain

Patient is here today with neck pain and spasm after slipped and fell.

History of Present Illness

Patient reports she accidentally slipped and fell at the La quinta hotel in Atlanta south on 8/23/2019.

Patient denies LOC or H/A or N/V.

resents with complaints of <u>sudden</u> onset of <u>constant</u> episodes of <u>moderate entire neck pain</u>, described as <u>sharp</u>, <u>aching</u> and <u>burning</u>, radiating to the left shoulder and left arm. On a scale of 1 to 10, the patient rates the pain as 6. The symptoms resulted from a <u>hyperflexion</u>, <u>hyperextension</u> and <u>fall</u>. Episodes started about August 23, 2019. She is currently experiencing <u>neck pain</u>. Symptoms are improved by <u>immobilization</u> and <u>NSAIDs</u>, but not by ice, heat and rest. Symptoms are made worse by <u>head turn to right</u>, <u>head turn to left</u>, <u>neck flexion</u>, <u>neck extension</u> and <u>neck movement</u>, but not by right arm use. Symptoms are <u>unchanged</u>. Risk Factors: no excessive exercise, no poor conditioning and no stress. Pertinent Medical History: <u>neck pain</u> and <u>low back pain</u>, but not spinal surgery, cervical disc herniation, neck injury and cervical spondylosis.

Associated symptoms include neck stiffness, muscle spasm, tenderness, impaired range of motion and shoulder pain, but no crepitus, no headache, no upper extremity paresthesias, no upper extremity weakness, no tinnitus, no impaired hearing, no impaired memory and no impaired vision.

Gynecologic History

LRH GYN History: Menstrual history:

LMP: the LMP was approximately July month(s) ago

Review of Systems

Constitutional: no fever, no chills, not feeling poorly (malaise), not feeling tired (fatigue), no recent weight gain and no recent weight loss.

Eyes: no eye pain, eyes not red, no eyesight problems, no watery discharge from the eyes, no dryness of the eyes and no itching of the eyes.

ENT: no earache, no hearing loss, no epistaxis, no nasal discharge, no sore throat and no hoarseness.

Patient ID: Patient Nam Date of Birth Age: 34

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Cardiovascular: no chest pain, no palpitations, no dyspnea on exertion, the heart rate was not fast, the heart rate was not slow, no intermittent leg claudication and no edema.

Respiratory: no shortness of breath, no wheezing, no cough, no shortness of breath during exertion and no orthopnea.

Gastrointestinal: no abdominal pain, no vomiting, no constipation, no diarrhea, no heartburn, no melena, no nausea, no blood in stool and no dysphagia.

Musculoskeletal: normal except as noted.

Integumentary: no skin lesions, no skin wound, no rash, no pruritus, no change in a mole, no breast pain and no breast lump.

Neurological: no confusion, no convulsions, no headaches, no dizziness, no fainting, no paresthesia, no limb weakness and no difficulty walking.

Psychiatric: not suicidal, no sleep disturbances, no trouble concentrating, no anxiety, no depression, no personality change and no emotional problems.

Endocrine: no polyuria and no polydipsia.

Hematologic/Lymphatic: normal except as noted. Allergic/Immunologic normal except as noted.

Active Problems

- 1. ADHD (attention deficit hyperactivity disorder) (314.01) (F90.9)
- 2. BMI 40.0-44.9, adult (V85.41) (Z68.41)
- Carpal tunnel syndrome of right wrist (354.0) (G56.01)
- CTS (carpal tunnel syndrome) (354.0) (G56.00)
- 5. Facial paresthesia (782.0) (R20.9)
- Hearing difficulty of both ears (389.9) (H91.93)
- 7. Incontinence of urine (788.30) (R32)
- Lumbar radiculopathy (724.4) (M54.16)
- 9. Morbid obesity (278.01) (E66.01)
- Sciatica of right side (724.3) (M54.31)
- 11. Situational anxiety (300.09) (F41.8)
- 12. Trigeminal neuralgia (350.1) (G50.0)

Past Medical History

- History of Acute upper respiratory infection (465.9) (J06.9)
- 2. History of Bilateral kidney stones (592.0) (N20.0)
- History of Mild intermittent reactive airway disease with wheezing with acute exacerbation (493.92) (J45.21)

Surgical History

- 1. History of Appendectomy
- 2. History of Cholecystectomy
- 3. History of Lithotomy

Family History

No pertinent family history : Mother

Social History

- Consumes alcohol occasionally (V49.89) (Z78.9)
- Full-time employment
- Never smoker

Current Meds

Patient ID:
Patient Name
Date of Birth:

Age: 34

Date of Service: 08/27/2019 Kessarin Gustafson APRN

- 1. Benadryl Allergy TABS
- 2. Florastor 250 MG Oral Capsule

Allergies

1. No Known Drug Allergies

Immunizations

Influenza --- Series1: Oct 2015

Vitals

Vital Signs.

tai Oigiia.	
	Recorded: 27Aug2019
	10:40AM
Height	5 ft 7 in
Weight	272 lb
BMI Calculated	42.6
BSA	23
Calculated	2.3
Systolic	118, LUE
Diastolic	78, LUE
Temperature	97.7 F, Temporal temp
Heart Rate	97, Via Vital Signs Machine
O2 Saturation	98, RA

Results/Data

Results

No recent results

Physical Exam

Constitutional: alert, in no acute distress, well developed and well nourished.

Refer to vitals documented in Vital Sign section of note.

Head and Face: the head and face were normal in appearance and atraumatic and no sinus tenderness on palpation.

Eyes: the sclera, conjunctiva and lids were normal, pupils were equal in size, round, reactive to light, with normal accommodation and extraocular movements were intact.

ENT: the ears and nose were normal in appearance, both tympanic membranes were normal, hearing was normal, the nasal mucosa and septum were normal. Mucus membranes are moist and the lips and gums were normal. Mouth is well hydrated and without lesions. The oropharynx was normal. Posterior pharynx clear of any exudate or lesions.

Neck: the appearance of the neck was normal, supple, no neck mass was observed and the thyroid was not enlarged.

Pulmonary: no respiratory distress, normal respiratory rhythm and effort, no accessory muscle use and clear bilateral breath sounds.

Cardiac: heart rate and rhythm were normal, normal S1 and S2 and no murmurs.

no pulse delay and no pulse discrepancy detected. Peripheral Pulses; peripheral pulses were full.

Capillary refill: capillary refill of the fingers was normal, capillary refill of the toes was normal. No edema present.

Musculoskeletal: Examination of gait and station: Normal.

Patient ID: Patient Name Date of Birth:

Age: 34

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Cervical Spine:

Appearance: Normal.

Tenderness: None except as noted: <u>left paraspinal at level (C1, C2, C3, C4, C5, C6, C7, T1 and T2)</u> and <u>left trapezius muscle.</u> Palpatory findings include <u>left-sided muscle spasms</u> (<u>muscular</u>, C1, C2, C3, C4, C5, C6, C7, T1 and T2).

ROM: Full. Flexion was painful. Extension was painful. Lateral flexion to the left was painful. Right lateral flexion was painful. Rotation to the left was painful. Rotation to the right was painful.

Motor: Normal .

Special Tests: negative Cervical Spine Instability testing and negative Cervical Axial Load testing.

Thoracic Spine:

Appearance: Normal .

Palpation/Tenderness: Normal.

ROM: Full.

Strength Testing: Normal .

Left Shoulder: Appearance: Normal. Tenderness: None. ROM: Full. Motor: Normal. Right Shoulder: Appearance: Normal. Tenderness: None. ROM: Full. Motor: Normal.

Skin: normal skin color and pigmentation, normal skin turgor, no rash and no skin lesions.

Neurological: no focal deficits.

Psychiatric: oriented to person, place, and time, insight and judgement were intact, the affect was normal, the mood was normal, recent memory was not impaired, remote memory was not impaired, no suicidal ideations and no homicidal ideations.

Assessment

- 1. Accidental fall, initial encounter (E888.9) (W19.XXXA)
- Neck pain, acute (723.1) (M54.2)
 - xray cervical spine ordered.

Cyclobenzaprine and continue Meloxicam.

PT referral.

Use OTC Cervical collar while out of bed, RICE therapy.

- 3. Muscle spasms of neck (728.85) (M62.838)
 - · Cyclobenzaprine and continue Meloxicam.

PT referral.

Use OTC Cervical collar while out of bed, RICE therapy.

- Cervical muscle strain, initial encounter (847.0) (S16.1XXA)
 - · Cyclobenzaprine and continue Meloxicam.

PT referral.

Use OTC Cervical collar while out of bed, RICE therapy.

Plan

 Start: Cyclobenzaprine HCl - 7.5 MG Oral Tablet; TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASM

Physical Therapy Referral and Evaluation (97161, 97162, 97163) Physical Therapy

Evaluation and Treatment Status: Need Information - Required information, Financial Authorization Requested for: 27Aug2019 11:25AM

Visit Type: Evaluate and Treat (MU) Care Summary provided.: Yes

XRAY Cervical Spine Complete (72050); Status: Active; Requested for:27Aug2019

11:03AM;

Is test performed at a RIS location? : Yes

Discussion/Summary

Patient ID: Patient Name
Date of Birth:

Age: 34

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Work note provided.

You can take ibuprofen as needed for pain or fever unless you are on a blood thinner or have any allergies to it. You may take over the counter Tylenol as label directed.

Rest, Ice and Warm compression alternate, elevate the affected area.

Change positions slowly to prevent fall, full range of motion exercise to the affected area to prevent joint stiff or frozen, hyper-extension or flexion of the neck muscle or heavy lifting greater than 5lbs.

Return to the Walk-In Clinic if your symptoms worsening.

You should follow up with your primary care provider or return to the clinic if your symptoms are not improving. You should follow up or return to the clinic or go to emergency department immediately if your symptoms worsen, or if you develop new symptoms that concerned you.

Discussion:

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended.

Care plan/health assessment reviewed and scanned into the medical record.

Education

Patient was counseled on the importance of medication compliance. Patient/Family has understanding regarding medication. Patient/Family was counselled regarding medication, including side effects and the importance of compliance. Patient/Family noted understanding. Patient educated regarding pain management. Patient educated regarding injury prevention.

LRH Level of Service

Level of Service: 99214 (Established patient level 4)

Signatures

Electronically signed by : Kessarin Gustafson, APRN; FL-APRN9331620; Aug 27 2019 11:27AM EST (Author) Electronically signed by : Kessarin Gustafson, APRN; FL-APRN9331620; Aug 27 2019 11:32AM EST (Author)





Patient ID: Patient Name Date of Birth:

Age: 36

Date of Service: 08/27/2019

Kessarin Gustafson APRN, Family Medicine

Primary Care Provider

Primary Care Physician: The patient's Primary Care Provider is Dr. Robert Bala.

Chief Complaint

Neck Pain

Patient is here today with neck pain and spasm after slipped and fell.

History of Present Illness

Patient reports she accidentally slipped and fell at the La quinta hotel in Atlanta south on 8/23/2019.

Patient denies LOC or H/A or N/V.

Neck Pain:

resents with complaints of <u>sudden</u> onset of <u>constant</u> episodes of <u>moderate entire neck pain</u>, described as <u>sharp</u>, <u>aching</u> and <u>burning</u>, radiating to the left shoulder and left arm. On a scale of 1 to 10, the patient rates the pain as 6. The symptoms resulted from a <u>hyperflexion</u>, <u>hyperextension</u> and <u>fall</u>. Episodes started about August 23, 2019. She is currently experiencing <u>neck pain</u>. Symptoms are improved by <u>immobilization</u> and <u>NSAIDs</u>, but not by ice, heat and rest. Symptoms are made worse by <u>head turn to right</u>, <u>head turn to left</u>, <u>neck flexion</u>, <u>neck extension</u> and <u>neck movement</u>, but not by right arm use. Symptoms are <u>unchanged</u>. Risk Factors: no excessive exercise, no poor conditioning and no stress. Pertinent Medical History: <u>neck pain</u> and <u>low back pain</u>, but not spinal surgery, cervical disc herniation, neck injury and cervical spondylosis.

Associated symptoms include neck stiffness, muscle spasm, tenderness, impaired range of motion and shoulder pain, but no crepitus, no headache, no upper extremity paresthesias, no upper extremity weakness, no tinnitus, no impaired hearing, no impaired memory and no impaired vision.

Gynecologic History

LRH GYN History: Menstrual history:

LMP: the LMP was approximately July month(s) ago

Review of Systems

Constitutional: no fever, no chills, not feeling poorly (malaise), not feeling tired (fatigue), no recent weight gain and no recent weight loss.

Eyes: no eye pain, eyes not red, no eyesight problems, no watery discharge from the eyes, no dryness of the eyes and no itching of the eyes.

ENT: no earache, no hearing loss, no epistaxis, no nasal discharge, no sore throat and no hoarseness.

Patient ID: Patient Name Date of Birth: Age: 36

, .go. oo

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Cardiovascular: no chest pain, no palpitations, no dyspnea on exertion, the heart rate was not fast, the heart rate was not slow, no intermittent leg claudication and no edema.

Respiratory: no shortness of breath, no wheezing, no cough, no shortness of breath during exertion and no orthopnea.

Gastrointestinal: no abdominal pain, no vomiting, no constipation, no diarrhea, no heartburn, no melena, no nausea, no blood in stool and no dysphagia.

Musculoskeletal: normal except as noted.

Integumentary: no skin lesions, no skin wound, no rash, no pruritus, no change in a mole, no breast pain and no breast lump.

Neurological: no confusion, no convulsions, no headaches, no dizziness, no fainting, no paresthesia, no limb weakness and no difficulty walking.

Psychiatric: not suicidal, no sleep disturbances, no trouble concentrating, no anxiety, no depression, no personality change and no emotional problems.

Endocrine: no polyuria and no polydipsia.

Hematologic/Lymphatic: normal except as noted. Allergic/Immunologic normal except as noted.

Active Problems

- 1. ADHD (attention deficit hyperactivity disorder) (314.01) (F90.9)
- 2. BMI 40.0-44.9, adult (V85.41) (Z68.41)
- 3. Carpal tunnel syndrome of right wrist (354.0) (G56.01)
- CTS (carpal tunnel syndrome) (354.0) (G56.00)
- Facial paresthesia (782.0) (R20.9)
- 6. Hearing difficulty of both ears (389.9) (H91.93)
- 7. Incontinence of urine (788.30) (R32)
- Lumbar radiculopathy (724.4) (M54.16)
- 9. Morbid obesity (278.01) (E66.01)
- 10. Sciatica of right side (724.3) (M54.31)
- 11. Situational anxiety (300.09) (F41.8)
- 12. Trigeminal neuralgia (350.1) (G50.0)

Past Medical History

- History of Acute upper respiratory infection (465.9) (J06.9)
- History of Bilateral kidney stones (592.0) (N20.0)
- History of Mild intermittent reactive airway disease with wheezing with acute exacerbation (493.92) (J45.21)

Surgical History

- 1. History of Appendectomy
- 2. History of Cholecystectomy
- 3. History of Lithotomy

Family History

No pertinent family history: Mother

Social History

- Consumes alcohol occasionally (V49.89) (Z78.9)
- Full-time employment
- Never smoker

Current Meds

Patient ID: Patient Name Date of Birth: Age: 36

Date of Service: 08/27/2019 Kessarin Gustafson APRN

- 1. Benadryl Allergy TABS
- 2. Florastor 250 MG Oral Capsule

Allergies

1. No Known Drug Allergies

Immunizations

Influenza --- Series1: Oct 2015

Vitals

Vital Signs.

itai Sigiis.	
	Recorded: 27Aug2019 10:40AM
Height	5 ft 7 in
Weight	272 lb
BMI Calculated	42.6
BSA Calculated	2.3
Systolic	118, LUE
Diastolic	78, LUE
Temperature	97.7 F, Temporal temp
Heart Rate	97, Via Vital Signs Machine
O2 Saturation	98, RA

Results/Data

Results

No recent results

Physical Exam

Constitutional: alert, in no acute distress, well developed and well nourished.

Refer to vitals documented in Vital Sign section of note.

Head and Face: the head and face were normal in appearance and atraumatic and no sinus tenderness on palpation.

Eyes: the sclera, conjunctiva and lids were normal, pupils were equal in size, round, reactive to light, with normal accommodation and extraocular movements were intact.

ENT: the ears and nose were normal in appearance, both tympanic membranes were normal, hearing was normal, the nasal mucosa and septum were normal. Mucus membranes are moist and the lips and gums were normal. Mouth is well hydrated and without lesions. The oropharynx was normal. Posterior pharynx clear of any exudate or lesions.

Neck: the appearance of the neck was normal, supple, no neck mass was observed and the thyroid was not enlarged.

Pulmonary: no respiratory distress, normal respiratory rhythm and effort, no accessory muscle use and clear bilateral breath sounds.

Cardiac: heart rate and rhythm were normal, normal S1 and S2 and no murmurs.

no pulse delay and no pulse discrepancy detected. Peripheral Pulses: peripheral pulses were full.

Capillary refill: capillary refill of the fingers was normal, capillary refill of the toes was normal. No edema present.

Musculoskeletal: Examination of gait and station: Normal.

Patient ID: 1
Patient Name:
Date of Birth:

Age: 36

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Cervical Spine:

Appearance: Normal .

Tenderness: None except as noted: <u>left paraspinal at level</u> (C1, C2, C3, C4, C5, C6, C7, T1 and T2) and <u>left trapezius muscle</u>. Palpatory findings include <u>left-sided muscle spasms</u> (<u>muscular</u>, C1, C2, C3, C4, C5, C6, C7, T1 and T2).

<u>ROM: Full. Flexion was painful.</u> Extension was painful. Lateral flexion to the left was painful. Right lateral flexion was painful. Rotation to the left was painful. Rotation to the right was painful.

Motor: Normal .

Special Tests: negative Cervical Spine Instability testing and negative Cervical Axial Load testing.

Thoracic Spine:

Appearance: Normal .

Palpation/Tenderness: Normal.

ROM: Full.

Strength Testing: Normal.

Left Shoulder: Appearance: Normal. Tenderness: None. ROM: Full. Motor:. Normal. Right Shoulder: Appearance: Normal. Tenderness: None. ROM: Full. Motor: Normal.

Skin: normal skin color and pigmentation, normal skin turgor, no rash and no skin lesions.

Neurological: no focal deficits.

Psychiatric: oriented to person, place, and time, insight and judgement were intact, the affect was normal, the mood was normal, recent memory was not impaired, remote memory was not impaired, no suicidal ideations and no homicidal ideations.

Assessment

1. Accidental fall, initial encounter (E888.9) (W19.XXXA)

Neck pain, acute (723.1) (M54.2)

xray cervical spine ordered.

Cyclobenzaprine and continue Meloxicam.

PT referral.

Use OTC Cervical collar while out of bed, RICE therapy,

- Muscle spasms of neck (728.85) (M62.838)
 - Cyclobenzaprine and continue Meloxicam.

PT referral.

Use OTC Cervical collar while out of bed, RICE therapy.

- Cervical muscle strain, initial encounter (847.0) (S16.1XXA)
 - · Cyclobenzaprine and continue Meloxicam.

PT referral.

Use OTC Cervical collar while out of bed, RICE therapy.

Plan

 Start: Cyclobenzaprine HCI - 7.5 MG Oral Tablet; TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASM

Physical Therapy Referral and Evaluation (97161, 97162, 97163) Physical Therapy

Evaluation and Treatment Status: Need Information - Required information, Financial Authorization Requested for: 27Aug2019 11:25AM

Visit Type: Evaluate and Treat (MU) Care Summary provided.: Yes

3. XRAY Cervical Spine Complete (72050); Status: Active; Requested for: 27Aug2019

11:03AM:

Is test performed at a RIS location? : Yes

Discussion/Summary

> Patient ID: Patient Name Date of Birth

Age: 36

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Work note provided.

You can take ibuprofen as needed for pain or fever unless you are on a blood thinner or have any allergies to it. You may take over the counter Tylenol as label directed.

Rest, Ice and Warm compression alternate, elevate the affected area.

Change positions slowly to prevent fall, full range of motion exercise to the affected area to prevent joint stiff or frozen, hyper-extension or flexion of the neck muscle or heavy lifting greater than 5lbs.

Return to the Walk-In Clinic if your symptoms worsening.

You should follow up with your primary care provider or return to the clinic if your symptoms are not improving. You should follow up or return to the clinic or go to emergency department immediately if your symptoms worsen, or if you develop new symptoms that concerned you.

Discussion:

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended.

Care plan/health assessment reviewed and scanned into the medical record.

Education

Patient was counseled on the importance of medication compliance. Patient/Family has understanding regarding medication. Patient/Family was counselled regarding medication, including side effects and the importance of compliance. Patient/Family noted understanding. Patient educated regarding pain management. Patient educated regarding injury prevention.

LRH Level of Service

Level of Service: 99214 (Established patient level 4)

Signatures

Electronically signed by : Kessarin Gustafson, APRN: FL-APRN9331620; Aug 27 2019 11:27AM EST (Author) Electronically signed by: Kessarin Gustafson, APRN; FL-APRN9331620; Aug 27 2019 11:32AM EST (Author)





Patient ID: Patient Name Date of Birth: Age: 36

Date of Service: 08/27/2019

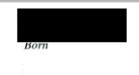
Kessarin Gustafson APRN, Family Medicine

Clinical Summary

Patient Details for







Uhc Insurer

Medications

Current Medications:

Medication	Instructions
Benadryl Allergy TABS	
Florastor 250 MG Oral Capsule	
	TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASM.

Allergies and Adverse Reactions

· No Known Drug Allergies

Immunization History

Influenza	Oct-2015	07 Jun 2018
-----------	----------	-------------

Vital Signs

Date/Time	08/27/2019 10:40:00 AM
-----------	------------------------

> Patient ID: Patient Name Date of Birth:

Age: 36

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Systolic	118mm(Hg)
Diastolic	78mm(Hg)
Height	67in
BMI Calculated	42.6kg/m2
Weight	272lb
BSA Calculated	2.3m2
Heart Rate	97/min
Temperature	97.7F
Is Systolic Pressure greater than 139 and/or Diastolic Pressure greater than 89?	No
O2 Saturation	98%

Results

Results not documented.

Interventions

Medication Changes:

Action	Medication	Plan	Prescription
Start	Cyclobenzaprine HCl - 7.5 MG Oral Tablet	SPASM.	Sent To Retail Pharmacy: WALGREENS DRUG STORE 05854, 6730 US HIGHWAY 98 N, voice: (863) 858-3829, fax: (863) 815-9763

Labs/Procedure/Imaging:

• XRAY Cervical Spine Complete (72050); To Be Done: 27 Aug 2019

Plan:

Work note provided.

You can take ibuprofen as needed for pain or fever unless you are on a blood thinner or have any allergies to it.

You may take over the counter Tylenol as label directed.

Rest, Ice and Warm compression alternate, elevate the affected area,

Change positions slowly to prevent fall, full range of motion exercise to the affected area to prevent

Patient ID: Patient Nam Date of Birth Age: 36

Date of Service: 08/27/2019 Kessarin Gustafson APRN

joint stiff or frozen, hyper-extension or flexion of the neck muscle or heavy lifting greater than 5lbs.

Return to the Walk-In Clinic if your symptoms worsening.

You should follow up with your primary care provider or return to the clinic if your symptoms are not improving.

You should follow up or return to the clinic or go to emergency department immediately if your symptoms worsen, or if you develop new symptoms that concerned you.

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended.

Care plan/health assessment reviewed and scanned into the medical record.

Treatment Plans

Labs/Procedure/Imaging:

XRAY Cervical Spine Complete (72050); To Be Done: 27 Aug 2019

Follow-ups/Referrals:

Physical Therapy Referral and Evaluation (97161, 97162, 97163); To Be Done: 17 Sep 2019

Future Appointment:

Provider	Date/Time	Location
Lab, Northside	08 Oct 2019 10:30 AM	LRHS Gateway Center
Choudary, Zahid, MD	22 Oct 2019 02:00 PM	LRHS Pablo

LRHS Pablo

130 Pablo St Lakeland,FL 33803 (863) 284-5000

Patient:

Lakeland, FL 33810

Age/Sex/DOB: 34 yrs F

EMRN: OMRN:

Home: Work:

8/27/2019 12:12:00PM

8/27/2019 12:23:00PM

Results

Lab Accession # 3627639

Gustafson, Kessarin Ordering Provider:

Performing Location: Radiology Imaging Specialists

1305 Lakeland Hills Blyd Lakeland, FL 33805

Collected:

Resulted:

XRAY Cervical Spine Complete (72050)

Stage: Final

Auto Verify: N

Verified By: Gustafson, Kessarin

Result **Units** Flag Reference Range **Test**

XRAY CSP Complete (72050)

EXAMINATION:

XR CERVICAL SPINE SERIES

CLINICAL HISTORY:

Patient presents with low neck pain.

COMPARISON:

None.

TECHNIQUE:

AP, lateral and both oblique projections A single view of the odontoid Imaging of the cervical spine was performed.

FINDINGS:

No acute fracture or dislocation is identified. The bones of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissues.

IMPRESSION:

Unremarkable cervical spine series,

Signed By: JULIAN KASSNER, MD

http://192.168.168.155/clinicalstudio/integration/viewer?mrn=RIS1000312974&acc=RIS3627

639&siuid=1,2.840,113745,101000,1133000,43702,4627,8532232





Patient ID: Patient Name Date of Birth: Age: 36

Date of Service: 08/27/2019

Kessarin Gustafson APRN, Family Medicine

Verified Results

XRAY Cervical Spine Complete (72050) 27Aug2019 12:12PM Gustafson, Kessarin

Test Name Result Flag Reference

XRAY CSP Complete (72050) (Report)

EXAMINATION:

XR CERVICAL SPINE SERIES

CLINICAL HISTORY:

Patient presents with low neck pain.

COMPARISON:

None.

TECHNIQUE:

AP, lateral and both oblique projections A single view of the odontoid Imaging of the cervical spine was performed

FINDINGS

No acute fracture or dislocation is identified. The bones of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissues.

IMPRESSION:

Unremarkable cervical spine series.

Signed By: JULIAN KASSNER, MD

http://192.168.168.155/clinicalstudio/integration/viewer?mrn=RIS1000312974&acc=RIS36276

39&siuid=1.2.840.113745.101000.1133000.43702.4627.8532232

Message

Please notify patient regarding x-ray cervical spine showed no acute fracture or dislocation is identified. The bone of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissue.

Patient is to continue the same treatment as discussed during the office visit, follow-up with the primary care provider and go to ER if symptoms progressively worse.

Thank you.

Signatures

Electronically signed by : Kessarin Gustafson, APRN; FL-APRN9331620; Aug 29 2019 2:25PM EST (Author)

Patient ID: Patient Name: Date of Birth: Age: 36

Date of Service: 08/27/2019 Kessarin Gustafson APRN

Home

Lakeland Regional Health Lakeland,FL

Patient:

LAKELAND, FL 338103404

Age/Sex/DOB: 36 yrs F
EMRN:
OMRN:
Home:
Work:

08/27/2019 12:12:00PM

08/27/2019 12:23:00PM

Gustafson, Kessarin

Results

Lab Accession # 3627639

Ordering Provider: Gustafson, Kessarin

Performing Location: Radiology Imaging Specialists

1305 Lakeland Hills Blvd Lakeland, FL 33805 Auto Verify: N

Verified By:

Collected:

Resulted:

XRAY Cervical Spine Complete (72050) Stage: Final

Test Result Units Flag Reference Range

XRAY CSP Complete (72050)

EXAMINATION:

XR CERVICAL SPINE SERIES

CLINICAL HISTORY:

Patient presents with low neck pain.

COMPARISON:

None.

TECHNIQUE:

AP, lateral and both oblique projections A single view of the odontoid Imaging of the cervical spine was performed.

FINDINGS:

No acute fracture or dislocation is identified. The bones of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissues.

IMPRESSION:

Unremarkable cervical spine series.

Signed By: JULIAN KASSNER, MD

http://192.168.168.155/clinicalstudio/integration/viewer?mrn=RIS1000312974&acc=RIS3627639&siuid=1.2.840.113745.101000.1133000.43702.4627.8532232

STAT

Name: DOB: Sex: F MRN;

Final Diagnostic Report

Exam Date: 8/27/2019 Accession #:

Referred by: CHAISAN, KESSARIN, ARNP

XR CERVICAL SPINE SERIES

Final

EXAMINATION:

XR CERVICAL SPINE SERIES

CLINICAL HISTORY:

Patient presents with low neck pain.

COMPARISON:

None.

TECHNIQUE:

AP, lateral and both oblique projections A single view of the odontoid Imaging of the cervical spine was performed

FINDINGS:

No acute fracture or dislocation is identified. The bones of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissues.

IMPRESSION:

Unremarkable cervical spine series

Thank you very much for involving us in the evaluation of this patient.

Dictated By: KASSNER, JULIAN, MD

Dictated: 08/27/2019 12:23PM

Transcribed By: II 8/27/2019

Signed By: KASSNER, JULIAN, MD 8/27/2019



REASON FOR TODAY'S VISIT X-RAY / ULTRASOUND

Patient Name:		
Patient Date of Birth:		
What exam are you having today?	exper of neck	
What symptoms are you having?_	sharp, burning	pain in
lower neck	V	
Patient Signature:	Date:	5/27/2019







Access Authorization for the use or disclosure Of Protected Health Information

	nereby authorize Radiology &	maging Specialists to use or
disclose Protected Health Info	ormation in the following manner:	
Release to _	the following Prote	cted Health Information:
Radiology repo	orts and films	
Financial Inform	mation on my account	
The Protected Health Informa	ation is being used or disclosed for th	e following:
To assist in my	health care	
To assist in my	account	
Other (describ	oe)	
Triis autiforization is in full for	ce and effect until revoked by me. I	understand that I have the
right to revoke this authorization of the control o	ion in writing by sending notification to Attention: Privacy Official Radiology & Imaging Specialists South Office	Plant City Imaging 206 Alexander Street, Sui
right to revoke this authorization	ion in writing by sending notification t Attention: Privacy Official Radiology & Imaging Specialists	to:
right to revoke this authorization of the control o	ion in writing by sending notification to Attention: Privacy Official Radiology & Imaging Specialists South Office 3021 Lakeland Highlands Road Lakeland, FL 33803 Pablo Campus Women's	Plant City Imaging 206 Alexander Street, Sui Plant City, FL 33563 Imaging Centers, Inc.
right to revoke this authorization or revoke this authorization of the color of the	ion in writing by sending notification to Attention: Privacy Official Radiology & Imaging Specialists South Office 3021 Lakeland Highlands Road Lakeland, FL 33803 Pablo Campus Women's Idea 2120 Lakeland Based Women's Idea 3803	Plant City Imaging 206 Alexander Street, St Plant City, FL 33563 Imaging Centers, Inc. akeland Hills Blvd. eland, FL 33805
right to revoke this authorization or the cology & Imaging Specialists 305 Lakeland Hills Blvd. Lakeland, FL 33805 RIS & LRH Imaging, LLC - 130 Pablo Stre Lakeland, FL 33	ion in writing by sending notification to Attention: Privacy Official Radiology & Imaging Specialists South Office 3021 Lakeland Highlands Road Lakeland, FL 33803 Pablo Campus Women's leet 2120 Lakeland Lakel	Plant City Imaging 206 Alexander Street, S Plant City, FL 3356 Imaging Centers, Inc. akeland Hills Blvd. eland, FL 33805





Patient ID
Patient Name:
Date of Birth:

Age: 34

Date of Service: 09/12/2019

Robert Bala M.D., Family Medicine

Primary Care Provider

Primary Care Physician: The patient's Primary Care Provider is Dr. Robert Bala.

Chief Complaint

Patient is here to follow up from WIC 8/27/19 due to fall on 8/23/19 in Atlanta Georgia. Pt c/o of persistent left shoulder pain/burning.

History of Present Illness

FPF Patient comes in complaining of left trapezius and pectoral muscle pain, patient slipped and fell on the left side of her body with outstretched arm about 2 weeks ago, patient was seen at the walk-in clinic and had a normal C-spine x-ray

Location: Left trapezius muscle and left pectoral muscle Quality: hot and burning and an achiness down to elbow

Severity: 8/10 intensity at its worse Duration: chronic for the past 2 weeks

Modifying Factor: worse with movement of any kind, better with rest, not helped with Tylenol, Advil, tiger balm, or Lidoderm patch, but she did try her husband's meloxicam which helped the most and wants a prescription for it Associated Si + Sx: none

Review of Systems

Constitutional: no fever, no chills and no malaise.

Card: no chest pain or palpitations. Resp: no SOB, wheezing or cough.

GI: no abdominal pain, no nausea, no vomiting, no diarrhea.

Neuro: no dizziness or syncope.

Psych: no SI or HI.

Heme: no tendency for easy bleeding and no tendency for easy bruising.

Quality HEDIS/PQRS

Medication Reconciliation: Medication reconciliation was performed at today's visit.

Tobacco Screening and Cessation: tobacco use screening not indicated.

Active Problems

- 1. Accidental fall, initial encounter (E888.9) (W19.XXXA)
- 2. ADHD (attention deficit hyperactivity disorder) (314.01) (F90.9)
- 3. BMI 40.0-44.9, adult (V85.41) (Z68.41)
- 4. Carpal tunnel syndrome of right wrist (354.0) (G56.01)
- Cervical muscle strain, initial encounter (847.0) (S16.1XXA)
- CTS (carpal tunnel syndrome) (354.0) (G56.00)

Patient ID: Patient Name Date of Birth:

Age: 34

Date of Service: 09/12/2019

Robert Bala M.D.

- 7. Facial paresthesia (782.0) (R20.9)
- 8. Hearing difficulty of both ears (389.9) (H91.93)
- 9. Incontinence of urine (788.30) (R32)

10. Lumbar radiculopathy (724.4) (M54.16)

- 11. Morbid obesity (278.01) (E66.01)
- 12. Muscle spasms of neck (728.85) (M62.838)
- Neck pain, acute (723.1) (M54.2)
- 14. Sciatica of right side (724.3) (M54.31)
- 15. Situational anxiety (300.09) (F41.8)
- 16. Trigeminal neuralgia (350.1) (G50.0)

Past Medical History

- 1. History of Acute upper respiratory infection (465.9) (J06.9)
- 2. History of Bilateral kidney stones (592.0) (N20.0)
- History of Mild intermittent reactive airway disease with wheezing with acute exacerbation (493.92) (J45.21)

Surgical History

- 1. History of Appendectomy
- 2. History of Cholecystectomy
- 3. History of Lithotomy

Family History

1. No pertinent family history: Mother

Social History

- Consumes alcohol occasionally (V49.89) (Z78.9)
- Full-time employment
- Never smoker

Current Meds

- Benadryl Allergy TABS
- Cyclobenzaprine HCI 7.5 MG Oral Tablet; TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASM
- 3. Florastor 250 MG Oral Capsule

Allergies

1. No Known Drug Allergies

Immunizations

Influenza --- Series1: Oct 2015

Vitals

Vital Signs.

	Recorded: 12Sep2019
	01:13PM
Height	5 ft 7 in
Weight	270 lb 8 oz

Patient ID: Patient Name Date of Birth:

Age: 34

Date of Service: 09/12/2019

Robert Bala M.D.

BMI Calculated	42.37
BSA Calculated	2.3
Systolic	122, LUE, Sitting
Diastolic	70, LUE, Sitting
Temperature	97.6 F, Temporal temp
Heart Rate	80
O2 Saturation	97, RA

Results/Data

Results

No recent results

Results

27Aug2019 12:12PM

XRAY Cervical Spine Complete (72050)

XRAY CSP Complete (72050): EXAMINATION:

XR CERVICAL SPINE SERIES

CLINICAL HISTORY:

Patient presents with low neck pain.

COMPARISON:

None.

TECHNIQUE:

AP, lateral and both oblique projections A single view of the odontoid Imaging of the cervical spine was performed.

FINDINGS:

No acute fracture or dislocation is identified. The bones of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissues.

IMPRESSION:

Unremarkable cervical spine series.

Signed By: JULIAN KASSNER,MD

Physical Exam

Constitutional: alert, in no acute distress, well developed and well nourished.

Refer to vitals documented in Vital Sign section of note.

Neck: the appearance of the neck was normal, supple and no neck mass was observed.

Musculoskeletal:

Cervical Spine:

Appearance: Normal .

Tenderness: left trapezius muscle. Palpatory findings include no left-sided muscle spasms and no warmth.

ROM: Full except as noted. Extension was restricted and was painful. Rotation to the right was

restricted and was painful.

Patient ID: Patient Nam
Date of Birth
Age: 34

Date of Service: 09/12/2019

Robert Bala M.D.

Motor: Normal .

Left Shoulder: Appearance: Normal. Tenderness: <u>trapezius muscle</u>, but not the AC joint, not the bicipital groove, not the proximal clavicle, not the midshaft clavicle, not the distal clavicle and not the deltoid. Palpatory findings include no crepitus and no warmth. <u>ROMI</u> Full. With pain. Motor:. Normal.

Assessment

Trapezius strain (840.8) (S46.819A)

We discussed the importance of rest, activity modification, stretching exercises, the use
of ice and heat alternatively, the prn use of pain relievers and continuing with
PT and follow-up as needed

Plan

1. Start: Meloxicam 7.5 MG Oral Tablet; Take 1 tablet twice daily

Discussion/Summary

Discussion:

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended.

Recent radiology results reviewed with patient.

Counseling

Exercise recommendations: stretching.

LRH Level of Service

Level of Service:

99214 (Established patient level 4)

Signatures

Electronically signed by : Robert Bala, M.D.; FL-ME76603; Sep 12 2019 4:29PM EST (Author)





Patient ID: Patient Name Date of Birth:

Age: 36

Date of Service: 09/12/2019

Robert Bala M.D., Family Medicine

Primary Care Provider

Primary Care Physician: The patient's Primary Care Provider is Dr. Robert Bala.

Chief Complaint

Patient is here to follow up from WIC 8/27/19 due to fall on 8/23/19 in Atlanta Georgia. Pt c/o of persistent left shoulder pain/burning.

History of Present Illness

HPP: Patient comes in complaining of left trapezius and pectoral muscle pain, patient slipped and fell on the left side of her body with outstretched arm about 2 weeks ago, patient was seen at the walk-in clinic and had a normal C-spine x-ray

Location: Left trapezius muscle and left pectoral muscle Quality: hot and burning and an achiness down to elbow

Severity: 8/10 intensity at its worse Duration: chronic for the past 2 weeks

Modifying Factor: worse with movement of any kind, better with rest, not helped with Tylenol, Advil, tiger balm, or Lidoderm patch, but she did try her husband's meloxicam which helped the most and wants a prescription for it

Associated Si + Sx: none

Review of Systems

Constitutional: no fever, no chills and no malaise.

Card: no chest pain or palpitations. Resp: no SOB, wheezing or cough.

GI: no abdominal pain, no nausea, no vomiting, no diarrhea.

Neuro: no dizziness or syncope.

Psych: no SI or HI.

Heme: no tendency for easy bleeding and no tendency for easy bruising.

Quality HEDIS/PQRS

Medication Reconciliation: Medication reconciliation was performed at today's visit.

Tobacco Screening and Cessation: tobacco use screening not indicated.

Active Problems

- 1. Accidental fall, initial encounter (E888.9) (W19.XXXA)
- ADHD (attention deficit hyperactivity disorder) (314.01) (F90.9)
- BMI 40.0-44.9, adult (V85.41) (Z68.41)
- Carpal tunnel syndrome of right wrist (354.0) (G56.01)
- Cervical muscle strain, initial encounter (847.0) (S16.1XXA)
- CTS (carpal tunnel syndrome) (354.0) (G56.00)

Patient ID: Patient Name Date of Birth:

Age: 36

Date of Service: 09/12/2019 Robert Bala M.D.

- 7. Facial paresthesia (782.0) (R20.9)
- 8. Hearing difficulty of both ears (389.9) (H91.93)
- 9. Incontinence of urine (788.30) (R32)

10. Lumbar radiculopathy (724.4) (M54.16)

- 11. Morbid obesity (278.01) (E66.01)
- 12. Muscle spasms of neck (728.85) (M62.838)
- 13. Neck pain, acute (723.1) (M54.2)
- 14. Sciatica of right side (724.3) (M54.31)
- 15. Situational anxiety (300.09) (F41.8)
- 16. Trigeminal neuralgia (350.1) (G50.0)

Past Medical History

- 1. History of Acute upper respiratory infection (465.9) (J06.9)
- 2. History of Bilateral kidney stones (592.0) (N20.0)
- History of Mild intermittent reactive airway disease with wheezing with acute exacerbation (493.92) (J45.21)

Surgical History

- 1. History of Appendectomy
- 2. History of Cholecystectomy
- History of Lithotomy

Family History

No pertinent family history: Mother

Social History

- Consumes alcohol occasionally (V49.89) (Z78.9)
- · Full-time employment
- Never smoker

Current Meds

- Benadryl Allergy TABS
- Cyclobenzaprine HCI 7.5 MG Oral Tablet; TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASM
- 3. Florastor 250 MG Oral Capsule

Allergies

No Known Drug Allergies

Immunizations

Influenza --- Series1: Oct 2015

Vitals

Vital Signs.

Con Con Since	
	Recorded: 12Sep2019
-	01:13PM
Height	5 ft 7 in
Weight	270 lb 8 oz

Patient ID: Patient Name Date of Birth:

Age: 36

Date of Service: 09/12/2019

Robert Bala M.D.

BMI Calculated	ated 42.37		
BSA Calculated	2.3		
Systolic	122, LUE, Sitting		
Diastolic	70, LUE, Sitting		
Temperature	97.6 F, Temporal temp		
Heart Rate	80		
O2 Saturation	97, RA		

Results/Data

Results

No recent results

Results

27Aug2019 12:12PM

XRAY Cervical Spine Complete (72050)

XRAY CSP Complete (72050): EXAMINATION:

XR CERVICAL SPINE SERIES

CLINICAL HISTORY:

Patient presents with low neck pain.

COMPARISON:

None.

TECHNIQUE:

AP, lateral and both oblique projections A single view of the odontoid Imaging of the cervical spine was performed.

FINDINGS:

No acute fracture or dislocation is identified. The bones of the cervical spine are in normal anatomic alignment. The intervertebral disc spaces are preserved. There is no abnormal swelling of the anterior cervical soft tissues.

IMPRESSION:

Unremarkable cervical spine series.

Signed By: JULIAN KASSNER,MD

Physical Exam

Constitutional: alert, in no acute distress, well developed and well nourished.

Refer to vitals documented in Vital Sign section of note.

Neck: the appearance of the neck was normal, supple and no neck mass was observed.

Musculoskeletal:

Cervical Spine:

Appearance: Normal .

Tenderness: left trapezius muscle. Palpatory findings include no left-sided muscle spasms and no warmth.

ROM: Full except as noted. Extension was restricted and was painful. Rotation to the right was

restricted and was painful.

Patient ID: Patient Name Date of Birth: Age: 36

Date of Service: 09/12/2019

Robert Bala M.D.

Motor: Normal .

Left Shoulder: Appearance: Normal. Tenderness: <u>trapezius muscle</u>, but not the AC joint, not the bicipital groove, not the proximal clavicle, not the midshaft clavicle, not the distal clavicle and not the deltoid. Palpatory findings include no crepitus and no warmth. ROMI Full. With pain. Motor:, Normal.

Assessment

Trapezius strain (840.8) (S46.819A)

We discussed the importance of rest, activity modification, stretching exercises, the use
of ice and heat alternatively, the prn use of pain relievers and continuing with
PT and follow-up as needed

Plan

1. Start: Meloxicam 7.5 MG Oral Tablet; Take 1 tablet twice daily

Discussion/Summary

Discussion:

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended.

Recent radiology results reviewed with patient

Counseling

Exercise recommendations: stretching.

LRH Level of Service

Level of Service:

99214 (Established patient level 4)

Signatures

Electronically signed by : Robert Bala, M.D.; FL-ME76603; Sep 12 2019 4:29PM EST (Author)

Rehabilitation Services Documentation

Document Type: Service Date/Time:

Result Status: Perform Information: Sign Information:

OP Rehab Authorization-Text

9/12/2019 06:43 EDT

Auth (Verified)

Duffy ,Carolyn (9/12/2019 06:43 EDT) Duffy ,Carolyn (9/12/2019 06:43 EDT)

OP Rehab PT Insurance Entered On: 9/12/2019 6:44 EDT Performed On: 9/12/2019 6:43 EDT by Duffy , Carolyn

PT Outpatient Authorization

Referring Clinic / Hospital: LRH Ambulatory Physicians PT Referring Physician: GUSTAFSON ARNP, KESSARIN

PT Referring Physician Phone: 863-284-5000 PT Referring Physician Fax: 863-284-6803 OP PT Insurance Information: Primary

Effective Date: 09/11/2019 Health Plan: UNITED CHOICE/SELECT/PLUS

Financial Class: Commercial Insurance Group Number: 709509 Subscriber Number: 929390107

Medicare HIC#:

PT Authorization Eval Required: No

PT Authorization Comments: VISITS BASED ON MEDICAL NECESSITY

THERAPIST: PLEASE SEE INSURANCE OFFICE FOR F/U QUOTE

PT Authorization Follow Up Required: No

Duffy , Carolyn - 9/12/2019 6:43 EDT

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019 Disch Date:

MRN: Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 59 of 64

Rehabilitation Services Documentation

Document Type: OP Rehab Authorization-Text Service Date/Time: 9/12/2019 06:43 EDT

Result Status: Auth (Verified)

Perform Information: Duffy ,Carolyn (9/12/2019 06:43 EDT) Sign Information: Duffy ,Carolyn (9/12/2019 06:43 EDT)

> OP Rehab PT Insurance Entered On: 9/12/2019 6:44 EDT Performed On: 9/12/2019 6:43 EDT by Duffy, Carolyn

PT Outpatient Authorization

Referring Clinic / Hospital: LRH Ambulatory Physicians PT Referring Physician: GUSTAFSON ARNP, KESSARIN

PT Referring Physician Phone: 863-284-5000 PT Referring Physician Fax: 863-284-6803 OP PT Insurance Information: Primary

Effective Date: 09/11/2019 Health Plan: UNITED CHOICE/SELECT/PLUS

Financial Class: Commercial Insurance Group Number: 709509 Subscriber Number: 929390107

Medicare HIC#:

PT Authorization Eval Required: No

PT Authorization Comments: VISITS BASED ON MEDICAL NECESSITY

THERAPIST: PLEASE SEE INSURANCE OFFICE FOR F/U QUOTE

PT Authorization Follow Up Required: No

Duffy , Carolyn - 9/12/2019 6:43 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019 Disch Date:

MRN:

Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 54 of 110

Rehabilitation Services Documentation

Document Type: Service Date/Time: Result Status: Perform Information: Sign Information:

OP Rehab Authorization-Text 9/12/2019 06:43 EDT Auth (Verified)

Duffy ,Carolyn (9/12/2019 06:43 EDT) Duffy ,Carolyn (9/12/2019 06:43 EDT)

OP Rehab PT Insurance Entered On: 9/12/2019 6:44 EDT Performed On: 9/12/2019 6:43 EDT by Duffy , Carolyn

PT Outpatient Authorization

Referring Clinic / Hospital: LRH Ambulatory Physicians PT Referring Physician: GUSTAFSON ARNP, KESSARIN

PT Referring Physician Phone: 863-284-5000 PT Referring Physician Fax: 863-284-6803 OP PT Insurance Information: Primary

Effective Date: 09/11/2019 Health Plan: UNITED CHOICE/SELECT/PLUS

Financial Class; Commercial Insurance Group Number: 709509 Subscriber Number: 929390107

Medicare HIC#:

PT Authorization Eval Required: No.

PT Authorization Comments: VISITS BASED ON MEDICAL NECESSITY

THERAPIST: PLEASE SEE INSURANCE OFFICE FOR F/U QUOTE

PT Authorization Follow Up Required: No

Duffy , Carolyn - 9/12/2019 6:43 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

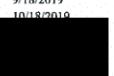
Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019



Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 57 of 105

* Auth (Verified) *

2019/10/24 09:35:39

/6

8668 Pebblebrooke Way Lakeland, FL 33810

September 13, 2019

aminata hakala bala ba

RE: PATIENT:

DOB:

DATES OF SERVICE:

Dear Sir/Madam:

I am or was a patient at your facility. My personal information is above. I am requesting copies of all my medical records for the above dates of service, including, but not limited to doctors' notes, imaging studies, imaging films, itemized bills, photographs, and any medical records from other healthcare providers for my file that are in your custody.

Please provide these medical records via facsimile, e-mail, or on a CD in a pdf format pursuant to the requirements of the HITECH Act as set forth in 42 U.S. Code § 17935(e)(2) and 45 C.F.R. Code § 164.524(c). I understand that the HITECH Act limits the amount I will be charged, and in most cases a flat rate fee of \$6.50 is charged. Please send the invoice for payment of these records to my attorney's office; their address may be found below.

I would like my electronic records exported in chronological order and in color. Please <u>CERTIFY</u> the complete medical records and send them via U.S. Mail, email, facsimile or on a CD to the following:

MORGAN & MORGAN ATLANTA, PLLC

ATTN:

P.O. Box 57007

Atlanta, GA 30303

Telephone: (404) 965-8811 Facsimile: (470)-639-6892 Email: nclay@forthepeople.com

Please note that these records MUST be sent in response to this request within 30 days after receipt. (See, 45 CFR 164.524 (b) (2) (i)).

Thank you for your prompt response and attention to this matter.



Rehabilitation Services Documentation

Document Type: Service Date/Time: Result Status:

PT Outpatient Examination 9/18/2019 08:11 EDT Auth (Verified)

Perform Information:

Singleton PT, Ashley (9/18/2019 10:02 EDT)

Sign Information:

GUSTAFSON ARNP, KESSARIN (9/25/2019 13:51 EDT):

Singleton PT, Ashley (9/18/2019 10:02 EDT)

PT Outpatient Examination Entered On: 9/18/2019 8:26 EDT Performed On: 9/18/2019 8:11 EDT by Singleton PT, Ashley

Physician Certification

Onset/Injury Date: 8/23/2019 EDT Date of Injury or Surgery: 8/23/2019 EDT Date of Evaluation PT: 9/18/2019 EDT

Ordering Physician Name: GUSTAFSON ARNP, KESSARIN

Number of Visits This Interval: 12

PT Certification Interval Start: 9/18/2019 EDT PT Certification Interval End: 12/18/2019 EST

Singleton PT, Ashley - 9/18/2019 8:57 EDT

Dear Physician: Thank you for your referral, Below is the patient information for the stated interval of treatment, Please

review, modify (if necessary), sign, and return. Thank you.

Physician Signature: My signature (including electronic) indicates approval of the documented Plan of Care and serves as an updated referral/prescription for continued therapy. Revisions to the Plan of Care are below (if indicated).

Physician Signature: My signature indicates approval of the documented Plan of Care for the stated interval. Revisions to the Plan of Care are below (if indicated). Modifications:

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 9/18/2019 8:57 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 9/18/2019 9:23 EDT

Singleton PT, Ashley - 9/18/2019 8:11 EDT

General Info

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN:

Acet:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 52 of 64

Rehabilitation Services Documentation

certification end date: 12/18/2019 EST

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 1

visit tracker advanced: Yes

affected side: Cervicalgia, L.RTC strain

Subjective

Onset/Injury Date: 8/23/2019 EDT

Patient Preferred Name : Caregiver Name: n/a

Fall risk: No

Current Work Status: Other: Profession dog show trainer

Past Medical History, Problems, Diagnoses

Singleton PT, Ashley - 9/18/2019 9:35 EDT

Singleton PT, Ashley - 9/18/2019 9:23 EDT

Singleton PT, Ashley - 9/18/2019 8:57 EDT

(As Of: 9/18/2019 10:02:12 EDT)

Problems(Active)

Cervicalgia (SNOMED CT Name of Problem: Cervicalgia; Recorder: Singleton PT

:135489010) Ashley; Confirmation: Confirmed; Classification: Medical;

Code: 135489010; Contributor System: PowerChart; Last Updated: 9/18/2019 9:36 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Renal colic (SNOMED CT

:12699010)

Name of Problem: Renal colic; Recorder: Mallory RN, Patricia; Confirmation: Confirmed; Classification: Medical; Code: 12699010; Contributor System: PowerChart; Last Updated: 3/10/2014 17:18 EDT; Life Cycle Date: 3/7/2013;

Life Cycle Status: Active ; Vocabulary: SNOMED CT

Rotator cuff strain (SNOMED)

:124189015)

Name of Problem: Rotator cuff strain; Recorder: Singleton

PT, Ashley; Confirmation: Confirmed; Classification: Medical ; Code: 124189015; Contributor System: PowerChart; Last Updated: 9/18/2019 9:37 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

CT

:52933011 }

Trigeminal neuralgia (SNOMED Name of Problem: Trigeminal neuralgia; Recorder: TITUS APRN, KIRSTIN S; Confirmation: Confirmed; Classification:

Medical; Code: 52933011; Contributor System: PowerChart

; Last Updated: 1/24/2019 12:05 EST ; Life Cycle Date:

1/24/2019; Life Cycle Status: Active; Vocabulary: SNOMED

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 53 of 64

Rehabilitation Services Documentation

CT

Diagnoses(Active)

Cervicalgia Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed; Clinical Dx: Cervicalgia; Classification: Medical;

Clinical Service; Non-Specified; Code: ICD-10-CM;

Probability: 0 ; Diagnosis Code: M54.2

Rotator cuff strain Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed; Clinical Dx: Rotator cuff strain; Classification:

Medical; Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0; Diagnosis Code: S46.019A

Patient Subjective.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Patient Subjective: Pt is a 34 yo female that presents with L shoulder pain that began on Aug 23rd after a fall. Pt reports pain in the L anterior and posterior shoulder that extends into neck. Pt reports a prior diagnosis of cervical muscular strain. Pt reports migraines when the pain starts. Pt denies prior surgeries on neck and shoulder, and reports intermittent

"burning" into L lateral arm.

Aggravating factors: movement, household chores

PMH: spinal canal stenosis in lumbar spine

Meds: Meloxicam

Goals: to get the muscle calmed down, get back to dog training

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	10'	5'
Intervention :	L UT STM with	HEP review- wall
	sombra	slides, UT and
		scalane stretches
	Singleton PT,	Singleton PT,
	Ashley -	Ashley -
	9/18/2019 9:47	9/18/2019 9:47
	EDT	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acet: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 54 of 64

Rehabilitation Services Documentation

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 4

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Pain Location: Shoulder

Quality: Aching, Burning

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 4

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Home Environment II

Prior Functional Status

ADL: Assist needed Mobility: Independent

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Additional Information: Assitance needed for lifting things

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Hip/Knee Arthroplasty

Is this PT eval due to a planned elective TKA/THA?: No

10 M Timed Walk: *

Self-Selected Gait Speed Age Norm: 1.337

Outcome Measure Default: 48

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Cervical Mobility
OT Cervical Active

**************************************	Cervical Active	Active Cervical	Active Cervical	Active Cervical
	Date	Forward Bend	Extension Range	Sidebend Left
		Range		Range
Active :	9/18/19	30	28- pain	30- pain
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT	EDT

	Sidebend Right	Active Cervical Rotation Left Range	Active Cervical Rotation Right Range
Active :	30	25- pain	60
	Singleton PT, Ashley -		

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acet: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 55 of 64

Rehabilitation Services Documentation

9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
EDT	EDT	EDT

Left UE ROM

OT Left UE Active

O'L COL OF TOUTO				
	L Active Shoulder	L Active Shoulder	L Active Shoulder	L Active Shoulder
	Flexion 0-180	Abduction 0-180	External Rotation	Internal Rotation
			0-90	0-90
Active :	150- pain	120- pain	C7	T12
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT	EDT

UE ROM/Strength

Left Upper Extremity Strength Grid

Scapular Elevation: 4 Shoulder Abduction: 4-Elbow Flexion: 4 Elbow Extension: 4

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Right Upper Extremity Strength Grid

Scapular Elevation: 4
Shoulder Abduction: 4
Elbow Flexion: 4
Elbow Extension: 4

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Palpations

Head/Spine/Trunk: Moderate TTP and grade 2 hypomobility noted with C7 and T1 CPA glides

Moderate-severe tone and TTP noted in L UT and supraspinatus muscle belly

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program, Other: heat and ice x 20 min and appropriate time to use, moving

within pain tolerance

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Assessment



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/1

Disch Date: 10/18/20

MRN: Acet: 10/18/2019

Location: PT

Age/Sex: 36 y

36 years

/ Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 56 of 64

Rehabilitation Services Documentation

Rehabilitation Potential: Good

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

PT Assessment: Pt is a 34 yo female that presents with L shoulder pain that began on Aug 23rd after a fall. Pt reports pain in the L anterior and posterior shoulder that extends into neck. Sxs consistent with L cervical and rotator cuff muscular strain secondary to chronic postural deficits and trauma of fall. Pt demonstrates impairments in cervical and L shoulder AROM to WNL, BUE muscular strength deficits, and postural deficits limiting pt's ability to complete work-related acticvities without pain. Pt is appropriate for approx 12 sessions of skilled outpatient physical therapy to address these impairments and limitations. Due to the stability of clinical condition, this was considered a low complexity evaluation.

OPR Abuse/Neglect: No.

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Long Term Goals

Long Term Goals

protection in all call three this is with contribute the term decreased with a middle for a serving	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal ;	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/18/2019 10:02	9/18/2019 10:02	9/18/2019 10:02	9/18/2019 10:02
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acet:

9/18/2019 10/18/2019 Location: PT

36 years

/ Female

Age/Sex: Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 57 of 64

Rehabilitation Services Documentation

50% IE	Comments :
Singleton PT,	
Ashley -	
9/18/2019 10:02	
EDT	

Plan

PT Additional Authorization Required: No

Frequency: 3 times per week

Is Additional Authorization Required?: 4 weeks

Treatments Planned: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities

Treatment Plan/Goals Established With Patient/Caregiver: Yes

Discharge Recommendations: Planned d/c independent with HEP in 12 sessions.

PT Evaluation Complete: Yes

Singleton PT, Ashley - 9/18/2019 10:02 EDT

Additional Information

Additional Information PT: Full Can: positive on L

B wrist clonus negative bilaterally

Moderately increased kyphosis noted at C7-T1 junction

Cervical flexion MMT: 4-/5

Singleton PT, Ashley - 9/18/2019 9:47 EDT

2018 Time Spent With Adult Patient OP PT

Evaluation, Low Complexity (97161) (ref): 1 unit(s)

PT Manual Therapy Units: 1 unit(s) PT Total Timed Code Tx Minutes: 10 PT Total Treatment Time Rehab: 39

Time In: 8:13 EST Time Out: 8:52 EST

Singleton PT, Ashley - 9/18/2019 10:02 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name

Admit Date: 9/18/2019

Disch Date: 10/18/203

MRN: Acet: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 58 of 64

Rehabilitation Services Documentation

PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 11:30 EST

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Time Out: 12:00 EST

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Document Type: Service Date/Time: Result Status: Perform Information:

Sign Information:

PT Outpatient Examination 9/18/2019 08:11 EDT

Auth (Verified)

Singleton PT, Ashley (9/18/2019 10:02 EDT)

GUSTAFSON ARNP, KESSARIN (9/25/2019 13:51 EDT);

Singleton PT, Ashley (9/18/2019 10:02 EDT)

PT Outpatient Examination Entered On: 9/18/2019 8:26 EDT Performed On: 9/18/2019 8:11 EDT by Singleton PT, Ashley

Physician Certification

Onset/Injury Date: 8/23/2019 EDT

Date of Injury or Surgery: 8/23/2019 EDT Date of Evaluation PT: 9/18/2019 EDT

Ordering Physician Name: GUSTAFSON ARNP, KESSARIN

Number of Visits This Interval: 12

PT Certification Interval Start: 9/18/2019 EDT PT Certification Interval End: 12/18/2019 EST

Singleton PT, Ashley - 9/18/2019 8:57 EDT

Dear Physician: Thank you for your referral. Below is the patient information for the stated interval of treatment. Please

review, modify (if necessary), sign, and return. Thank you.

Physician Signature: My signature (including electronic) indicates approval of the documented Plan of Care and serves as an updated referral/prescription for continued therapy. Revisions to the Plan of Care are below (if indicated)

Physician Signature: My signature indicates approval of the documented Plan of Care for the stated interval. Revisions to the Plan of Care are below (if indicated). Modifications: Х

Singleton PT, Ashley - 9/18/2019 8:11 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 47 of 110

Rehabilitation Services Documentation

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 9/18/2019 8:57 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 9/18/2019 9:23 EDT

General Info

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/18/2019 9:23 EDT

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 1 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain Singleton PT, Ashley - 9/18/2019 8:57 EDT

Subjective

Onset/Injury Date: 8/23/2019 EDT

Patient Preferred Name: Caregiver Name: n/a

Fall risk: No

Current Work Status: Other: Profession dog show trainer

Singleton PT, Ashley - 9/18/2019 9:35 EDT

Past Medical History, Problems, Diagnoses

Problems(Active)

Cervicalgia (SNOMED CT Name of Problem: Cervicalgia; Recorder: Singleton PT,

:135489010) Ashley; Confirmation: Confirmed; Classification: Medical; Code: 135489010; Contributor System: PowerChart; Last Updated: 9/18/2019 9:36 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Renal colic (SNOMED CT Name of Problem: Renal colic; Recorder: Mallory RN,

:12699010) Patricia; Confirmation: Confirmed; Classification: Medical; Code: 12699010; Contributor System: PowerChart; Last

Updated: 3/10/2014 17:18 EDT; Life Cycle Date: 3/7/2013; Life Cycle Status: Active : Vocabulary: SNOMED CT

Rotator cuff strain (SNOMED) Name of Problem: Rotator cuff strain; Recorder: Singleton

CT

PT, Ashley; Confirmation: Confirmed; Classification: Medical

Location:

Lakeland Regional Health

Lakeland Regional Medical Center

(As Of: 9/18/2019 10:02:12 EDT)

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Acct:

Admit Date: 9/18/2019

Disch Date: 10/18/2019 Age/Sex: 36 years / Female

MRN: Admitting:

Report Req: 109496522

PT

Print Date: 8/17/2021 15:53 EDT

Page 48 of 110

SCR 000057

Rehabilitation Services Documentation

:124189015) ; Code: 124189015 ; Contributor System: PowerChart ; Last

Updated: 9/18/2019 9:37 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Trigeminal neuralgia (SNOMED Name of Problem: Trigeminal neuralgia; Recorder: TITUS

CT

:52933011)

APRN, KIRSTIN S; Confirmation: Confirmed; Classification: Medical; Code: 52933011; Contributor System: PowerChart; Last Updated: 1/24/2019 12:05 EST; Life Cycle Date;

1/24/2019; Life Cycle Status: Active; Vocabulary: SNOMED

CT

Diagnoses(Active)

Cervicalgia Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed; Clinical Dx: Cervicalgia; Classification: Medical;

Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0 ; Diagnosis Code: M54.2

Rotator cuff strain Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed ; Clinical Dx: Rotator cuff strain ; Classification;
Medical ; Clinical Service: Non-Specified ; Code: ICD-10-CM;

Probability: 0; Diagnosis Code: S46.019A

Patient Subjective.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Patient Subjective: Pt is a 34 yo female that presents with L shoulder pain that began on Aug 23rd after a fall. Pt reports pain in the L anterior and posterior shoulder that extends into neck. Pt reports a prior diagnosis of cervical muscular strain. Pt reports migraines when the pain starts. Pt denies prior surgeries on neck and shoulder, and reports intermittent

"burning" into L lateral arm.

Aggravating factors: movement, household chores PMH: spinal canal stenosis in lumbar spine

Meds: Meloxicam

Goals: to get the muscle calmed down, get back to dog training

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Gym or Land Therapy



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/

Disch Date: 1

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 49 of 110

Rehabilitation Services Documentation

PT Gym or Land Therapy Grid

	control of the contro	
5'	10'	Time :
HEP review- wall	L UT STM with	Intervention :
slides, UT and	sombra	
scalane stretches		
Singleton PT,	Singleton PT,	
Ashley -	Ashley -	
9/18/2019 9:47	9/18/2019 9:47	
EDT	EDT	

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 4

Pain Location : Shoulder

Quality: Aching, Burning

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 4

Home Environment II

Prior Functional Status
ADL: Assist needed

Mobility: Independent

Additional Information: Assitance needed for lifting things

Hip/Knee Arthroplasty

Is this PT eval due to a planned elective TKA/THA?: No

10 M Timed Walk: *

Self-Selected Gait Speed Age Norm: 1.337

Outcome Measure Default: 48

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Cervical Mobility

OT Cervical Active

NAME OF TAXABLE PARTY OF TAXABLE PARTY.				
	Cervical Active	Active Cervical	Active Cervical	Active Cervical
	Date	Forward Bend	Extension Range	Sidebend Left
		Range		Range
Active :	9/18/19	30	28- pain	30- pain
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

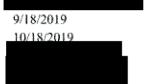
Lakeland Regional **Health**°

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 50 of 110

Rehabilitation Services Documentation

	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -
	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT

Left UE ROM

OT Left UE Active

	L Active Shoulder	L Active Shoulder	L Active Shoulder	L Active Shoulder
	Flexion 0-180	Abduction 0-180	External Rotation	Internal Rotation
			0-90	0-90
Active :	150- pain	120- pain	C7	T12
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT	EDT

UE ROM/Strength

Left Upper Extremity Strength Grid

Scapular Elevation: 4 Shoulder Abduction: 4-Elbow Flexion: 4 Elbow Extension: 4

Right Upper Extremity Strength Grid

Scapular Elevation: 4 Shoulder Abduction: 4 Elbow Flexion: 4 Elbow Extension: 4

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Palpations

Head/Spine/Trunk: Moderate TTP and grade 2 hypomobility noted with C7 and T1 CPA glides

Moderate-severe tone and TTP noted in L UT and supraspinatus muscle belly

Lakeland Regional Medical Center

/ Female

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 51 of 110

Rehabilitation Services Documentation

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program, Other: heat and ice x 20 min and appropriate time to use, moving

within pain tolerance

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Assessment

Rehabilitation Potential: Good

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

PT Assessment: Pt is a 34 yo female that presents with L shoulder pain that began on Aug 23rd after a fall. Pt reports pain in the L anterior and posterior shoulder that extends into neck. Sxs consistent with L cervical and rotator cuff muscular strain secondary to chronic postural deficits and trauma of fall. Pt demonstrates impairments in cervical and L shoulder AROM to WNL, BUE muscular strength deficits, and postural deficits limiting pt's ability to complete work-related acticvities without pain. Pt is appropriate for approx 12 sessions of skilled outpatient physical therapy to address these impairments and limitations. Due to the stability of clinical condition, this was considered a low complexity evaluation.

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/18/2019 10:02	9/18/2019 10:02	9/18/2019 10:02	9/18/2019 10:02
	EDT	EDT	EDT	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

MIKN: Acct: 9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 52 of 110

Rehabilitation Services Documentation

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Singleton PT,
	Ashley -
	9/18/2019 10:02
	EDT

Plan

PT Additional Authorization Required: No

Frequency: 3 times per week

Is Additional Authorization Required?: 4 weeks

Treatments Planned: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities

Treatment Plan/Goals Established With Patient/Caregiver: Yes

Discharge Recommendations: Planned d/c independent with HEP in 12 sessions.

PT Evaluation Complete: Yes

Singleton PT, Ashley - 9/18/2019 10:02 EDT

Additional Information

Additional Information PT: Full Can: positive on L

B wrist clonus negative bilaterally

Moderately increased kyphosis noted at C7-T1 junction

Cervical flexion MMT: 4-/5

Singleton PT, Ashley - 9/18/2019 9:47 EDT

2018 Time Spent With Adult Patient OP PT

Evaluation, Low Complexity (97161) (ref): 1 unit(s)

PT Manual Therapy Units: 1 unit(s) PT Total Timed Code Tx Minutes: 10 PT Total Treatment Time Rehab: 39

Time In: 8:13 EST Time Out: 8:52 EST

Singleton PT, Ashley - 9/18/2019 10:02 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 7/10/4017

Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 53 of 110

PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 11:30 EST

Time Out: 12:00 EST

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Document Type: Service Date/Time: Result Status:

Result Status: Perform Information: Sign Information: PT Outpatient Examination 9/18/2019 08:11 EDT

Auth (Verified)

Singleton PT, Ashley (9/18/2019 10:02 EDT)

GUSTAFSON ARNP, KESSARIN (9/25/2019 13:51 EDT);

Singleton PT, Ashley (9/18/2019 10:02 EDT)

PT Outpatient Examination Entered On: 9/18/2019 8:26 EDT Performed On: 9/18/2019 8:11 EDT by Singleton PT, Ashley

Physician Certification

Onset/Injury Date: 8/23/2019 EDT
Date of Injury or Surgery: 8/23/2019 EDT
Date of Evaluation PT: 9/18/2019 EDT

Ordering Physician Name: GUSTAFSON ARNP, KESSARIN

Number of Visits This Interval: 12

PT Certification Interval Start: 9/18/2019 EDT PT Certification Interval End: 12/18/2019 EST

Singleton PT, Ashley - 9/18/2019 8:57 EDT

Dear Physician: Thank you for your referral. Below is the patient information for the stated interval of treatment. Please review, modify (if necessary), sign, and return. Thank you.

Physician Signature: My signature (including electronic) indicates approval of the documented Plan of Care and serves as an updated referral/prescription for continued therapy. Revisions to the Plan of Care are below (if indicated).

Physician Signature: My signature indicates approval of the documented Plan of Care for the stated interval. Revisions to the Plan of Care are below (if indicated). Modifications:

Singleton PT, Ashley - 9/18/2019 8:11 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health®

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN: Acct: 10/16/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 50 of 105

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 9/18/2019 8:57 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 9/18/2019 9:23 EDT

General Info

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT

certification end date: 12/18/2019 EST

Date of Evaluation PT: 9/18/2019 EDT

what visit are we currently on: 1 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

Singleton PT, Ashley - 9/18/2019 8:57 EDT

Singleton PT, Ashley - 9/18/2019 9:23 EDT

Subjective

Onset/Injury Date: 8/23/2019 EDT

Patient Preferred Name: Caregiver Name: n/a

Fall risk: No

Current Work Status: Other: Profession dog show trainer

Past Medical History, Problems, Diagnoses

Singleton PT, Ashley - 9/18/2019 9:35 EDT

(As Of: 9/18/2019 10:02:12 EDT)

Problems(Active)

Cervicalgia (SNOMED CT

:135489010)

Name of Problem: Cervicalgia; Recorder: Singleton PT,

Ashley; Confirmation: Confirmed; Classification: Medical; Code: 135489010; Contributor System: PowerChart; Last Updated: 9/18/2019 9:36 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Renal colic (SNOMED CT

:12699010)

Name of Problem: Renal colic; Recorder: Mallory RN, Patricia; Confirmation: Confirmed; Classification: Medical; Code: 12699010; Contributor System: PowerChart; Last

Updated: 3/10/2014 17:18 EDT; Life Cycle Date: 3/7/2013; Life Cycle Status: Active ; Vocabulary: SNOMED CT

Rotator cuff strain (SNOMED

CT

Name of Problem: Rotator cuff strain; Recorder: Singleton PT, Ashley; Confirmation: Confirmed; Classification: Medical



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**°

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019

10/18/2019

Location:

Age/Sex:

/ Female 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 51 of 105

;124189015) ; Code: 124189015; Contributor System: PowerChart; Last

Updated: 9/18/2019 9:37 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Trigeminal neuralgia (SNOMED Name of Problem: Trigeminal neuralgia; Recorder: TITUS

CT APRN, KIRSTIN S; Confirmation: Confirmed; Classification: :52933011) Medical; Code: 52933011; Contributor System: PowerChart

; Last Updated: 1/24/2019 12:05 EST ; Life Cycle Date:

1/24/2019 ; Life Cycle Status: Active ; Vocabulary: SNOMED

CT

Diagnoses(Active)

Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation: Cervicalgia

Confirmed; Clinical Dx: Cervicalgia; Classification: Medical;

Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0; Diagnosis Code: M54.2

Rotator cuff strain Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed; Clinical Dx: Rotator cuff strain; Classification: Medical; Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0 ; Diagnosis Code: S46.019A

Patient Subjective.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Patient Subjective: Pt is a 34 yo female that presents with L shoulder pain that began on Aug 23rd after a fall. Pt reports pain in the L anterior and posterior shoulder that extends into neck. Pt reports a prior diagnosis of cervical muscular strain. Pt reports migraines when the pain starts. Pt denies prior surgeries on neck and shoulder, and reports intermittent

"burning" into L lateral arm.

Aggravating factors: movement, household chores PMH: spinal canal stenosis in lumbar spine

Meds: Meloxicam

Goals: to get the muscle calmed down, get back to dog training

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Gym or Land Therapy



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN: Acct:

Location: PΤ

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 52 of 105

PT Gym or Land Therapy Grid

Time :	10'	5'
Intervention :	L UT STM with	HEP review- wall
	sombra	slides, UT and
		scalane stretches
	Singleton PT,	Singleton PT,
	Ashley -	Ashley -
	9/18/2019 9:47	9/18/2019 9:47
	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 4

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Pain Location: Shoulder Quality: Aching, Burning

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 4

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Home Environment II

Prior Functional Status

ADL: Assist needed Mobility: Independent

Additional Information: Assitance needed for lifting things

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Hip/Knee Arthroplasty

Is this PT eval due to a planned elective TKA/THA?: No

10 M Timed Walk: *

Self-Selected Gait Speed Age Norm: 1.337

Outcome Measure Default: 48

Singleton PT, Ashley - 9/18/2019 8:11 EDT

Cervical Mobility

OT COLVIDATION OF	Date	LIGHTO GOLLIOSI	S SOUTH OF SHAPE STORES	Active Cervical Sidebend Left Range
Active :	9/18/19	30	28- pain	
	Singleton PT, Ashlev -	The second secon	I strategy to the second second	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:



Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 53 of 105

 9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -
	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT

Left UE ROM

OT Left UE Active

	L Active Shoulder	L Active Shoulder	L Active Shoulder	L Active Shoulder
	Flexion 0-180	Abduction 0-180	External Rotation	Internal Rotation
			0-90	0-90
Active :	150- pain	120- pain	C7	T12
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -			Ashley -
	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11	9/18/2019 8:11
	EDT	EDT	EDT	EDT

UE ROM/Strength

Left Upper Extremity Strength Grid

Scapular Elevation: 4 Shoulder Abduction: 4-

Elbow Flexion: 4 Elbow Extension: 4

Right Upper Extremity Strength Grid

Scapular Elevation: 4 Shoulder Abduction: 4 Elbow Flexion: 4 Elbow Extension: 4

Palpations

Head/Spine/Trunk: Moderate TTP and grade 2 hypomobility noted with C7 and T1 CPA glides

Moderate-severe tone and TTP noted in L UT and supraspinatus muscle belly

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Singleton PT, Ashley 9/18/2019 9:47 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-



Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN: Acet:



Location: PT

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 54 of 105

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program, Other: heat and ice x 20 min and appropriate time to use, moving

within pain tolerance

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Assessment

Rehabilitation Potential: Good

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

PT Assessment: Pt is a 34 yo female that presents with L shoulder pain that began on Aug 23rd after a fall. Pt reports pain in the L anterior and posterior shoulder that extends into neck. Sxs consistent with L cervical and rotator cuff muscular strain secondary to chronic postural deficits and trauma of fall. Pt demonstrates impairments in cervical and L shoulder AROM to WNL, BUE muscular strength deficits, and postural deficits limiting pt's ability to complete work-related acticvities without pain. Pt is appropriate for approx 12 sessions of skilled outpatient physical therapy to address these impairments and limitations. Due to the stability of clinical condition, this was considered a low complexity evaluation.

OPR Abuse/Neglect: No.

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/18/2019 9:47 EDT

Long Term Goals Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal:	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/18/2019 10:02	9/18/2019 10:02	9/18/2019 10:02	9/18/2019 10:02
	EDT	EDT	EDT	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

7/10/2017

Disch Date:

MRN:

Acet:

10/18/2019

Location: PT

34 years / Female Age/Sex:

GUSTAFSON ARNP.KESSARIN Admitting:

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 55 of 105

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments:	50% IE
	Singleton PT,
	Ashley -
	9/18/2019 10:02
	EDT

Plan

PT Additional Authorization Required: No

Frequency: 3 times per week

is Additional Authorization Required?: 4 weeks

Treatments Planned: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities

Treatment Plan/Goals Established With Patient/Caregiver: Yes

Discharge Recommendations: Planned d/c independent with HEP in 12 sessions.

PT Evaluation Complete: Yes

Singleton PT, Ashley - 9/18/2019 10:02 EDT

Additional Information

Additional Information PT: Full Can: positive on L.

B wrist clonus negative bilaterally

Moderately increased kyphosis noted at C7-T1 junction

Cervical flexion MMT: 4-/5

Singleton PT, Ashley - 9/18/2019 9:47 EDT

2018 Time Spent With Adult Patient OP PT

Evaluation, Low Complexity (97161) (ref): 1 unit(s)

PT Manual Therapy Units: 1 unit(s) PT Total Timed Code Tx Minutes: 10 PT Total Treatment Time Rehab: 39

Time In: 8:13 EST Time Out: 8:52 EST

Singleton PT, Ashley - 9/18/2019 10:02 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

PT Location:

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 56 of 105

Patient Name Date of Birth:

* Transcribed *

Lakeland Regional Health	REHABILITATIVE SERVICES
Lakelalia Regional meatar	MEDICAL HISTORY
Patient name:	Patient date of birth: _
Today's date: 9/18/2019	
Name of person completing this form (if other than patient);
Patient's occupation: Stay at home mom / Dog t	Tainer
Patient's primary language: English	
Patient's preferred language for discussing healthcare: _£	inglish
PATIENT MEDICAL HISTORY	
Allergies/adverse drug reactions:	
Medications that you are currently taking:	
melekirant 75 mg. Excedein Migraine	
What is your reason for coming to therapy today?	shoulder
When did your problem begin? Aug., 23td	
How did your problem start? 1/2/1/20	
What kind of diagnostic tests have been done for your curr	rent problem? (x-rays, MRI, etc.)
Results of those tests: Nothing braken	
When is your next appointment with the doctor who sent y	you to us??
Do you have pain now? No Yes	
If yes, please describe the location and type of pain:le	off shoulder to neck
What makes the pain better? doing nothing lic.	e/cipdeim
What makes the pain worse?	
LAKELAND REGIONAL HEALTH	
REHABILITATIVE SERVICES MEDICAL HISTORY * 2 P N * CNPM0008+04 LRH 03/16 Page 1 of 2	

Patient Nam Date of Birth

* Transcribed *

atient name:	arian Seminari	Patient date of birth:	
oes the pain interfere with your of yes, please describe how it interfere with your of yes, please describe how it interfere with your of yes, please describe how it interfered with your of yes.	rferes with your daily life:	landry idishes, re	ding, driving
lave you fallen in the past 6 mont		Yes If yes, how many	
lave you had a decrease in your a			
re you reluctant to leave your ho			
, c , o d , d (d (
ither Medical History heck all that apply if you have I	had a history of:		* 1
Seizures	Thyroid problems	□ Joint replacen	nent
Diabetes	☐ Stroke/CVA	☐ Depression	
Cardiac disease	☐ Cancer	□ Glaucoma	
Rheumatoid arthritis	☐ Heart attack	☐ Swallowing pr	oblems
Osteoarthritis	☐ Current pregnancy	☐ Recent falls	
Osteoporosis	☐ Recent flu/fever	□ Anemia	
High blood pressure	□ Pacemaker	☐ Dizziness	
Bowel/bladder changes	Chronic headaches		
Unexplained weight loss	□ Liver/kidney proble		
Asthma/respiratory disorders	D Nervous disorder	☐ Vision limitati	ons
Metal implants	□ Bone disease/fract		
Smoking Other:	□ Hernia	□ C-diff	
oals /hat are your goals as a result of att	tending therapy? Plase check	c all that apply.	A y C
Decrease pain			
Less difficulty with work activity Sleep longer () hours)	4 7		
Improve movement /			
Return to recreational activities/s	norts		
improve strength	po. B		
Stand longer (minutes/	hours)		
Sit longer (minutes/hou	irs)		
Less difficulty with home activities Other:	5		
40.0			
* *: *:			
_	.4		1.0
ontinued from page 1			
Silanda irom paga i			
REHABIL MEDICAL	D REGIONAL HEALTH LITATIVE SERVICES L HISTORY	PATIENT LABEL	
CNPH00084-04	4 LRH 03/16 Page 2 of 2		

Orders

Patient Care

Order: OP PT POC Signature

Order Date/Time: 9/18/2019 10:09 EDT Order Start Date/Time: 9/21/2019 10:09 EDT

Order Status: Discontinued Department Status: Discontinued

End-state Date/Time: 10/14/2019 13:56 EDT End-state Reason:

Ordering Physician: SYSTEM

Order Details: 9/21/19 10:09:17 AM EDT, Routine, q7day, 10/14/19 1:56:29 PM EDT

Order Comment:

Order: Influenza Vaccine Screening

Order Date/Time: 9/18/2019 08:05 EDT

Order Start Date/Time: 9/18/2019 08:05 EDT

Order Status: Discontinued Department Status: Discontinued

End-state Date/Time: 10/18/2019 12:15 EDT End-state Reason:

Ordering Physician: SYSTEM

Order Details: 9/18/19 8:05:01 AM EDT, Routine, 10/18/19 12:15:33 PM EDT

Order Comment:

Order: Pneumococcal Vaccine Screening 19-64

Order Date/Time: 9/18/2019 08:05 EDT Order Start Date/Time: 9/18/2019 08:05 EDT

Order Status: Discontinued Department Status: Discontinued

End-state Date/Time: 10/18/2019 12:15 EDT End-state Reason:

Ordering Physician: SYSTEM

Order Details: 9/18/19 8:05:01 AM EDT, Routine, 10/18/19 12:15:33 PM EDT

Order Comment:

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-



Patient Name: Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

Admitting:

Location:

Age/Sex:

Report Req: 109496522

PT

Print Date: 8/17/2021 15:53 EDT

36 years

/ Female

Page 68 of 110

Orders

Department Status: Discontinued

Department Status: Discontinued

Department Status: Discontinued

End-state Reason:

End-state Reason:

End-state Reason:

Patient Care

Order: OP PT POC Signature

Order Date/Time: 9/18/2019 10:09 EDT Order Start Date/Time: 9/21/2019 10:09 EDT

Order Status: Discontinued

End-state Date/Time: 10/14/2019 13:56 EDT

Ordering Physician: SYSTEM

Order Details: 9/21/19 10:09:17 AM EDT, Routine, q7day, 10/14/19 1:56:29 PM EDT

Order Comment:

Order: Influenza Vaccine Screening

Order Date/Time: 9/18/2019 08:05 EDT Order Start Date/Time: 9/18/2019 08:05 EDT

Order Status: Discontinued

End-state Date/Time: 10/18/2019 12:15 EDT

Ordering Physician: SYSTEM

Order Details: 9/18/19 8:05:01 AM EDT, Routine, 10/18/19 12:15:33 PM EDT

Order Comment:

Order: Pneumococcal Vaccine Screening 19-64

Order Date/Time: 9/18/2019 08:05 EDT Order Start Date/Time: 9/18/2019 08:05 EDT

Order Status: Discontinued

End-state Date/Time: 10/18/2019 12:15 EDT

Ordering Physician: SYSTEM

Order Details: 9/18/19 8:05:01 AM EDT, Routine, 10/18/19 12:15:33 PM EDT

Order Comment:



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acet:

10/18/2019

Location: PT

Age/Sex:

/ Female 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 70 of 105

Physician Orders Scanned

Document Type: Service Date/Time: Result Status: Perform Information: Physician Orders 9/18/2019 08:02 EDT

Unauth

Moore ,Katie as proxy for Moore ,Katie (9/18/2019 08:03

Sign Information:

Moore ,Katie as proxy for Moore ,Katie (9/18/2019 08:03

EDT)

*** The external document entitled Physician Orders could not be loaded. ***



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:



PT Location:

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 71 of 105



* Auth (Verified) *

Patient's Name	Number Date
NECK DISA	BILITY INDEX
everyday life. Please answer every section and mark in each :	on as to how your neck pain has affected your ability to manage in section only ONE box which applies to you. We realize you may you, but please just mark the box which MOST CLOSELY
Section 1 - Pain Intensity	Section 6 - Concentration
☐ I have no pain at the moment. ☐ The pain is very mild at the moment. ☐ The pain is moderate at the moment. ☐ The pain is fairly severe at the moment. ☐ The pain is very severe at the moment. ☐ The pain is the worst imaginable at the moment.	☐ I can concentrate fully when I want to with no difficulty. ☐ I can concentrate fully when I want to with slight difficulty. ☐ I have a fair degree of difficulty in concentrating when I want to. ☐ I have a lot of difficulty in concentrating when I want to. ☐ I have a great deal of difficulty in concentrating when I want to. ☐ I cannot concentrate at all.
Section 2 Personal Care (Washing, Dressing, etc.)	Section 7—Work
☐ I can look after myself normally without causing extra pain. ☐ I can look after myself normally but it causes extra pain. ☐ It is painful to look after myself and I am slow and careful. ☐ I need some help but manage most of my personal care. ☐ I need help every day in most aspects of self care. ☐ I do not get dressed, I wash with difficulty and stay in bed.	☐ I can do as much work as I want to. ☐ I can only do my usual work, but no more. ☐ I can do most of my usual work, but no more. ☐ I can hardly do any work at all. ☐ I can't do any work at all.
Section 3 – Lifting	Section 8 - Driving
☐ I can lift heavy weights without extra pain. ☐ I can lift heavy weights but it gives extra pain. ☐ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table. ☐ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. ☐ I can lift very light weights. ☐ I cannot lift or carry anything at all.	 ☐ I drive my car without any neck pain. ☐ I can drive my car as long as I want with slight pain in my neck. ☐ I can drive my car as long as I want with moderate pain in my neck. ☐ I can't drive my car as long as I want because of moderate pain in my neck. ☐ I can hardly drive my car at all because of severe pain in my neck. ☐ I can't drive my car at all.
Section 4 Reading	Section 9 - Sleeping
☐ I can read as much as I want to with no pain in my neck. ☐ I can read as much as I want to with slight pain in my neck. ☐ I can read as much as I want with moderate pain. ☐ I can't read as much as I want because of moderate pain in my neck. ☐ I can hardly read at all because of severe pain in my neck. ☐ I cannot read at all.	☐ I have no trouble sleeping. ☐ My sleep is slightly disturbed (less than 1 hr. sleepless). ☐ My sleep is moderately disturbed (1-2 hrs. sleepless). ☐ My sleep is moderately disturbed (2-3 hrs. sleepless). ☐ My sleep is greatly disturbed (3-4 hrs. sleepless). ☐ My sleep is completely disturbed (5-7 hrs. sleepless). Section 10 — Recreation
Section 5-Headaches	CI I am able to engage in all my recreation activities with no neck
☐ I have no headaches at all. ☐ I have slight headaches which come infrequently. ☐ I have slight headaches which come frequently. ☐ I have moderate headaches which come infrequently. ☐ I have headaches elmost all the time.	pain at all. I am able to engage in all my recreation activities, with some pain in my neck. I am able to engage in most, but not all of my usual recreation activities because of pain in my neck. I am able to engage in a few of my usual recreation activities because of pain in my neck.
Scoring: Questions are scored on a vertical scale of 0-5. Total scores and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered a significant activities of daily	 (5) can hardly do any recreation solivities because of pain in my nack. (1) I can't do any recreation activities at all. (2) Comments
%ADL_	%AUR. Reference: Vernon, Mior. JMPT 1991; 14(7): 409-1
2	5 50.1.

Facility: LRMC

* Auth (Verified) *



	•
Patient's Name_	NumberDate
NECK DISA	BILITY INDEX
everyday life. Please answer every section and mark in each	on as to how your neck pain has affected your ability to manage in section only ONE box which applies to you. We realize you may you, but please just mark the box which MOST CLOSELY
Section 1 - Pain Intensity	Section 6 - Concentration
 □ I have no pain at the moment. □ The pain is very mild at the moment. ② The pain is moderate at the moment. □ The pain is fairly severe at the moment. □ The pain is very severe at the moment. □ The pain is the worst imaginable at the moment. 	 反L) can concentrate fully when I want to with no difficulty. ☐ I can concentrate fully when I want to with slight difficulty. ☐ I have a fair degree of difficulty in concentrating when I want to. ☐ I have a lot of difficulty in concentrating when I want to. ☐ I have a great deal of difficulty in concentrating when I want to. ☐ I cannot concentrate at all.
Section 2 Personal Care (Washing, Dressing, etc.)	Section 7—Work
□ I can look after myself normally without causing extra pain. □ I can look after myself normally but it causes extra pain. ➡ti is painful to look after myself and I am slow and careful. □ I need some help but manage most of my personal care. □ I need help every day in most aspects of self care. □ I do not get dressed, I wash with difficulty and stay in bed.	☐ I can do as much work as I want to. ☐ I can only do my usual work, but no more. ☐ I can do most of my usual work, but no more. ☐ I cannot do my usual work. ☐ I can hardly do any work at all. ☐ I can't do any work at all.
Section 3 Lifting	Section 8 - Driving
☐ I can lift heavy weights without extra pain. ☐ I can lift heavy weights but it gives extra pain. ☐ I can lift heavy weights but it gives extra pain. ☐ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, for example on a table. ☐ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. ☐ I can lift very light weights. ☐ I cannot lift or carry anything at all.	 ☐ I drive my car without any neck pain. ☐ I can drive my car as long as I want with slight pain in my neck. ☐ I can drive my car as long as I want with moderate pain in my neck. Æ I can't drive my car as long as I want because of moderate pain in my neck. Æ I can hardly drive my car at all because of severe pain in my neck. ☐ I can't drive my car at all.
Section 4 Reading	Section 9 - Sleeping
☐ I can read as much as I went to with no pain in my neck. ☐ I can read as much as I went to with slight pain in my neck. ☐ I can read as much as I want with moderate pain. ☐ I can't read as much as I want because of moderate pain in my neck. ☐ I can hardly read at all because of severe pain in my neck. ☐ I cannot read at all.	☐ I have no trouble sleeping. ☐ My sleep is slightly disturbed (less than 1 hr. sleepiess). ☐ My sleep is moderately disturbed (1-2 hrs. sleepless). ☐ My sleep is moderately disturbed (2-3 hrs. sleepless). ☐ My sleep is greatly disturbed (3-4 hrs. sleepless). ☐ My sleep is completely disturbed (5-7 hrs. sleepless). Section 10 — Respection.

Section 5-Headaches

□ I have no headaches at all.

☐ I have slight headaches which come infrequently.
☐ I have slight headaches which come frequently.
☐ I have moderate headaches which come infrequently.
☐ I have severe headaches which come frequently.

☐ I have headaches almost all the time.

Scoring: Questions are scored on a vertical scale of 0-5. Total scores	8
and multiply by 2. Divide by number of sections answered multiplied	
10. A score of 22% or more is considered a significant activities of dr	niv.
SV	
An Arms	

Section 10 - Recreation

☐ I am able to engage in all my recreation activities with no neck

pain at all.

I I am able to engage in all my recreation activities, with some pain in my neck.

□ I am able to engage in most, but not all of my usual recreation

activities because of pain in my neck.

I am able to engage in a few of my usual recreation activities because of pain in my neck.

can hardly do any recreation activities because of pain in my neck.

i i can't do any recreation activities at all.

MALK.

Reference: Vernon, Mior. JMPT 1991; 14(7): 409-15

Patient Nar Date of Birl

and the second of the				
MADIM:				
IMICAL A				
_				
B				

* Auth (Verified) *

atient's Name_	NumberDate
NECK DISAB	ILITY INDEX
unanter the Diseas account every eaction and mark in each t	on as to how your neck pain has affected your ability to manage in section only ONE box which applies to you. We realize you may you, but please just mark the box which MOST CLOSELY
section 1 - Pain Intensity	Section 6 - Concentration
	of the state of th
I have no pain at the moment. The pain is very mild at the moment. The pain is moderate at the moment. The pain is fairly severe at the moment. The pain is very severe at the moment. The pain is very severe at the moment. The pain is the worst imaginable at the moment.	 ∠ can concentrate fully when I want to with no difficulty. I can concentrate fully when I want to with slight difficulty. I have a fair degree of difficulty in concentrating when I want to. I have a lot of difficulty in concentrating when I want to. I have a great deal of difficulty in concentrating when I want to. I cannot concentrate at all.
Section 2 – Personal Care (Washing, Dressing, etc.)	Section 7Work
☐ I can look after myself normally without causing extra pain. ☐ I can look after myself normally but it causes extra pain. ☐ It can look after myself and I am slow and careful. ☐ I need some help but manage most of my personal care. ☐ I need help every day in most aspects of self care. ☐ I do not get dressed, I wash with difficulty and stay in bed.	☐ I can do as much work as I want to. ☐ I can only do my usual work, but no more. ☐ I can do most of my usual work, but no more. ☐ I cannot do my usual work. ☐ I can hardly do any work at all. ☐ I can't do any work at all.
Section 3 – Lifting	Section 8 - Driving
□ I can lift heavy weights without extra pain. □ I can lift heavy weights but it gives extra pain. □ I can manage if they are conveniently positioned, for exemple on a table. □ Pain prevents me from lifting heavy weights, but I can manage light to medium weights if they are conveniently positioned. □ 1 can lift very light weights. □ I cannot lift or carry anything at all.	☐ I drive my car without any neck pain. ☐ I can drive my car as long as I want with slight pain in my neck. ☐ I can drive my car as long as I want with moderate pain in my neck. ② I can't drive my car as long as I want because of moderate pain in my neck. ③ I can't drive my car at all because of severe pain in my neck. ☐ I can't drive my car at all.
Section 4 – Reading	Section 9 Sleeping
☐ I can read as much as I want to with no pain in my neck. ☐ I can read as much as I want to with slight pain in my neck. ☐ I can read as much as I want with moderate pain. ☐ I can't read as much as I want because of moderate pain in my nack. ☐ I can hardly read at all because of severe pain in my neck. ☐ I cannot read at all.	☐ I have no trouble sleeping. ☐ My sleep is slightly disturbed (less than 1 hr. sleepless). ☐ My sleep is moderately disturbed (1-2 hrs. sleepless). ☐ My sleep is moderately disturbed (2-3 hrs. sleepless). ☐ My sleep is greatly disturbed (3-4 hrs. sleepless). ☐ My sleep is completely disturbed (6-7 hrs. sleepless). Section 10 — Recreation
Section 5-Headaches	i am able to engage in all my recreation activities with no neck
☐ I have no headaches at all. ☐ I have slight headaches which come infrequently. ☐ I have slight headaches which come frequently. ☐ I have moderate headaches which come infrequently. ☐ I have severe headaches which come frequently. ☐ I have headaches almost all the time.	pain at all. I am able to engage in all my recreation activities, with some pain in my neck. I am able to engage in most, but not all of my usual recreation activities because of pain in my neck. I am able to engage in a few of my usual recreation activities because of pain in my neck. If get can hardly do any recreation activities because of pain in my
Scoring: Questions are scored on a vertical scale of 0-5. Total scores and multiply by 2. Divide by number of sections answered multiplied by 10. A score of 22% or more is considered a significent activities of deliy listed disability. 96ADL	nack. ☐ I can't do any recreation activities at all. Comments
	Reference: Vernon, Mior. JMPT 1991; 14(7): 409

Functional

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Functional - Home Environment

Recorded Da	te 9/18/2019		
Recorded Tin	e 08:11 EDT		
Recorded E	y Singleton PT, Ashley		
Procedure		Units	Reference Range
Home Living Additional Information	See Below T1		

Textual Results

T1: 9/18/2019 08:11 EDT (Home Living Additional Information)

Assitance needed for lifting things

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: Disch Date:

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 75 of 110

Functional

Legend: M-Corrected, *-Abnormal, C-Critical, L-Low, H-High, f-Result Comment, T-Textual, />-Flag/Unflag Action

Functional - Home Environment

Recorded Date 9/18/2019 Recorded Time 08:11 EDT Recorded By Singleton PT, Ashley Procedure Units See Below 11

Home Living Additional Information

Reference Range

Textual Results

TI:

9/18/2019 08:11 EDT (Home Living Additional Information)

Assitance needed for lifting things

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

10/18/2019

Acct:

PT Location:

34 years Age/Sex:

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 78 of 105

Gynecology and Obstetrics

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Gynecology/Obstetrics Information

Recorded Date	9/18/2019			
Recorded Time	08:05 EDT			
Recorded By	SYSTEM			
Procedure		Units	Reference Range	
Pregnancy Status	Unknown			

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-



10/18/2019

Disch Date:

Patient Name:
Admit Date: 9/18/2019 Location:

MRN: Admitting:

Acct: Report Req: 109496522
Print Date: 8/17/2021 15:53 EDT

PT 36 years

/ Female

Age/Sex:

Page 74 of 110

Gynecology and Obstetrics

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Gynecology/Obstetrics Information

Units

Reference Range

	Recorded Date	9/18/2019
	Recorded Time	08:05 EDT
	Recorded By	SYSTEM
September 1	Procedure	Market Commercial Conference on the

Pregnancy Status Unknown

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acct:

Lakeland Regional **Health**

Location: PT

Age/Sex: 34 years / Female

GUSTAFSON ARNP, KESSARIN Admitting:

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 77 of 105

Education

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Recorded Date	10/18/2019	10/16/2019		
Recorded Time	08:59 EDT	09:12 EDT		
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley		
Procedure			Units	Reference Range
Barriers to Learning	None evident	None evident		

Recorded Date	10/14/2019	10/11/2019	10/9/2019			
Recorded Time	09:02 EDT	09:38 EDT	09:32 EDT			
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley	Schoon PTA, Joy			
Procedure) (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1		Units	Reference Range	-
Barriers to Learning	None evident	None evident	None evident			j

Recorded Date	10/7/2019	10/4/2019	10/2/2019		
Recorded Time	08:25 EDT	09:35 EDT	09:33 EDT		
Recorded By	Schoon PTA, Joy	Schoon PTA,Joy	Schoon PTA, Joy		
Procedure				Units	Reference Range
Barriers to Learning	None evident	None evident	None evident	j	

Recorded Date	9/30/2019	9/27/2019	9/25/2019	1	
Recorded Time	10:29 EDT	08:32 EDT	16:05 EDT		
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley	Schoon PTA, Joy		
Procedure			Minimum M Manager and Company of the	Units	Reference Range
Barriers to Learning	None evident	None evident	None evident		

Recorded Date	9/23/2019	9/18/2019			
Recorded Time	11:33 EDT	08:11 EDT			
Recorded By	Schoon PTA, Joy	Singleton PT, Ashley			
Procedure		tron discolati that had like the till red the cold the cold the cold	Units	Reference Range	7
Barriers to Learning	None evident	None evident			Ţ.

ional Health

Lakeland Regional Medical Center

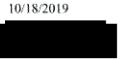
1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 96 of 110

Education

Legend: M=Corrected, *-Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashlo	10/16/2 09:12 E ey Singleton P	DT				
Procedure	na planety. Type composition product, comme		ing verified	Units F	teference	Range	Amiran g
Barriers to Learning	None evident	None ev	dent				oriental and a second a second and a second
Recorded Date Recorded Time Recorded By	10/14/2019 09:02 EDT Singleton PT,Ashle	10/11/2 09:38 E ey Singleton P	DT	10/9/ 09:32 Schoon I	EDT		
Procedure						Units	Reference Range
Barriers to Learning	None evident	None ev	dent	None e	vident		
Recorded Date Recorded Time Recorded By	10/7/2019 08:25 EDT Schoon PTA,Joy	10/4/2019 09:35 EDT Schoon PTA,Joy	09:	/2/2019 33 EDT n PTA,Joy	Teleplane	District	
Procedure Barriers to Learning	None evident	None evident	Non	e evident	Units	Kelere	nce Range
Recorded Date Recorded Time Recorded By	9/30/2019 10:29 EDT Singleton PT,Ashlo	9/27/20 08:32 E ey Singleton P	DT	9/25/ 16:05 Schoon I	EDT		
Procedure				Laconomic		Units	Reference Range
Barriers to Learning	None evident	None ev	dent	None e	vident	L	
Recorded Date Recorded Time Recorded By	9/23/2019 11:33 EDT Schoon PTA,Joy	9/18/2019 08:11 EDT Singleton PT,As	hley				
Procedure	ort (richted), sick sie der von 11 mageit unmen erhanbeit	terrale to protestionalist content	Un	its Refer	ence Rai	nge	
Barriers to Learning	None evident	None evident					



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

PT Location:

Age/Sex: 34 years

/ Female Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 99 of 105

Problem List

Problem Name: Cervicalgia

Last Updated: 9/18/2019 Onset Date: ; Course: ; Confirmation: Confirmed; Code:

135489010; Classification: Medical

Responsible Provider:

Life Cycle Status: Active

Problem Name: Renal colic

Last Updated: 3/10/2014 Onset Date: ; Course: ; Confirmation: Confirmed; Code:

12699010; Classification: Medical

Responsible Provider:

Life Cycle Status: Active

Problem Name: Rotator cuff strain

Last Updated: 9/18/2019 Onset Date: ; Course: ; Confirmation: Confirmed; Code:

124189015; Classification: Medical

Responsible Provider:

Life Cycle Status: Active

Problem Name: Trigeminal neuralgia

Last Updated: 1/24/2019 Onset Date: ; Course: ; Confirmation: Confirmed; Code:

52933011; Classification: Medical

Responsible Provider:

Life Cycle Status: Active

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 97 of 110

Problem List

Problem Name: Cervicalgia

Last Updated: 9/18/2019 Onset Date: ; Course: ; Confirmation: Confirmed; Code:

135489010; Classification: Medical

Responsible Provider: Life Cycle Status: Active

Problem Name: Renal colic

Last Updated: 3/10/2014

Responsible Provider: Life Cycle Status: Active Onset Date: ; Course: ; Confirmation: Confirmed; Code:

12699010; Classification: Medical

Problem Name: Rotator cuff strain

Last Updated: 9/18/2019

Responsible Provider: Life Cycle Status: Active

Problem Name: Trigeminal neuralgia

Last Updated: 1/24/2019

Responsible Provider: Life Cycle Status: Active Onset Date: ; Course: ; Confirmation: Confirmed; Code: 124189015; Classification: Medical

Onset Date: ; Course: ; Confirmation: Confirmed; Code:

52933011; Classification: Medical

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date: 9/18/2019 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 100 of 105

Clinical Diagnoses

Diagnosis: Rotator cuff strain

Last Reviewed Date: 9/18/2019 Responsible Provider:

Diagnosis Date: 9/18/2019 Status: Active

Confirmation: Confirmed; Code: S46.019A; Classification: Medical

Diagnosis: Cervicalgia

Last Reviewed Date: 9/18/2019 Responsible Provider:

Diagnosis Date: 9/18/2019 Status: Active

Confirmation: Confirmed; Code: M54.2; Classification: Medical

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Lakeland Regional Health

Location: Disch Date: 10/18/2019 Age/Sex: 36 years / Female

PT

MRN: Admitting: Acct:

Report Req: 109496522 Print Date: 8/17/2021 15:53 EDT

Page 98 of 110

Clinical Diagnoses

Diagnosis: Rotator cuff strain

Last Reviewed Date: 9/18/2019 Responsible Provider:

Diagnosis Date: 9/18/2019 Status: Active

Confirmation: Confirmed; Code: S46.019A; Classification: Medical

Diagnosis: Cervicalgia

Last Reviewed Date: 9/18/2019 Responsible Provider:

Diagnosis Date: 9/18/2019 Status: Active

Confirmation: Confirmed; Code: M54.2; Classification: Medical



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

10/18/2019

Acct:

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 101 of 105

Infusion Billing

Infusion Billing Report

09/18/19 08:01 US/Eastern to 08/17/21 15:53 US/Eastern







No Results Qualified.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

10/18/2019 Disch Date:

MRN:

Acct:

9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 102 of 110

Infusion Billing

Infusion Billing Report

09/18/19 08:01 US/Eastern to 11/15/19 09:30 US/Eastern

Recurring

FIN Location: PT



No Results Qualified.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 105 of 105

Visit Summary

Pain

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Rapid Pain Assessment

Recorded Date		10/7/2019		
Recorded Time	09:32 EDT	98:25 EDT		
Recorded By	Schoon PTA, Joy	Schoon PTA, Joy		
Procedure	-		Units	Reference Range
Primary Pain Location	Shoulder	Shoulder		
Primary Pain Laterality	Right	Right	Ì	
Primary Pain Quality	Discomfort	Aching, Discomfort, Pulling		
Primary Pain Radiation	-	No	ļ	

Recorded Date Recorded Time Recorded By	10/2/2019 09:33 EDT Schoon PTA, Joy	9/25/2019 16:05 EDT Schoon PTA,Joy		
Procedure	agger and a that till having grown as hing great rigger	ergeren Milari prodlavargjerdHlavini lagig	Units	Reference Range
Primary Pain Location	Shoulder	Shoulder	}	
Primary Pam Laterality	Right	Left		
Primary Pain Quality	=	See Below TI	ĺ	
Primary Pain Radiation	=	No	-	

Textual Results

T1: 9/25/2019 16:05 EDT (Primary Pain Quality)

Discomfort, Tenderness, Tightness

Recorded Date Recorded Time Recorded By	9/23/2019 11:33 EDT Schoon PTA,Joy	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure		s skirilina allian constitutili kulli ku aannak saassatt	Units	Reference Range
Primary Pain Location	Shoulder	Shoulder		
Primary Pain Laterality	Left	-		
Primary Pain Quality	Burning, Discomfort, Sharp	Aching, Burning		
Primary Pain Radiation	Yes	=		



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/20

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 71 of 110

Pain

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Pain Intensity Tools

Recorded Date	10/18/2019	10/16/2019		
Recorded Time	08:59 EDT	09:12 EDT		
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley		
Procedure		***************************************	Units	Reference Range
Numeric Rating at Rest	0 = No pain	0 = No pain		

Recorded Date Recorded Time	10/14/2019 09:02 EDT	10/11/2019 09:38 EDT		
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley		
Procedure		## 11 10 ***** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 *** 10 **	Units	Reference Range
Numeric Rating at Rest	0 = No pain	l		

Recorded Date	10/9/2019	10/7/2019	10/4/2019) 	
Recorded Time	09:32 EDT	08:25 EDT	09:35 EDT		
Recorded By	Schoon PTA, Joy	Schoon PTA, Joy	Schoon PTA, Joy		
Procedure			201 1000 222 0000 0000 0000 0000 0000 0	Units	Reference Range
Numeric Rating at Rest	0 ≖ No pain	3	0 = No pain		

Recorded Date	10/2/2019	9/30/2019		
Recorded Time	09:33 EDT	10:29 EDT		
Recorded By	Schoon PTA, Joy	Singleton PT, Ashley		
Procedure	I I I I I I I I I I I I I I I I I I I		Units	Reference Range
Numeric Rating at Rest	5 = Moderate pain	4		

	Recorded Date Recorded Time		9/25/2019 16:05 EDT	9/23/2019 11:33 EDT		
į	Recorded By	Singleton PT, Ashley	Schoon PTA, Joy	Schoon PTA, Joy		
ĺ	Procedure				Units	Reference Range
1	Numeric Rating at Rest	2	5 = Moderate pain	6		

****<u>****</u>

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2 Disch Date: 10/18

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 72 of 110

Pain

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Pain Intensity Tools

Recorded Date	9/18/2019		
Recorded Time	08:11 EDT		
Recorded By	Singleton PT, Ashley		
Procedure		Units	Reference Range
Numeric Rating at Rest	4		

Pain Time Pattern

Recorded Date	10/7/2019	9/25/2019	9/23/2019		
Recorded Time	08:25 EDT	16:05 EDT	11:33 EDT		
Recorded By	Schoon PTA, Joy	Schoon PTA, Joy	Schoon PTA, Joy		
Procedure		**************************************		Units	Reference Range
Pain Time Pattern	Intermittent	Constant	Constant		

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 73 of 110

Pain

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Rapid Pain Assessment

Recorded Date Recorded Time Recorded By	10/9/2019 09:32 EDT Schoon PTA,Joy	10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
Primary Pain Location	Shoulder	Shoulder		
Primary Pain Laterality	Right	Right		
Primary Pain Quality	Discomfort	Aching, Discomfort, Pulling		
Primary Pain Radiation	er en european de demonstratific (s. en eur	No		September 10 de la company

Recorded Date Recorded Time Recorded By	10/2/2019 09:33 EDT Schoon PTA,Joy	9/25/2019 16:05 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
Primary Pain Location	Shoulder	Shoulder	T	
Primary Pain Laterality	Right	Left		
Primary Pain Quality	_	See Below TI		
Primary Pain Radiation	-	No	1	1

Textual Results

T1: 9/25/2019 16:05 EDT (Primary Pain Quality)

Discomfort, Tenderness, Tightness

Recorded Date Recorded Time Recorded By	9/23/2019 11:33 EDT Schoon PTA,Joy	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure	ter terminal and the state of t	Company of the communication o	Units	Reference Range
Primary Pain Location	Shoulder	Shoulder		A CONTRACTOR OF CONTRACTOR CONTRA
Primary Pain Laterality	Left	The second contract of		1
Primary Pain Quality	Burning, Discomfort, Sharp	Aching, Burning		
Primary Pain Radiation	Yes	Transportation of the second second		



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 74 of 105

Pain

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Pain Intensity Tools

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashlo	ey	10/16/201 09:12 ED Singleton PT,	T						
Procedure	May an particular for a control of a control of the				Units	, 1	Referen	ce Rang	ge	
Numeric Rating at Rest	0 = No pain		0 = No pa	in	and the state of t		in i jarika kemintaka Alamanan meneraka			
Recorded Date Recorded Time Recorded By	10/14/2019 09:02 EDT Singleton PT,Ashlo	ey	10/11/201 09:38 ED Singleton PT,	T						
Procedure	MATHORY COLUMN TO SERVICE A SERVICE OF SERVICE ASSESSMENT OF SERVI				Units	; I	Referen	ce Rang	ge	
Numeric Rating at Rest	0 = No pain		1							
Recorded Date Recorded Time Recorded By	10/9/2019 09:32 EDT Schoon PTA,Joy	Sc	10/7/2019 08:25 EDT hoon PTA,Joy	09	0/4/201 9:35 ED on PT/	T				
Procedure	van dien kenderan di Heimmoner (1900 - 1900) dan dien dien dien die die dien die die die die die die die die d Le company dien die		net meeti, ja mulaa tariiside tariiga aa isoo isoo nd				Units	Ref	erence	Range
Numeric Rating at Rest	0 = No pain		3	0	= No pa	in	L			
Recorded Date Recorded Time Recorded By	10/2/2019 09:33 EDT Schoon PTA, Joy		9/30/2019 10:29 EDT Singleton PT,As	hley						
Procedure	- pari presenta como para pera a esta de acuada de esentido				Units	Rei	lerence	Range		
Numeric Rating at Rest	5 = Moderate pain		4						IJ	
Recorded Date Recorded Time Recorded By	9/27/2019 08:32 EDT Singleton PT,Ashlo	ey	9/25/2019 16:05 EDT Schoon PTA,	r	11:	23/20 33 E n PT	TT			
Procedure	pija kasingi Pilipas injentija 250 km ili. 12. 12. 1			7				Units	Ref	erence Rang
Numeric Rating at Rest	2		5 = Moderate	pain		6				
الوادر المارد والمراجع المنطورة المتراكي وتنظر مسترك الأناوي والمراجع المراجع	Control of the contro		أحل واللاحة والمراودول بالمكافئة بالأسكر والمتعاربية	Englander (P	Section of the State of	deducted authors		separat iguang pilanca		Continue Desiry Experience of Control of Con



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

PT Location:

34 years / Female Age/Sex:

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 75 of 105

Pain

Legend: M=Corrected, *=Abnonnal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Pain Intensity Tools

Recorded Date	9/18/2019		
Recorded Time	08:11 EDT		
Recorded By	Singleton PT, Ashley		
Procedure		Units	Reference Range
Numeric Rating at Rest	4		na paglimana s. Per mar 12. mar na mara mendali mar belilipus indaplikali men 1924 Santa S

Pain Time Pattern

	Recorded Date	10/7/2019	9/25/2019	9/23/2019		
	Recorded Time	08:25 EDT	16:05 EDT	11:33 EDT		
	Recorded By	Schoon PTA, Joy	Schoon PTA, Joy	Schoon PTA, Joy		
And the state of	Procedure	i komedi kan pulara a 1990 ta mun ku da ana abitan ili		n Jergaling Chapter — After James After and Medical Part and After After After After After After After After A After After Aft	Units	Reference Range
Pais	Time Pattern	Intermittent	Constant	Constant	A CONTRACTOR OF THE PARTY OF TH	populari en traga distanti presentati decembra de menera de compresentati de la compresenta del compresenta del compresenta de la compresenta del comprese

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 76 of 105



M54.2

Procedure:

Cervicalgia

. Visit Summarv

Final

* Auth (Verified) *

CODING SUMMARY

Coding Date: 10/01/2019 Coding Status: Final Patient Name: **Birth Date** Patient Type: Age: Sex: 34 Years Female Recurring Physician Name: FIN: MEN: Payer: GUSTAFSON ARNP, Commercial Insurance KESSARIN Facility: Discharge Disposition: Admit Date: Discharge Date: Lakeland Regional Medical 09/18/2019 Center Grouper: Diagnosis POA Code Description Type Strain of muscle, fascia and tendon at neck level, initial encounter \$16.1XXA Final Other muscle spasm M62.838 Final

NOTE: The code number assigned matches the documented diagnosis and/or procedure in the patient's chart. However, the narrative phrase printed from the coding software may appear abbreviated, or result in slightly different terminology.

> Printed By: Grimes, Denise Date Printer: 10/01/2019 Revised Coded By: Grimes, Denise Revised Date Saved: 10/01/2019 10:39 am

Patient Name Date of Birth



" Auth (Verified) "

CODING SUMMARY

Coding I	Date: 10/01/2019				Coding Status: Final				
Patient ?	Name:	Birth Date:	Age: 34 Years	Sex: Female	Patient Type: Recurring				
STORY ASSESSMENT	Iclan Name; FIN: TAFSON ARNP, BARIN		MRN:		FIN: MRN:		ON ARNP.		Payer: Commercial Insurance Discharge Date:
Facility:		Discharge Disp	ositiont	Admit Date:					
Lakeland Center	Regional Medic	ual .		09/18/2019					
Grouper	1				The second secon				
Diagnosi	S :								
Code	POA	Description			Туре				
S16.1XX	A	Strain of muscle, fascia	and tendon at neck	level, initial encounter	Final				
M62,838		Other muscle spasm			Final				
M54.2		Cervicalgia			Final				
Procedu	ne:								

NOTE: The code number assigned matches the documented diagnosis and/or procedure in the patient's chart. However, the narrative phrase printed from the coding software may appear abbreviated, or result in slightly different terminology.

> Printed By: Grimes , Denise Date Printed: 10/01/2019 Revised Coded By: Grimes , Denise Revised Date Saved: 10/01/2019 10;39 am

Visit Summary Visit Index

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/16/2019 09:12 EDT

Result Status: Auth (Verified)

Singleton PT, Ashley (10/16/2019 09:47 EDT) Perform Information: Singleton PT, Ashley (10/16/2019 09:47 EDT) Sign Information:

> PT Outpatient Daily Documentation Entered On: 10/16/2019 9:18 EDT Performed On: 10/16/2019 9:12 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 10/16/2019 9:12 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 10/16/2019 9:47 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 12 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Patient Subjective.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Patient Subjective: Pt cont without pain reported in neck or shoulders. Pt states she complete work-related activities with

approx 40# without adverse effect.

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid Time: 2min, L side 4' fwd/ 4' retro 10x2 x10 stretch

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:

9/18/2019

10/18/2019

Admitting:

Location:

Age/Sex:

Report Reg: 109494301

PT

36 years

/ Female

Print Date: 8/17/2021 15:32 EDT

Page 9 of 64

Visit Summary

Rehabilitation Services Documentation

Resistance :	L		L110	
Intervention :	AAROM wand flex	shoulder abd,	UBE fwd, retro to	scaption to 90deg
		AROM to 90deg	tolerance	
Cues :	dnp	dnp		dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Time :	10x2	30sec x4	10x2	x20 CW/CCW
Resistance :			OTB	red weighted ball
Intervention :	OH ring tap, back	supine pec stretch	supine ER	ball circles at wall,
	against wall		w/Tband	90deg flex
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Time :	10x2	10x2, 5*	10'	2 x 10
Resistance :	30#	30#		20#
Intervention :	standing	lat pulldowns	TherAct: ROM,	high rows
	adduction	·	discussion of	-
			goals	
Cues :	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Time :	2 x 10	2 x 12 ea	1 x 15 ea	2 x 10 ea
Resistance :	GTB	8#	GTB	2#
Intervention :	W's with cervical rotation	bicep curls with OH press	D2 PNF	stand I,Y,T
Cues:	dnp	per transfer and t		
	Singleton PT, Ashley -	Singleton PT, Ashley -	Singleton PT, Ashley -	Singleton PT, Ashley -

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acet: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 10 of 64

Rehabilitation Services Documentation

10/16/2019 9:26 10/16/2019 9:26 10/16/2019 9:40 10/16/2019 9:26 EDT EDT EDT EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/16/2019 9:26 EDT

PT Assessment: Pt tolerated session without adverse effect. Session focused on OH GH and scapular strengthening, pt completed exercises with little to no reproted sxs, indicating overall improvement. Planned d/c with HEP next session.

Singleton PT, Ashley - 10/16/2019 9:47 EDT

OPR Abuse/Neglect: No.

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No.

Singleton PT, Ashley - 10/16/2019 9:26 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s)

Singleton PT, Ashley - 10/16/2019 9:26 EDT

PT Total Timed Code Tx Minutes: 28 PT Total Treatment Time Rehab: 28

Time In: 9:15 EST

Time Out: 9:43 EST

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Singleton PT, Ashley - 10/16/2019 9:47 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN:

Acet:

パスのイムセスタ

10/18/2019

Location: PT

Age/Sex: 36 years

/ Female

Admitting: Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 11 of 64

SCR 000100

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/14/2019 09:02 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (10/14/2019 09:35 EDT)
Sign Information: Singleton PT,Ashley (10/14/2019 09:35 EDT)

PT Outpatient Daily Documentation Entered On: 10/14/2019 9:13 EDT Performed On: 10/14/2019 9:02 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 10/14/2019 9:02 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 10/14/2019 9:35 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 11

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Patient Subjective.

Patient Subjective: Pt reports she drove for 6 hours over the weekend and was able to complete OH heavy lifting without

pain.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Common Street and Street Common Street, Street	billi in 70. Kinderer Wildrich Wer			
Time :	2 x 10	2 x 10	x10	2min, L side
				stretch
Resistance :	20#	GTB		

21°12

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name Admit Date:

unint isate. 5/16/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 12 of 64

Rehabilitation Services Documentation

Intervention:	high rows	W's with cervical	AAROM wand flex	shoulder abd,
		rotation		AROM to 90deg
Cues :			dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/14/2019 9:21	10/14/2019 9:21	10/14/2019 9:02	10/14/2019 9:02
	EDT	EDT	EDT	EDT

30sec x4	10x2	10x2	4' fwd/ 4' retro	Time :
			L100	Resistance :
supine pec stretch	OH ring tap, back against wall	scaption to 90deg	UBE fwd, retro to tolerance	Intervention :
dnp	dnp	dnp		Cues :
Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,	
Ashley -	Ashley -	Ashley -	Ashley -	
10/14/2019 9:02	10/14/2019 9:02	10/14/2019 9:02	10/14/2019 9:02	
EDT	EDT	EDT	EDT	

10x2, 5"	10x2	x20 CW/CCW	10x2	Time :
30#	30#	red weighted ball	ОТВ	Resistance :
lat pulidowns	standing adduction	ball circles at wall, 90deg flex	supine ER w/Tband	Intervention :
	110000000000000000000000000000000000000	dnp	dnp	Cues :
Singleton PT, Ashley -	Singleton PT, Ashley -	Singleton PT, Ashley -	Singleton PT, Ashley -	
10/14/2019 9:14 EDT	10/14/2019 9:14 EDT	10/14/2019 9:02 EDT	10/14/2019 9:02 EDT	

Time :	10'
Resistance :	
Intervention :	TherAct: ROM,
	discussion of
	goals
Cues:	dnp
	Singleton PT,
	Ashley -
	10/14/2019 9:02
	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

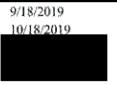
Lakeland Regional Health

Patient Name:

Admit Date: 9/18/.
Disch Date: 10/18

MRN:

Acet:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 13 of 64

Rehabilitation Services Documentation

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 0 = No pain

Singleton PT, Ashley - 10/14/2019 9:14 EDT

Preferred Pain Tool: Numeric rating scale
Numeric Rating Pre Treatment: 0 = No pain

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/14/2019 9:02 EDT

PT Assessment: Pt tolerated session without adverse effect. Pt cont to demonstrate overall improvement with therapy, completing scapular stabilization exercises with increased weight without pain. Pt educated to continue to practice and assess sxs with work-related activities with up to 50# to simulate activities needed for dog show training, pt verbalized understanding.

Singleton PT, Ashley - 10/14/2019 9:30 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/14/2019 9:02 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s)
PT Total Timed Code Tx Minutes: 30
PT Total Treatment Time Rehab; 30

Time In: 9:05 EST Time Out: 9:35 EST

Singleton PT, Ashley - 10/14/2019 9:02 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/1

Disch Date: MRN:

Acet:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 14 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/11/2019 09:38 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT, Ashley (10/11/2019 10:05 EDT) Sign Information: Singleton PT, Ashley (10/11/2019 10:05 EDT)

> PT Outpatient Daily Documentation Entered On: 10/11/2019 9:38 EDT Performed On: 10/11/2019 9:38 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 10/11/2019 9:38 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 10/11/2019 10:05 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 10

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Singleton PT, Ashley - 10/11/2019 9:43 EDT

Patient Subjective.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

9/18/2019

Patient Name:

Admit Date:

Disch Date:

MRN:

0/19/2010Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 15 of 64

Rehabilitation Services Documentation

Patient Subjective: Pt reports continued improvement since switching her hand position to externally rotated during

driving.

Singleton PT, Ashley - 10/11/2019 10:00 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

in the same	Cym or cand in	CICATA SIIV			
	Time :	10'	x10	2min, L side	4' fwd/ 4' retro
				stretch	
- Contract	Resistance :				L100
	Intervention :	TherAct: ROM,	AAROM wand flex	shoulder abd,	UBE fwd, retro to
		discussion of		AROM to 90deg	tolerance
		goals			
	Cues :		dnp	dnp	
		Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
		Ashley -	Ashley -	Ashley -	Ashley -
		10/11/2019 10:00	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
		EDT	EDT	EDT	EDT

Time ;	10x2	10x2	30sec x4	10x2
Resistance :	**************************************			OTB
Intervention :	scaption to 90deg	OH ring tap, back against wall		supine ER w/Tband
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashiey -	Ashley -
	10/11/2019 10:00	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
	EDT	EDT	EDT	EDT

Time :	x20 CW/CCW	10x2	10x2, 5*
Resistance:	red weighted ball	20#	20#
Intervention :	ball circles at wall,	standing	lat pulldowns
	90deg flex	adduction	
Cues :	dnp		

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acet:

9/18/2019 Location: PT 10/18/2019 Age/Sex: 36

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 16 of 64

Rehabilitation Services Documentation

Singleton PT,	Singleton PT,	Singleton PT,
Ashley -	Ashley -	Ashley -
10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
EDT	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 1 Numeric Rating at Rest Post Treatment: 1

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
PT Long Term	Goal met	Progressing,		
Goal Status :		continue		
Comments :				
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019 Disch Date:

MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 17 of 64

Rehabilitation Services Documentation

PT Long Term	
Goal Status:	
Comments :	50% IE
	Singleton PT,
	Ashley -
	10/11/2019 9:43
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Cervical Mobility OT Cervical Active

	Cervical Active	Active Cervical	Active Cervical	Active Cervical
	Date	Forward Bend	Extension Range	Sidebend Left
		Range		Range
Active :	9/18/19	30	28- pain	30- pain
Active :	10/11/19	50	40	45
	Singleton PT,	Singleton PT,	Singleton PT,	
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
Active :	35	72	80
	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT

Left UE ROM OT Left UE Active



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

MRN:

Acet:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 18 of 64

Rehabilitation Services Documentation

	1		Abduction 0-180	L Active Shoulder External Rotation 0-90
Active :		150- pain	120- pain	C7
Active :	10/11/19	155	155	
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	L Active Shoulder Internal Rotation 0-90
Active :	T12
Active :	
	Singleton PT,
	Ashley -
	10/11/2019 9:43
	EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

PT Assessment: Pt tolerated session without adverse effect, moved slowly through ther-ex in session. Pt demonstrates increased cervical and L GH AROM in all planes measured, indicating overall improvement. Pt able to complete OH scapular stabilization exercises with weight without pain, pt educated to complete work-related activities with 20-30#, simulating required motions for dog shows, and assess tolerance; pt verbalized understanding of education in session.

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/11/2019 10:05 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)

PT Therapeutic Activity Units: 1 PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 9:30 EST Time Out: 10:00 EST

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: Disch Date:

MRN: Acet:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 19 of 64

Visit Summary Visit Index

Rehabilitation Services Documentation



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT-

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 20 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/9/2019 09:32 EDT

Result Status: Auth (Verified)

Perform Information: Schoon PTA,Joy (10/9/2019 11:36 EDT)
Sign Information: Schoon PTA,Joy (10/9/2019 11:36 EDT)

PT Outpatient Daily Documentation Entered On: 10/9/2019 9:35 EDT Performed On: 10/9/2019 9:32 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 10/9/2019 9:32 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Schoon PTA, Joy - 10/9/2019 11:36 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 9 visit tracker advanced: Yes

visit tracker advanced : Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Patient Subjective.

NAN.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18

Disch Date:

MRN: Acet: 9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 21 of 64

Rehabilitation Services Documentation

Patient Subjective: Patient reports she had 4 1/2hrs of driving yesterday, adjusted her hand positions to encourage improved posture/prevent impinged position, she reports no pain/no numb/no tingling during or after.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

-					
	Time :	x10	2min, L side	5' fwd/ 3' retro	10x2
			stretch		
	Resistance :			L70	
-	Intervention:	AAROM wand flex			scaption to 90deg
			AROM to 90deg	tolerance	
	Cues :	dnp			
		Schoon PTA, Joy -		Schoon PTA, Joy -	
		10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
		EDT	EDT	EDT	EDT

Time :	10x2	30sec x4	10x2	x20 CW/CCW
Resistance :			OTB	red weighted ball
Intervention :	OH ring tap, back	supine pec stretch	supine ER	ball circles at wall,
	against wall		w/Tband	90deg flex
Cues :		dnp		
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
	EDT	EDT	EDT	EDT

Time :	10x2	10x2	
Resistance :	OTB	OTB	
Intervention :	shoulder rows	shoulder	
	w/Tband	extension	positions for BUE
		w/Tband	
Cues :			
		Schoon PTA, Joy -	
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
	EDT	EDT	EDT

Pain Assessment Rehab OP



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/1 MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 22 of 64

Rehabilitation Services Documentation

ain Location: Shoulder

Laterality: Right Quality: Discomfort

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	10/9/2019 9:32
	EDT

Education PT



1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acet:

10/18/2019

Admitting:

Location:

Age/Sex:

Report Req: 109494301

PT

Print Date: 8/17/2021 15:32 EDT

36 years

/ Female

Page 23 of 64

SCR 000112

Rehabilitation Services Documentation

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Assessment

PT Assessment: Patient performed all exercises for scapular strengthening, she req verbal cues for direction & visual cues for demonstration. Good performance without compensatory patterns today.

Schoon PTA, Joy - 10/9/2019 11:36 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/9/2019 9:32 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 9:30 EST Time Out: 9:55 EST

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 24 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/7/2019 08:25 EDT
Result Status: Auth (Verified)

Perform Information: Schoon PTA,Joy (10/7/2019 08:53 EDT)
Sign Information: Schoon PTA,Joy (10/7/2019 08:53 EDT)

PT Outpatient Daily Documentation Entered On: 10/7/2019 8:27 EDT Performed On: 10/7/2019 8:25 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 10/7/2019 8:25 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Schoon PTA, Joy - 10/7/2019 8:53 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 8 visit tracker advanced: Yes

affected side : Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Patient Subjective.

Lakeland Regional Medical Center

Lakeland Regional Health

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acet:

9/18/2019 Location: 10/18/2019 Age/Sex; Admitting:

Report Req: 109494301

PT

Print Date: 8/17/2021 15:32 EDT

36 years

/ Female

Page 25 of 64

Rehabilitation Services Documentation

Patient Subjective: Patient states she had trouble with increased pain in R shoulder with longer driving distance, but said she thinks it's due to her preferred hand position. She states she hasn't had problems with dog training/leashes lately.

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Gym or Land Therapy

	 <u>v III </u>	<u> 94</u>	F 51 14	1 1	1014	WY.	CHIL	Α,
E .	 	and the same	77		-	incion	00.0	41

And the second s				
Time :	x20 CW/CCW	x10	2min, L side	5' fwd/ 3' retro
			stretch	
Resistance :	9			L70
Intervention :	ball circles at wall,	AAROM wand flex	shoulder abd,	UBE fwd, retro to
	90deg flex		AROM to 90deg	tolerance
Cues:		dnp		
			Schoon PTA, Joy -	
	10/7/2019 8:31	10/7/2019 8:25	10/7/2019 8:31	10/7/2019 8:25
	EDT	EDT	EDT	EDT

Time :	10x2	30sec x4	10x2	10x2
Resistance :			OTB	OTB
Intervention :	scaption to 90deg	supine pec stretch	supine ER	shoulder rows
			w/Tband	w/Tband
Cues:		dnp		
			Schoon PTA, Joy -	Schoon PTA, Joy -
	10/7/2019 8:31	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:25
	EDT	EDT	EDT	EDT

Time :	10x2		10x2
Resistance :	OTB		
Intervention :	shoulder extension w/Tband	positions for BUE	
Cues:	######################################		O-1 DTA 1
	10/7/2019 8:25 EDT		Schoon PTA, Joy - 10/7/2019 8:31 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name: Admit Date:

9/18/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 26 of 64

Rehabilitation Services Documentation

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 3

Numeric Rating at Rest Post Treatment: 2

Pain Location; Shoulder

Laterality: Right

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Quality: Aching, Discomfort, Pulling
Schoon PTA, Joy - 10/7/2019 8:31 EDT

Pain Radiates: No. Time Pattern: Intermittent

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal ;	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:25
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 27 of 64

Rehabilitation Services Documentation

Schoon PTA, Joy -10/7/2019 8:25 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed; Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Assessment

PT Assessment: Patient performed all exercises without reports of exacerbations during or post-tx. She req verbal and

visual cues for direction and demosntration.

Schoon PTA, Joy - 10/7/2019 8:53 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Nealect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/7/2019 8:25 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 8:17 EST Time Out: 8:42 EST

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 28 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/4/2019 09:35 EDT Result Status:

Auth (Verified)

Schoon PTA, Joy (10/4/2019 12:35 EDT) Perform Information: Schoon PTA, Joy (10/4/2019 12:35 EDT) Sign Information:

> PT Outpatient Daily Documentation Entered On: 10/4/2019 9:36 EDT Performed On: 10/4/2019 9:35 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 10/4/2019 9:35 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 10/4/2019 12:35 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 7

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Patient Subjective.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

Acet:

0/19/2010MRN:

9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 29 of 64

Rehabilitation Services Documentation

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/4/2019 9:35 EDT

5' fwd/ 3' retro

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time: 10x2 x10 2min, L side stretch

Resistance: OTB

L70 Intervention: H ABD w/Tband AAROM wand flex UT stretching, UBE fwd, retro to tolerance seated w/towel Cues: dnp dnp Schoon PTA, Joy - Schoon PTA, Joy - Schoon PTA, Joy - Schoon PTA, Joy -10/4/2019 10:43 10/4/2019 9:35 10/4/2019 9:35 10/4/2019 9:35 EDT EDT EDT

Time :	5sec x10 R/L	30sec x4	10x2	10x2
Resistance :			OTB	OTB
Intervention :	supine chin tucks,	supine pec stretch	supine ER	shoulder
	+ rotation		w/Tband	extension
				w/Tband
Cues :		dnp		
		Schoon PTA, Joy -		
	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 10:43	10/4/2019 10:43
	EDT	EDT	EDT	EDT

Time :	x10 ea	10x2		
Resistance :		OTB		
Intervention :	PNF D2, RUE	shoulder rows		
	w/Tband, LUE	w/Tband		
	AROM			
Cues:	standing, towel roll			
	behind			
		Schoon PTA, Joy -		
	10/4/2019 10:43	10/4/2019 10:43	10/4/2019 10:43	10/4/2019 10:43
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 30 of 64

Rehabilitation Services Documentation

Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	10/4/2019 9:35
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 31 of 64

Rehabilitation Services Documentation

Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Assessment

PT Assessment: Patient reported no exacerbations during today;s TherEx, she reg verbal and visual cues for directional purposes.

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No.

Schoon PTA, Joy - 10/4/2019 9:35 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25. PT Total Treatment Time Rehab: 25

Time In: 9:31 EST Time Out: 9:56 EST

Schoon PTA, Joy - 10/4/2019 9:35 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:

9/18/2019

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 32 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/2/2019 09:33 EDT Result Status:

Auth (Verified)

Schoon PTA, Joy (10/2/2019 10:07 EDT) Perform Information: Schoon PTA, Joy (10/2/2019 10:07 EDT) Sign Information:

> PT Outpatient Daily Documentation Entered On: 10/2/2019 9:38 EDT Performed On: 10/2/2019 9:33 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 10/2/2019 9:33 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 10/2/2019 10:07 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 6 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Patient Subjective.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:

9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 33 of 64

Rehabilitation Services Documentation

Patient Subjective: Patient reports "I've been doing fine, my only definite issue is holding positions or driving in a holding

position."

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

			GIGIPT GITG	T A THOUSE ENGINEE TO
x10	10x2	10x2	x10 ea, LUE	Time :
	YTB	YTB	YTB	Resistance :
AAROM wand flex	H abduction,	supine ER	PNF D1/D2,	Intervention :
	supine w/Tband	w/Tband	supine w/Tband	
dnp				Cues:
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	
10/2/2019 9:33	10/2/2019 9:44	10/2/2019 9:44	10/2/2019 10:07	
EDT	EDT	EDT	EDT	

Time :	2min, L side stretch	5' fwd/ 3' retro	x10	5sec x10 R/ L
Resistance :		L70		
Intervention :	UT stretching, seated w/towel		,	supine chin tucks, + rotation
Cues :	dnp			
		Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:44	10/2/2019 9:44
	EDT	EDT	EDT	EDT

Time :	30sec x4	15'	[IN ERROR] {	[IN ERROR] { [2]
			[5] previously	x 10 LUE] -
			eharted-by	previously-charted
			Schoon PTA, Joy	
			at 10/2/2019 9:33	Joy at 10/2/2019
			EDT};	9:33 EDT);
Resistance:				
Intervention :	supine pec stretch	Manual: R SL UT	Manual RS in HL:	unilaterals
		stretch, L scapular	90 deg and 110	scapular punches
		rhythmic initiation	deg flex	
Cues:	dnp	dnp	NPT	NPT

NAN.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acet: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 34 of 64

Rehabilitation Services Documentation

| Schoon PTA, Joy - |
|-------------------|-------------------|-------------------|-------------------|
| 10/2/2019 9;33 | 10/2/2019 9:33 | 10/2/2019 10:07 | 10/2/2019 10:07 |
| EDT | EDT | EDT | EDT |

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 5 = Moderate pain

Numeric Rating at Rest Post Treatment: 5 = Moderate pain

Schoon PTA, Joy - 10/2/2019 9:44 EDT

Pain Location: Shoulder

Laterality: Right

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal:	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:33
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date:

MRN:

Acet:

10/18/2019

Admitting:

Location:

Age/Sex:

Report Req: 109494301

PT

Print Date: 8/17/2021 15:32 EDT

36 years

/ Female

Page 35 of 64

Rehabilitation Services Documentation

Schoon PTA, Joy -10/2/2019 9;33 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed; Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Assessment

PT Assessment: Patient reported no exacerbations during TherEX today, visual cues for demonstration required.

Schoon PTA, Joy - 10/2/2019 10:07 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No.

Schoon PTA, Joy - 10/2/2019 9:33 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 9:30 EST Time Out: 10:00 EST

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18

MRN: Acet: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 36 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/30/2019 10:29 EDT Result Status:

Auth (Verified)

Singleton PT, Ashley (9/30/2019 11:15 EDT) Perform Information: Singleton PT.Ashley (9/30/2019 11:15 EDT) Sign Information:

> PT Outpatient Daily Documentation Entered On: 9/30/2019 10:39 EDT Performed On: 9/30/2019 10:29 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 9/30/2019 10:29 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 9/30/2019 11:15 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 5 visit tracker advanced: Yes

affected side; Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Patient Subjective.

Patient Subjective: Pt reports she did a lot of heavy lifting over the weekend and this did not bother her neck/shoulder at all. As soon as pt starts to drive, pt starts to feel the pain in her L shoulder. Pt starts to feel the pain with prolonged holds in the rounded position.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	5'	2 x 10 LUE	x10	2min, L side
				stretch



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 37 of 64

Visit Summary

Rehabilitation Services Documentation

Resistance :				
Intervention :	Manual RS in HL:	unilaterals	AAROM wand flex	UT stretching,
	90 deg and 110	scapular punches		seated w/towel
	deg flex			
Cues :			dnp	dnp
	Singleton PT.	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/30/2019 10:43	9/30/2019 10:43	9/30/2019 10:29	9/30/2019 10:29
	EDT	EDT	EDT	EDT

Time :	5' fwd/ 3' retro	x10	2 x 10	30sec x4
Resistance :	L70			
Intervention :	UBE fwd, retro to	AAROM abd, ER	supine chin tucks,	supine pec stretch
	tolerance		+ rotation	
Cues :		dnp	dnp	dnp
	Singleton PT,	Singleton PT,		
	Ashley -	Ashley -	Ashley -	Ashley -
	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29
	EDT	EDT	EDT	EDT

Time :	3 x 15	15'		
Resistance :				
Intervention :	SL ER on R side	Manual: R SL UT stretch, L scapular rhythmic initiation		T-spine foam rolling
Cues:	*******************************	dnp		ME BEN COME COME COME COME COME COME COME COME
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/30/2019 10:43	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29
	EDT	EDT	EDT	EDT

Past Medical History, Problems, Diagnoses

Problems(Active)

Cervicalgia (SNOMED CT

:135489010)

Visit Index

Name of Problem: Cervicalgia; Recorder: Singleton PT,

Ashley; Confirmation: Confirmed; Classification: Medical; Code: 135489010; Contributor System: PowerChart; Last Updated: 9/18/2019 9:36 EDT; Life Cycle Status: Active;

A Laboratory



Lakeland Regional Medical Center

(As Of: 9/30/2019 11:00:11 EDT)

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2 Disch Date: 10/18/

MRN:

Acet:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 38 of 64

Rehabilitation Services Documentation

Vocabulary: SNOMED CT

Renal colic (SNOMED CT

:12699010)

Name of Problem: Renal colic; Recorder: Mallory RN, Patricia; Confirmation: Confirmed; Classification: Medical; Code: 12699010; Contributor System: PowerChart; Last Updated: 3/10/2014 17:18 EDT; Life Cycle Date: 3/7/2013; Life Cycle Status: Active : Vocabulary: SNOMED CT

Rotator cuff strain (SNOMED)

CT

:124189015)

Name of Problem: Rotator cuff strain; Recorder: Singleton PT, Ashley; Confirmation: Confirmed; Classification: Medical : Code: 124189015 : Contributor System: PowerChart : Last Updated: 9/18/2019 9:37 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Trigeminal neuralgia (SNOMED Name of Problem: Trigeminal neuralgia; Recorder: TITUS

CT

:52933011)

APRN, KIRSTIN S; Confirmation: Confirmed; Classification: Medical; Code: 52933011; Contributor System: PowerChart ; Last Updated: 1/24/2019 12:05 EST; Life Cycle Date: 1/24/2019; Life Cycle Status: Active; Vocabulary: SNOMED

CT

Diagnoses(Active)

Cervicalgia

Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation: Confirmed; Clinical Dx: Cervicalgia; Classification: Medical;

Clinical Service: Non-Specified : Code: ICD-10-CM :

Probability: 0; Diagnosis Code: M54.2

Rotator cuff strain

Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation: Confirmed; Clinical Dx: Rotator cuff strain; Classification: Medical; Clinical Service: Non-Specified; Code: ICD-10-CM; Probability: 0; Diagnosis Code: \$46.019A

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 4

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 4

Singleton PT, Ashley - 9/30/2019 10:43 EDT

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Education PT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 39 of 64

Visit Summary Visit Index

Rehabilitation Services Documentation

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 9/30/2019 10:43 EDT

PT Assessment: Pt tolerated session without adverse effect. Therex focused on addressing L RTC and scapular endurance deficits to attempt to alleviate sxs with prolonged rounded posture while driving, pt tolerated exercises without adverse effect. Pt educated to add prolonged pec stretch and T-spine foam rolling into HEP, pt verbalized understanding.

Singleton PT, Ashley - 9/30/2019 11:15 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/30/2019 10:43 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 10:30 EST Time Out: 11:00 EST

Singleton PT, Ashley - 9/30/2019 10:29 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019 Disch Date:

MRN: Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 40 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/27/2019 08:32 EDT
Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (9/27/2019 09:27 EDT)
Sign Information: Singleton PT,Ashley (9/27/2019 09:27 EDT)

PT Outpatient Daily Documentation Entered On: 9/27/2019 8:38 EDT Performed On: 9/27/2019 8:32 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 9/27/2019 8:32 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 9/27/2019 9:27 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 4 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Patient Subjective.

Patient Subjective: Pt reports that driving long distances continue to cause her neck and L shoulder to tighten.

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time at	4.61	20 40	2 40	v401	
117769 3	10.	/ X 10	/ X X 10 i	X.1110	
1 17 1 10 1 1	19	A 11 1 W	E 0 101	N I W	
			recerementer en		
(C) + - 1 - 1 + + +					
Hedriciance 1					
resistance.			!	1	

NAN.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 41 of 64

Rehabilitation Services Documentation

Intervention :	Manual: R SL UT stretch, L scapular rhythmic initiation	+ rotation		AAROM wand flex
Cues:				dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/27/2019 9:03	9/27/2019 8:50	9/27/2019 8:50	9/27/2019 8:50
	EDT	EDT	EDT	EDT

Time :	2min, L side	8min	x10	30sec x4
	stretch			
Resistance:		L100		
Intervention :	UT stretching,	UBE fwd, retro to	AAROM abd, ER	supine pec stretch
	seated w/towel	tolerance		
Cues:	dnp		dnp	dnp
	Singleton PT,	Singleton PT,		Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/27/2019 8:50	9/27/2019 8:40	9/27/2019 8:50	9/27/2019 8:50
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 2

Numeric Rating at Rest Post Treatment: 2

Preferred Pain Tool: Numeric rating scale

Singleton PT, Ashley - 9/27/2019 9:03 EDT

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 9/27/2019 9:03 EDT

PT Assessment: Pt tolerated session without adverse effect. Pt demonstrated L scapulothoracic hypomobility, mild inc in motion noted following PNF techniques. Pt educated to add SL ER and supine chin tucks with rotation into HEP, pt verbalized understanding.

NAN.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/201

MRN:

Acet:

9/18/2019 Location: PT 10/18/2019 Age/Sex: 36

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 42 of 64

Rehabilitation Services Documentation

Singleton PT, Ashley - 9/27/2019 9:11 EDT

OPR Abuse/Neglect: No.

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/27/2019 9:03 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s) PT Manual Therapy Units: 1 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 8:35 EST Time Out: 9:00 EST

Singleton PT, Ashley - 9/27/2019 9:11 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acet:

9/18/2019

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 43 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/25/2019 16:05 EDT

Result Status: Auth (Verified)

Schoon PTA, Joy (9/25/2019 16:37 EDT) Perform Information: Sign Information: Schoon PTA, Joy (9/25/2019 16:37 EDT)

> PT Outpatient Daily Documentation Entered On: 9/25/2019 16:10 EDT Performed On: 9/25/2019 16:05 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 9/25/2019 16:05 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 9/25/2019 16:37 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 3 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Patient Subjective.

Lakeland Regional Medical Center

Lakeland Regional **Health**

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 44 of 64

Rehabilitation Services Documentation

Patient Subjective: Patient reports RTC muscles felt better with rest, but then she flared the top of the shoulder muscles

(she points to UT).

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid					
30sec x4	8min	x10	[IN ERROR] {		
			[10x-3-way] -		
			previously charted		
			by Schoon PTA,		
			Joy at 9/25/2019		
			16:05 EDT);		
	L120				
supine pec stretch	UBE fwd, retro to	AAROM abd, ER	supine chin tucks,		
	tolerance		+ rotation		
{IN ERROR} {			NPT		
[NEXT VISIT]					
previously charted					
by Schoon PTA,					
Joy at 9/25/2019					
16:05-EDT);					
9/25/2019 16:37	9/25/2019 16:05	9/25/2019 16:37	9/25/2019 16:37		
EDT	EDT	EDT	EOT		
	supine pec stretch {IN ERROR} - { [NEXT VISIT] previously charted by Schoon PTA, Joy at 9/25/2019 16:05 EDT]; Schoon PTA, Joy- 9/25/2019 16:37	30sec x4 8min L120 supine pec stretch UBE fwd, retro to tolerance {IN ERROR} { [NEXT VISIT] - previously charted - by Schoon PTA, Joy at 9/25/2019 16:05 EDT]; Schoon PTA, Joy - 9/25/2019 16:05	30sec x4 8min x10 L120 supine pec stretch UBE fwd, retro to tolerance {IN ERROR} { [NEXT VISIT] - previously charted by Schoon PTA, Joy at 9/25/2019 16:05 EDT]; Schoon PTA, Joy - 9/25/2019 16:05 9/25/2019 16:37		

Time :	x10	2min, L side
		stretch
Resistance :		
Intervention :	AAROM wand flex	
		seated w/towel
Cues:		
	Schoon PTA, Joy -	Schoon PTA, Joy -
	9/25/2019 16:37	9/25/2019 16:37
	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 5 = Moderate pain



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name: Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

Location: PT Age/Sex:

36 years

/ Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 45 of 64

Rehabilitation Services Documentation

Numeric Rating at Rest Post Treatment: 3

Schoon PTA, Joy - 9/25/2019 16:37 EDT

Pain Location: Shoulder

Laterality: Left

Quality: Discomfort, Tenderness, Tightness

Pain Radiates: No Time Pattern: Constant

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	9/25/2019 16:05	9/25/2019 16:05	9/25/2019 16:05	9/25/2019 16:05
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	9/25/2019 16:05
	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 46 of 64

Visit Summary Visit Index

Rehabilitation Services Documentation

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Assessment

PT Assessment: Patient presents with B shoulder elevated, fwd rounded shoulders. She reported relief with towel stretch for UT, no exacerbations with AAROM wand ex's. She req verbal and visual cues for directional purposes.

Schoon PTA, Joy - 9/25/2019 16:37 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 9/25/2019 16:05 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 16:00 EST Time Out: 16:25 EST

Schoon PTA, Joy - 9/25/2019 16:05 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN: Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 47 of 64

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/23/2019 11:33 EDT Result Status:

Auth (Verified)

Schoon PTA, Joy (9/23/2019 12:38 EDT) Perform Information: Sign Information: Schoon PTA, Joy (9/23/2019 12:38 EDT)

> PT Outpatient Daily Documentation Entered On: 9/23/2019 11:37 EDT Performed On: 9/23/2019 11:33 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 9/23/2019 11:33 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 9/23/2019 12:38 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 2 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Patient Subjective.

Lakeland Regional Medical Center

Lakeland Regional **Health**

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acet:

9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 48 of 64

Rehabilitation Services Documentation

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	x10	10x 3-way		5'
Resistance :				
Intervention :	supine scap	supine chin tucks,	supine pec stretch	manual UT
	retraction	+ rotation		stretching, supine
Cues:			NEXT VISIT	
			Schoon PTA, Joy -	
	9/23/2019 12:38	9/23/2019 12:38	9/23/2019 12:38	9/23/2019 12:38
	EDT	EDT	EDT	EDT

Time :	8min	15min
Resistance :	L120	
Intervention :	UBE fwd, retro to	Manual Cervical
	tolerance	distraction
Cues :		
		Schoon PTA, Joy -
	9/23/2019 12:38	9/23/2019 12:38
	EDT	EDT

Pain Assessment Rehab OP

Pain Location: Shoulder

Laterality: Left

Quality: Burning, Discomfort, Sharp

Pain Radiates: Yes Time Pattern: Constant

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 6

Numeric Rating at Rest Post Treatment: 4

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Long Term Goals

Long Term Goals

 THE RESERVE OF THE PERSON NAMED IN COLUMN 2 IS NOT THE OWNER.												_
 	1.0	er 200 t	. 10	Marie	400 1 40		100	4 44		April 1		
	I Charles 1	Term Goal	1 II come	Charles and the	12001	11 100000	Language Co.		II conce	Total Park 1	2001 6	4 .
		The CLI CALISAL	1 1 1 1 1 1 1 1 1 1 1 1	4 500 1 1 1 3	1.76 (2.11)		100000111111111111111111111111111111111	31.12-113		1000 111 1	- 76 3271 69	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 49 of 64

Rehabilitation Services Documentation

Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments:				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	9/23/2019 11:33	9/23/2019 11:33	9/23/2019 11:33	9/23/2019 11:33
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments:	50% IE
	Schoon PTA, Joy -
	9/23/2019 11:33
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style; None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Assessment

PT Assessment: Patient presents with very guarded posture, shoulders elevated, forward rounded and avoiding cervical rotation. She performed TherEx with verbal cues from treating therapist for direction, and she reported mild decreased pain following manual tx. NO adverse effects.

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Treatment Recommendations: Continue with POC.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date:

Disch Date:

MRN:

Acet:

9/18/2019

10/19/2010

Location:

Age/Sex: 36 years / Female

PT

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 50 of 64

Rehabilitation Services Documentation

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 9/23/2019 11:33 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)
PT Manual Therapy Units: 1 unit(s)

er manuar rherapy Orins. Tunings

PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 11:30 EST

Time Out: 12:00 EST

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acet: 9/18/2019 10/18/2019

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 51 of 64

Rehabilitation Services Documentation

Document Type: OP Rehab POC Signature-Text

Service Date/Time: 10/14/2019 13:56 EDT

Result Status: Auth (Verified)

Duffy ,Carolyn (10/14/2019 13:56 EDT) Perform Information: Sign Information: Duffy ,Carolyn (10/14/2019 13:56 EDT)

> OP Rehab PT POC Signature Entered On: 10/14/2019 13:56 EDT Performed On: 10/14/2019 13:56 EDT by Duffy , Carolyn

> > Sent Date

Status

PT POC Signature

PT Plan of Care Signed: Yes

PT POC Signed Date: 9/25/2019 EDT Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation

Forwarded By

No qualifying records found

Duffy , Carolyn - 10/14/2019 13:56 EDT

Forwarded To

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acet:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 62 of 64

Rehabilitation Services Documentation

Document Type: Service Date/Time:

Result Status:

Perform Information: Sign Information:

OP Rehab POC Signature-Text

9/24/2019 14:06 EDT

Auth (Verified)

Macon-Strickland ,Iraida (9/24/2019 14:06 EDT) Macon-Strickland ,Iraida (9/24/2019 14:06 EDT)

OP Rehab PT POC Signature Entered On: 9/24/2019 14:06 EDT Performed On: 9/24/2019 14:06 EDT by Macon-Strickland, Iraida

PT POC Signature

PT Plan of Care Signed: No

Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation Sent Date Status

Forwarded By

PT Outpatient Examination - Text

Singleton PT, Ashley

09/18/2019 10:10 Pending

GUSTAFSON ARNP, KESSARIN

Forwarded To

PT Plan of Care Fax Attempt 1: 9/18/2019 EDT PT Plan of Care Fax Attempt 2: 9/24/2019 EDT

PT Plan of Care Fax Attempt 2 Comments: Resent to MD

Macon-Strickland, Iraida - 9/24/2019 14:06 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years

/ Female

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 63 of 64

Rehabilitation Services Documentation

Document Type: OP Rehab POC Signature-Text

Service Date/Time: 9/18/2019 10:10 EDT Result Status: Auth (Verified)

Perform Information: Singleton PT, Ashley (9/18/2019 10:10 EDT) Singleton PT, Ashley (9/18/2019 10:10 EDT) Sign Information:

> OP Rehab PT POC Signature Entered On: 9/18/2019 10:10 EDT Performed On: 9/18/2019 10:10 EDT by Singleton PT, Ashley

PT POC Signature

Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation Forwarded To Sent Date Status

Forwarded By

PT Outpatient Examination - Text 09/18/2019 10:10 Pending GUSTAFSON ARNP, KESSARIN

Singleton PT, Ashley

Singleton PT, Ashley - 9/18/2019 10:10 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

9/18/2019

Admit Date:

Disch Date:

MRN: Acet:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 64 of 64

Visit Summary Visit Index

Rehabilitation Services Documentation

PT Therapeutic Exercise Units: 1 unit(s)

PT Therapeutic Activity Units: 1 PT Total Timed Code Tx Minutes: 27 PT Total Treatment Time Rehab: 27

Time In: 9:00 EST Time Out: 9:27 EST

Singleton PT, Ashley - 10/18/2019 9:29 EDT

PT Outpatient Daily Documentation Document Type:

Service Date/Time: 10/16/2019 09:12 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT, Ashley (10/16/2019 09:47 EDT) Sign Information: Singleton PT, Ashley (10/16/2019 09:47 EDT)

> PT Outpatient Daily Documentation Entered On: 10/16/2019 9:18 EDT Performed On: 10/16/2019 9:12 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes

No previous PT G-codes have been documented

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 12 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Patient Subjective.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acct:

10/18/2019

Admitting:

Location:

Age/Sex:

Report Req: 109496522

PT

Print Date: 8/17/2021 15:53 EDT

36 years

/ Female

Page 8 of 110

SCR 000144

Rehabilitation Services Documentation

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Patient Subjective: Pt cont without pain reported in neck or shoulders. Pt states she complete work-related activities with approx 40# without adverse effect.

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

- 5	1 23111 21 22112 11				
1	Time :	x10	2min, L side	4' fwd/ 4' retro	10x2
			stretch		
	Resistance :			L110	
Γ	Intervention :	AAROM wand flex	shoulder abd,	UBE fwd, retro to	scaption to 90deg
			AROM to 90deg	tolerance	
	Cues :	dnp	dnp		dnp.
ľ		Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
		Ashley -	Ashley -	Ashley -	Ashley -
		10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
		EDT	EDT	EDT	EDT

Time :	10x2	30sec x4	10x2	x20 CW/CCW
Resistance :			OTB	red weighted ball
Intervention :	OH ring tap, back	supine pec stretch	supine ER	ball circles at wall,
	against wall		w/Tband	90deg flex:
Cues :	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Time :	10x2	10x2, 5"	10'	2 x 10
Resistance :	30#	30#		20#
Intervention :	standing	lat pulldowns	TherAct: ROM,	high rows
	adduction		discussion of	
			goals	
Cues :	dnp	dnp	dnp	dnp
Nation of the same	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
	EDT	EDT	EDT	EDT.

****<u>**</u>

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Aunin Date.

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 9 of 110

Visit Summary Visit Index

Rehabilitation Services Documentation

Time :	2 x 10	2 x 12 ea	1 x 15 ea	2 x 10 ea
Resistance :	GTB	8#	GTB	2#
Intervention :	W's with cervical	bicep curls with	D2 PNF	stand I,Y,T
	rotation	OH press		
Cues :	dnp			
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:40	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/16/2019 9:26 EDT

PT Assessment: Pt tolerated session without adverse effect. Session focused on OH GH and scapular strengthening, pt completed exercises with little to no reproted sxs, indicating overall improvement. Planned d/c with HEP next session.

Singleton PT, Ashley - 10/16/2019 9:47 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No.

Singleton PT, Ashley - 10/16/2019 9:26 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s)

Singleton PT, Ashley - 10/16/2019 9:26 EDT

PT Total Timed Code Tx Minutes: 28 PT Total Treatment Time Rehab: 28

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date:

9/18/2019 Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 10 of 110

Visit Summary Visit Index

Rehabilitation Services Documentation

Time In: 9:15 EST

Time Out: 9:43 EST

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/14/2019 09:02 EDT

Result Status: Auth (Verified)

Singleton PT, Ashley (10/14/2019 09:35 EDT) Perform Information: Sign Information: Singleton PT, Ashley (10/14/2019 09:35 EDT)

> PT Outpatient Daily Documentation Entered On: 10/14/2019 9:13 EDT Performed On: 10/14/2019 9:02 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No.

Singleton PT, Ashley - 10/14/2019 9:02 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 10/14/2019 9:35 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 11 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Patient Subjective.

Patient Subjective: Pt reports she drove for 6 hours over the weekend and was able to complete OH heavy lifting without

pain.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 11 of 110

Rehabilitation Services Documentation

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	2 x 10	2 x 10	x10	2min, L side
				stretch
Resistance :	20#	GTB		
Intervention :	high rows	W's with cervical	AAROM wand flex	shoulder abd,
		rotation		AROM to 90deg
Cues :			dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/14/2019 9:21	10/14/2019 9:21	10/14/2019 9:02	10/14/2019 9:02
	EDT	EDT	EDT	EDT

Time :	4' fwd/ 4' retro	10x2	10x2	30sec x4
Resistance :	L100			
Intervention :	UBE fwd, retro to	scaption to 90deg	OH ring tap, back	supine pec stretch
	tolerance		against wall	
Cues :		dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/14/2019 9:02	10/14/2019 9:02	10/14/2019 9:02	10/14/2019 9:02
	EDT	EDT	EDT	EDT

Time :	10x2	x20 CW/CCW	10x2	10x2, 5"
Resistance :	OTB	red weighted ball	30#	30#
Intervention :	supine ER	ball circles at wall,	standing	lat pulldowns
	w/Tband	90deg flex	adduction	
Cues :	dnp	dnp		
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/14/2019 9:02	10/14/2019 9:02	10/14/2019 9:14	10/14/2019 9:14
	EDT	EDT	EDT	EDT

Time :	10'
Resistance :	

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

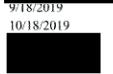
Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 12 of 110

Rehabilitation Services Documentation

Intervention :	TherAct: ROM,
	discussion of
	goals
Cues :	dnp
	Singleton PT,
	Ashley -
	10/14/2019 9:02
	EDT

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 0 = No pain

Singleton PT, Ashley - 10/14/2019 9:14 EDT

Preferred Pain Tool: Numeric rating scale
Numeric Rating Pre Treatment: 0 = No pain

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/14/2019 9:02 EDT

PT Assessment: Pt tolerated session without adverse effect. Pt cont to demonstrate overall improvement with therapy, completing scapular stabilization exercises with increased weight without pain. Pt educated to continue to practice and assess sxs with work-related activities with up to 50# to simulate activities needed for dog show training, pt verbalized understanding.

Singleton PT, Ashley - 10/14/2019 9:30 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/14/2019 9:02 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s)
PT Total Timed Code Tx Minutes: 30
PT Total Treatment Time Rehab: 30

Time In: 9:05 EST

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/20

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 13 of 110

Rehabilitation Services Documentation

Time Out: 9:35 EST

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/11/2019 09:38 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (10/11/2019 10:05 EDT)
Sign Information: Singleton PT,Ashley (10/11/2019 10:05 EDT)

PT Outpatient Daily Documentation Entered On: 10/11/2019 9:38 EDT Performed On: 10/11/2019 9:38 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No.

PT Previous G-codes: Previous PT G-Codes
Singleton PT, Ashley - 10/11/2019 9:38 EDT

No previous PT G-codes have been documented

General Info
Singleton PT, Ashley - 10/11/2019 10:05 EDT

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 10

visit tracker advanced: Yes

affected side: Cervicalgia, L. RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 14 of 110

Rehabilitation Services Documentation

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Singleton PT, Ashley - 10/11/2019 9:43 EDT

Patient Subjective.

Patient Subjective: Pt reports continued improvement since switching her hand position to externally rotated during

driving.

Singleton PT, Ashley - 10/11/2019 10:00 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

10'	x10	2min, L side	4' fwd/ 4' retro
		stretch	
			L100
TherAct: ROM	AAROM wand flex	shoulder abd,	UBE fwd, retro to
discussion of		AROM to 90deg	tolerance
goals			
	dnp	dnp	
Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
Ashley -	Ashley -	Ashley -	Ashley -
10/11/2019 10:00	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
EDT	EDT	EDT	EDT
	TherAct: ROM discussion of goals Singleton PT, Ashley -	TherAct: ROM discussion of goals Singleton PT, Ashley - 10/11/2019 10:00 AAROM wand flex dank and flex discussion of goals dnp Singleton PT, Singleton PT, Ashley - 10/11/2019 10:00	Stretch Stre

Time :	10x2	10x2	30sec x4	10x2
Resistance :				OTB
Intervention :	scaption to 90deg	OH ring tap, back	supine pec stretch	supine ER
		against wall		w/Tband
Cues :	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 10:00	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
	EDT	EDT	EDT	EDT

Time :	x20 CW/CCW	10x2	10x2, 5"
Resistance :	red weighted ball	20#	20#

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/201

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 15 of 110

Rehabilitation Services Documentation

Intervention .	ball circles at wall,	standing	lat pulldowns
	90deg flex	adduction	
Cues .	dnp		
	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -
	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
	EDT	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 1 Numeric Rating at Rest Post Treatment: 1

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
PT Long Term	Goal met	Progressing,		
Goal Status :		continue		
Comments :				
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 16 of 110

Rehabilitation Services Documentation

	improved perceived functional ability.
PT Long Term	
Goal Status :	
Comments :	50% IE
	Singleton PT,
	Ashley -
	10/11/2019 9:43
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Cervical Mobility

OT Cervical Active

O I OUI YIOUI Y WHYO				
	Cervical Active	Active Cervical	Active Cervical	Active Cervical
	Date	Forward Bend	Extension Range	Sidebend Left
		Range		Range
Active :	9/18/19	30	28- pain	30- pain
Active :	10/11/19	50	40	45
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
Active :	35	72	80
	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 17 of 110

Rehabilitation Services Documentation

Left UE ROM

OT Left UE Active

	L UE Active Date	L Active Shoulder	L Active Shoulder	L Active Shoulder
		Flexion 0-180	Abduction 0-180	External Rotation
				0-90
Active :		150- pain	120- pain	C7
Active :	10/11/19	155	155	
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	L Active Shoulder
	Internal Rotation
	0-90
Active :	T12
Active :	
	Singleton PT,
	Ashley -
	10/11/2019 9:43
	EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

PT Assessment: Pt tolerated session without adverse effect, moved slowly through ther-ex in session. Pt demonstrates increased cervical and L GH AROM in all planes measured, indicating overall improvement. Pt able to complete OH scapular stabilization exercises with weight without pain, pt educated to complete work-related activities with 20-30#, simulating required motions for dog shows, and assess tolerance; pt verbalized understanding of education in session.

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/11/2019 10:05 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)

PT Therapeutic Activity Units: 1 PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex:

36 years

/ Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 18 of 110

Rehabilitation Services Documentation

Time In: 9:30 EST Time Out: 10:00 EST

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/9/2019 09:32 EDT Result Status: Auth (Verified)

Perform Information: Schoon PTA, Joy (10/9/2019 11:36 EDT) Schoon PTA, Joy (10/9/2019 11:36 EDT) Sign Information:

> PT Outpatient Daily Documentation Entered On: 10/9/2019 9:35 EDT Performed On: 10/9/2019 9:32 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No.

Schoon PTA, Joy - 10/9/2019 9:32 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 10/9/2019 11:36 EDT General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 9 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 19 of 110

Rehabilitation Services Documentation

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Patient Subjective.

Patient Subjective: Patient reports she had 4 1/2hrs of driving yesterday, adjusted her hand positions to encourage improved posture/prevent impinged position, she reports no pain/no numb/no tingling during or after.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/9/2019 9:32 EDT

EDT.

Gym or Land Therapy

PT Gym or Land Th	erapy Grid			
Time :	x10	2min, L side	5' fwd/ 3' retro	10x2
		stretch		
Resistance :			L70	
Intervention :	AAROM wand flex	shoulder abd,	UBE fwd, retro to	scaption to 90deg
		AROM to 90deg	tolerance	
Cues :	dnp			
	Schoon PTA, Joy -			
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32

EDT

Time :	10x2	30sec x4	10x2	x20 CW/CCW
Resistance :			OTB	red weighted ball
Intervention :	OH ring tap, back	supine pec stretch	supine ER	ball circles at wall,
	against wall		w/Tband	90deg flex
Cues :		dnp		
			Schoon PTA, Joy -	
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
	EDT	EDT	EDT	EDT

·		10.0	40.0	r
	Time :	10x2	10x2	
	Resistance :	OTB	OTB	
	Intervention :	shoulder rows	shoulder	pt edu: driving
		w/Tband	extension	positions for BUE
			w/Tband	
	Cues :			

EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

EDT

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 20 of 110

Rehabilitation Services Documentation

Schoon PTA, Joy -	Schoon PTA, Joy	- Schoon PTA, Joy -
10/9/2019 9:32	10/9/2019 9:3	2 10/9/2019 9:32
EDT	ED	T EDT

Pain Assessment Rehab OP

Pain Location: Shoulder

Laterality: Right Quality: Discomfort

Preferred Pain Tool: Numeric rating scale
Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -			Schoon PTA, Joy -
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/1

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 21 of 110

Rehabilitation Services Documentation

Schoon PTA, Joy -10/9/2019 9:32 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Assessment

PT Assessment: Patient performed all exercises for scapular strengthening, she req verbal cues for direction & visual cues for demosntration. Good performance without compensatory patterns today.

Schoon PTA, Joy - 10/9/2019 11:36 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Nealect: No.

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/9/2019 9:32 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 9:30 EST Time Out: 9:55 EST

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/7/2019 08:25 EDT

Result Status: Auth (Verified)

Schoon PTA, Joy (10/7/2019 08:53 EDT) Perform Information: Schoon PTA, Joy (10/7/2019 08:53 EDT) Sign Information:

> PT Outpatient Daily Documentation Entered On: 10/7/2019 8:27 EDT Performed On: 10/7/2019 8:25 EDT by Schoon PTA, Joy

> > Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 22 of 110

Rehabilitation Services Documentation

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No.

Schoon PTA, Joy - 10/7/2019 8:25 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 10/7/2019 8:53 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 8 visit tracker advanced: Yes

affected side: Cervicalgia, L. RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Patient Subjective.

Patient Subjective: Patient states she had trouble with increased pain in R shoulder with longer driving distance, but said she thinks it's due to her preferred hand position. She states she hasn't had problems with dog training/leashes lately.

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 23 of 110

Rehabilitation Services Documentation

Time :	x20 CW/CCW	x10	2min, L side	5' fwd/ 3' retro
			stretch	
Resistance :	red weighted ball			L70
Intervention :	ball circles at wall,	AAROM wand flex	shoulder abd,	UBE fwd, retro to
	90deg flex		AROM to 90deg	tolerance
Cues :		dnp		
	Schoon PTA, Joy -		Schoon PTA, Joy -	
	10/7/2019 8:31	10/7/2019 8:25	10/7/2019 8:31	10/7/2019 8:25
	EDT	EDT	EDT	EDT

Time :	10x2	30sec x4	10x2	10x2
Resistance :			OTB	OTB
Intervention :	scaption to 90deg	supine pec stretch	supine ER	shoulder rows
			w/Tband	w/Tband:
Cues :		dnp		
			Schoon PTA, Joy -	
	10/7/2019 8:31	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:25
	EDT	EDT	EDT	EDT

Time :	10x2		10x2
Resistance :	OTB		"
Intervention :	shoulder extension w/Tband		OH ring tap, back against wall
Cues :			
		Schoon PTA, Joy -	
	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:31
	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 3

Numeric Rating at Rest Post Treatment: 2

Pain Location: Shoulder

Laterality: Right

Quality: Aching, Discomfort, Pulling

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: / Female 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 24 of 110

Rehabilitation Services Documentation

Pain Radiates: No

Time Pattern: Intermittent

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:25
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	10/7/2019 8:25
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2011

MRN:

Acct:

9/18/2019 Location: PT 10/18/2019 Age/Sex: 36

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 25 of 110

Rehabilitation Services Documentation

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Assessment

PT Assessment: Patient performed all exercises without reports of exacerbations during or post-tx. She req verbal and visual cues for direction and demosntration.

Schoon PTA, Joy - 10/7/2019 8:53 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/7/2019 8:25 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 8:17 EST Time Out: 8:42 EST

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/4/2019 09:35 EDT

Result Status: Auth (Verified)

Perform Information: Schoon PTA,Joy (10/4/2019 12:35 EDT)
Sign Information: Schoon PTA,Joy (10/4/2019 12:35 EDT)

PT Outpatient Daily Documentation Entered On: 10/4/2019 9:36 EDT Performed On: 10/4/2019 9:35 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 10/4/2019 9:35 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: <u>10/18/2019</u>

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 26 of 110

Rehabilitation Services Documentation

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 7 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Patient Subjective.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	10x2	x10	2min, L side	5' fwd/ 3' retro
			stretch	
Resistance :	OTB			L70
Intervention :	H ABD w/Tband	AAROM wand flex	UT stretching,	UBE fwd, retro to
			seated w/towel	tolerance
Cues :		dnp	dnp	
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	
	10/4/2019 10:43	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35
	EDT	EDT	EDT	EDT

Time :	5sec x10 R/ L	30sec x4	10x2	10x2
				, m., m.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 27 of 110

Rehabilitation Services Documentation

Resistance :			OTB	OTB
Intervention :	supine chin tucks,	supine pec stretch	supine ER	shoulder
	+ rotation		w/Tband	extension
				w/Tband
Cues :		dnp		
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 10:43	10/4/2019 10:43
	EDT	EDT	EDT	EDT

Time :	x10 ea	10x2		
Resistance :		OTB		
Intervention :	PNF D2, RUE	shoulder rows	***************************************	
	w/Tband, LUE	w/Tband		
	AROM			
Cues:	standing, towel roll			
	behind			
	Schoon PTA, Joy -	Schoon PTA, Joy -		
	10/4/2019 10:43	10/4/2019 10:43	10/4/2019 10:43	10/4/2019 10:43
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
		·		perceived
				functional ability.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex:

36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 28 of 110

Rehabilitation Services Documentation

Comments :				
	Schoon PTA, Joy -			
	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	10/4/2019 9:35
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Assessment

PT Assessment: Patient reported no exacerbations during today;s TherEx, she req verbal and visual cues for directional

purposes.

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/4/2019 9:35 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019 Location:

PT Age/Sex: 36 years

/ Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 29 of 110

Rehabilitation Services Documentation

Time In: 9:31 EST Time Out: 9:56 EST

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/2/2019 09:33 EDT Result Status: Auth (Verified)

Perform Information: Schoon PTA,Joy (10/2/2019 10:07 EDT)
Sign Information: Schoon PTA,Joy (10/2/2019 10:07 EDT)

PT Outpatient Daily Documentation Entered On: 10/2/2019 9:38 EDT Performed On: 10/2/2019 9:33 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 10/2/2019 9:33 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Schoon PTA, Joy - 10/2/2019 10:07 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 6 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9.

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 30 of 110

Rehabilitation Services Documentation

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Patient Subjective.

Patient Subjective: Patient reports "I've been doing fine, my only definite issue is holding positions or driving in a holding

position."

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	x10 ea, LUE	10x2	10x2	x10
Resistance :	YTB	YTB	YTB	
Intervention :	PNF D1/D2,	supine ER	H abduction,	AAROM wand flex
	supine w/Tband	w/Tband	supine w/Tband	
Cues :				dnp
	Schoon PTA, Joy -		Schoon PTA, Joy -	
	10/2/2019 10:07	10/2/2019 9:44	10/2/2019 9:44	10/2/2019 9:33
	EDT	EDT	EDT	EDT

Time :	2min, L side	5' fwd/ 3' retro	x10	5sec x10 R/ L
	stretch			
Resistance :		L70		
Intervention :	UT stretching,	UBE fwd, retro to	s/L ABD L only	supine chin tucks,
	seated w/towel	tolerance		+ rotation
Cues :	dnp			
		Schoon PTA, Joy -		
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:44	10/2/2019 9:44
	EDT	EDT	EDT	EDT

 Time :	30sec x4	15'	-{IN-ERROR}{	[IN ERROR] {[2]
			[5'] previously	x 10 LUE]
			charted by	previously charted
			Schoon PTA, Jey	by Schoon PTA,
			at 10/2/2019 9:33	Joy at 10/2/2019
			EDT):	9:33 EDT);
 Resistance :	***************************************			

0

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 31 of 110

Rehabilitation Services Documentation

Intervention :	supine pec stretch	Manual: R SL UT	Manual RS in HL:	unilaterals
		stretch, L scapular	90 deg and 110	scapular punches
		rhythmic initiation	deg flex	
Cues :	dnp	dnp	NPT	NPT:
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 10:07	10/2/2019 10:07
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 5 = Moderate pain

Numeric Rating at Rest Post Treatment: 5 = Moderate pain

Schoon PTA, Joy - 10/2/2019 9:44 EDT

Pain Location: Shoulder

Laterality: Right

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:33
	EDT	EDT	EDT	EDT

	Long	Term Goal 5
Go	al: Pt	will decrease
	NDI	score to 20%
		or less to
		demonstrate

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 32 of 110

Rehabilitation Services Documentation

	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	10/2/2019 9:33
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Assessment

PT Assessment: Patient reported no exacerbations during TherEX today, visual cues for demonstration required.

Schoon PTA, Joy - 10/2/2019 10:07 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/2/2019 9:33 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s)
PT Total Timed Code Tx Minutes: 30
PT Total Treatment Time Rehab: 30

Time In: 9:30 EST Time Out: 10:00 EST

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/30/2019 10:29 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (9/30/2019 11:15 EDT)
Sign Information: Singleton PT,Ashley (9/30/2019 11:15 EDT)

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 33 of 110

Rehabilitation Services Documentation

PT Outpatient Daily Documentation Entered On: 9/30/2019 10:39 EDT Performed On: 9/30/2019 10:29 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No.

Singleton PT, Ashley - 9/30/2019 10:29 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 9/30/2019 11:15 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 5 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Patient Subjective.

Patient Subjective: Pt reports she did a lot of heavy lifting over the weekend and this did not bother her neck/shoulder at all. As soon as pt starts to drive, pt starts to feel the pain in her L shoulder. Pt starts to feel the pain with prolonged holds in the rounded position.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Section 2	transations and three plant interior afficience and the distribution of the contract of the co				
	Time :	5'	2 x 10 LUE	x10	2min, L side
					stretch
	Resistance :				
	Intervention :	Manual RS in HL:	unilaterals	AAROM wand flex	UT stretching,
		90 deg and 110	scapular punches		seated w/towel
		deg flex			
	Cues :			dnp	dnp

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 34 of 110

Rehabilitation Services Documentation

Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
Ashley -	Ashley -	Ashley -	Ashley -
9/30/2019 10:43	9/30/2019 10:43	9/30/2019 10:29	9/30/2019 10:29
EDT	EDT	EDT	EDT

Time :	5' fwd/ 3' retro	x10	2 x 10	30sec x4
Resistance :	L70			
Intervention :	UBE fwd, retro to	AAROM abd, ER	supine chin tucks,	supine pec stretch
	tolerance		+ rotation	
Cues :		dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29
	EDT	EDT	EDT	EDT

Time :	3 x 15	15'		
Resistance :				
Intervention :	SL ER on R side	Manual: R SL UT	prolonged pec	T-spine foam
		stretch, L scapular		rolling
		rhythmic initiation	roller	
Cues :		dnp		
	Singleton PT,	Singleton PT,	Singleton PT,	
	Ashley -	Ashley -	Ashley -	Ashley -
	9/30/2019 10:43	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29
	EDT	EDT	EDT	EDT

Past Medical History, Problems, Diagnoses

Problems(Active)

Cervicalgia (SNOMED CT

:135489010)

Name of Problem: Cervicalgia; Recorder: Singleton PT, Ashley; Confirmation: Confirmed; Classification: Medical; Code: 135489010; Contributor System: PowerChart; Last

Updated: 9/18/2019 9:36 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Renal colic (SNOMED CT

:12699010)

Name of Problem: Renal colic; Recorder: Mallory RN, Patricia; Confirmation: Confirmed; Classification: Medical; Code: 12699010; Contributor System: PowerChart; Last

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

(As Of: 9/30/2019 11:00:11 EDT)

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 35 of 110

Rehabilitation Services Documentation

Updated: 3/10/2014 17:18 EDT; Life Cycle Date: 3/7/2013; Life Cycle Status; Active; Vocabulary: SNOMED CT

Rotator cuff strain (SNOMED)

CT

:124189015)

Name of Problem: Rotator cuff strain; Recorder: Singleton PT, Ashley; Confirmation: Confirmed; Classification: Medical

; Code: 124189015; Contributor System: PowerChart; Last Updated: 9/18/2019 9:37 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Trigeminal neuralgia (SNOMED Name of Problem: Trigeminal neuralgia; Recorder: TITUS

CT

:52933011)

APRN, KIRSTIN S; Confirmation: Confirmed; Classification:
Medical; Code: 52933011; Contributor System: PowerChart

; Last Updated: 1/24/2019 12:05 EST ; Life Cycle Date:

1/24/2019; Life Cycle Status: Active; Vocabulary: SNOMED

CT

Diagnoses(Active)

Cervicalgia Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed; Clinical Dx: Cervicalgia; Classification: Medical;

Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0 ; Diagnosis Code: M54.2

Rotator cuff strain Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed ; Clinical Dx: Rotator cuff strain ; Classification)

Medical; Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0; Diagnosis Code: S46.019A

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 4

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 4

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 9/30/2019 10:43 EDT

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct: 9/18/2019

10/18/2019

9 Location: 119 Age/Sex:

Admitting:

Report Req: 109496522

PT

Print Date: 8/17/2021 15:53 EDT

36 years

/ Female

Page 36 of 110

SCR 000172

Rehabilitation Services Documentation

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 9/30/2019 10:43 EDT

PT Assessment: Pt tolerated session without adverse effect. Therex focused on addressing L RTC and scapular endurance deficits to atempt to alleviate sxs with prolonged rounded posture while driving, pt tolerated exercises without adverse effect. Pt educated to add prolonged pec stretch and T-spine foam rolling into HEP, pt verbalized understanding.

Singleton PT, Ashley - 9/30/2019 11:15 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/30/2019 10:43 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 10:30 EST Time Out: 11:00 EST

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/27/2019 08:32 EDT Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (9/27/2019 09:27 EDT)
Sign Information: Singleton PT,Ashley (9/27/2019 09:27 EDT)

PT Outpatient Daily Documentation Entered On: 9/27/2019 8:38 EDT Performed On: 9/27/2019 8:32 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 9/27/2019 9:27 EDT

Singleton PT, Ashley - 9/27/2019 8:32 EDT

General Info

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct: 9/18/2019

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 37 of 110

Rehabilitation Services Documentation

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 4 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Patient Subjective.

Patient Subjective: Pt reports that driving long distances continue to cause her neck and L shoulder to tighten.

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

			GIGPT GITG	TOYTH OF EGING IT
x10	2 x 10	2 x 10	15'	Time :
			-	Resistance :
AAROM wand flex	SL ER on R side	+ rotation	Manual: R SL UT stretch, L scapular rhythmic initiation	Intervention :
dnp:				Cues :
Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,	
Ashley -	Ashley -	Ashley -	Ashley -	
9/27/2019 8:50	9/27/2019 8:50	9/27/2019 8:50	9/27/2019 9:03	
EDT	EDT	EDT	EDT	

Time :	2min, L side	8min	x10	30sec x4
	stretch			
Resistance :		L100		1
Intervention :	UT stretching,	UBE fwd, retro to	AAROM abd, ER	supine pec stretch
	seated w/towel	tolerance		
Cues :	dnp		dnp	dnp:
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/27/2019 8:50	9/27/2019 8:40	9/27/2019 8:50	9/27/2019 8:50
	EDT	EDT	EDT	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/201

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 38 of 110

Rehabilitation Services Documentation

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 2

Numeric Rating at Rest Post Treatment: 2

Preferred Pain Tool: Numeric rating scale

Singleton PT, Ashley - 9/27/2019 9:03 EDT

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 9/27/2019 9:03 EDT

PT Assessment: Pt tolerated session without adverse effect. Pt demonstrated L scapulothoracic hypomobility, mild inc in motion noted following PNF techniques. Pt educated to add SL ER and supine chin tucks with rotation into HEP, pt

verbalized understanding.

Singleton PT, Ashley - 9/27/2019 9:11 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/27/2019 9:03 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)
PT Manual Therapy Units: 1 unit(s)
PT Total Timed Code Tx Minutes: 25
PT Total Treatment Time Rehab: 25

Time In: 8:35 EST Time Out: 9:00 EST

Singleton PT, Ashley - 9/27/2019 9:11 EDT

- NYL

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: 10/18/2

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 39 of 110

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/25/2019 16:05 EDT
Result Status: Auth (Verified)

Perform Information: Schoon PTA, Joy (9/25/2019 16:37 EDT)
Sign Information: Schoon PTA, Joy (9/25/2019 16:37 EDT)

PT Outpatient Daily Documentation Entered On: 9/25/2019 16:10 EDT Performed On: 9/25/2019 16:05 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 9/25/2019 16:05 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Schoon PTA, Joy - 9/25/2019 16:37 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 3 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Patient Subjective.

-14K

Lakeland Regional Medical Center

Schoon PTA, Joy - 9/25/2019 16:05 EDT

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 40 of 110

Rehabilitation Services Documentation

Patient Subjective: Patient reports RTC muscles felt better with rest, but then she flared the top of the shoulder muscles (she points to UT).

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

the state of the s	**************************************			
Time :	30sec x4	8min	x10	{IN ERROR} - {
				[10x 3-way] -
				previously charted
				by Schoon PTA,
				Joy at 9/25/2019
				16:05 EDT};
Resistance :		L120		
Intervention :	supine pec stretch	UBE fwd, retro to	AAROM abd, ER	supine chin tucks,
		tolerance		+ rotation
Cues :	{IN-ERROR}{			NPT
	[NEXT VISIT]			
	previously charted			
	by Schoon PTA,			
	Joy at 9/25/2019			
	16:05 EDT);			
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	9/25/2019 16:37	9/25/2019 16:05	9/25/2019 16:37	9/25/2019 16:37
	EDT	EDT	EDT	EDT

Time :	x10	2min, L side
		stretch
Resistance :		
Intervention :	AAROM wand flex	UT stretching,
		seated w/towel
Cues :		
	Schoon PTA, Joy -	
	9/25/2019 16:37	9/25/2019 16:37
	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 5 = Moderate pain



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 41 of 110

Rehabilitation Services Documentation

Numeric Rating at Rest Post Treatment: 3

Schoon PTA, Joy - 9/25/2019 16:37 EDT

Pain Location: Shoulder

Laterality: Left

Quality: Discomfort, Tenderness, Tightness

Pain Radiates: No Time Pattern: Constant

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	9/25/2019 16:05	9/25/2019 16:05	9/25/2019 16:05	9/25/2019 16:05
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	9/25/2019 16:05
	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 42 of 110

Rehabilitation Services Documentation

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Assessment

PT Assessment: Patient presents with B shoulder elevated, fwd rounded shoulders. She reported relief with towel stretch for UT, no exacerbations with AAROM wand ex's. She req verbal and visual cues for directional purposes.

Schoon PTA, Joy - 9/25/2019 16:37 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 9/25/2019 16:05 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 16:00 EST Time Out: 16:25 EST

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 9/23/2019 11:33 EDT

Result Status: Auth (Verified)

Perform Information: Schoon PTA,Joy (9/23/2019 12:38 EDT)
Sign Information: Schoon PTA,Joy (9/23/2019 12:38 EDT)

PT Outpatient Daily Documentation Entered On: 9/23/2019 11:37 EDT Performed On: 9/23/2019 11:33 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: <u>10/18/2019</u>

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 43 of 110

Visit Summary Visit Index

Rehabilitation Services Documentation

PT Functional Reporting: No

Schoon PTA, Joy - 9/23/2019 11:33 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 9/23/2019 12:38 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 2 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Patient Subjective.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	x10	10x 3-way		5'
Resistance :				
Intervention :	supine scap	supine chin tucks,	supine pec stretch	manual UT
	retraction	+ rotation		stretching, supine
Cues :			NEXT VISIT	

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location:

PT

36 years

/ Female

Age/Sex: Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 44 of 110

Rehabilitation Services Documentation

| Schoon PTA, Joy - |
|-------------------|-------------------|-------------------|-------------------|
| 9/23/2019 12:38 | 9/23/2019 12:38 | 9/23/2019 12:38 | 9/23/2019 12:38 |
| EDT | EDT | EDT | EDT |

15min	8min	Time :
•	L120	Resistance :
Manual Cervical	UBE fwd, retro to	Intervention :
distraction	tolerance	
	' '	Cues :
Schoon PTA, Joy -	Schoon PTA, Joy -	****
9/23/2019 12:38	9/23/2019 12:38	
EDT	EDT	

Pain Assessment Rehab OP

Pain Location: Shoulder

Laterality: Left

Quality: Burning, Discomfort, Sharp

Pain Radiates: Yes Time Pattern: Constant

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 6 Numeric Rating at Rest Post Treatment: 4

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal:	Pt will be	Pt will	Pt will	Pt will report 75%.
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/201

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 45 of 110

Rehabilitation Services Documentation

| Schoon PTA, Joy - |
|-------------------|-------------------|-------------------|-------------------|
| 9/23/2019 11:33 | 9/23/2019 11:33 | 9/23/2019 11:33 | 9/23/2019 11:33 |
| EDT | EDT | EDT | EDT |

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	9/23/2019 11:33
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Assessment

PT Assessment: Patient presents with very guarded posture, shoulders elevated, forward rounded and avoiding cervical rotation. She performed TherEx with verbal cues from treating therapist for direction, and she reported mild decreased pain following manual tx. NO adverse effects.

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 9/23/2019 11:33 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)

PT Manual Therapy Units: 1 unit(s)

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 46 of 110

Rehabilitation Services Documentation

PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 11:30 EST

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Time Out: 12:00 EST

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Document Type: Service Date/Time: Result Status:

PT Outpatient Examination 9/18/2019 08:11 EDT Auth (Verified)

Perform Information:

Singleton PT, Ashley (9/18/2019 10:02 EDT)

Sign Information:

GUSTAFSON ARNP, KESSARIN (9/25/2019 13:51 EDT);

Singleton PT, Ashley (9/18/2019 10:02 EDT)

PT Outpatient Examination Entered On: 9/18/2019 8:26 EDT Performed On: 9/18/2019 8:11 EDT by Singleton PT, Ashley

Physician Certification

Onset/Injury Date: 8/23/2019 EDT

Date of Injury or Surgery: 8/23/2019 EDT Date of Evaluation PT: 9/18/2019 EDT

Ordering Physician Name: GUSTAFSON ARNP, KESSARIN

Number of Visits This Interval: 12

PT Certification Interval Start: 9/18/2019 EDT PT Certification Interval End: 12/18/2019 EST

Singleton PT, Ashley - 9/18/2019 8:57 EDT

Dear Physician: Thank you for your referral. Below is the patient information for the stated interval of treatment. Please

review, modify (if necessary), sign, and return. Thank you.

Physician Signature: My signature (including electronic) indicates approval of the documented Plan of Care and serves as an updated referral/prescription for continued therapy. Revisions to the Plan of Care are below (if indicated)

Physician Signature: My signature indicates approval of the documented Plan of Care for the stated interval. Revisions to the Plan of Care are below (if indicated). Modifications: Х

Singleton PT, Ashley - 9/18/2019 8:11 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acct:

10/18/2019

Location: PT

Age/Sex:

36 years

/ Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 47 of 110

Visit Summary Visit Index

Rehabilitation Services Documentation

Document Type: OP Rehab POC Signature-Text

Service Date/Time: 10/14/2019 13:56 EDT

Result Status: Auth (Verified)

Duffy ,Carolyn (10/14/2019 13:56 EDT) Perform Information: Sign Information: Duffy ,Carolyn (10/14/2019 13:56 EDT)

> OP Rehab PT POC Signature Entered On: 10/14/2019 13:56 EDT Performed On: 10/14/2019 13:56 EDT by Duffy , Carolyn

PT POC Signature

PT Plan of Care Signed: Yes

PT POC Signed Date: 9/25/2019 EDT Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation Sent Date

Forwarded By

No qualifying records found

Duffy , Carolyn - 10/14/2019 13:56 EDT

Forwarded To

Document Type: OP Rehab POC Signature-Text

Service Date/Time: 9/24/2019 14:06 EDT

Result Status: Auth (Verified)

Macon-Strickland ,Iraida (9/24/2019 14:06 EDT) Perform Information: Sign Information: Macon-Strickland ,Iraida (9/24/2019 14:06 EDT)

> OP Rehab PT POC Signature Entered On: 9/24/2019 14:06 EDT Performed On: 9/24/2019 14:06 EDT by Macon-Strickland, Iraida

PT POC Signature

PT Plan of Care Signed: No

Date of Evaluation PT: 9/18/2019 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years

/ Female

Status

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 57 of 110

Rehabilitation Services Documentation

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation Sent Date Status Forwarded To

Forwarded By

PT Outpatient Examination - Text 09/18/2019 10:10 Pending GUSTAFSON ARNP, KESSARIN

Singleton PT, Ashley

PT Plan of Care Fax Attempt 1: 9/18/2019 EDT PT Plan of Care Fax Attempt 2: 9/24/2019 EDT

PT Plan of Care Fax Attempt 2 Comments: Resent to MD

Macon-Strickland, Iraida - 9/24/2019 14:06 EDT

OP Rehab POC Signature-Text Document Type:

9/18/2019 10:10 EDT Service Date/Time: Result Status: Auth (Verified)

Perform Information: Singleton PT, Ashley (9/18/2019 10:10 EDT) Sign Information: Singleton PT, Ashley (9/18/2019 10:10 EDT)

> OP Rehab PT POC Signature Entered On: 9/18/2019 10:10 EDT Performed On: 9/18/2019 10:10 EDT by Singleton PT, Ashley

PT POC Signature

Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation Forwarded To Sent Date Status

Forwarded By

PT Outpatient Examination - Text 09/18/2019 10:10 Pending GUSTAFSON ARNP, KESSARIN

Singleton PT, Ashley

Singleton PT, Ashley - 9/18/2019 10:10 EDT

Lakeland Regional Medical Center

Lakeland Regional **Health**

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name: Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 58 of 110





Home Exercise Program

Created by Ashley Singleton, DPT Oct 18th, 2019 View videos at www.HEP.video

Total 2 Page 1 of 1



ELASTIC BAND SHOULDER EXTERNAL ROTATION - ER

While holding an elastic band at your side with your elbow bent, start with your hand near your stomach and then pull the band away. Keep your elbow at your side the entire time.

Repeat 10 Times Hold 1 Second Complete 2 Sets

Perform 1 Time(s) a Day

Video ID: FXGN8KJ



ELASTIC BAND SHOULDER INTERNAL ROTATION - IR

While holding an elastic band at your side with your elbow bent, start with your hand away from your stomach, then pull the band towards your stomach. Keep your elbow near your side the entire time.

Repeat 10 Times Hold 1 Second Complete 2 Sets

Perform 1 Time(s) a Day

Video ID: LPTLVFQ

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	10/14/2019 09:02 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain	[
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date	10/11/2019		
Recorded Time	09:38 EDT		
Recorded By	Singleton PT, Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	l		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date	10/9/2019		
Recorded Time	09:32 EDT		
Recorded By	Schoon PTA, Joy		
Procedure	I M M Manager and I was a bound of the second form	Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	2		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		



Lakeland Regional Medical Center

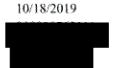
1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 77 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	10/4/2019 09:35 EDT Schoon PTA,Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		***************************************
Numeric Rating at Rest Post Treatment	0 = No pain	[
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	10/2/2019 09:33 EDT Schoon PTA,Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	5 = Moderate pain		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date	9/30/2019		
Recorded Time	10:29 EDT		
Recorded By	Singleton PT, Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	4		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	9/27/2019 08:32 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	2		
Patient Identification Method	Name, Date of Birth (DOB)		***



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 78 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	9/25/2019 16:05 EDT Schoon PTA,Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		***************************************
Numeric Rating at Rest Post Treatment	3	[
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time	9/23/2019 11:33 EDT		
Recorded By	Schoon PTA, Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	4		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	08:11 EDT		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected	-	
Prior ADL Status	Assist needed		**************************************
Prior Mobility Status	Independent		}
Numeric Rating at Rest Post Treatment	4	3	
Dear Physician	See Below T2	j	}
Number of Visits This Interval	12	"}	}
Onset/Injury Date	8/23/2019		
Ordering Physician Name	GUSTAFSON ARNP, KESSARIN		· · · · · · · · · · · · · · · · · · ·
Physician Signature	See Below 13		·····
Discharge Recommendations PT	See Below 14)
Patient Identification Method	Name, Date of Birth (DOB)	")	}
	A		



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acct:

9/18/2019 10/18/2019

> Admitting: Report Req: 109496522

Location:

Age/Sex:

Report Req: 109490322

PT 36 years

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 79 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Textual Results

T2: 9/18/2019 08:11 EDT (Dear Physician)

Thank you for your referral. Below is the patient information for the stated interval of treatment. Please review, modify (if

necessary), sign, and return. Thank you.

T3: 9/18/2019 08:11 EDT (Physician Signature)

My signature indicates approval of the documented Plan of Care for the stated interval. Revisions to the Plan of Care are

below (if indicated). Modifications:

X

T4: 9/18/2019 08:11 EDT (Discharge Recommendations PT)

Planned d/c independent with HEP in 12 sessions.

Recorded Date	9/18/2019		
Recorded Time	08:11 EDT		
Recorded By	Singleton PT, Ashley		
Procedure	·	Units	Reference Range
Onset/Injury Date	8/23/2019]	
Current Work Status	See Below T5		

Textual Results

T5: 9/18/2019 08:11 EDT (Current Work Status)

Other: Profession dog show trainer

Physical Therapy Information

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashley	10/16/2019 09:12 EDT Singleton PT,Ashley		
Procedure			Units	Reference Range
Physical Therapy Orders	See Below T6	=		
PT Goals	See Below T14	-		
PT Plan	See Below T22	-		
PT Total Timed Code Tx Minutes	27	28		
PT Total Treatment Time Rehab	27	28		

Textual Results

T6: [0/18/2019 08:59 EDT (Physical Therapy Orders)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 80 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Textual Results

T6: 10/18/2019 08:59 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T14: 10/18/2019 08:59 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T22: 10/18/2019 08:59 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By	09:02 EDT	10/11/2019 09:38 EDT Singleton PT,Ashley		
Procedure			Units	Reference Range
Physical Therapy Orders		See Below ⁷⁷		
PT Goals	-	See Below T15		
PT Plan	₩-	See Below T23		
PT Total Timed Code Tx Minutes	30	30		
PT Total Treatment Time Rehab	30	30		

Textual Results

T7: 10/11/2019 09:38 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T15: 10/11/2019 09:38 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T23: 10/11/2019 09:38 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

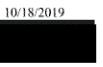
Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 81 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Recorded Date Recorded Time Recorded By		10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure		*	Units	Reference Range
Physical Therapy Orders	See Below 18	See Below 19		
PT Goals	See Below Tt6	See Below T17		
PT Plan	See Below T24	See Below T25		(11
PT Total Timed Code Tx Minutes	25	25		
PT Total Treatment Time Rehab	25	25		

Textual Results

T8: 10/9/2019 09:32 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T9: 10/7/2019 08:25 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T16: 10/9/2019 09:32 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T17: 10/7/2019 08:25 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T24: 10/9/2019 09:32 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

T25: 10/7/2019 08:25 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/20

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 82 of 110

Rehabilitation Services - General Information

Legend; M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Recorded Date Recorded Time Recorded By		10/2/2019 09:33 EDT Schoon PTA,Joy		
Procedure		Ŷ	Units	Reference Range
Physical Therapy Orders	See Below Tro	See Below TIE		
PT Goals	See Below TI8	See Below T19		
PT Plan	See Below T26	See Below T27		(01
PT Total Timed Code Tx Minutes	25	30		
PT Total Treatment Time Rehab	25	30		

Textual Results

T10: 10/4/2019 09:35 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T11: 10/2/2019 09:33 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T18: 10/4/2019 09:35 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T19: 10/2/2019 09:33 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T26: 10/4/2019 09:35 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

T27: 10/2/2019 09:33 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

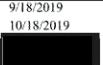
Lakeland Regional **Health**

Patient Name:

Admit Date: 9/

Disch Date: 10

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 83 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Recorded Date	9/30/2019	9/27/2019		
Recorded Time	10:29 EDT	08:32 EDT		
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley		
Procedure			Units	Reference Range
- 27		?·····		
PT Total Timed Code Tx Minutes	30	25		

	9/25/2019 16:05 EDT Schoon PTA,Joy	9/23/2019 11:33 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
Physical Therapy Orders	See Below T12	See Below TI3		
PT Goals	See Below T20	See Below T21		1
PT Plan	See Below T28	See Below 129		
PT Total Timed Code Tx Minutes	25	30	r	
PT Total Treatment Time Rehab	25	30		

Textual Results

T12: 9/25/2019 16:05 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T13: 9/23/2019 11:33 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T20: 9/25/2019 16:05 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T21: 9/23/2019 11:33 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T28: 9/25/2019 16:05 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

T29: 9/23/2019 11:33 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 84 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Textual Results

T29: 9/23/2019 11:33 EDT (PT Plan)

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
PT Evaluation Complete	Yes		
PT Certification Interval End	12/18/2019		
PT Certification Interval Start	9/18/2019		
PT Total Timed Code Tx Minutes	10		
PT Total Treatment Time Rehab	39		

Physical Therapy Subjective Information

Recorded Date	9/18/2019	
Recorded Time	08:11 EDT	
Recorded By	Singleton PT, Ashley	
Procedure		Units Reference Range
Date of Injury or Surgery	8/23/2019	

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: Disch Date:

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 85 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Assessment

Recorded Date Recorded Time	10/18/2019 08:59 EDT	10/16/2019 09:12 EDT		
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley		
Procedure			Units	Reference Range
PT Impairments or Limitations	See Below 11	See Below 12		
Additional Information PT	See Below T14		1	

Textual Results

T1: 10/18/2019 08:59 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T2: 10/16/2019 09:12 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T14: 10/18/2019 08:59 EDT (Additional Information PT)

Cervical Flexion MMT: 4+/5

Recorded Date	10/14/2019	10/11/2019		
Recorded Time	09:02 EDT	09:38 EDT	į	
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley	1	
Procedure		be a self lid be a lid be a second lid lia second lid lid l	Units	Reference Range
PT Impairments or Limitations	See Below T3	See Below 14	1	

Textual Results

T3: 10/14/2019 09:02 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T4: 10/11/2019 09:38 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date	10/9/2019	10/7/2019	"]	
Recorded Time	09:32 EDT	08:25 EDT		
Recorded By	Schoon PTA, Joy	Schoon PTA, Joy	1	
Procedure			Units	Reference Range
PT Treatment Recommendations	Continue with POC.	Continue with POC.	1	
PT Impairments or Limitations	Sec Below 15	See Below 16		

Textual Results

T5: 10/9/2019 09:32 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 86 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Assessment

Textual Results

T6: 10/7/2019 08:25 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date	10/4/2019	10/2/2019		
Recorded Time	09:35 EDT	09:33 EÐT		
Recorded By	Schoon PTA,Joy	Schoon PTA, Joy	}	
Procedure			Units	Reference Range
PT Treatment Recommendations	Continue with POC.	Continue with POC.	1	
PT Impairments or Limitations	See Below 17	See Below T8		

Textual Results

T7: 10/4/2019 09:35 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T8: 10/2/2019 09:33 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date	9/30/2019	9/27/2019	1	
Recorded Time	10:29 EDT	08:32 EDT	į	
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley	}	
Procedure	I	The state of the s	Units	Reference Range
PT Impairments or Limitations	See Below ¹⁹	See Below TIO		

Textual Results

T9: 9/30/2019 10:29 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T10: 9/27/2019 08:32 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time		9/23/2019 11:33 EDT	1	
Recorded By	Schoon PTA, Joy	Schoon PTA, Joy	Í	
Procedure			Units	Reference Range
PT Treatment Recommendations	Continue with POC.	Continue with POC.		



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

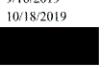
Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct:



Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 87 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Assessment

Textual Results

T11: 9/25/2019 16:05 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T12: 9/23/2019 11:33 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time Recorded By			
Procedure		Units	Reference Range
Rehab Potential Physical Therapy	Good		
PT Impairments or Limitations	See Below T13		
Additional Information PT	See Below T15		

Textual Results

9/18/2019 08:11 EDT (PT Impairments or Limitations) T13:

Pain limiting function, Range of motion deficits, Strength deficits

T15: 9/18/2019 08:11 EDT (Additional Information PT)

Full Can: positive on L

B wrist clonus negative bilaterally

Moderately increased kyphosis noted at C7-T1 junction

Cervical flexion MMT: 4-/5

Physical Therapy Plan

Recorded Date Recorded Time Recorded By			
Procedure		Units	Reference Range
PT Frequency Rehab	3 times per week		
PT Duration Rehab	4 weeks		
PT Anticipated Treatments, Needs	See Below T16		
PT Plan/Goals Established w Pt/Caregiver	Yes		

Textual Results

9/18/2019 08:11 EDT (PT Anticipated Treatments, Needs)

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 88 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Plan

Textual Results

T16: 9/18/2019 08:11 EDT (PT Anticipated Treatments, Needs)

Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal modalities

PT Long Term Goals

Recorded Date Recorded Time Recorded By	08:59 EDT	10/11/2019 09:38 EDT Singleton PT,Ashley		
Procedure			Units	Reference Range
PT Long Term Goal #1	See Below 717	See Below 118		
PT Long Term Goal #1 Status	Goal met	Goal met		
PT Long Term Goal #2	See Below 126	See Below 127		
PT Long Term Goal #2 Status	Goal met	Progressing, continue		
PT Long Term Goal #3	See Below 135	See Below T36		
PT Long Term Goal #3 Status	Progressing, continue	₩.		1
PT Long Term Goal #4	See Below T44	See Below T45		
PT Long Term Goal #4 Status	Goal met	mn		
PT Long Term Goal #4 Comment	90% 10/18/19	*		
PT Long Term Goal #5	See Below T53	See Below TS4		
PT Long Term Goal #5 Status	Goal met	*		
PT Long Term Goal #5 Comment	50% IE; 8% 10/18/19	50% IE		

Textual Results

Patient Name:

T17: 10/18/2019 08:59 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T18: 10/11/2019 09:38 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T26: 10/18/2019 08:59 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T27: 10/11/2019 09:38 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T35: 10/18/2019 08:59 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T36: 10/11/2019 09:38 EDT (PT Long Term Goal #3)

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Admit Date: 9/18/2019 Location: PT

Disch Date: 10/18/2019 Age/Sex: 36 years / Female

MRN: Admitting:

Acct: Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 89 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T36: 10/11/2019 09:38 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T44: 10/18/2019 08:59 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T45: 10/11/2019 09:38 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T53: 10/18/2019 08:59 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T54: 10/11/2019 09:38 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Dat Recorded Tim Recorded B	e 09:32 EDT	10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure	1		Units	Reference Range
PT Long Term Goal #1	See Below T19	See Below T20	nie enneemmen)
PT Long Term Goal #2	See Below 128	See Below T29		
PT Long Term Goal #3	See Below T37	See Below T38		(
PT Long Term Goal #4	See Below T46	See Below T47		**************************************
PT Long Term Goal #5	See Below T53	See Below T56		\(\)
PT Long Term Goal #5 Comment	50% IE	50% IE		***

Textual Results

T19: 10/9/2019 09:32 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T20: 10/7/2019 08:25 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T28; 10/9/2019 09:32 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T29: 10/7/2019 08:25 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T37: 10/9/2019 09:32 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2011

MRN:

Acct:

9/18/2019 10/18/2019

Age/Sex: 3

36 years / Female

Admitting:

Location:

Report Req: 109496522

PT

Print Date: 8/17/2021 15:53 EDT

Page 90 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T38: 10/7/2019 08:25 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T46: 10/9/2019 09:32 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T47: 10/7/2019 08:25 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T55: 10/9/2019 09:32 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T56: 10/7/2019 08:25 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Dat Recorded Tim Recorded B	e 09:35 EDT	10/2/2019 09:33 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
PT Long Term Goal #1	See Below T21	See Below T22	nie enneemmen)
PT Long Term Goal #2	See Below 130	See Below T31		5
PT Long Term Goal #3	See Below T39	See Below T40	· · · · · · · · · · · · · · · · · · ·	}
PT Long Term Goal #4	See Below T48	See Below T49		***************************************
PT Long Term Goal #5	See Below T57	See Below T58		
PT Long Term Goal #5 Comment	50% IE	50% IE	1	

Textual Results

T21: 10/4/2019 09:35 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T22: 10/2/2019 09:33 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T30: 10/4/2019 09:35 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T31: 10/2/2019 09:33 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T39: 10/4/2019 09:35 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/201

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 91 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T40: 10/2/2019 09:33 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T48: 10/4/2019 09:35 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T49: 10/2/2019 09:33 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T57: 10/4/2019 09:35 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T58: 10/2/2019 09:33 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Dat Recorded Tim Recorded B		9/23/2019 11:33 EDT Schoon PTA,Joy		
Procedure	iiiliii		Units	Reference Range
PT Long Term Goal #1	See Below T23	See Below T24)
PT Long Term Goal #2	See Below 132	See Below T33		
PT Long Term Goal #3	See Below T41	See Below T42		}
PT Long Term Goal #4	See Below T50	See Below T51		
PT Long Term Goal #5	See Below T59	See Below T60		
PT Long Term Goal #5 Comment	50% IE	50% IE		

Textual Results

T23: 9/25/2019 16:05 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T24: 9/23/2019 11:33 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T32: 9/25/2019 16:05 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T33: 9/23/2019 11:33 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T41: 9/25/2019 16:05 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/1:

Disch Date: 10

MRN: Acct: 9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 92 of 110

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T42: 9/23/2019 11:33 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T50: 9/25/2019 16:05 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T51: 9/23/2019 11:33 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T59: 9/25/2019 16:05 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T60: 9/23/2019 11:33 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure	4141	Units	Reference Range
PT Long Term Goal #1	See Below T25		
PT Long Term Goal #2	See Below T34		
PT Long Term Goal #3	See Below T43	Î	
PT Long Term Goal #4	See Below T52		
PT Long Term Goal #5	See Below T61		
PT Long Term Goal #5 Comment	50% IE		

Textual Results

T25: 9/18/2019 08:11 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T34: 9/18/2019 08:11 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T43; 9/18/2019 08:11 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T52: 9/18/2019 08:11 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T61: 9/18/2019 08:11 EDT (PT Long Term Goal #5)

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-



Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019 MRN:

Acct:

9/18/2019 Location: PT 10/18/2019 Age/Sex: 36 years

Report Req: 109496522

Admitting:

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 93 of 110

SCR 000203

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T61: 9/18/2019 08:11 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Upper Extremity Strength/ROM

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashley	9/18/2019 08:11 EDT Singleton PT,Ashley		
<u>Procedure</u>			Units	Reference Range
Lt Scapular Elevation Strength Rehab	4+	4		
Lt Shoulder Flexion Strength Rehab	4+	-		
Lt Shoulder Abduct Strength Rehab	4+	4-	j	
Lt Shoulder External Rot Strength Rehab	4	-		}
Lt Shoulder Internal Rot Strength Rehab	4	=		
Lt Elbow Flexion Strength Rehab	4+	4	}	```
Lt Elbow Extension Strength Rehab	4+	4		Í
Rt Scapular Elevation Strength Rehab	4+	4	1	
Rt Shoulder Flexion Strength Rehab	4+	=		}
Rt Shoulder Abduction Strength Rehab	4+	4		
Rt Shoulder External Rot Strength Rehab	4	-	1	
Rt Shoulder Internal Rot Strength Rehab	4	*	}	}
Rt Elbow Flexion Strength Rehab	4+	4		}
Rt Elbow Extension Strength Rehab	4+	4	nylonenenenenen	

Palpations Rehab

Recorded Date Recorded Time		 	
Recorded By	Singleton PT, Ashley	ĺ	
<u>Procedure</u>		Units	Reference Range
Head,Spine,Trunk Palpation	See Below 162	:	

Textual Results

T62: 9/18/2019 08:11 EDT (Head, Spine, Trunk Palpation)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/201

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 94 of 110

Visit Summary Visit Index

Rehabilitation Services - Physical Therapy

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Palpations Rehab

Textual Results

T62: 9/18/2019 08:11 EDT (Head, Spine, Trunk Palpation)

Moderate TTP and grade 2 hypomobility noted with C7 and T1 CPA glides Moderate-severe tone and TTP noted in L UT and

supraspinatus muscle belly



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019 Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Reg; 109496522

Print Date: 8/17/2021 15:53 EDT

Page 95 of 110

PT Therapeutic Exercise Units: 1 unit(s)

PT Therapeutic Activity Units: 1 PT Total Timed Code Tx Minutes: 27 PT Total Treatment Time Rehab: 27

Time In: 9:00 EST Time Out: 9:27 EST

Singleton PT, Ashley - 10/18/2019 9:29 EDT

Document Type: Service Date/Time:

Result Status:

Perform Information: Sign Information:

PT Outpatient Daily Documentation

10/16/2019 09:12 EDT

Auth (Verified)

Singleton PT, Ashley (10/16/2019 09:47 EDT) Singleton PT, Ashley (10/16/2019 09:47 EDT)

PT Outpatient Daily Documentation Entered On: 10/16/2019 9:18 EDT Performed On: 10/16/2019 9:12 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 12

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Patient Subjective.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

MRN: Acet:

9/18/2019 10/18/2019

Location:

34 years Age/Sex:

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 11 of 105

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Patient Subjective: Pt cont without pain reported in neck or shoulders. Pt states she complete work-related activities with approx 40# without adverse effect.

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 10/16/2019 9:12 EDT

Gym or Land Therapy

Time :	x10	2min, L side stretch	4' fwd/ 4' retro	10x2
Resistance :			L110	
Intervention :	AAROM wand flex	shoulder abd, AROM to 90deg	UBE fwd, retro to tolerance	scaption to 90deg
Cues:	dnp	dnp		dnp
	Singleton PT, Ashley - 10/16/2019 9:26 EDT			

Time :	10x2	30sec x4	10x2	x20 CW/CCW
Resistance :			OTB	red weighted ball
Intervention :	OH ring tap, back	supine pec stretch	supine ER	ball circles at wall,
	against wall		w/Tband	90deg flex
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Time :	10x2	10x2, 5"	10'	2 x 10
Resistance :	30#	30#		20#
Intervention :	standing adduction	lat pulldowns	TherAct: ROM, discussion of goals	high rows
Cues:	dnp	dnp	dnp	dnp
	Singleton PT, Ashley - 10/16/2019 9:26 EDT			



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

tumit Date:

Disch Date: MRN:

Acct:

10/18/2019

Location: P7

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 12 of 105

Time :	2 x 10	2 x 12 ea	1 x 15 ea	2 x 10 ea
Resistance :	GTB	8#	GTB	2#
Intervention :	W's with cervical	bicep curls with		stand I,Y,T
	rotation	OH press		
Cues :	dnp			
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/16/2019 9:26	10/16/2019 9:26	10/16/2019 9:40	10/16/2019 9:26
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/16/2019 9:26 EDT

PT Assessment: Pt tolerated session without adverse effect. Session focused on OH GH and scapular strengthening, pt completed exercises with little to no reproted sxs, indicating overall improvement. Planned d/c with HEP next session.

Singleton PT, Ashley - 10/16/2019 9:47 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No.

Singleton PT, Ashley - 10/16/2019 9:26 EDT

2018 Time Spent With Adult Patient OP PT PT Therapeutic Exercise Units: 2 unit(s)

PT Total Timed Code Tx Minutes: 28

PT Total Treatment Time Rehab: 28

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN: Acct:

Location:

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 13 of 105

Time In: 9:15 EST

Time Out: 9:43 EST

Singleton PT, Ashley - 10/16/2019 9:26 EDT

Singleton PT, Ashley - 10/16/2019 9:47 EDT

Document Type: Service Date/Time: Result Status:

Perform Information: Sign Information:

PT Outpatient Daily Documentation

10/14/2019 09:02 EDT

Auth (Verified)

Singleton PT, Ashley (10/14/2019 09:35 EDT) Singleton PT, Ashley (10/14/2019 09:35 EDT)

PT Outpatient Daily Documentation Entered On: 10/14/2019 9:13 EDT Performed On: 10/14/2019 9:02 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 10/14/2019 9:02 EDT

PT Previous G-codes : Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 10/14/2019 9:35 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 11

visit tracker advanced: Yes

effected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Patient Subjective.

Patient Subjective: Pt reports she drove for 6 hours over the weekend and was able to complete OH heavy lifting without

pain.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:

9/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 14 of 105

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Gym or Land Therapy

2min, L side stretch	x10	2 x 10	2 x 10	Time :
		GTB	20#	Resistance :
shoulder abd, AROM to 90deg	AAROM wand flex	W's with cervical rotation	high rows	Intervention :
dnp	dnp			Cues:
Singleton PT, Ashley - 10/14/2019 9:02 EDT	Singleton PT, Ashley - 10/14/2019 9:02 EDT	Singleton PT, Ashley - 10/14/2019 9:21 EDT	Singleton PT, Ashley - 10/14/2019 9:21 EDT	

Time :	4' fwd/ 4' retro	10x2	10x2	30sec x4
Resistance :	L100			
Intervention :	UBE fwd, retro to tolerance	scaption to 90deg	OH ring tap, back against wall	supine pec stretch
Cues:		dnp	dnp	dnp
	Singleton PT, Ashley - 10/14/2019 9:02 EDT	Singleton PT, Ashley - 10/14/2019 9:02 EDT	Singleton PT, Ashley - 10/14/2019 9:02 EDT	Ashley - 10/14/2019 9:02

Time :	10x2	x20 CW/CCW	10x2	The second secon
Resistance :	ÓTB	red weighted ball	30#	30#
Intervention :	supine ER w/Tband	ball circles at wall, 90deg flex		lat pulldowns
Cues:	dnp	dnp		
	Singleton PT, Ashley - 10/14/2019 9:02 EDT	Ashley -	Singleton PT, Ashley - 10/14/2019 9:14 EDT	Singleton PT, Ashley - 10/14/2019 9:14 EDT

Time :	10'
Resistance:	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

MRN: Acet: 9/18/2019

10/18/2019

Location: PT

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 15 of 105

Intervention:	TherAct: ROM,
	discussion of
	goals
Cues:	dnp
	Singleton PT,
	Ashley -
	10/14/2019 9:02
	EDT

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 0 = No pain

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 0 = No pain

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/14/2019 9:14 EDT

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Singleton PT, Ashley - 10/14/2019 9:02 EDT

PT Assessment: Pt tolerated session without adverse effect. Pt cont to demonstrate overall improvement with therapy, completing scapular stabilization exercises with increased weight without pain. Pt educated to continue to practice and assess sxs with work-related activities with up to 50# to simulate activities needed for dog show training, pt verbalized understanding.

Singleton PT, Ashley - 10/14/2019 9:30 EDT

OPR Abuse/Neglect : No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/14/2019 9:02 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 9:05 EST



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 16 of 105

Time Out: 9:35 EST

Singleton PT, Ashley - 10/14/2019 9:02 EDT

Document Type: Service Date/Time: Result Status: Perform Information:

Sign Information:

PT Outpatient Daily Documentation 10/11/2019 09:38 EDT

Auth (Verified)

Singleton PT, Ashley (10/11/2019 10:05 EDT) Singleton PT Ashley (10/11/2019 10:05 EDT)

PT Outpatient Daily Documentation Entered On: 10/11/2019 9:38 EDT Performed On: 10/11/2019 9:38 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modiflers

PT Functional Reporting: No

Singleton PT, Ashley - 10/11/2019 9:38 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 10/11/2019 10:05 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 10

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification and date: 12/18/2019 EST

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

10/18/2019

Acct:

Location: PT

Age/Sex: 34 years

GUSTAFSON ARNP KESSARIN

/ Female

Admitting: Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 17 of 105

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Singleton PT, Ashley - 10/11/2019 9:43 EDT

Patient Subjective.

Patient Subjective: Pt reports continued improvement since switching her hand position to externally rotated during

driving.

Singleton PT, Ashley - 10/11/2019 10:00 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	10'	x10	2min, L side	4' fwd/ 4' retro
			stretch	
Resistance :				L100
Intervention :	TherAct: ROM discussion of goals		shoulder abd, AROM to 90deg	UBE fwd, retro to tolerance
Cues:		dnp	dnp	
	Singleton PT, Ashley - 10/11/2019 10:00 EDT	Ashley -	Singleton PT, Ashley - 10/11/2019 9:54 EDT	Singleton PT, Ashley - 10/11/2019 9:54 EDT

Time :	10x2	10x2	30sec x4	10x2
Resistance:				OTB
Intervention:	scaption to 90deg	OH ring tap, back	supine pec stretch	supine ER
		against wall		w/Tband
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/11/2019 10:00	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
	EDT	EDT	EDT	EDT

1	Time :	x20 CW/CCW	10x2	10x2, 5"
ı	Resistance .	red weighted ball	20#	20#



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

MRN:

Acet:

9/18/2019 10/18/2019 Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 18 of 105

Intervention	: ball circles at wall,	standing	lat pulidowns
	90deg flex	adduction	
Cues	dnp		
	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -
	10/11/2019 9:54	10/11/2019 9:54	10/11/2019 9:54
	EDT	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 1

Numeric Rating at Rest Post Treatment: 1

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Long Term Goals

Long	Torm	Goals	
LUHU	121111	Quale	

SATISFACTOR SERVING				
	Long Term Goal 1	Long Term Goal 2		
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in		
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
PT Long Term	Goal met	Progressing,		
Goal Status:		continue		
Comments :	in the second of			
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 19 of 105

	improved perceived functional ability.
PT Long Term Goal Status :	
Comments :	50% IE
	Singleton PT, Ashley - 10/11/2019 9:43 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Cervical Mobility OT Cervical Active

	Cervical Active	Active Cervical	Active Cervical	Active Cervical
	Date	Forward Bend	Extension Range	Sidebend Left
		Range		Range
Active :	9/18/19	30	28- pain	30- pain
Active :	10/11/19			45
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -			Ashley -
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
Active :	35	72	B0
	Singleton PT,	Singleton PT,	
	Ashley -		
	10/11/2019 9:43	10/11/2019 9:43	10/11/2019 9:43
	EDT	EDT	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 20 of 105

Left UE ROM

OT Left UE Active

		L UE Active Date		L Active Shoulder Abduction 0-180	L Active Shoulder External Rotation 0-90
ľ	Active :		150- pain	120- pain	C7
ľ	Active :	10/11/19			
None and the second of the sec		Singleton PT, Ashley - 10/11/2019 9:43 EDT	Ashley - 10/11/2019 9:43	Ashley - 10/11/2019 9:43	Ashley - 10/11/2019 9:43

	i. Active Shoulder Internal Rotation 0-90
Active :	T12
Active :	
	Singleton PT,
	Ashley -
	10/11/2019 9:43
	EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

PT Assessment: Pt tolerated session without adverse effect, moved slowly through ther-ex in session. Pt demonstrates increased cervical and L GH AROM in all planes measured, indicating overall improvement. Pt able to complete OH scapular stabilization exercises with weight without pain, pt educated to complete work-related activities with 20-30#. simulating required motions for dog shows, and assess tolerance; pt verbalized understanding of education in session.

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/11/2019 10:05 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)

PT Therapeutic Activity Units: 1 PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

PT Location:

Admitting:

Age/Sex: 34 years

GUSTAFSON ARNP, KESSARIN

/ Female

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 21 of 105

Time In: 9:30 EST Time Out: 10:00 EST

Singleton PT, Ashley - 10/11/2019 9:54 EDT

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Schoon PTA, Joy - 10/9/2019 11:36 EDT

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Document Type: Service Date/Time: Result Status: Perform Information:

Sign Information:

PT Outpatient Daily Documentation 10/9/2019 09:32 EDT Auth (Verified) Schoon PTA,Joy (10/9/2019 11:36 EDT) Schoon PTA,Joy (10/9/2019 11:36 EDT)

PT Outpatient Daily Documentation Entered On: 10/9/2019 9:35 EDT Performed On: 10/9/2019 9:32 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 9 visit tracker advanced: Yes

effected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

10/18/2019

MRN:

Acct:

10/10/2019

Location: PT

Age/Sex: 34 years

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 22 of 105

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Patient Subjective.

Patient Subjective: Patient reports she had 4 1/2hrs of driving yesterday, adjusted her hand positions to encourage

improved posture/prevent impinged position, she reports no pain/no numb/no tingling during or after.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Gym or Land Therapy

PT Gym or Land Th	erapy Grid			
Time :	x10	2min, L side stretch	5' fwd/ 3' retro	10x2
Resistance :			L70	
Intervention :	AAROM wand flex	shoulder abd, AROM to 90deg		scaption to 90deg
Cues:	dnp			
	Schoon PTA, Joy - 10/9/2019 9:32 EDT		Schoon PTA, Joy - 10/9/2019 9:32 EDT	

				and the same of th	the state of the s
Г	Time:	10x2	30sec x4	10x2	
Γ	Resistance :			OTB	
Г	Intervention:	OH ring tap, back	supine pec stretch	supine ER	ball circles at wall,
		against wall		w/Tband	90deg flex
Г	Cues:		dnp		
Г		Schoon PTA, Joy -			Schoon PTA, Joy -
	A	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
		EDT	EDT	EDT	EDT

Time :	10x2	10x2	
Resistance :	OTB	OTB	
Intervention :			pt edu: driving
	w/Tband	extension w/Tband	positions for BUE
Cues:			



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

PT Location:

34 years Age/Sex:

GUSTAFSON ARNP, KESSARIN Admitting:

/ Female

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 23 of 105

	 Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
1	EDT	EDT	EDT

Pain Assessment Rehab OP

Pain Location: Shoulder

Laterality: Right Quality: Discomfort

Preferred Pain Tool: Numeric rating scale
Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Long Term Goals Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal:	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :				
			Schoon PTA, Joy -	
	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32	10/9/2019 9:32
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:

9/16/2019 10/18/2019

Location: PT

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 24 of 105

Schoon PTA, Joy -10/9/2019 9:32 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Assessment

PT Assessment: Patient performed all exercises for scapular strengthening, she req verbal cues for direction & visual

cues for demosntration. Good performance without compensatory patterns today.

Schoon PTA, Joy - 10/9/2019 11:36 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/9/2019 9:32 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 9:30 EST Time Out: 9:55 EST

Schoon PTA, Joy - 10/9/2019 9:32 EDT

Document Type: Service Date/Time: Result Status:

Perform Information: Sign Information:

PT Outpatient Daily Documentation

10/7/2019 08:25 EDT Auth (Verified)

Schoon PTA, Joy (10/7/2019 08:53 EDT) Schoon PTA, Joy (10/7/2019 08:53 EDT)

PT Outpatient Daily Documentation Entered On: 10/7/2019 8:27 EDT Performed On: 10/7/2019 8:25 EDT by Schoon PTA, Joy



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2010

MRN: Acct:

PT Location:

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 25 of 105

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA. Joy - 10/7/2019 8:25 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 10/7/2019 8:53 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 8 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Patient Subjective.

Patient Subjective: Patient states she had trouble with increased pain in R shoulder with longer driving distance, but said she thinks it's due to her preferred hand position. She states she hasn't had problems with dog training/leashes lately.

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN:

10/18/2019

Acct:

Location: PT

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 26 of 105

Time :	x20 CW/CCW	x10	2min, L side	5' fwd/ 3' retro
			stretch	
Resistance :	red weighted ball			L70
Intervention :	ball circles at wall,	AAROM wand flex	shoulder abd,	UBE fwd, retro to
	90deg flex		AROM to 90deg	tolerance
Cues:		dnp		
	Schoon PTA, Joy -			
	10/7/2019 8:31	10/7/2019 8:25	10/7/2019 8:31	10/7/2019 8:25
	EDT	EDT	EDT	EDT

Time :	10x2	30sec x4	10x2	10x2
Resistance :			OTB	OTB
Intervention :	scaption to 90deg	supine pec stretch	supine ER w/Tband	
Cues:		dnp		
	Schoon PTA, Joy - 10/7/2019 8:31 EDT			Schoon PTA, Joy - 10/7/2019 8:25 EDT

Time :	10x2		10x2
Resistance :	OTB		
Intervention :	shoulder		OH ring tap, back
	extension	positions for BUE	against wall
	w/Tband		
Cues:			
		Schoon PTA, Joy -	
	10/7/2019 8:25	10/7/2019 8:25	10/7/2019 8:31
	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 3

Numeric Rating at Rest Post Treatment: 2

Pain Location: Shoulder

Laterality: Right

Quality: Aching, Discomfort, Pulling

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Schoon PTA, Joy - 10/7/2019 8:31 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

PT Location:

Age/Sex: / Female 34 years

GUSTAFSON ARNP, KESSARIN Admitting:

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 27 of 105

Pain Radiates: No

Time Pattern: Intermittent

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.	demonstrate cervical and L GH AROM to WNL in all planes to	demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.	completing work-related activities to
Comments:				
-	Schoon PTA, Joy - 10/7/2019 8:25 EDT	Schoon PTA, Joy - 10/7/2019 8:25 EDT		

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments:	50% IE
	Schoon PTA, Joy -
	10/7/2019 8:25
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

PT Location:

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 28 of 105

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Assessment

PT Assessment : Patient performed all exercises without reports of exacerbations during or post-tx. She req verbal and visual cues for direction and demosntration.

Schoon PTA, Joy - 10/7/2019 8:53 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/7/2019 8:25 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 8:17 EST Time Out: 8:42 EST

Schoon PTA, Joy - 10/7/2019 8:25 EDT

Document Type: Service Date/Time:

Result Status: Perform Information:

Sign Information:

PT Outpatient Daily Documentation

10/4/2019 09:35 EDT

Auth (Verified)

Schoon PTA, Joy (10/4/2019 12:35 EDT) Schoon PTA Joy (10/4/2019 12:35 EDT)

PT Outpatient Daily Documentation Entered On: 10/4/2019 9:36 EDT Performed On: 10/4/2019 9:35 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes : Previous PT G-Codes No previous PT G-codes have been documented Schoon PTA, Joy - 10/4/2019 9:35 EDT

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 34 years

/ Female

GUSTAFSON ARNP, KESSARIN Admitting:

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 29 of 105

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 7 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Patient Subjective.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Gym or Land Therapy

PI Gym or Land Ir	erapy Grid			
Time :	10x2	x10	2min, L side	5' fwd/ 3' retro
			stretch	
Resistance :				L70
Intervention :	H ABD w/Tband	AAROM wand flex	UT stretching, seated w/towel	
Cues:		dnp	dnp	
	Schoon PTA, Joy - 10/4/2019 10:43	Schoon PTA, Joy - 10/4/2019 9:35		

- 1	TOTAL COLUMN	Carra MAD DO	00 - 4	40.0	40.0
- 1	/ ime :	5sec x10 R/ l	30sec v41	10v2L	10v2
- 1	THING .	VOCU AIVIVI	-) UUGGG AT	I VAS	1034
- 1					



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 30 of 105

1	Resistance :			OTB	
	Intervention :	supine chin tucks,	supine pec stretch	supine ER	
		+ rotation		w/Tband	extension w/Tband
1					W/ I Dallu
1	Cues:		dnp		
1		Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
		10/4/2019 9:35	10/4/2019 9:35	10/4/2019 10:43	10/4/2019 10:43
		EDT	EDT	EDT	EDT

Time :	x10 ea	10x2		
Resistance :	asa garjan Porta Alga	OTB		
Intervention :	PNF D2, RUE			
	w/Tband, LUE	w/Tband		
	AROM			
Cues:	standing, towel roll			
	behind			
	Schoon PTA, Joy -		Schoon PTA, Joy -	Schoon PTA, Joy -
	10/4/2019 10:43	10/4/2019 10:43	10/4/2019 10:43	10/4/2019 10:43
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	
Goal:	Pt will be	Pt will	Pt will	Pt will report 75%
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

PT Location:

Age/Sex: 34 years

GUSTAFSON ARNP, KESSARIN Admitting:

/ Female

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 31 of 105

Comments:				
	Schoon PTA, Joy -			
	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35	10/4/2019 9:35
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments :	50% IE
	Schoon PTA, Joy -
	10/4/2019 9:35
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/4/2019 9:35 EDT

PT Assessment: Patient reported no exacerbations during today;s TherEx, she req verbal and visual cues for directional purposes.

Schoon PTA, Joy - 10/4/2019 12:35 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/4/2019 9:35 EDT

2018 Time Spent With Adult Patient OP PT PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN:

10/18/2019

Acct:

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 32 of 105

Time In: 9:31 EST Time Out: 9:56 EST

Schoon PTA, Joy - 10/4/2019 9:35 EDT

Document Type: Service Date/Time: Result Status: Perform Information:

Sign Information:

PT Outpatient Daily Documentation 10/2/2019 09:33 EDT

Auth (Verified)

Schoon PTA, Joy (10/2/2019 10:07 EDT) Schoon PTA, Joy (10/2/2019 10:07 EDT)

PT Outpatient Daily Documentation Entered On: 10/2/2019 9:38 EDT Performed On: 10/2/2019 9:33 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No.

Schoon PTA, Joy - 10/2/2019 9:33 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 10/2/2019 10:07 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 6 visit tracker advanced: Yes

effected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

10/18/2019

PT Location:

Age/Sex: 34 years

GUSTAFSON ARNP, KESSARIN Admitting:

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST Page 33 of 105

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Patient Subjective.

Patient Subjective: Patient reports "I've been doing fine, my only definite issue is holding positions or driving in a holding

position."

Patient Identification Method : Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

Time :	x10 ea, LUE	10x2	10x2	x10
Resistance :	YTB	YTB	YTB	
Intervention :			H abduction,	AAROM wand flex
	supine w/Tband	w/Tband	supine w/Tband	
Cues:				dnp
*		Schoon PTA, Joy -		
	10/2/2019 10:07	10/2/2019 9:44	10/2/2019 9:44	10/2/2019 9:33
	EDT	EDT	EDT	EDT

	<u> </u>	and the second control of the second control	and the second s		
ſ	Time :	2min, L side	5' fwd/ 3' retro	x10	5sec x10 R/ L
l		stretch			[h.,]
	Resistance :		L70		
I	Intervention :	UT stretching,	UBE fwd, retro to	s/L ABD L only	supine chin tucks,
1		seated w/towel	tolerance		+ rotation
1	Cues:	dnp	and the second		
1		Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
-		10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:44	10/2/2019 9:44
-		EDT	EDT	EDT	EDT

Time :	30sec x4	15'	-{IN ERROR}- {	(IN ERROR) (12
			[5'] previously	× 10 LUE]
			eharted by	previously charted
			Schoon-PTA, Joy	by Schoon PTA.
			at 10/2/2019 9:33	Joy at 10/2/2019
			EDT);	9:33 EDT);
Resistance:				



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN: Acct:

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 34 of 105

Intervention :	supine pec stretch	Manual: R SL UT	Manual RS in HL:	unilaterals
		stretch, L scapular	90 deg and 110	scapular punches
		rhythmic initiation	deg flex	
Cues:		7		1,11
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 10:07	10/2/2019 10:07
	EDT	EDT	EDT	EDT

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 5 = Moderate pain

Numeric Rating at Rest Post Treatment: 5 = Moderate pain

Schoon PTA, Joy - 10/2/2019 9:44 EDT

Pain Location: Shoulder

Laterality: Right

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Long Term Goals

	Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :				Pt will report 75%
Goar.			1	
	independenpt with			improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
Comments :			etereter in the second	
	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -	Schoon PTA, Joy -
	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:33	10/2/2019 9:33
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
Tarana and an individual and	demonstrate



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date: 9/18/2019

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 35 of 105

improved	
perceived	
functional ability.	
50% IE	Comments:
Schoon PTA, Joy -	
10/2/2019 9:33	
EDT	

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Assessment

PT Assessment: Patient reported no exacerbations during TherEX today, visual cues for demonstration required.

Schoon PTA, Joy - 10/2/2019 10:07 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 10/2/2019 9:33 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 30 PT Total Treatment Time Rehab: 30

Time In: 9:30 EST Time Out: 10:00 EST

Schoon PTA, Joy - 10/2/2019 9:33 EDT

Document Type: Service Date/Time: Result Status: Perform Information: Sign Information:

PT Outpatient Daily Documentation 9/30/2019 10:29 EDT Auth (Verified)

Singleton PT, Ashley (9/30/2019 11:15 EDT) Singleton PT, Ashley (9/30/2019 11:15 EDT)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acet:

10/18/2019

Location:

Age/Sex: 34 усага

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 36 of 105

PT Outpatient Daily Documentation Entered On: 9/30/2019 10:39 EDT Performed On: 9/30/2019 10:29 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 9/30/2019 10:29 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Singleton PT, Ashley - 9/30/2019 11:15 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 5

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Patient Subjective.

Patient Subjective: Pt reports she did a lot of heavy lifting over the weekend and this did not bother her neck/shoulder at all. As soon as pt starts to drive, pt starts to feel the pain in her L shoulder. Pt starts to feel the pain with prolonged holds in the rounded position.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Gym or Land Therapy PT Gym or Land Therany Grid

PT GVIII OF Land 111	erany Grid			
Time :	5'	2 x 10 LUE	x10	2min, L side stretch
Resistance :				
Intervention :	Manual RS in HL:	unilaterals	AAROM wand flex	UT stretching,
	90 deg and 110	scapular punches		seated w/towel
	deg flex			
Cues:			dnp	dnp



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acct:

Location:

PT / Female Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 37 of 105

Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
Ashley -	Ashley -	Ashley -	Ashley -
9/30/2019 10:43	9/30/2019 10:43	9/30/2019 10:29	9/30/2019 10:29
EDT	EDT	EDT	EDT

<u> - </u>				
Time :	5' fwd/ 3' retro	x10	2 x 10	30sec x4
Resistance:	L70			
Intervention:	UBE fwd, retro to	AAROM abd, ER	supine chin tucks,	supine pec stretch
	tolerance		+ rotation	
Cues:		dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29	9/30/2019 10:29
	EDT	EDT	EDT	EDT

Time :	3 x 15	15'		
Resistance:				
Intervention :	SL ER on R side	Manual: R SL UT stretch, L scapular		T-spine foam rolling
		rhythmic initiation	roller	Tolling
Cues:		dnp		
	Singleton PT, Ashley - 9/30/2019 10:43 EDT	Singleton PT, Ashley - 9/30/2019 10:29 EDT	Singleton PT, Ashley - 9/30/2019 10:29 EDT	Singleton PT, Ashley - 9/30/2019 10:29 EDT

Past Medical History, Problems, Diagnoses

Problems(Active)

Cervicalgia (SNOMED CT

:135489010)

Name of Problem: Cervicalgia; Recorder: Singleton PT,

Ashley; Confirmation: Confirmed; Classification: Medical; Code: 135489010; Contributor System: PowerChart; Last Updated: 9/18/2019 9:36 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

Renal colic (SNOMED CT

:12699010)

Name of Problem: Renal colic; Recorder: Mallory RN, Patricia; Confirmation: Confirmed; Classification: Medical;

Code: 12699010; Contributor System: PowerChart; Last



Lakeland Regional Medical Center

(As Of: 9/30/2019 11:00:11 EDT)

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acet:

10/18/2019

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 38 of 105

Updated: 3/10/2014 17:18 EDT; Life Cycle Date: 3/7/2013; Life Cycle Status: Active ; Vocabulary: SNOMED CT

Rotator cuff strain (SNOMED

CT

:124189015)

Name of Problem: Rotator cuff strain; Recorder: Singleton

PT, Ashley; Confirmation: Confirmed; Classification: Medical ; Code: 124189015; Contributor System: PowerChart; Last Updated: 9/18/2019 9:37 EDT; Life Cycle Status: Active;

Vocabulary: SNOMED CT

:52933011)

Trigeminal neuralgia (SNOMED Name of Problem: Trigeminal neuralgia; Recorder: TITUS APRN, KIRSTIN S; Confirmation: Confirmed; Classification;

> Medical; Code: 52933011; Contributor System: PowerChart ; Last Updated: 1/24/2019 12:05 EST; Life Cycle Date:

1/24/2019; Life Cycle Status: Active; Vocabulary: SNOMED

CT

Diagnoses(Active)

Cervicalgia

Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation:

Confirmed; Clinical Dx: Cervicalgia; Classification: Medical;

Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0 ; Diagnosis Code: M54.2

Rotator cuff strain

Date: 9/18/2019; Diagnosis Type: Discharge; Confirmation: Confirmed; Clinical Dx: Rotator cuff strain; Classification:

Medical; Clinical Service: Non-Specified; Code: ICD-10-CM;

Probability: 0 ; Diagnosis Code: S46.019A

Pain Assessment Rehab OP

Numeric Rating at Rest Post Treatment: 4

Preferred Pain Tool: Numeric rating scale

Numeric Rating Pre Treatment: 4

Singleton PT, Ashley - 9/30/2019 10:43 EDT

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019 10/18/2019

MRN:

Acct:

Location:

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 39 of 105

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 9/30/2019 10:43 EDT

PT Assessment: Pt tolerated session without adverse effect. Therex focused on addressing L RTC and scapular endurance deficits to atetrnpt to alleviate sxs with prolonged rounded posture while driving, pt tolerated exercises without adverse effect. Pt educated to add prolonged pec stretch and T-spine foam rolling into HEP, pt verbalized understanding.

Singleton PT, Ashley - 9/30/2019 11:15 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/30/2019 10:43 EDT

2018 Time Spent With Adult Patient OP PT PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 30

PT Total Treatment Time Rehab: 30

Time In: 10:30 EST Time Out: 11:00 EST

Singleton PT, Ashley - 9/30/2019 10:29 EDT

Document Type:

Service Date/Time: Result Status:

Perform Information: Sign Information: PT Outpatient Daily Documentation

9/27/2019 08:32 EDT Auth (Verified)

Singleton PT, Ashley (9/27/2019 09:27 EDT) Singleton PT, Ashley (9/27/2019 09:27 EDT)

PT Outpatient Daily Documentation Entered On: 9/27/2019 8:38 EDT Performed On: 9/27/2019 8:32 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Singleton PT, Ashley - 9/27/2019 9:27 EDT

General Info



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 40 of 105

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 4

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Patient Subjective.

Patient Subjective: Pt reports that driving long distances continue to cause her neck and L shoulder to tighten.

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 9/27/2019 8:32 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

x10	2 x 10	2 x 10	15'	Time :
				Resistance :
AAROM wand flex	SL ER on R side	supine chin tucks,	Manual: R SL UT	Intervention :
		+ rotation	stretch, L scapular rhythmic initiation	
dnp				Cues:
Ashley - 9/27/2019 8:50	Singleton PT, Ashley - 9/27/2019 8:50 EDT	Ashley -	Singleton PT, Ashley - 9/27/2019 9:03 EDT	

Time :	2min, L side	8min	x10	30sec x4
	stretch			
Resistance :		L100		
Intervention :	UT stretching,	UBE fwd, retro to	AAROM abd, ER	supine pec stretch
	seated w/towel	tolerance	<u> </u>	
Cues:	dnp		dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	9/27/2019 8:50	9/27/2019 8:40	9/27/2019 8:50	9/27/2019 8:50
	EDT	EDT	EDT	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNPKESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 41 of 105

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 2

Numeric Rating at Rest Post Treatment: 2

Singleton PT, Ashley - 9/27/2019 9:03 EDT

Preferred Pain Tool: Numeric rating scale

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 9/27/2019 8:40 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 9/27/2019 9:03 EDT

PT Assessment: Pt tolerated session without adverse effect. Pt demonstrated L scapulothoracic hypomobility, mild inc in motion noted following PNF techniques. Pt educated to add SL ER and supine chin tucks with rotation into HEP, pt

verbalized understanding.

Singleton PT, Ashley - 9/27/2019 9:11 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 9/27/2019 9:03 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s) PT Manual Therapy Units: 1 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 8:35 EST Time Out: 9:00 EST

Singleton PT, Ashley - 9/27/2019 9:11 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date:

9/18/2019 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 42 of 105

Document Type: Service Date/Time: Result Status: Perform Information:

Sign Information:

PT Outpatient Daily Documentation 9/25/2019 16:05 EDT

Auth (Verified)

Schoon PTA, Joy (9/25/2019 16:37 EDT) Schoon PTA, Joy (9/25/2019 16:37 EDT)

PT Outpatient Daily Documentation Entered On: 9/25/2019 16:10 EDT Performed On: 9/25/2019 16:05 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Schoon PTA, Joy - 9/25/2019 16:05 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 9/25/2019 16:37 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 3 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Patient Subjective.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN: Acct:

10/18/2019

Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 43 of 105

Patient Subjective: Patient reports RTC muscles felt better with rest, but then she flared the top of the shoulder muscles (she points to UT).

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Gym or Land Therapy

Time :	30sec x4	8min	x10	-{IN ERROR}{
Resistance :		L120		
Intervention :	supine pec stretch	UBE fwd, retro to tolerance	AAROM abd, ER	supine chin tucks, + rotation
Cues :	[IN ERROR] { [NEXT VISIT] previously charted by Schoon PTA, Joy at 9/25/2019			NPT
	16:05 EDT); Schoon PTA, Joy - 9/25/2019 16:37 EDT	Schoon PTA, Joy - 9/25/2019 16:05 EDT	Schoon PTA, Joy - 9/25/2019 16:37 EDT	Schoon PTA, Joy - 9/25/2019 16:37 EDT

Time :	x10	2min, L side stretch
Resistance :		
Intervention :	AAROM wand flex	UT stretching, seated w/towel
Cues:		
	Schoon PTA, Joy - 9/25/2019 16:37 EDT	

Pain Assessment Rehab OP

Numeric Rating Pre Treatment: 5 = Moderate pain



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: 10/18/201

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 44 of 105

Numeric Rating at Rest Post Treatment: 3

Pain Location: Shoulder

Laterality: Left

Quality: Discomfort, Tenderness, Tightness

Pain Radiates: No Time Pattern: Constant

Preferred Pain Tool: Numeric rating scale

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Schoon PTA, Joy - 9/25/2019 16:37 EDT

Long Term Goals Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal:	Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.	demonstrate cervical and L GH AROM to WNL in all planes to	demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.	improvement with completing work-related activities to
Comments :				
	Schoon PTA, Joy - 9/25/2019 16:05 EDT	Schoon PTA, Joy - 9/25/2019 16:05 EDT	Schoon PTA, Joy - 9/25/2019 16:05 EDT	

<u> </u>	
	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments:	50% IE
	Schoon PTA, Joy -
	9/25/2019 16:05
	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location:

PT

34 years

/ Female

Age/Sex: Admitting:

GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 45 of 105

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Assessment

PT Assessment : Patient presents with B shoulder elevated, fwd rounded shoulders. She reported relief with towel stretch for UT, no exacerbations with AAROM wand ex's. She req verbal and visual cues for directional purposes.

Schoon PTA, Joy - 9/25/2019 16:37 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 9/25/2019 16:05 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 2 unit(s) PT Total Timed Code Tx Minutes: 25 PT Total Treatment Time Rehab: 25

Time In: 16:00 EST Time Out: 16:25 EST

Schoon PTA, Joy - 9/25/2019 16:05 EDT

Document Type:

Service Date/Time:

Result Status:

Perform Information: Sign Information:

PT Outpatient Daily Documentation

9/23/2019 11:33 EDT.

Auth (Verified)

Schoon PTA, Joy (9/23/2019 12:38 EDT) Schoon PTA, Joy (9/23/2019 12:38 EDT)

PT Outpatient Daily Documentation Entered On: 9/23/2019 11:37 EDT Performed On: 9/23/2019 11:33 EDT by Schoon PTA, Joy

PT Outpatient G-Codes and Modifiers



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acet:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNPKESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 46 of 105

PT Functional Reporting: No

Schoon PTA, Joy - 9/23/2019 11:33 EDT

PT Previous G-codes: Previous PT G-Codes No previous PT G-codes have been documented

Schoon PTA, Joy - 9/23/2019 12:38 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 2 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Patient Subjective.

Patient Identification Method: Name, Date of Birth (DOB)

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

-					
	Time :	x10	10x 3-way		5'
	Resistance :				
	Intervention:	supine scap	supine chin tucks,	supine pec stretch	manual UT
1		retraction	+ rotation		stretching, supine
ſ	Cues:			NEXT VISIT	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

9/18/2019

Patient Name:

Admit Date:

Disch Date:

10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 47 of 105

ĺ	Schoon PTA, Joy -			
ı	9/23/2019 12:38	9/23/2019 12:38	9/23/2019 12:38	9/23/2019 12:38
l	EDT	EDT	EDT	EDT

Time :	8min	15min
Resistance :	L120	
Intervention :	UBE fwd, retro to	Manual Cervical
	tolerance	distraction
Cues:		
	Schoon PTA, Joy - 9/23/2019 12:38 EDT	Schoon PTA, Joy - 9/23/2019 12:38 EDT

Pain Assessment Rehab OP

Pain Location: Shoulder

Laterality: Left

Quality: Burning, Discomfort, Sharp

Pain Radiates: Yes Time Pattern: Constant

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 6 Numeric Rating at Rest Post Treatment: 4

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Long Term Goals Long Term Goals

Comments :				Turictional ability.
				perceived functional ability.
		functional mobility.		improved
	functional mobility.			demonstrate
	promote safe	all planes to		
	sessions to	AROM to WNL in	MMT to promote	
	HEP in 12	cervical and L GH	BUE and cervical	completing
	independenpt with	demonstrate		. ,
Goal:	Pt will be	Pt will	Pt will	Pt will report 75%
	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date; MRN: 10/18/2019

Acet:

10/16/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 48 of 105

| Schoon PTA, Joy - |
|-------------------|-------------------|-------------------|-------------------|
| 9/23/2019 11:33 | 9/23/2019 11:33 | 9/23/2019 11:33 | 9/23/2019 11:33 |
| EDT | EDT | EDT | EDT |

	Long Term Goal 5
Goal:	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
Comments:	50% IE
	Schoon PTA, Joy -
	9/23/2019 11:33
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Home exercise program, Safety Measures, Proper Posture/Body Mechanics

Schoon PTA, Joy - 9/23/2019 11:33 EDT

Assessment

PT Assessment: Patient presents with very guarded posture, shoulders elevated, forward rounded and avoiding cervical rotation. She performed TherEx with verbal cues from treating therapist for direction, and she reported mild decreased pain following manual tx. NO adverse effects.

Schoon PTA, Joy - 9/23/2019 12:38 EDT

Treatment Recommendations: Continue with POC.

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Schoon PTA, Joy - 9/23/2019 11:33 EDT

2018 Time Spent With Adult Patient OP PT PT Therapeutic Exercise Units: 1 unit(s)

PT Manual Therapy Units: 1 unit(s)

Schoon PTA, Joy - 9/23/2019 11:33 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name: Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acet:

Location: PT

ocation. II

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 49 of 105

Document Type: Service Date/Time: Result Status: Perform Information:

Sign Information:

OP Rehab POC Signature-Text 10/14/2019 13:56 EDT Auth (Verified)

Duffy ,Carolyn (10/14/2019 13:56 EDT) Duffy ,Carolyn (10/14/2019 13:56 EDT)

OP Rehab PT POC Signature Entered On: 10/14/2019 13:56 EDT Performed On: 10/14/2019 13:56 EDT by Duffy , Carolyn

PT POC Signature

PT Plan of Care Signed: Yes

PT POC Signed Date: 9/25/2019 EDT Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts : Evaluation

Forwarded By

Sent Date

Status

Forwarded To

No qualifying records found

Duffy , Carolyn - 10/14/2019 13:56 EDT

Document Type: Service Date/Time: Result Status: Perform Information: Sign Information:

OP Rehab POC Signature-Text 9/24/2019 14:06 EDT

Auth (Verified)

Macon-Strickland ,Iraida (9/24/2019 14:06 EDT) Macon-Strickland ,Iraida (9/24/2019 14:06 EDT)

OP Rehab PT POC Signature Entered On: 9/24/2019 14:06 EDT Performed On: 9/24/2019 14:06 EDT by Macon-Strickland, Iraida

PT POC Signature

PT Plan of Care Signed: No

Date of Evaluation PT: 9/18/2019 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 60 of 105

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

Forwarded To Status OP PT Rehab Forward Attempts: Evaluation Sent Date

Forwarded By

GUSTAFSON ARNP, KESSARIN 09/18/2019 10:10 Pending PT Outpatient Examination - Text

Singleton PT, Ashley

PT Plan of Care Fax Attempt 1: 9/18/2019 EDT PT Plan of Care Fax Attempt 2: 9/24/2019 EDT

PT Plan of Care Fax Attempt 2 Comments: Resent to MD

Macon-Strickland , Iraida - 9/24/2019 14:06 EDT

Document Type:

Service Date/Time: Result Status:

Perform Information: Sign Information:

OP Rehab POC Signature-Text

9/18/2019 10:10 EDT

Auth (Verified)

Singleton PT, Ashley (9/18/2019 10:10 EDT) Singleton PT, Ashley (9/18/2019 10:10 EDT)

OP Rehab PT POC Signature Entered On: 9/18/2019 10:10 EDT Performed On: 9/18/2019 10:10 EDT by Singleton PT, Ashley

PT POC Signature

Date of Evaluation PT: 9/18/2019 EDT

Date of Evaluation Post 21 Days PT: 10/9/2019 EDT

OP PT Rehab Forward Attempts: Evaluation Sent Date

Forwarded By

09/18/2019 10:10 Pending PT Outpatient Examination - Text

Singleton PT, Ashley

Status

Forwarded To

GUSTAFSON ARNP, KESSARIN

Singleton PT, Ashley - 9/18/2019 10:10 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019 Disch Date:

MRN: Acct:

10/18/2019

Location: PT

Age/Sex: 34 years

/ Female Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 61 of 105

Patient Name: Date of Birth: MRN: 1

* Auth (Verified) *



Home Exercise Program

Created by Ashley Singleton, DPT Oct 18th, 2019 View videos at www.HEP.video

Total 2 Page 1 of 1



ELASTIC BAND SHOULDER EXTERNAL ROTATION - ER

While holding an elastic band at your side with your elbow bent, start with your hand near your stomach and then pull the band away. Keep your elbow at your side the entire time.

Repeat 10 Times Hold 1 Second Complete 2 Sets

Perform 1 Time(s) a Day

Video ID: FXGN8KJ



ELASTIC BAND SHOULDER INTERNAL ROTATION - IR

While holding an elastic band at your side with your elbow bent, start with your hand away from your stomach, then pull the band towards your stomach. Keep your elbow near your side the entire time.

Repeat 10 Times Hold 1 Second Complete 2 Sets

Perform 1 Time(s) a Day

Video ID: LPTLVFQ

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	10/14/2019 09:02 EDT Singleton PT,Ashley		
Procedure	natural results and a large Section services and the services	Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	10/11/2019 09:38 EDT Singleton PT,Ashley		
Procedure	and the first of the state of t	Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	I		
Long Term Goals Reviewed	Yes	I amount of the same of	
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	10/9/2019 09:32 EDT Schoon PTA,Joy		
Procedure	A transfer of the second secon	Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		
Long Term Goals Reviewed	Yes	1	
Patient Identification Method	Name, Date of Birth (DOB)	- į	

Recorded Date Recorded Time Recorded By	10/7/2019 08:25 EDT Schoon PTA,Joy	and the second s	
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected	1	
Numeric Rating at Rest Post Treatment	2		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)	A	Applicate commences to believe that \$400 to their Party.

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

Location:

/ Female

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date:

11/15/2019 09:30 EST

Page 80 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	10/4/2019 09:35 EDT Schoon PTA,Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		Washington of Consultation of the Consultation
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)	i.	

Recorded Date Recorded Time Recorded By	10/2/2019 09:33 EDT Schoon PTA,Joy		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	5 = Moderate pain		And the Stand Harmon Hallander my specified that and rethink the object of the
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	9/30/2019 10:29 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected	E	and provided the constraint of a convert children between two and convert and the constraint of the constraint of the convert and the constraint of the constraint of the converted of the conv
Numeric Rating at Rest Post Treatment	4	ner allemin a resormalien	
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	9/27/2019 08:32 EDT Singleton PT,Ashley		
Procedure	tari kata da kan ayarahan may mangan kan ayar ka magabat kan adi Palabat I. Jab 1999 F. di	Units	Reference Range
Progress Assessment	Progressing as expected	and Manageria, with the party	Company of the Compan
Numeric Rating at Rest Post Treatment	2	E	
Patient Identification Method	Name, Date of Birth (DOB)	E.	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

10/18/2019

MRN:

Acct:

9/18/2019

Location: PT

Age/Sex: 34 years

/ Female

Admitting:

GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 81 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	9/25/2019 16:05 EDT Schoon PTA,Joy		n mark
Procedure	tembergiakan perantajah (dipanteranjan) 11 mm/mm meneralah dipanteranjah terbanasan j	Units	Reference Range
Progress Assessment	Progressing as expected	. Visite	
Numeric Rating at Rest Post Treatment	3		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	9/23/2019 11:33 EDT Schoon PTA,Joy		•
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	4		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Prior ADL Status	Assist needed		
Prior Mobility Status	Independent	a language	
Numeric Rating at Rest Post Treatment	4		
Discharge Recommendations PT	See Below™		
Patient Identification Method	Name, Date of Birth (DOB)		

Textual Results

T4: 9/18/2019 08:11 EDT (Discharge Recommendations PT)

Planned d/c independent with HEP in 12 sessions.

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 34

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 82 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure	Hadden-Hadden Control of the Artic Table 1971	Units	Reference Range
Dear Physician	See Below ™		
Number of Visits This Interval	12		
Onset/Injury Date	8/23/2019		
Ordering Physician Name	GUSTAFSON ARNP, KESSARIN		
Physician Signature	See Below T3	1	

Textual Results

9/18/2019 08:11 EDT (Dear Physician) T2:

Thank you for your referral. Below is the patient information for the stated interval of treatment. Please review, modify (if

necessary), sign, and return. Thank you.

9/18/2019 08:11 EDT (Physician Signature) T3:

My signature indicates approval of the documented Plan of Care for the stated interval. Revisions to the Plan of Care are

below (if indicated). Modifications: ___

Recorded D Recorded Ti Recorded		ley	
Procedure		Units	Reference Range
Onset/Injury Date	8/23/2019		
Current Work Status	See Below T5	1	

Textual Results

9/18/2019 08:11 EDT (Current Work Status) T5:

Other: Profession dog show trainer



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location: Age/Sex:

/ Female 34 years

PT

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 83 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashley	10/16/2019 09:12 EDT Singleton PT,Ashley		
Procedure			Units	Reference Range
Physical Therapy Orders	See Below T6	and the state of a comment of the state of t	Printer removation	enilliana e 1956, e a 1940) enipama li bilitari e Enjamb, kima mi Hini
PT Goals	See Below T14	official minimal from all plans in the legislation between the term are communication in terms. The second contract of the second contra		militaria iliperi mpiatritto piquele malglus (incerna festilla) te de 12: 1 1 1 2 2 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3
PT Plan	See Below T22	# · ·		n glavna remoderi il removale tri in the illinimonal funcione e militare le 1994 E
PT Total Timed Code Tx Minutes	27	28		A gian a manus Andri in and a manus pinda malan i ban
PT Total Treatment Time Rehab	27	28	- Lancardon Carrier	elitar ajam ajamay enginerjajan ammara es P

Textual Results

10/18/2019 08:59 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T14: 10/18/2019 08:59 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T22: 10/18/2019 08:59 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By	10/14/2019 09:02 EDT Singleton PT,Ashley	10/11/2019 09:38 EDT Singleton PT,Ashley		
Procedure	ili tiri jati järimit. Täälly ki seen keel sääntävävälä? Vääpimulliteinisjämjämjä ja k		Units	Reference Range
Physical Therapy Orders	Figure 1 Processing in Francisco (1971) - Fire Files (1971) 1 (1971)	See Below 17	100	The state of the s
PT Goals		See Below T15		on a dispositaminin omatanityminyit omati initionej tentidoi aisyootioitaisti. Is
PT Plan		See Below T23		
PT Total Timed Code Tx Minutes	30	30		
PT Total Treatment Time Rehab	30	30	di man	

Textual Results

10/11/2019 09:38 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

T15: 10/11/2019 09:38 EDT (PT Goals)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:

10/18/2019

9/18/2019

Location:

PT Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 84 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Textual Results

T15: 10/11/2019 09:38 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T23: 10/11/2019 09:38 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By		10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
Physical Therapy Orders	See Below 18	See Below 19		
PT Goals	See Below Tié	See Below Ti7		tio daniferration technical administrative technical and interference to the development
PT Plan	See Below 124	See Below 725		
PT Total Timed Code Tx Minutes	25	25	And i browning to be come or year.	
PT Total Treatment Time Rehab	25	25		

Textual Results

10/9/2019 09:32 EDT (Physical Therapy Orders) T8:

No active Physical Therapy Orders

T9: 10/7/2019 08:25 EDT (Physical Therapy Orders)

No active Physical Therapy Orders

10/9/2019 09:32 EDT (PT Goals) T16:

PT Short Term Goals

No qualifying data available

T17: 10/7/2019 08:25 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T24: 10/9/2019 09:32 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

PT Location:

Age/Sex: 34 years

/ Female

GUSTAFSON ARNP, KESSARIN Admitting:

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 85 of 105

Legend: M=Corrected, *-Abnormal, C=Critical, L=Low. H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Textual Results

10/9/2019 09:32 EDT (PT Plan) T24:

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

T25: 10/7/2019 08:25 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By	10/4/2019 09:35 EDT Schoon PTA,Joy	10/2/2019 09:33 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
Physical Therapy Orders	See Below TIO	See Below TII		
PT Goals	See Below *18	See Below T19		
PT Plan	See Below 126	See Below T27		
PT Total Timed Code Tx Minutes	25	30		
PT Total Treatment Time Rehab	25	30		ija ni gjenjal jingular jamijanini mirami ritanii Dimpupuniiyaa yhtiyyojun Alaanii Alaanii

Textual Results

T10: 10/4/2019 09:35 EDT (Physical Therapy Orders)

No active Physical Therapy Orders.

10/2/2019 09:33 EDT (Physical Therapy Orders) T11:

No active Physical Therapy Orders.

10/4/2019 09:35 EDT (PT Goals) T18:

PT Short Term Goals

No qualifying data available

T19: 10/2/2019 09:33 EDT (PT Goals)

PT Short Term Goals

No qualifying data available

T26: 10/4/2019 09:35 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location:

Age/Sex: 34 years / Female

PT

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 86 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Textual Results

T27:

10/2/2019 09:33 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By		9/27/2019 08:32 EDT Singleton PT,Ashley		
Procedure	on da na man-faman newanan may ruping yadasi urabi piri	1.	Units	Reference Range
PT Total Timed Code Tx Minutes	30	25		distribution of severe and an annual
PT Total Treatment Time Rehab	30	25		

Recorded Date Recorded Time Recorded By	9/25/2019 16:05 EDT Schoon PTA,Joy	9/23/2019 11:33 EDT Schoon PTA,Joy		
Procedure			Units	Reference Range
Physical Therapy Orders	See Below 712	See Below 713		
PT Goals	See Below Tab	See Below T21		
PT Plan	See Below 728	See Below T29		
PT Total Timed Code Tx Minutes	25	30		is the state of the second state of the second state of the second secon
PT Total Treatment Time Rehab	25	30	in a serie i serie i serie	A balance of material injury of all more is specify reduced a recognition of

Textual Results

T12: 9/25/2019 16:05 EDT (Physical Therapy Orders)

No active Physical Therapy Orders

9/23/2019 11:33 EDT (Physical Therapy Orders) T13:

No active Physical Therapy Orders.

9/25/2019 16:05 EDT (PT Goals) T20:

PT Short Term Goals

No qualifying data available

T21: 9/23/2019 11:33 EDT (PT Goals)

PT Short Term Goals

No qualifying data available



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

9/18/2019

MRN:

Acet:

10/18/2019

Location: PT

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNPKESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 87 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Information

Textual Results

T28: 9/25/2019 16:05 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

T29: 9/23/2019 11:33 EDT (PT Plan)

Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019 08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
PT Evaluation Complete	Yes		
PT Certification Interval End	12/18/2019		amen Miji aybiqued karlı mirmi al medjayını ji bijini di isi el mayendi kamakanı a jibis biral d Antari ili di ili di mayen a jibis biral di saları ili mayen a jibis biral di saları ili mayen a jibis biral d
PT Certification Interval Start	9/18/2019		
PT Total Timed Code Tx Minutes	10		net net pre en alternation avec en existe les energials de la communitation de la comm
PT Total Treatment Time Rehab	39		entang national appropriation of a processing the met and and and a re-

Physical Therapy Subjective Information

Date of Injury or Surgery	8/23/2019	Self-resident from the		da baharang baharan ya Jardi ara k
Procedure		Units	Reference	Range
Recorded By	Singleton PT, Ashley			
Recorded Time	08:11 EDT			
Recorded Date	9/18/2019			
right of the companies of the property of the companies of the first of the companies of th	part in 1994 to the parties of the p			



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

Location:

Age/Sex: 34 years / Female

PT

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 88 of 105

Legend: M-Corrected, *-Abnormal, C-Critical, L-Low, H-High, f-Result Comment, T-Textual, />-Flag/Unflag Action

Physical Therapy Assessment

Recorded Date Recorded Time		10/16/2019 09:12 EDT		
Recorded By		Singleton PT, Ashley		
Procedure	paramon Eurotapand society minuteles districted	personal content of the second	Units	Reference Range
PT Impairments or Limitations	See Below TI	See Below 12	- Indian	ingeriare interior and the first recording to a
Additional Information PT	See Below 114	# /		

Textual Results

T1: 10/18/2019 08:59 EDT (PT Impairments or Limitations)

limiting function, Range of motion deficits, Strength deficits

T2: 10/16/2019 09:12 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T14: 10/18/2019 08:59 EDT (Additional Information PT)

Cervical Flexion MMT: 4+/5

Recorded Date Recorded Time		10/11/2019 09:38 EDT	a A A	
Recorded By	Singleton PT, Ashley	Singleton PT, Ashley	1	
Procedure		por the second and the second of a standard of the second	Units	Reference Range
PT Impairments or Limitations	See Below 13	See Below T4		

Textual Results

T3: 10/14/2019 09:02 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T4: 10/11/2019 09:38 EDT (PT Impairments or Limitations)

limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time Recorded By	09:32 EDT	10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure	ran and a range production of the second		Units	Reference Range
PT Treatment Recommendations	Continue with POC.	Continue with POC.		or feet and the second second second second
PT Impairments or Limitations	See Below T5	See Below T6	erferie a redesperae La companya de la companya de	to the district of the first of the second state of the second state of the second sec

Textual Results

10/9/2019 09:32 EDT (PT Impairments or Limitations)

ain limiting function, Range of motion deficits, Strength deficits



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location:

PT

34 years

/ Female

Age/Sex: Admitting:

GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 89 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Assessment

Textual Results

10/7/2019 08:25 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time Recorded By	10/4/2019 09:35 EDT Schoon PTA,Joy	10/2/2019 09:33 EDT Schoon PTA, Joy		
Procedure		Gartarektreirteira am 'in fan heidre fit 12. aan akafañ bin ditre 	Units	Reference Range
PT Treatment Recommendations	Continue with POC.	Continue with POC.		
PT Impairments or Limitations	See Below 17	See Below TB		

Textual Results

T7: 10/4/2019 09:35 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

T8: 10/2/2019 09:33 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time Recorded By	9/30/2019 10:29 EDT Singleton PT,Ashley	9/27/2019 08:32 EDT Singleton PT,Ashley		
Procedure	aming the fine trade to the contract of the co	ganteire en jolling miner des l'en de l'égre, que pérille d Note : l'en comme de la comme de l'égre, que personne de l'égre, que le comme de l'égre, que le comme de l'égr	Units	Reference Range
PT Impairments or Limitations	See Below T9	See Below Tie	3	An all the second and commission of a second

Textual Results

9/30/2019 10:29 EDT (PT Impairments or Limitations)

ain limiting function, Range of motion deficits, Strength deficits

T10: 9/27/2019 08:32 EDT (PT Impairments or Limitations)

Pain limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time Recorded By	9/25/2019 16:05 EDT Schoon PTA,Joy	9/23/2019 11:33 EDT Schoon PTA,Joy		
Procedure		 Spirite professor i dispute profesio di dispute del descriptione del professor del prof	Units	Reference Range
PT Treatment Recommendations	Continue with POC.	Continue with POC.	in a grant department in a co	na a Mina di arterioria si internationi internetivo alternitura e transisponalitico mineralizationi en la comp El
PT Impairments or Limitations	See Below TII	See Below TIZ	hadin kan na man na	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

PT Location:

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 90 of 105

Legend: M-Corrected, *-Abnormal, C-Critical, L-Low, H-High, f-Result Comment, T-Textual, />-Flag/Unflag Action

Physical Therapy Assessment

Textual Results

T11: 9/25/2019 16:05 EDT (PT Impairments or Limitations)

ain limiting function, Range of motion deficits, Strength deficits

T12: 9/23/2019 11:33 EDT (PT Impairments or Limitations)

ain limiting function, Range of motion deficits, Strength deficits

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure	and the property of the second	Units	Reference Range
Rehab Potential Physical Therapy	Good		An analysis of the second seco
PT Impairments or Limitations	See Below TI3	aliania turioria caracator	The state of the s
Additional Information PT	See Below TIS		MA AND STREET, AND

Textual Results

T13: 9/18/2019 08:11 EDT (PT Impairments or Limitations)

limiting function, Range of motion deficits, Strength deficits

T15: 9/18/2019 08:11 EDT (Additional Information PT)

Full Can: positive on L

B wrist clonus negative bilaterally

Moderately increased kyphosis noted at C7-T1 junction

Cervical flexion MMT: 4-/5

Physical Therapy Plan

Recorded Date Recorded Time Recorded By	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure	manifestation of the a section of the	Units	Reference Range
PT Frequency Rehab	3 times per week	1	
PT Duration Rehab	4 weeks		
PT Anticipated Treatments, Needs	See Below T16	1	A Committee of the Comm
PT Plan/Goals Established w Pt/Caregiver	Yes		

Textual Results

T16: 9/18/2019 08:11 EDT (PT Anticipated Treatments, Needs)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

Location:

PT

34 years

/ Female

Age/Sex: Admitting:

GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 91 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Physical Therapy Plan

Textual Results

T16: 9/18/2019 08:11 EDT (PT Anticipated Treatments, Needs)

Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal modalities

PT Long Term Goals

Recorded D Recorded Ti Recorded	me 08:59 EDT	10/11/2019 09:38 EDT Singleton PT,Ashley		
Procedure	en menin er den jamen men dermak i korenna oranner - er ver multi manni manna - Talik jama 	gann afrancium a sin salining kinnsaga a nlasson a isa indispitual-sociasji samayali. Misa soci	Units	Reference Range
PT Long Term Goal #1	See Below Ti7	See Below TIR	ralleri serresi lacció di di	il ferificiano como manda como del como como filimino e quie filici. El-
PT Long Term Goal #1 Status	Goal met	Goal met	e de la composition della comp	
PT Long Term Goal #2	Sec Below ^{™26}	See Below 127		
PT Long Term Goal #2 Status	Goal met	Progressing, continue		el de all francisco (lete uma abenima e locina Plantina i Indicina e ndi
PT Long Term Goal #3	See Below T35	See Below T36	angle i distributiva versi.	TO SHELL I STORES AND THE SHELL HE WAS A STREET OF THE STREET OF THE SHELL AS A STREET OF THE SH
PT Long Term Goal #3 Status	Progressing, continue		organismos promi	
PT Long Term Goal #4	See Below T44	See Below T45		
PT Long Term Goal #4 Status	Goal met	fijirintemeni en a como ne profunico oponi indutaza a ampalje maja =	inghin pinamoni Mara	
PT Long Term Goal #4 Comment	90% 10/18/19	#		
PT Long Term Goal #5	See Below T53	See Below T54		
PT Long Term Goal #5 Status	Goal met	entra ambiente pares a responsar e pares de represente e a conferio da administra a para de la decida de 1886		
PT Long Term Goal #5 Comment	50% IE; 8% 10/18/19	50% 1E	angeneral de la particio	

Textual Results

T17: 10/18/2019 08:59 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T18: 10/11/2019 09:38 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T26: 10/18/2019 08:59 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T27: 10/11/2019 09:38 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T35: 10/18/2019 08:59 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T36: 10/11/2019 09:38 EDT (PT Long Term Goal #3)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

9/18/2019

Patient Name:

Admit Date:

Disch Date: 10/18/2019

MRN:

Acct:

PT Location:

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 92 of 105

Legend: M=Corrected, *-Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T36: 10/11/2019 09:38 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

10/18/2019 08:59 EDT (PT Long Term Goal #4) T44:

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional

T45: 10/11/2019 09:38 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional

T53: 10/18/2019 08:59 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T54: 10/11/2019 09:38 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Date Recorded Time Recorded By	10/9/2019 09:32 EDT Schoon PTA,Joy	10/7/2019 08:25 EDT Schoon PTA,Joy		
Procedure		Control of the second s	Units	Reference Range
PT Long Term Goal #1	See Below T19	See Below 120		
PT Long Term Goal #2	See Below T28	See Below T29		
PT Long Term Goal #3	See Below T37	See Below T38		min i grandinari i laman rimanari ni inni anno () nareta (n
PT Long Term Goal #4	See Below T46	See Below T47		
PT Long Term Goal #5	See Below T55	See Below T56		
PT Long Term Goal #5 Comment	50% IE	50% IE	ti e e	

Textual Results

T19: 10/9/2019 09:32 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T20: 10/7/2019 08:25 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T28: 10/9/2019 09:32 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T29: 10/7/2019 08:25 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T37: 10/9/2019 09:32 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019 Location: PT.

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 93 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T38: 10/7/2019 08:25 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T46: 10/9/2019 09:32 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T47: 10/7/2019 08:25 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T55: 10/9/2019 09:32 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T56: 10/7/2019 08:25 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Dat Recorded Tim Recorded B		10/2/2019 09:33 EDT Schoon PTA,Joy	The man Halleston of the	
Procedure	1	Control and Control of the Control o	Units	Reference Range
PT Long Term Goal #1	See Below T21	See Below T22		American de la contra de la communicación de l
PT Long Term Goal #2	See Below T30	See Below T31		
PT Long Term Goal #3	See Below T39	See Below T40	janaan ma	HAND AND AND AND AND AND AND AND AND AND
PT Long Term Goal #4	See Below T48	See Below T49	i di	त्व कृषिकार कर्व विवास्त्री कारिकामा विवास विवेद स्थान विवास विवास विवास विवास विवास विवास विवास विवास विवास व विवास विवास वि
PT Long Term Goal #5	See Below 157	See Below T58	Hanson Harris	A fillion to de le destruit de la distribute de la collectivation de la
PT Long Term Goal #5 Comment	50% IE	50% IE	Jana da	usalarinen ultimustinin urajanisten eilen unigaasia P

Textual Results

T21: 10/4/2019 09:35 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T22: 10/2/2019 09:33 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T30: 10/4/2019 09:35 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T31: 10/2/2019 09:33 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility

T39: 10/4/2019 09:35 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acet:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 94 of 105

Legend: M=Corrected, *-Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T40: 10/2/2019 09:33 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T48: 10/4/2019 09:35 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional

T49: 10/2/2019 09:33 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional

T57: 10/4/2019 09:35 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T58: 10/2/2019 09:33 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Da Recorded Tin Recorded I		9/23/2019 11:33 EDT Schoon PTA,Joy		
Procedure		Control of the contro	Units	Reference Range
PT Long Term Goal #1	See Below T23	See Below T24		ala salagan Campalar ik a la salar-ara a a mara, ku ng hipu ren ngiri ng
PT Long Term Goal #2	See Below T32	See Below T33	n figure) i gazen eizz.	
PT Long Term Goal #3	See Below T41	Sec Below T42		gyay addiliantey i dalakadi kurunga 4 kalyahida 1 kalabatin 1 kitu dalah 1 kitu dalah 1 kitu dalah 1 kitu dalah
PT Long Term Goal #4	See Below T50	See Below TSI		oma in all mandale all plantet and administration in administration. A controlled a lateral c
PT Long Term Goal #5	See Below T59	See Below T60		ngaja Padai najan da Pallad Halanda Pradain Badaid Halanda Padai najarah Padai najarah
PT Long Term Goal #5 Comment	50% IE	50% IE	raffig kanolonialistis Tarihi in angan	escentification production in 1941 and 1945 and

Textual Results

9/25/2019 16:05 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T24: 9/23/2019 11:33 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T32: 9/25/2019 16:05 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility

T33: 9/23/2019 11:33 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T41: 9/25/2019 16:05 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

9/18/2019

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

10/18/2019

Location:

PT. Age/Sex: 34 years

/ Female

Admitting:

GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 95 of 105

Legend: M=Corrected, *-Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

T42: 9/23/2019 11:33 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T50: 9/25/2019 16:05 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional

T51: 9/23/2019 11:33 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T59: 9/25/2019 16:05 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

T60: 9/23/2019 11:33 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Recorded Date Recorded Time Recorded By			
Procedure	histories into 1676-ori biste Princh bistol (11) (1 this 14 million)	Units	Reference Range
PT Long Term Goal #1	See Below T25		
PT Long Term Goal #2	See Below™		
PT Long Term Goal #3	See Below TO		dereix financiera acuatria al Eria cina esti coloren este abello en cite i forbillara il e
PT Long Term Goal #4	See Below T52		
PT Long Term Goal #5	See Below T61		
PT Long Term Goal #5 Comment	50% IE		iga tambiging digaminan pada kada pada daga arpat tamban ay diangkay a mingsapang api da baga a T

Textual Results

T25: 9/18/2019 08:11 EDT (PT Long Term Goal #1)

Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.

T34: 9/18/2019 08:11 EDT (PT Long Term Goal #2)

Pt will demonstrate cervical and L GH AROM to WNL in all planes to promote safe functional mobility.

T43: 9/18/2019 08:11 EDT (PT Long Term Goal #3)

Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.

T52: 9/18/2019 08:11 EDT (PT Long Term Goal #4)

Pt will report 75% improvement with completing work-related activities to demonstrate improved perceived functional ability.

T61: 9/18/2019 08:11 EDT (PT Long Term Goal #5)



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date; MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 96 of 105

Legend: M=Corrected, *-Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

PT Long Term Goals

Textual Results

9/18/2019 08:11 EDT (PT Long Term Goal #5)

Pt will decrease NDI score to 20% or less to demonstrate improved perceived functional ability.

Upper Extremity Strength/ROM

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashley	9/18/2019 08:11 EDT Singleton PT,Ashley		
Procedure		A series of the	Units	Reference Range
Lt Scapular Elevation Strength Rehab	4+	4		A Control of the control of the
Lt Shoulder Flexion Strength Rehab	4+		Harrist Spiriters I	
Lt Shoulder Abduct Strength Rehab	4+	4-	ing innutration to	amagny (paginty statement emisses a trivialism in recorde actioners in Lympt).
Lt Shoulder External Rot Strength Rehab	4	**************************************		
Lt Shoulder Internal Rot Strength Rehab			To a constant	Americka francisco e en Americka fra superprofit regulare de de desente de la collectiva de la collectiva de p Americka francisco de la collectiva de la Americka francisco de la collectiva della collectiva de
Lt Elbow Flexion Strength Rehab	4+	Account minimized and the control of the residence		in a figure a transfer and a series of manifestive or the section of a section of the section of
Lt Elbow Extension Strength Rehab	4+	4	T	ALL STREET, ST
Rt Scapular Elevation Strength Rehab	4+	4	Ŧ	Annual Control of the
Rt Shoulder Flexion Strength Rehab	4+		Townson	aparin (Series de la comp ensa de la compensa del compensa del compensa de la compensa del la compensa de la compensa del la compensa de la
Rt Shoulder Abduction Strength Rehab	4+	4	I	o-plog and anamako and a lipaki an olpas maraka a sispera al li 2
Rt Shoulder External Rot Strength Rehab	4		i de la comita	
Rt Shoulder Internal Rot Strength Rehab	4		T.	
Rt Elbow Flexion Strength Rehab	4+	4	agradionale pa Albania	nterny Meyer, original paralism and colors are described extending of exception are not to The contract of the colors and the colors are not to the colors and the colors are not to the colors and the colors are not to th
Rt Elbow Extension Strength Rehab	4+	4	T	

Palpations Rehab

Recorded Date Recorded Time Recorded By	08:11 EDT		
Procedure	n kirildjukter. 7 kal mina i minali tramat 7 cm i et traktik Paisat	Units	Reference Range
Head,Spine,Trunk Palpation	See Below T62		An anni transit di njamaka tamah maji. And mi ta

Textual Results

9/18/2019 08:11 EDT (Head, Spine, Trunk Palpation) T62:



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health*

Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:

9/18/2019

10/18/2019

Location:

PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 97 of 105

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Palpations Rehab

Textual Results

T62: 9/18/2019 08:11 EDT (Head, Spine, Trunk Palpation)

Moderate TTP and grade 2 hypomobility noted with C7 and T1 CPA glides Moderate-severe tone and TTP noted in L UT and

supraspinatus muscle belly



Lakeland Regional Medical Center

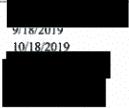
1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:



Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 98 of 105

Visit Index Visit Summary

Rehabilitation Services Documentation

Document Type: Service Date/Time:

Result Status:

Perform Information:

Sign Information:

PT Discharge

10/18/2019 09:36 EDT

Auth (Verified)

Singleton PT, Ashley (10/18/2019 09:36 EDT)

GUSTAFSON ARNP, KESSARIN (10/25/2019 16:50 EDT):

Singleton PT, Ashley (10/18/2019 09:36 EDT)

PT Discharge Entered On: 10/18/2019 9:36 EDT Performed On: 10/18/2019 9:36 EDT by Singleton PT, Ashley

Assessment

Assessment Therapies: Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain. Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Singleton PT, Ashley - 10/18/2019 9:36 EDT

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acet:

ツ/ 1 の/ ムリカブ

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Reg: 109494301

Print Date: 8/17/2021 15:32 EDT

/ Female

Page 1 of 64

Visit Index Visit Summary

Rehabilitation Services Documentation

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/18/2019 08:59 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (10/18/2019 09:29 EDT)
Sign Information: Singleton PT,Ashley (10/18/2019 09:29 EDT)

PT Outpatient Daily Documentation Entered On: 10/18/2019 9:04 EDT Performed On: 10/18/2019 8:59 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

Singleton PT, Ashley - 10/18/2019 8:59 EDT

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 10/18/2019 9:29 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 13

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Singleton PT, Ashley - 10/18/2019 9:06 EDT

Patient Subjective.

Lakeland Regional Medical Center

Lakeland Regional Health

ikeiana Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acet: 9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 2 of 64

Visit Index Visit Summary

Rehabilitation Services Documentation

Patient Subjective: Pt cont without pain and feels ready for d/c with HEP at this time.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Gym or Land Therapy

PI	<u>Gy</u>	<u>m.</u>	or_	Lan	d I	hei	ap	<u>y Gr</u>	<u>id</u>
AND DESCRIPTION OF	NAME OF TAXABLE PARTY.	NAME OF TAXABLE PARTY.	NAME OF TAXABLE PARTY.	ATTENDED TO SECURITY	1000000	AND NOW	-	THE RESIDENCE OF	CONTRACTOR OF STREET

1 1 CYTT OF COND THOMAS TO STORE					
Time :	12'	7'	x10	2min, L side	
				stretch	
Resistance :					
Intervention :	TherAct: ROM,	HEP review	AAROM wand flex	shoulder abd,	
	MMT, goals review			AROM to 90deg	
Cues:			dnp	dnp	
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,	
	Ashley -	Ashley -	Ashley -	Ashley -	
	10/18/2019 9:29	10/18/2019 9:29	10/18/2019 9:08	10/18/2019 9:08	
	EDT	EDT	EDT	EDT	

Time :	4' fwd/ 4' retro	10x2	10x2	30sec x4
Resistance :	L110		,	, , , , , , , , , , , , , , , , , , ,
Intervention :	UBE fwd, retro to tolerance	scaption to 90deg	OH ring tap, back against wall	supine pec stretch
Cues :		dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

Time :	10x2	x20 CW/CCW	10x2	10x2, 5"
Resistance :	ОТВ	red weighted ball	30#	30#
Intervention :	supine ER w/Tband	ball circles at wall, 90deg flex	standing adduction	lat pulldowns
Cues :	dnp	dnp	dnp	dnp
	Singleton PT, Ashley -	Singleton PT, Ashley -	Singleton PT, Ashley -	Singleton PT, Ashley -

21°

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/20

Disch Date: MRN:

Acet:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 3 of 64

Rehabilitation Services Documentation

10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
EDT	EDT	EDT	EDT

Time :	10'	2.x 10	2 x 10	2 x 12 ea
Resistance :		20#	GTB	8#
Intervention :	TherAct: ROM.	high rows	W's with cervical	bicep curls with
	discussion of		rotation	OH press
	goals			
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:29
	EDT	EDT	EDT	EDT

Time :	1 x 15 ea	2 x 10 ea
Resistance :	GTB	2#
Intervention :	D2 PNF	stand I,Y,T
Cues :	dnp	dnp
	Singleton PT,	Singleton PT,
	Ashley -	Ashley -
	10/18/2019 9:29	10/18/2019 9:29
	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale
Numeric Rating Pre Treatment; 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Long Term Goals

Long Term Goals

Long Term Goal 4	Long Term Goal 3	Long Term Goal 2	Long Term Goal 1	
Pt will report 75%	Pt will	Pt will	Pt will be	Goal :
improvement with	demonstrate 4+/5	demonstrate	independenpt with	
completing	BUE and cervical	cervical and L GH	HEP in 12	
work-related	MMT to promote	AROM to WNL in	sessions to	
activities to	safe functional	all planes to	promote safe	
demonstrate	mobility.	promote safe	functional mobility.	
improved				

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: MRN:

Acet:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 4 of 64

Rehabilitation Services Documentation

		functional		perceived
		mobility.		functional ability.
PT Long Term	Goal met	Goal met	Progressing.	Goal met
Goal Status:			continue	
Comments :				90% 10/18/19
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:06	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved
	perceived
	functional ability.
PT Long Term	Goal met
Goal Status:	
Comments :	50% IE; 8%
	10/18/19
***********************	Singleton PT,
	Ashley -
	10/18/2019 9:21
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Cervical Mobility OT Cervical Active

-	44.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.1.	Cervical Active	Active Cervical	Active Cervical	Active Cervical
		Date	Forward Bend	Extension Range	Sidebend Left
			Range		Range

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/201

MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 5 of 64

Rehabilitation Services Documentation

Active :	9/18/19	30	28- pain	30- pain
Active :	10/11/19	50	40	45
Active :	10/18/19	56	50	50
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
Active :	35	72	80
Active :	55	75	82
	Singleton PT,		
	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT

Left UE ROM

OT Left UE Active

1 he/214 Select MARLY St.				
	L UE Active Date	L Active Shoulder	L Active Shoulder	L Active Shoulder
		Flexion 0-180	Abduction 0-180	External Rotation
				0-90
Active :		150- pain	120- pain	C7
Active :	10/11/19	155	155	-{IN ERROR}{
				[T3] previously
				charted by
				Singleton PT,
				Ashley at
				10/18/2019 9:08
				EDT);
Active :	10/18/19	WNL	WNL	T3
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:29
	EDT	EDT	EDT	EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-



Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acet:

9/18/2019 Location: PT 10/18/2019 Age/Sex: 36:

Age/Sex; 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 6 of 64

Rehabilitation Services Documentation

	L Active Shoulder
	Internal Rotation
	0-90
Active :	T12
Active :	
	[T10] previously
	charted by
	Singleton PT,
	Ashley at
	10/18/2019 9:08
	EDT);
Active :	T10
,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,, ,,	Singleton PT,
	Ashley -
	10/18/2019 9:29
	EDT

UE ROM/Strength

Left Upper Extremity Strength Grid

Scapular Elevation: 4+ Shoulder Flexion: 4+ Shoulder Abduction: 4+ Shoulder External Rotation: 4 Shoulder Internal Rotation: 4

Elbow Flexion: 4+ Elbow Extension: 4+

Right Upper Extremity Strength Grid

Scapular Elevation: 4+ Shoulder Flexion: 4+ Shoulder Abduction: 4+ Shoulder External Rotation: 4 Shoulder Internal Rotation: 4

Elbow Flexion: 4+ Elbow Extension: 4+ Singleton PT, Ashley - 10/18/2019 9:08 EDT

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Lakeland Basianal Madical Conter

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/2019

MRN:

Acet:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 7 of 64

Rehabilitation Services Documentation

Singleton PT, Ashley - 10/18/2019 9:08 EDT

PT Assessment: Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain. Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Singleton PT, Ashley - 10/18/2019 9:29 EDT

OPR Abuse/Neglect: No.

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Additional Information

Additional Information PT: Cervical Flexion MMT: 4+/5

Singleton PT, Ashley - 10/18/2019 9:08 EDT

2018 Time Spent With Adult Patient OP PT

PT Therapeutic Exercise Units: 1 unit(s)

PT Therapeutic Activity Units: 1 PT Total Timed Code Tx Minutes: 27 PT Total Treatment Time Rehab: 27

Time In: 9:00 EST Time Out: 9:27 EST

Singleton PT, Ashley - 10/18/2019 9:29 EDT

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: 9

Disch Date: 10/18/20

MRN:

Acet:

9/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109494301

Print Date: 8/17/2021 15:32 EDT

Page 8 of 64

Rehabilitation Services Documentation

Document Type: PT Discharge

Service Date/Time: 10/18/2019 09:36 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (10/18/2019 09:36 EDT)

Sign Information: GUSTAFSON ARNP,KESSARIN (10/25/2019 16:50 EDT);

Singleton PT, Ashley (10/18/2019 09:36 EDT)

PT Discharge Entered On: 10/18/2019 9:36 EDT Performed On: 10/18/2019 9:36 EDT by Singleton PT, Ashley

Assessment

Assessment Therapies: Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain. Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Singleton PT, Ashley - 10/18/2019 9:36 EDT

Document Type: PT Outpatient Daily Documentation

Service Date/Time: 10/18/2019 08:59 EDT

Result Status: Auth (Verified)

Perform Information: Singleton PT,Ashley (10/18/2019 09:29 EDT)
Sign Information: Singleton PT,Ashley (10/18/2019 09:29 EDT)

PT Outpatient Daily Documentation Entered On: 10/18/2019 9:04 EDT Performed On: 10/18/2019 8:59 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date: 10/18/201

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 1 of 110

Rehabilitation Services Documentation

Singleton PT, Ashley - 10/18/2019 9:29 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 13 visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Review/Treatments Provided

PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

08:11

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Singleton PT, Ashley - 10/18/2019 9:06 EDT

Patient Subjective.

Patient Subjective: Pt cont without pain and feels ready for d/c with HEP at this time.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

-	francolinano di impleo interiore di a franciali di distribui and in servici dei di impleo e di indicata di imp					
ſ	Time :	12'	7"	x10	2min, L side	
					stretch	
	Resistance :					
Γ	Intervention :	TherAct: ROM.	HEP review	AAROM wand flex	shoulder abd,	
		MMT, goals review			AROM to 90deg	
	Cues :			dnp	dnp:	

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN:

Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 2 of 110

Visit Summary

Rehabilitation Services Documentation

Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
Ashley -	Ashley -	Ashley -	Ashley -
10/18/2019 9:29	10/18/2019 9:29	10/18/2019 9:08	10/18/2019 9:08
EDT	EDT	EDT	EDT

Time :	4' fwd/ 4' retro	10x2	10x2	30sec x4
Resistance :	L110			
Intervention :	UBE fwd, retro to	scaption to 90deg	OH ring tap, back	supine pec stretch
	tolerance		against wall	
Cues :		dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

Time :	10x2	x20 CW/CCW	10x2	10x2, 5"
Resistance :	OTB	red weighted ball	30#	30#
Intervention :	supine ER	ball circles at wall,	standing	lat pulldowns
	w/Tband	90deg flex	adduction	
Cues :	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

Time :	10'	2 x 10	2 x 10	2 x 12 ea
Resistance :		20#	GTB	8#
Intervention :	TherAct: ROM,	high rows	W's with cervical	bicep curls with
	discussion of		rotation	OH press:
	goals			
Cues :	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:29
	EDT	EDT	EDT	EDT

Time :	1 x 15 ea	2 x 10 ea
Resistance :	GTB	2#

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 3 of 110

Rehabilitation Services Documentation

Intervention :	D2 PNF	stand I,Y,T
Cues :	dnp	dnp
	Singleton PT,	Singleton PT,
	Ashley -	Ashley -
	10/18/2019 9:29	10/18/2019 9:29
	EDT	EDT

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Long Term Goals

Long Term Goals

	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be	Pt will	Pt will	Pt will report 75%.
	independenpt with	demonstrate	demonstrate 4+/5	improvement with
	HEP in 12	cervical and L GH	BUE and cervical	completing
	sessions to	AROM to WNL in	MMT to promote	work-related
	promote safe	all planes to	safe functional	activities to
	functional mobility.	promote safe	mobility.	demonstrate
		functional mobility.		improved
				perceived
				functional ability.
PT Long Term	Goal met	Goal met	Progressing,	Goal met
Goal Status :			continue	
Comments :				90% 10/18/19
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -		Ashley -
	10/18/2019 9:06	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

	Long Term Goal 5
Goal :	Pt will decrease
	NDI score to 20%
	or less to
	demonstrate
	improved

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional **Health**°

Patient Name:

Admit Date: Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 4 of 110

Rehabilitation Services Documentation

	perceived
	functional ability.
PT Long Term	Goal met
Goal Status :	
Comments :	50% IE; 8%
	10/18/19
	Singleton PT,
	Ashley -
	10/18/2019 9:21
	EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Cervical Mobility

OT Cervical Active

O I OUI HOUI HOUTO				
	Cervical Active	Active Cervical	Active Cervical	Active Cervical
	Date	Forward Bend	Extension Range	Sidebend Left
		Range		Range
Active :	9/18/19	30	28- pain	30- pain
Active :	10/11/19	50	40	45
Active :	10/18/19	56	50	50
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

	Active Cervical	Active Cervical	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	60
Active :	35	72	80
Active :	55	75	82
	Singleton PT,	Singleton PT,	
	Ashley -	Ashley -	Ashley -

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct: Date: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 5 of 110

Visit Summary

Rehabilitation Services Documentation

10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
EDT	EDT	EDT

Left UE ROM

OT Left UE Active

	L UE Active Date	L Active Shoulder	L Active Shoulder	L Active Shoulder
		Flexion 0-180	Abduction 0-180	External Rotation
				0-90
Active :		150- pain	120- pain	C7
Active :	10/11/19	155	155	-{IN-ERROR}{
				[T3] - previously
				charted by
				Singleton PT,
				Ashley at
				10/18/2019 9:08
				EDT);
Active :	10/18/19	WNL	WNL	T3:
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:29
	EDT	EDT	EDT	EDT

	L Active Shoulder
	Internal Rotation
	0-90
Active :	T12
Active :	{IN ERROR} {
	[T10] - previously
	charted by
	Singleton PT,
	Ashley at
	10/18/2019 9:08
	EDT);
Active :	T10
	Singleton PT,
	Ashley -
	10/18/2019 9:29
	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/ Disch Date: 10

MRN: Acct: 9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 6 of 110

Rehabilitation Services Documentation

UE ROM/Strength

Left Upper Extremity Strength Grid

Scapular Elevation: 4+ Shoulder Flexion: 4+ Shoulder Abduction: 4+ Shoulder External Rotation: 4 Shoulder Internal Rotation: 4

Elbow Flexion: 4+ Elbow Extension: 4+

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Right Upper Extremity Strength Grid

Scapular Elevation: 4+ Shoulder Flexion: 4+ Shoulder Abduction: 4+ Shoulder External Rotation: 4 Shoulder Internal Rotation: 4

Elbow Flexion: 4+ Elbow Extension: 4+

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/18/2019 9:08 EDT

PT Assessment: Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain. Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Singleton PT, Ashley - 10/18/2019 9:29 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Additional Information

Additional Information PT: Cervical Flexion MMT: 4+/5

Singleton PT, Ashley - 10/18/2019 9:08 EDT

2018 Time Spent With Adult Patient OP PT

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019

Disch Date:

MRN: Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 7 of 110

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date	10/18/2019			
Recorded Time	09:36 EDT			
Recorded By	Singleton PT, Ashley			
Procedure		Units	Reference Range	
Assessment Therapies	See Below TI			1

Textual Results

T1: 10/18/2019 09:36 EDT (Assessment Therapies)

> Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain. Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashley		
Procedure	H	Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	10/16/2019 09:12 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain	7	(11)
Patient Identification Method	Name, Date of Birth (DOB)		



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: 9/18/2019 Disch Date:

MRN:

10/18/2019 Acct:

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 76 of 110

Document Type: Service Date/Time:

Result Status: Perform Information:

Sign Information:

PT Discharge

10/18/2019 09:36 EDT

Auth (Verified)

Singleton PT, Ashley (10/18/2019 09:36 EDT)

GUSTAFSON ARNP, KESSARIN (10/25/2019 16:50 EDT);

Singleton PT, Ashley (10/18/2019 09:36 EDT)

PT Discharge Entered On: 10/18/2019 9:36 EDT Performed On: 10/18/2019 9:36 EDT by Singleton PT, Ashley

Assessment

Assessment Therapies: Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and £ RTC muscular strain. Since the IE, pt exhibits £ GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Singleton PT, Ashley - 10/18/2019 9:36 EDT

Document Type:

Service Date/Time: Result Status:

Perform Information: Sign Information: PT Outpatient Daily Documentation

10/18/2019 08:59 EDT

Auth (Verified)

Singleton PT, Ashley (10/18/2019 09:29 EDT) Singleton PT, Ashley (10/18/2019 09:29 EDT)

PT Outpatient Daily Documentation Entered On: 10/18/2019 9:04 EDT Performed On: 10/18/2019 8:59 EDT by Singleton PT, Ashley

PT Outpatient G-Codes and Modifiers

PT Functional Reporting: No

PT Previous G-codes: Previous PT G-Codes
No previous PT G-codes have been documented

Singleton PT, Ashley - 10/18/2019 8:59 EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date: 9/18/2019

e: 10/18/2019

MRN: Acct: Location: PT

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 4 of 105

Rehabilitation Services Documentation

Singleton PT, Ashley - 10/18/2019 9:29 EDT

General Info

Date of Evaluation PT: 9/18/2019 EDT what visit are we currently on: 13

visit tracker advanced: Yes

affected side: Cervicalgia, L RTC strain

PT # of Certified Visits: 12

PT Certification Start Date: 9/18/2019 EDT certification end date: 12/18/2019 EST

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Review/Treatments Provided PT Goals: PT Short Term Goals

No qualifying data available

Plan Review: Treatment Frequency: 3 times per week (modified) Performed By: Singleton PT, Ashley 09/18/2019

Treatment Duration: 4 weeks Performed By: Singleton PT, Ashley 09/18/2019 08:11

Planned Treatments: Manual therapy, Pain management, Patient/Caregiver education, Therapeutic exercises, Thermal

modalities Performed By: Singleton PT, Ashley 09/18/2019 08:11

Long Term Goals Reviewed: Yes

Physical Therapy Orders: No active Physical Therapy Orders.

Singleton PT, Ashley - 10/18/2019 9:06 EDT

Patient Subjective.

Patient Subjective: Pt cont without pain and feels ready for d/c with HEP at this time.

PT Therapies Provided: Yes

PT Gym or Land Therapy Provided: Yes PT Aquatics Therapy Provided: No.

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Patient Identification Method: Name, Date of Birth (DOB)

Singleton PT, Ashley - 10/18/2019 8:59 EDT

Gym or Land Therapy

PT Gym or Land Therapy Grid

THE PROPERTY OF	CIUPT CIIC			The second secon
Time :	12'	7*	x10	2min, L side
				stretch
Resistance :				
Intervention :	TherAct: ROM,	HEP review	AAROM wand flex	shoulder abd,
	MMT, goals review			AROM to 90deg
Cues:			dnp	dnp



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

Location: PT

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 5 of 105

SCR 000284

 Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
Ashley -	Ashley -	Ashley -	Ashley -
10/18/2019 9:29	10/18/2019 9:29	10/18/2019 9:08	10/18/2019 9:08
EDT	EDT	EDT	EDT

Time :	4' fwd/ 4' retro	10x2	10x2	30sec x4
Resistance :	L110			
Intervention:	UBE fwd, retro to	scaption to 90deg	OH ring tap, back	supine pec stretch
	tolerance		against wall	
Cues:		dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

Time :	10x2	x20 CW/CCW	10x2	10x2, 5"
Resistançe :	OTB	red weighted ball	30#	30#
Intervention :	supine ER	ball circles at wall,	standing	lat pulldowns
	w/Tband	90deg flex	adduction	
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -	Ashley -	Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
	EDT	EDT	EDT	EDT

Time :	10'	2 x 10	2 x 10	2 x 12 ea
Resistance :		20#	GTB	8#
Intervention:	TherAct. ROM,	high rows	W's with cervical	bicep curls with
	discussion of		rotation	OH press
	goals			
Cues:	dnp	dnp	dnp	dnp
	Singleton PT,	Singleton PT,	Singleton PT,	Singleton PT,
	Ashley -		Ashley -	Ashley -
	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:29
	EDT	EDT	EDT	EDT

l	Time :	1 x 15 ea	2 x 10 ea
ĺ	Resistance:	GTB	2#



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Reg: 63027405

Print Date: 11/15/2019 09:30 EST

Page 6 of 105

Intervention :	D2 PNF	stand I,Y,T
Cues:	dnp	dnp
	Singleton PT,	Singleton PT,
	Ashley -	Ashley -
	10/18/2019 9:29	10/18/2019 9:29
	EDT	* * * * * * * * * * * * * * * * * * *

Pain Assessment Rehab OP

Preferred Pain Tool: Numeric rating scale
Numeric Rating Pre Treatment: 0 = No pain

Numeric Rating at Rest Post Treatment: 0 = No pain

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Long Term Goals

ng term Goals	Long Term Goal 1	Long Term Goal 2	Long Term Goal 3	Long Term Goal 4
Goal :	Pt will be independenpt with HEP in 12 sessions to promote safe functional mobility.	Pt will demonstrate cervical and L GH AROM to WNL in all planes to	Pt will demonstrate 4+/5 BUE and cervical MMT to promote safe functional mobility.	Pt will report 75% improvement with completing work-related activities to
PT Long Term Goal Status :		Goal met	Progressing, continue	
Comments:				90% 10/18/19
Comments .	Singleton PT, Ashley - 10/18/2019 9:06 EDT	Ashley - 10/18/2019 9:08	Ashley - 10/18/2019 9:08	Ashley - 3 10/18/2019 9:08

Long Term Goal 5	
Pt will decrease	Goal:
NDI score to 20%	
or less to	
demonstrate	
improved	



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date:

9/18/2019

Disch Date:

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 7 of 105

	perceived functional ability.
PT Long Term Goal Status :	Goal met
Comments :	50% IE; 8% 10/18/19
	Singleton PT, Ashley -
	10/18/2019 9:21 EDT

Education PT

OPR Learning Needs: POC, HEP OPR Preferred Learning Style: None Barriers To Learning: None evident

Reviewed: Plan of care, Home exercise program

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Cervical Mobility OT Cervical Active

2	OCITIONI / WHICH				
Γ		The state of the s	A LOUGH A PART OF A LANGE OF THE PART OF T	Active Cervical	Active Cervical
ŀ		Date	Forward Bend	Extension Range	Sidebend Left
l			Range		Range
r	Active :	9/18/19	30	28- pain	30- pain
t	Active :	10/11/19	50	40	45
r	Active :	10/18/19	56	50	50
t		Singleton PT,	Singleton PT,	Singleton PT,	
l		Ashley -		Ashley -	
l		10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08	10/18/2019 9:08
ĺ		EDT	EDT	EDT	EDT

	Active Cervical	E AND STATE OF STREET	Active Cervical
	Sidebend Right	Rotation Left	Rotation Right
	Range	Range	Range
Active :	30	25- pain	
Active :	35	72	80
Active :	55	75	
	Singleton PT,	Singleton PT,	
	Ashley -	Ashley -	Ashley -



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name

Admit Date:

9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 34 y

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 8 of 105

1	10/18/2019 9:08	10/18/2019 9:08	L	10/18/2019	9:08
	EDT	EDT			EDT

Left UE ROM

OT Left UE Active

	L UE Active Date	L Active Shoulder Flexion 0-180	L Active Shoulder Abduction 0-180	L Active Shoulder External Rotation 0-90
Active .		150- pain	120- pain	C7
Active .	10/11/19	155	155	[IN ERROR] { [T3] proviously charted by Singleton PT, Ashley at 10/18/2019 9:08 EDT);
Active	10/18/19	WNL	WNL	T3
	Singleton PT, Ashley - 10/18/2019 9:08 EDT	Ashley -	Ashley -	Ashley - 10/18/2019 9:29

	L Active Shoulder
	Internal Rotation
	0-90
Active :	T12
Active :	-{IN-ERROR}{
	[T10] previously
	charted by
	Singleton PT,
	Ashley at
	10/18/2019 9:08
	EDT);
Active :	T10
	Singleton PT,
	Ashley -
	10/18/2019 9:29
	EDT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Lakeland Regional Health

Patient Name:

Admit Date: Disch Date:

9/18/2019 10/18/2019

MRN:

Acct:

PT Location:

34 years Age/Sex:

/ Female

GUSTAFSON ARNP, KESSARIN Admitting:

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 9 of 105

UE ROM/Strength

Left Upper Extremity Strength Grid

Scapular Elevation: 4+ Shoulder Flexion: 4+ Shoulder Abduction: 4+ Shoulder External Rotation: 4 Shoulder Internal Rotation: 4

Elbow Flexion: 4+ Elbow Extension: 4+

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Right Upper Extremity Strength Grid

Scapular Elevation: 4+ Shoulder Flexion: 4+ Shoulder Abduction: 4+ Shoulder External Rotation: 4 Shoulder Internal Rotation: 4

Elbow Flexion: 4+ Elbow Extension: 4+

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Assessment

Impairments/Limitations: Pain limiting function, Range of motion deficits, Strength deficits

Progress Assessment: Progressing as expected

Singleton PT, Ashley - 10/18/2019 9:08 EDT

PT Assessment: Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain. Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Singleton PT, Ashley - 10/18/2019 9:29 EDT

OPR Abuse/Neglect: No

OPR Pregnancy Status: Possible unconfirmed

OPR Breastfeeding Status: No

Singleton PT, Ashley - 10/18/2019 9:08 EDT

Additional Information

Additional Information PT: Cervical Flexion MMT: 4+/5

Singleton PT, Ashley - 10/18/2019 9:08 EDT

2018 Time Spent With Adult Patient OP PT



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date: Disch Date: 9/18/2019

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 10 of 105

Rehabilitation Services - General Information

Legend: M=Corrected, *=Abnormal, C=Critical, L=Low, H=High, f=Result Comment, T=Textual, />=Flag/Unflag Action

Interdisciplinary Information

Recorded Date Recorded Time Recorded By	10/18/2019 09:36 EDT Singleton PT,Ashley	American Indiana de Carlos	
Procedure	alainin and an area of the second and an area.	Units	Reference Range
Assessment Therapies	See Below TI		The state of the s

Textual Results

T1:

Pt has attended 13 sessions of skilled outpatient physical therapy for cervicalgia and L RTC muscular strain.

Since the IE, pt exhibits L GH AROM and cervical AROM to WNL in all planes, increased BUE and cervical flexion muscular strength, no reported pain, and improved perceived functional ability as demonstrated by a dec NDI score. Pt cont with mild deficits in bilateral GH external and internal rotation muscular strength to WNL. Pt has met 4 of 5 goals outlined in the IE and is appropriate for safe d/c with HEP at this time to continue progress towards goals, pt agrees with this recommendation.

Recorded Date Recorded Time Recorded By	10/18/2019 08:59 EDT Singleton PT,Ashley		
Procedure	representational and an experience of the part of the property of the second of the se	Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		
Long Term Goals Reviewed	Yes		
Patient Identification Method	Name, Date of Birth (DOB)		

Recorded Date Recorded Time Recorded By	10/16/2019 09:12 EDT Singleton PT,Ashley		
Procedure		Units	Reference Range
Progress Assessment	Progressing as expected		
Numeric Rating at Rest Post Treatment	0 = No pain		
Patient Identification Method	Name, Date of Birth (DOB)		The state of the s



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date:

10/18/2019

MRN:

Acct:

Location: P7

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 79 of 105

* Auth (Verified) * 2019/10/24 09:35:39

4 /6



AUTHORIZATION FOR RELEASE OF PROTECTED HEALTH INFORMATION (PHI) UNDER HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT (HIPAA)

- The undersigned patient, named below, hereby executes this authorization in compliance with the Federal Health Insurance Portubility and Accountability Act, HIPAA, 45 CFR 164-104.
- This authorization is directed to the following healthcare service provider (including its agents, employees and associates);

	Lakeland Regional Health Sports Medicine
	Angeles and the second particular for the second particular and the se
	- operational experience of the continuent description of the continuent of the cont
	december 1 1986 to 1 may be a chief build
,	Consideration and the recommendate blocks and the Consideration and the consideration of the constant of the c

 The above-named healthcare service provider is requested to release the protected health information (PHI) that is described below, to the patient's automey:

> MORGAN & MORGAN, P.A. P.O. Bek 57007 Atlanta, GA 30343-1007 Telephone: 404-496-7292 Attn: Nyteba faz no 470-639-8862

4. The protected health information released berein is specifically as follows:

All medical information of any nature whatsoever, from any source whatsoever, which is maintained by you in you records regarding the referenced patient and which is requested by my attorneys. If you are a physician or out-patient coinic, you are authorized to send your entire than upon their request, including not only the records dictated or written up by you, but also incurance records, handwritten notes, telephone memorands, outside records, correspondence, or any other tangible item maintained in my other.

Hyou are a hospital, you are authorized to release my complete seconds including x-rays or similar studies, office notes, face sheets, discharge summaries, history and physical, consultation notes, intra-operative records, anesthesia records, operative reports, recovery room, pathology reports, medication administration records, factor reports, EKG strips, EEG reports, EEG strips, therapy notes, orders, progress notes, laboratory results, nurses notes, vital sign sheets, intake/output records, reports of all x-rays, mammograms, CT scams, MRIs or PET states emergency room records, ranger records, operative reports, anesthesia records, admitting summary, discharge instructions, personal property list, in-patient records, out-patient records, discharge instructions, personal property list, in-patient records, out-patient records, correspondence, photographs, videotapes, selephone massages, computer generated information, medical bills, pharmacy and drug records, health insurance forms, insurance claim forms, insurance payment forms, Medicard or Medicare records, concerning any medical treatment that I have received from you, at your institution, or which you keep in the regular course of business. I hereby authorize release of all records regarding mental health, psychiatric, chemical dependency or HIV. A photostatic copy of this authorization shall be as valid as the original.

Note: a Copy of this Authorization Shall Be Treated as an Griginal

* Auth (Verified) *

2019/10/24 09:35:39 5 /6

Most Recent Discharge Summary Most Recent Discharge Summary		following tems: 08/23/2019 to present
Initial Fatient Paperwork/Questionnaires All From to All From to Office Notes and Reports Physical Therapy Records and Notes Laboratory Reports and Results X-ray and tanging Reports Consultation Reports from any other Physicians Entire Record and/or Chart Final Narrative Reports & Impairment Ratings Tennized Bill for Services Rendered Medicar-Medicaid, ERISA, group health, medical, worker's compensation, etc., insurance and or collateral score observed providers' records (i.e., medical records, medical records, medical records insurance and submission claim forms, payout records, benefits and policy information, subtrogation insugage, claims of thea, etc.) REQUIRED DISCLOSURES -45 CFR 164.508(c) A: This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information in the had been previously released in retilance of a this documents. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the height all or any other healthcare provider and that this release has not been coareed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not adopted to the federal privacy regulations such as expert witnesses. Itigants, insurance componies, and even may become public record if files with a count of law. Entered Country and the relief of the federal privacy regulations such as expert vitnesses. Legal Quardian or Personal Representative) Witness 10/24/2019 Dated		All From to
Office Notes and Reports Physical Therapy Records and Notes Laboratory Reports and Results X-ray and transping Reports Consultation Reports from any other Physicians Entire Record and only Chart Final Narrative Reports & Impaltenest Ratings Inemized Bill for Services Rendered Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., instrance and or collateral source benefits providers' records (i.e., institution, subrogation impuge, claims of flee, etc.) Other REQUIRED DISCLOSURES - 45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undensigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undensigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the feedare pivacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed with a count of law. E. This authorization will be effective for the entire duration of the legal matters calculated to the accident which involved the patient and occurred on OB/23/2019 Signature of Authorized Representative (Perent, Legal Quardian or Perional Representative) Witness 10/24/2019 Dated		All Fromto
Etymical Therapy Records and Notes Laboratory Reports and Results X-ray and tranging Reports Consultation Reports from any other Physicians Entire Record and/or Chart Final Narrative Reports & Impairment Ratings Remized Bill for Services Rendered Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., insurance and or collateral source benefits providers' records (i.e., medical records, medical reports, insurance and submission claim forms, payout records, benefits and policy information, subrogation insurance, claims of ites, etc.) Other REQUIRED DISCLOSURES -45 CFR 164,508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a relisant to sign this form will not result in a denial of healthcare by the hospital or any of its husiness associates. D. The undersigned acknowledges that once the FHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, it ligants, insurance companies, and even may become public record if field with a court of taw. E. This authorization will be effective for the entire duration of the legal matters related to the cacident which involved the patient and occurred on	Initial rationt raperwork/Questionnaires	All From to
Laboratory Reports and Results Laboratory Reports aging Reports Cansultation Reports from any other Physicians Entire Record and/or Chart Final Narrative Reports & Impairment Ratings Vernized Bill for Services Rendered Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., insurance and or collateral source benefits providers records (i.e., medical reports, medical reports, insurance and submission chains forms, payous records, benefits and policy information, subrogation inguage, claims of Nee, etc.) Other REQUIRED DISCLOSURES—45 CFR 164.568(c) A. This profected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its hustiness associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to Individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed whith a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on	Office Notes and Reports	All Fromto
X-ray and imaging Reports Consultation Reports from any other Physicians Entire Record and/or Chart Final Narrative Reports & Impairment Ratings Remized Bill for Services Rendered Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., insurance and or collateral source benefits providers' records (i.e., medical records, medical reports, insurance and submission claim forms, payout records, benefits and policy information, subrogation inaguage, claims of iten, etc.) Other REQUIRED DISCLOSURES -45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, illigants, insurance companies, and even may become public record if filed with a court of law. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated Form at HPAA	Physical Therapy Records and Notes	All Fromto
Consolution Reports from any other Physicians Entire Record and/or Chart Pinal Narrative Reports & Impairment Ratings Tremized Sill for Services Rendered Medicare/Medicatic, RRISA, group health, medical, worker's compensation, etc., insurance and or collateral source benefits providers' records (i.e., medical records, medical reports, insurance and asbunission, chains forms, payou records, benefits and policy information, subroyation language, claims of Nea, etc.) Other REQUIRED DISCLOSURES - 45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that his release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert vitnesses. Itigants, insurance companies, and even may become public record if filed with a court of law. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Names 10/24/2019 Dated From at FRFAA	Laboratory Reports and Results	
Entire Record and/or Chart Final Narrative Reports & Impairment Ratings Itemized Bill for Services Rendered Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., insurance and or collateral source benefits providers' records (i.e., medical records, medical reports), insurance and submission claim forms, payous records, benefits and policy information, subrogation language, claims of fiee, etc.) Other REQUIRED DISCLOSURES - 45 CFR 164.508(C) A. This protected health information is to be used for the following purpose: A civil lagal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coarsed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the FHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the rederal privacy regulations such as expert vitoesses, litigants, insurance companies, and even may become public record if filed with a court of law. Signature of Authorized Representative (Parent, Legal Quardiso or Personal Representative) Witness 10/24/2019 Dated Thesa This authorized the patient and occurred on OB/23/2019 Dated This provider in writing.	Consultation Persons from any series have	All
Final Naturative Reports & Impairment Ratings Total Charges Balance Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., insurance and or collateral source benefits providers' records (i.e., madical records, medical reports, insurance and submission claim forms, payout records, benefits and policy information, subrogation language, claims of flee, etc.) Other REQUIRED DISCLOSURES - 45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in refluence on this document. C. The undersigned acknowledges that a refusal to sign this form with not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity of any of its business associates. D. The undersigned acknowledges that once the FHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert vitroesses. It it gants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters claimed to the accident which involved the patient and occurred on OB/23/2019. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	Entire Record and/or Chart	SICIANS ALL
Medicare/Medicaid, ERISA, group health, medical, worker's compensation, etc., instrunce and or collateral source benefits provideral records, the content of	Final Narrative Reports & Impairment R.	atings V
or collateral source benefits providers' records (i.e., medical records, medical reports, insurance and submission claims forms, payout records, benefits and policy information, subrogation innguage, claims of flee, etc.) Other REQUIRED DISCLOSURES - 45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in ciliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been curred by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the FHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters caloned to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	Remixed Bill for Services Rendered	Total Charges Balance
Insurance and submission claims forms, payous records, benefits and policy information, subrogation impusge, claims of lies, etc.) Other REQUIRED DISCLOSURES -45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released is reliance on this document. C. The undersigned acknowledges that a relissal to sign this form will not result in a detilal of healthcare by the hospital or any other healthcare provider and that this release has not been conroed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, littgants, insurance companies, and even may become public record if filled with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OBIG 2/2019 (nonth/daylycar), unless earlier revoked in writing. Signature of Authorized Representative) Witness 10/24/2019 Dated	Medicare/Medicaid, ERISA, group healt	it, medical, worker's compensation, etc., insurance and
Subtrogration language, claims of iten, etc.) Other REQUIRED DISCLOSURES - 45 CFR 164.508(c) A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the FHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, ittigants, insurance companies, and even may become public record if filed with a count of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (nonth/day/year), unless earlies revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	V Insurance and submission chies from	records (1.6., insdical records, predical reports,
REQUIRED DISCLOSURES - 45 CFR 164 508(c) A. This protected health information is to be used for the following purpose: A civil lagal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been conroad by a healthcare entity of any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on DB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Dated Witness 10/24/2019 Dated		
A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a relusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses. It gants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters clated to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated		
A. This protected health information is to be used for the following purpose: A civil legal claim or proceeding. B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a relusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses. It gants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters clated to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	de teritorio de la Caracterio de Caracterio	
B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been praviously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been conroad by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the secident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	REQUIRED DISCLOSI	URES - 45 CFR 164.508(c)
B. This authorization may be revoked by a signed and properly dated written revocation, delivered to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been praviously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been control by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses. Ittigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the secident which involved the patient and occurred on OB/23/2019 (month/day)year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Dated ONE OF THE AM	A This people could be able to become the to be	to their property dispersations when the property or property control of the cont
to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed with a count of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	proceeding.	see men victure roundanist barboset. A crain reflar comp. or.
to the healthcare provider named above, provided that this release cannot be revoked as to protected health information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filled with a count of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated From 47 - RPAA	and the second s	on the court of th
information that had been previously released in reliance on this document. C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity of any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, litigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlies revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated		
C. The undersigned acknowledges that a refusal to sign this form will not result in a denial of healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity of any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, littgants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters cointed to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Perent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	information that had been previously released in relie	ince on this document.
healthcare by the hospital or any other healthcare provider and that this release has not been coursed by a healthcare entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, ittigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlies revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	la de la companya di Maria di	
be althorized entity or any of its business associates. D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, littgants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters calated to the accident which involved the patient and occurred on OB/23/2019 (month/day/yzar), unless earlies revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	 C. The undersigned acknowledges that 	a refusal to sign this form will not result in a denial of
D. The undersigned acknowledges that once the PHI is disclosed, it may be re-disclosed to individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses. Ittigants, insurance companies, and even may become public record if filed with a count of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Pareat, Legal Quardian or Personal Representative) Whoese 10/24/2019 Dated		proviner and that this release has not been coursed by a
Individuals or organizations that are not subject to the federal privacy regulations such as expert witnesses, littigants, insurance companies, and even may become public record if filed with a court of law. E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	Rearricate entity of any or his marrican associates:	
E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated		of animals are a feeting for agreement the country for the country and according to the
E. This authorization will be effective for the entire duration of the legal matters related to the accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earlier revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	D. The undersigned acknowledges that	it ouce the Lift is discrossed it into he te-originate to
accident which involved the patient and occurred on OB/23/2019 (month/day/year), unless earliet revoked in writing. Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	individuals or organizations that are not subject to	the federal privacy regulations such as expert witnesses.
Signature of Authorized Representative (Parent, Legal Quantian or Personal Representative) Witness 10/24/2019 Dated	individuals or organizations that are not subject to	the federal privacy regulations such as expert witnesses.
Signature of Authorized Representative (Perent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may becom E. This authorization will be effective	the federal privacy regulations such as expert witnesses, he public record if filed with a court of law, tor the entire duration of the legal matters related to the
Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may become E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, he public record if filed with a court of law, tor the entire duration of the legal matters related to the
Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may become E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, he public record if filed with a court of law, tor the entire duration of the legal matters related to the
Legal Quardian or Personal Representative) Witness 10/24/2019 Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may become E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, he public record if filed with a court of law, tor the entire duration of the legal matters related to the
Dated Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may becom E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if or the entire duration of the legal matters related to the OB/23/2019 (month/day/year),
Dated Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may becom E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent,
Dated Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may becom E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent,
Dated Dated	individuals or organizations that are not subject to litigants, insurance companies, and even may becom E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent,
Dated [Form 47 - HPAA]	Individuals or organizations that are not subject to litigants, insurance companies, and even may become E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative)
Com 17 - HPAA	Individuals or organizations that are not subject to litigants, insurance companies, and even may become E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness
	individuals or organizations that are not subject to litigants, insurance companies, and even may becom E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness
	individuals or organizations that are not subject to litigants, insurance companies, and even may become E. This authorization will be effective accident which involved the patient and occurred on	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (inonth/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Wherese
Note: a Copy of this Authorization Shall Be Treated as an Original	individuals or organizations that are not subject to littgants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (inonth/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Wherese
Note: a Copy of this Authorization Shall Be Treated as an Original	individuals or organizations that are not subject to littgants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (inonth/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Wherese
cone: a Copy of this Authorization Shan Be treated as an Criginal	individuals or organizations that are not subject to littgants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, if for the entire duration of the legal matters related to the OB/23/2019 (inonth/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Wherese
	Individuals or organizations that are not subject to litigants, insurance companies, and even may become less that are not subject to litigants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated
	Individuals or organizations that are not subject to litigants, insurance companies, and even may become less that are not subject to litigants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated
마르크리 시간 경험 가는 사람들이 되었다. 기가 대한 대한 기가 있는 사람들은 사람들이 되었다. 그는 사람들은 사람들은 사람들이 되었다.	Individuals or organizations that are not subject to litigants, insurance companies, and even may become less that are not subject to litigants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated
기가 맞게 되었는 생각 가는 가득하는 것이 나가는 사람들이 가는 살림은 살이 되었습니다.	Individuals or organizations that are not subject to litigants, insurance companies, and even may become less that are not subject to litigants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated
	Individuals or organizations that are not subject to litigants, insurance companies, and even may become less that are not subject to litigants, insurance companies, and even may become accident which involved the patient and occurred on unless earlier revoked in writing.	the federal privacy regulations such as expert witnesses, the public record if filed with a court of law, for the entire duration of the legal matters related to the OB/23/2019 (month/day/year), Signature of Authorized Representative (Parent, Legal Quardian or Personal Representative) Witness 10/24/2019 Dated

Facility: LRMC





Patient ID: Patient Nam Date of Birth Age: 36

Date of Service: 12/19/2019

Karem Remond MD, Internal Medicine

Primary Care Provider

Primary Care Physician: The patient's Primary Care Provider is: Dr. Robert Bala

Chief Complaint

Cold Symptoms

Patient c/o cold symptoms X 4 days.

History of Present Illness

Cold Symptoms:

presents with complaints of <u>sudden</u> onset of <u>constant</u> episodes of <u>moderate cold symptoms</u>. Episodes started about 4 days ago. She is currently experiencing <u>cold symptoms</u>. Her symptoms are caused by <u>community exposure to URI</u>. Symptoms are <u>worsening</u>.

Associated symptoms include <u>nasal congestion</u>, <u>runny nose</u>, <u>post nasal drainage</u>, <u>hoarseness</u>, <u>productive</u> <u>cough</u>, <u>facial pressure</u>, <u>facial pain</u>, <u>headache</u>, <u>wheezing</u>, <u>shortness of</u>

breath, fatigue, weakness, nausea, vomiting, fever and chills, but no sneezing, no scratchy throat, no sore throat, no dry cough, no plugged ear(s), no ear pain, no swollen lymph nodes and no diarrhea.

Medication Reconciliation:

Medication reconciliation complete for current and discharge medications.

Review of Systems

Constitutional: normal except as noted.

Quality HEDIS/PQRS

Medication Reconciliation: Medication reconciliation was performed at today's visit.

Active Problems

- 1. Accidental fall, initial encounter (E888.9) (W19.XXXA)
- ADHD (attention deficit hyperactivity disorder) (314.01) (F90.9)
- 3. BMI 40.0-44.9, adult (V85.41) (Z68.41)
- 4. Carpal tunnel syndrome of right wrist (354.0) (G56.01)
- Cervical muscle strain, initial encounter (847.0) (S16.1XXA)
- CTS (carpal tunnel syndrome) (354.0) (G56.00)
- Facial paresthesia (782.0) (R20.9)
- 8. Hearing difficulty of both ears (389.9) (H91.93)
- 9. Incontinence of urine (788.30) (R32)

Lumbar radiculopathy (724.4) (M54.16)

- 11. Morbid obesity (278.01) (E66.01)
- 12. Muscle spasms of neck (728.85) (M62.838)

Patient ID: Patient Na Date of Bir Age: 36

Date of Service: 12/19/2019

Karem Remond MD

- 13. Neck pain, acute (723.1) (M54.2)
- 14. Sciatica of right side (724.3) (M54.31)
- 15. Situational anxiety (300.09) (F41.8)
- 16. Trapezius strain (840.8) (S46.819A)
- 17. Trigeminal neuralgia (350.1) (G50.0)

Past Medical History

- 1. History of Bilateral kidney stones (592.0) (N20.0)
- History of Mild intermittent reactive airway disease with wheezing with acute exacerbation (493.92) (J45.21)

Surgical History

- 1. History of Appendectomy
- 2. History of Cholecystectomy
- 3. History of Lithotomy

Family History

1. No pertinent family history: Mother

Social History

- Consumes alcohol occasionally (V49.89) (Z78.9)
- · Full-time employment
- Never smoker
- No illicit drug use

Current Meds

- 1. Benadryl Allergy TABS
- Cyclobenzaprine HCl 7.5 MG Oral Tablet; TAKE 1 TABLET 3 TIMES DAILY AS NEEDED FOR MUSCLE SPASM
- 3. Florastor 250 MG Oral Capsule
- 4. Meloxicam 7.5 MG Oral Tablet; Take 1 tablet twice daily

Allergies

1. No Known Drug Allergies

Immunizations

Influenza --- Series1: Oct 2015

Vitals

Vital Signs.

	Recorded: 19Dec2019 01:44PM		
Height	5 ft 7 in		
Weight	263 lb 6 oz		
BMI Calculated	41.25		
BSA Calculated	2.27		
Systolic	122, LUE, Sitting		

> Patient ID: Patient Nar Date of Birt

Age: 36

Date of Service: 12/19/2019

Karem Remond MD

Diastolic	76, LUE, Sitting		
Temperature	99.3 F, Temporal temp		
Heart Rate	113, Via Vital Signs Machine		
O2 Saturation	96, RA		

Results/Data

Results

No recent results

Physical Exam

Constitutional: acutely ill, uncomfortable and appears tired, but alert and obesel.

Refer to vitals documented in Vital Sign section of note.

Head and Face; the head and face were normal in appearance and atraumatic, no sinus tenderness on palpation and no scars seen on the head or face.

Eyes: the sclera, conjunctive and lids were normal, pupils were equal in size, round, reactive to light, with normal accommodation and extraocular movements were intact.

ENT: the ears and nose were normal in appearance, both tympanic membranes were normal and the lips and gums were normal. Mouth is well hydrated and without lesions. Examination of the pharynx showed moist mucosa and erythema, but no exudate. There was no abnormality seen of the right tonsil. There was no abnormality seen of the left tonsil. The voice was hoarse.

Pulmonary: no respiratory distress, normal respiratory rhythm and effort, no accessory muscle use and clear bilateral breath sounds.

Cardiac: heart rate and rhythm were normal, normal S1 and S2 and no murmurs.

Lymphatics: The posterior cervical, anterior cervical and supraclavicular are normal in size and non tender.

Musculoskeletal: normal gait/station and no involuntary movements were seen.

Skin: normal skin color and pigmentation and normal skin turgor.

Neurological: cranial nerves 2-12 were intact, normal gait and no focal deficits.

Assessment

- 1. Acute upper respiratory infection (465.9) (J06.9)
- Influenza B (487.1) (J10.1)
- No illicit drug use

Plan

- 1. Office Influenza A Test; Status: Need Information Required Information; Requested for:19Dec2019;
- 2. Office Influenza B Test; Status: Need Information Required information; Requested for:19Dec2019;
- Start: Oseltamivir Phosphate 75 MG Oral Capsule; TAKE 1 CAPSULE TWICE DAILY WITH
- Start: Promethazine-DM 6.25-15 MG/5ML Oral Syrup; TAKE 5 ML EVERY 4 TO 6 HOURS AS NEEDED FOR COUGH
- Drink plenty of fluids.; Status:Complete; Done: 19Dec2019 02:17PM
- Good hand washing is one of the best ways to control the spread of germs.; Status:Complete; Done: 19Dec2019 02:17PM

Discussion/Summary

Discussion:

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended.

> Patient ID: Patient Name: Date of Birth:

Age: 36

Date of Service: 12/19/2019

Karem Remond MD

Education

Patient/Family was counselled regarding medication, including side effects and the importance of compliance. Patient/Family noted understanding.

LRH Level of Service

Level of Service: 99213 (Established patient level 3)

Signatures

Electronically signed by : Karem Remond, MD; FL-ME105848; Dec 19 2019 2:17PM EST (Author)

Home

Lakeland Regional Health Lakeland,FL

Patient:



Age/Sex/DOB: 36 yrs F EMRN: OMRN: Home: Work:

Results

Lab Accession # 0001

Ordering Provider: Remond, Karem Performing Location: In Office

Collected: 12/19/2019 3:31:00PM 12/19/2019 3:31:00PM Resulted: Verified By: Remond, Karem

Auto Verify: N

Office Influenza A Test

Stage: Final

Test Office Influenza A Test

Additional Info:

Result Units Negative On board controls are acceptable

Flag Reference Range NEGATIVE

Home

Lakeland Regional Health Lakeland,FL

Patient:



Age/Sex/DOB: 36 yrs F
EMRN:
OMRN:
Home:
Work:

Results

Lab Accession # 0001

Ordering Provider: Remond, Karem Performing Location: In Office

Collected: 12/19/2019 3:31:00PM
Resulted: 12/19/2019 3:31:00PM
Verified By: Remond, Karem

Auto Verify: N

Office Influenza B Test Stage: Final

TestResultUnitsFlag Reference RangeOffice Influenza B TestPositiveNEGATIVE

Additional Info: On board controls are acceptable

South
Central
Lake Miriam
Vein Care Specialists
Lakeland Vascular Institute



2125 Crystal Grove Drive, Lakeland, FL 33801 Office: (863) 688-2334 | Fax: (863) 577-1160 Kissimmee Pablo Campus Plant City Imaging Women's Imaging Center Vascular Specialists of Lakeland

January 21st, 2020



We have been unable to reach you by telephone to schedule an exam requested by your physician. Please contact us by calling 863-688-2334 and we will assist in scheduling your appointment.

Sincerely, Scheduling Department Radiology & Imaging Specialists www.risimaging.com



ORTHOPAEDIC SURGERY CONSULTATION

PATIENT NAME:

DATE OF BIRTH:

DATE OF ACCIDENT:

DATE OF SERVICE:

PHYSICIAN:

08/23/2019

Dr. Mohit Bansal

10/16/2020

CHIEF COMPLAINT: Left Cervical Spine Pain

HISTORY OF PRESENT ILLNESS: The patient is a 35-year-old female right-hand dominant had a slip and fall injury on 08/23/2019 while in a hotel in Georgia. Patient states that she tried catching herself with the left arm and subsequently has been having pain in her left upper neck and trapezius area since. Patient has previously done physical therapy for approximately 6 weeks which she states has given her some relief. She does get migraines and headaches. She states that gabapentin does help her as well. She denies any left shoulder pain at this time. She denies any difficulty with range of motion. Most of her issues are in her neck. She denies any myelopathic symptoms.

PAST MEDICAL HISTORY: Denies

MEDICATIONS: Gabapentin

PAST SURGICAL HISTORY: Cholecystectomy, kidney stones

ALLERGIES: No known drug allergies

REVIEW OF SYSTEMS: Negative for a 10-point review except for what was listed in the HPI.

PHYSICAL EXAM: Height: 5 ft 7 in Weight: 206 lb

Patient is awake, alert, oriented x3.

Head is atraumatic normocephalic.

Lungs: unlabored breathing.

Psych: appropriate mood and affect cooperative.

Musculoskeletal: Cervical spine: Tenderness over the left trapezial region. Positive Spurling's.

Left shoulder: The skin is intact. There is no erythema. No tenderness to palpation. Full range of motion. Rotator cuff strength is 5/5. No instability. Negative impingement signs. Less than 2 seconds cap refill distally.

DIAGNOSTIC IMAGING: Cervical spine x-ray was read as normal.



IMPRESSION: 35-year-old female with continued left neck pain. Patient does not have any symptoms or signs of injuries to the left shoulder. My recommendation is to obtain an MRI of the neck and subsequently follow-up with Dr. Nel.

Thank you for the referral,

Dr. Mohit Bansal

Visit Summary Visit Index

Allergy List					
Substance	Allergy Type	Severity	Reaction Status	Reaction Symptom	Category
No known allergies	Allergy		Active		Drug



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 59 of 110

	Allergy List		
Substance Allergy Ty	pe Severity	Reaction Status Reaction	n Category
No known allergies Allergy		Active	m Drug



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

9/18/2019

MRN:

Acet:



PT Location:

Age/Sex: 34 years

Admitting: GUSTAFSON ARNP, KESSARIN

/ Female

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 62 of 105

Social History

Alcohol

Detail: Current, 1-2 times per month (Last Update: 8/17/2017 22:09 EDT by Stanley RN, Kayla)

Substance Abuse

Detail: None (Last Update: 3/7/2013 18:54 EST by Curran RN, Kayla)

Tobacco

Detail: Never Smoker (Last Update: 12/27/2015 04:52 EST by Aldrich RN, Mary)

Detail: Never (less than 100 in lifetime) (Last Update: 11/16/2020 10:19 EST by Biltz RN, Joshua)

Lakeland Regional **Health**

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Nam

Admit Date: 9/18/2019 Disch Date: 10/18/2019

MRN: Acct: 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 60 of 110

Social History

Alcohol

Detail: Current, 1-2 times per month (Last Update: 8/17/2017 22:09 EDT by Stanley RN, Kayla)

Substance Abuse

Detail: None (Last Update: 3/7/2013 18:54 EST by Curran RN, Kayla)

Tobacco

Detail: Never Smoker (Last Update: 12/27/2015 04:52 EST by Aldrich RN, Mary)

Lakeland Regional Health

Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

PT Location:

34 years Age/Sex:

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 63 of 105

Immunizations									
Vaccine	Date Given	Site	Amount	Manufacturer	Lot Number	Expiration Date	Admin Person		
influenza virus vaccine, inactivated	18:16 EST	Deltoid Right	0.5mL	Glaxo Smith Kline	5D4H4	6/30/2021	Fojtik RN,Mary Allison		



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

9/18/2019

Admit Date: Disch Date:

MRN:

Acct:

9/18/2019 10/18/2019 Location: PT

Age/Sex: 36 years

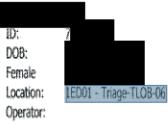
Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 67 of 110



Referred by:

11/16/2020 09:57:45

Vent rate: 78 BPM PR.int: 156 ms QRS dur: 101 ms QT/QTc: 366/ 399 ms

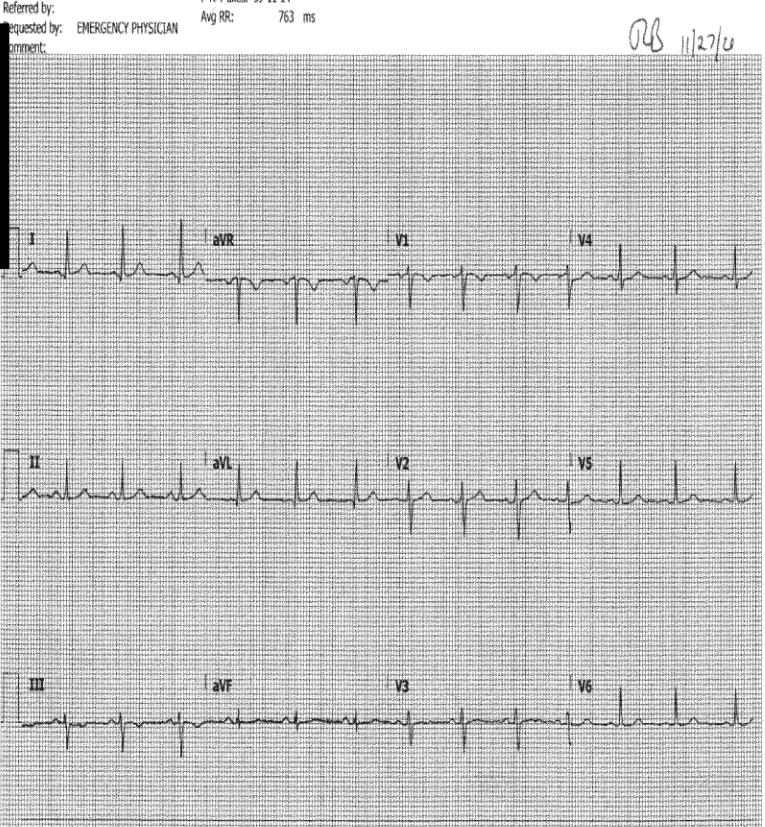
P-R-T axes: 59 11 14

SINUS RHYTHM RATE OF 78

Normal axis normal intervals poor R wave progression V3 without evidence of STEMI borderline EKG per me read by me at 1003

NORMAL ECG

Signed by: SMITH DO, DAVID 11/16/2020 10:28:32







Patient ID: Patient Na Date of Bii Age: 36

Date of Service: 11/27/2020

Robert Bala M.D., Family Medicine

Primary Care Provider

Primary Care Physician: The patient's Primary Care Provider is: Dr. Robert Bala

Chief Complaint

Patient here for a hospital follow-up due to chest pain.

COVID-19 Screening:

Patient has not returned from international travel, been on a cruise within the last 14 days, or traveled from an area with ongoing spread of coronavirus, including areas in the U.S.

Patient does not have signs or symptoms of a respiratory infection such as fever, cough, and shortness of breath. Patient has not been in close contact with a person known to have Coronavirus or who recently traveled from an area with ongoing spread of Coronavirus, including areas in the U.S.

Patient has not traveled by commercial air, both domestic and international, in the last 14 days.

Patient has been tested for COVID19. Where and when: LRMC, 11/2020.

History of Present Illness

Medication Reconciliation:

Medication reconciliation complete for current and discharge medications.

General Hospital Follow-Up: The patient is being seen for follow-up after hospitalization. Hospital records were reviewed. She was hospitalized at LRH. The date of admission: 11-16-20, date of discharge: 11-17-20. Diagnosis: chest pain. Hospital course: pt went to the ER c/o chest pain and was admitted for chest pain r/o MI, pt had negative troponins, but refused stress test because she is claustrophobic, GI cocktail did not relieve the chest pain, pt has h/o cholecystectomy and denies any heartburn, palpitations, SOB, dizziness, syncope, n/v/d, melena or hematochezia, pt is still experiencing some off and on left sided chest pain under her breast. She was discharged to home. Symptoms: chest pain, but no fever, no fatigue, no cough, no shortness of breath, no back pain, no arm pain, no leg pain, no abdominal pain, no anorexia, no nausea, no vomiting, no loose stools and no constipation.

Review of Systems

A 10 system ROS was performed and was negative unless otherwise noted in the HPI above.

Quality HEDIS/PQRS

Medication Reconciliation: Medication reconciliation was performed at today's visit. Immunizations: Influenza vaccine given elsewhere on 11/16/2020 @ LRMC.

Tobacco Screening and Cessation: tobacco use screening not indicated. Active Problems

- 1. ADHD (attention deficit hyperactivity disorder) (314.01) (F90.9)
- BMI 40.0-44.9, adult (V85.41) (Z68.41)
- Carpai tunnel syndrome of right wrist (354.0) (G56.01)
- CTS (carpal tunnel syndrome) (354.0) (G56.00)

Patient ID Patient Na Date of Bi Age: 36

Date of Service: 11/27/2020 Robert Bala M.D.

- 5. Facial paresthesia (782.0) (R20.2)
- 6. Hearing difficulty of both ears (389.9) (H91.93)
- 7. Incontinence of urine (788.30) (R32)
- 8. Lumbar radiculopathy (724.4) (M54.16)
- 9. Obesity, morbid, BMI 40.0-49.9 (278.01) (E66.01)
- 10. Sciatica of right side (724.3) (M54.31)
- Situational anxiety (300.09) (F41.8)
- 12. Trigeminal neuralgia (350.1) (G50.0)

Past Medical History

- 1. History of Bilateral kidney stones (592.0) (N20.0)
- History of Mild intermittent reactive airway disease with wheezing with acute exacerbation (493.92) (J45.21)

Surgical History

- 1. History of Appendectomy
- 2. History of Cholecystectomy
- 3. History of Lithotomy

Family History

1. No pertinent family history: Mother

Social History

- Consumes alcohol occasionally (V49.89) (Z78.9)
- · Full-time employment
- Never smoker
- No illicit drug use

Current Meds

- Benadryl Allergy TABS
- 2. Gabapentin 600 MG Oral Tablet; TAKE 2 TABLETS BY MOUTH THREE TIMES DAILY
- 3. Meloxicam 7.5 MG Oral Tablet; Take 1 tablet twice daily
- 4. Vitamin B-12 5000 MCG Oral Tablet Disintegrating; Take 1 tablet daily

Allergies

1. No Known Drug Allergies

Immunizations

Influenza --- Series1: Oct 2015; Series2: Nov 16 2020 12:00AM

Vitals

Vital Signs.

	Recorded: 27Nov2020 07:46AM				
Height	5 ft 7 in				
Weight	276 lb				
BMI Calculated	43.23				

Patient Patient Date of Age: 36

Date of Service: 11/27/2020

Robert Bala M.D.

BSA Calculated	2.32						
Systolic	110, LUE, Sitting						
Diastolic	70, LUE, Sitting						
Temperature	97.1 F, Temporal temp						
Heart Rate	70, Via Vital Signs Machine						
O2 Saturation	98, RA						

Results/Data

Results

No recent results

Physical Exam

Constitutional: alert, WDWN and in NAD.

Refer to vitals documented in Vital Sign section of note.

Head and Face: NC and AT.

Eyes: normal appearing sclera, conjunctiva, pupils, irises and eyelids and EOMI.

ENT: normal appearing outer ears, nose and lips.

Neck: normal appearing neck, with no neck mass or thyroid enlargement noted.

Pulmonary: no respiratory distress, normal respiratory rhythm and effort, no accessory muscle use and clear to auscultation.

Cardiac: RRR, normal S1 and S2.

Gastrointestinal: abdomen soft and nontender. Musculoskeletal: no clubbing or cyanosis.

Neuro: no focal deficits.

Skin: no unusual skin color or pigmentation changes noted for this patient.

Psychiatric: normal mood and affect.

Assessment

- Hospital discharge follow-up (V67,59) (Z09)
- 2. Atypical chest pain (786,59) (R07.89)
- Breast pain in female (611.71) (N64.4)

Plan

- 1. Cardiology Referral Outpatient Evaluation and Treatment Status: Need Information -Required information, Financial Authorization Requested for: 18Dec2020 (MU) Care Summary provided. : Yes
- 2. EGD (43239); Status: Need Information Required information, Financial Authorization; Requested for:18Dec2020;
- 3, Mammogram Bilateral Diagnostic (77056, 77066); Status: Need Information Required information, Financial Authorization; Requested for:27Nov2020;
- Ultrasound Breast, Bilateral, LIMITED, real time with image documentation, including axilla when performed (76642); Status:Need Information - Required information, Financial Authorization; Requested for:18Dec2020;

will do further testing to evaluate her left sided chest pain

Discussion/Summary

Discussion:

> Patient ID: Patient Name: Date of Birth:

Age: 36

Date of Service: 11/27/2020

Robert Bala M.D.

All questions and concerns addressed. Patient verbalized agreement and understanding of the above. Patient has been encouraged to comply with plan of care recommended. Hospital records reviewed.

PHQ-9 Depression Discussion and Summary:

The PHQ-9 was completed by the patient and the document scanned in under "sPHQ-9 Questionnaire".

Counseling

Diet and exercise counseling was done with today. I recommended She follow a strict low calorie, low-cholesterol and low-salt diet. And I also recommended daily aerobic exercise to maintain a medically healthy weight.

LRH Level of Service

Level of Service:

99495 (Transitional Care Management - Moderate complexity

Signatures

Electronically signed by : Robert Bala, M.D.; FL-ME76603; Nov 27 2020 8:22AM EST (Author)



Ciox Health Release of Information

Patient Name:	
Date of Birth:	
Medical Record #:	
Court Case #:	
	CERTIFICATION OF RECORDS
Enclosed are t	the medical records of Ciox Health, LLC ("Ciox") is
Lakeland Regional I Lakeland Regiona	and pursuant to a subpoena or patient authorized request issued to
accurate, complete, Lakeland Regiona Lakeland Regiona	medical records pursuant to your request. I further certify that
business and that this is	s a regularly conducted business activity, that upon information and belief, these records were
made at or near the tir	me the acts, events, conditions, opinions, or diagnoses occurred or within a reasonable time
thereafter pursuant to a	a doctor's orders and finally that these records were made by, or from information transmitted
by, a person with know	ledge of the acts, events, conditions, opinions or diagnoses stated therein.
No patient found	
Number of pages: 110	Includes billing records: yes / no NO
_{Date:} <u>08/17/2021</u>	Ciox Health - Release of Information Vendor for CIOX HEALTH





Ciox Health Release of Information

Patient Name:	
Date of Birth:	
Medical Record #:	
Court Case #:	
	CERTIFICATION OF RECORDS
Enclosed are th	e medical records of Ciox Health, LLC ("Ciox") is
producing the records LAKELAND REG IBS LAKELAND REG IBS	as the Health Insurance Portability and Accountability Act business associate of and pursuant to a subpoena or patient authorized request issued to Please accept this document as certification of the records produced herewith.
The records you request	ted are maintained by LAKELAND REG IBS
accurate, complete, LAKELAND REG IBS	true, and correct copies of all records retrieved by Ciox from the
LAKELAND REG IBS	is the custodian of record, that the records were kept in the regular course of
business and that this is	a regularly conducted business activity, that upon information and belief, these records were
made at or near the time	e the acts, events, conditions, opinions, or diagnoses occurred or within a reasonable time
thereafter pursuant to a	doctor's orders and finally that these records were made by, or from information transmitted
by, a person with knowle	edge of the acts, events, conditions, opinions or diagnoses stated therein.
No records for da	·
No patient found	
Number of pages: 2	Includes billing records yes no
20.40.04	
Date:	
	Ciox Health - Release of Information Vendor for
	LAKELAND REG IBS

925 North Point Parkway, Suite 350 Alpharetta, GA 30005 800.367.1500 cioxhealth.com



Ciox Health Release of Information

Patient Name:	
Date of Birth:	
Medical Record #:	
Court Case #:	
<u>CERTI</u>	IFICATION OF RECORDS
Enclosed are the medical records of	Ciox Health, LLC ("Ciox") is
I RH OP REHAR	rance Portability and Accountability Act business associate of ant to a subpoena or patient authorized request issued to
LDLLOD DELLAD	ept this document as certification of the records produced herewith.
The records you requested are maintained by	LRH OP REHAB The records produced herewith are
accurate, complete, true, and correct LRH OP REHAB medical re	copies of all records retrieved by Ciox from the records pursuant to your request. I further certify that
I PH OD PEHAR	dian of record, that the records were kept in the regular course of
	pusiness activity, that upon information and belief, these records were
	ditions, opinions, or diagnoses occurred or within a reasonable time
thereafter pursuant to a doctor's orders and fina	ally that these records were made by, or from information transmitted
by, a person with knowledge of the acts, events,	s, conditions, opinions or diagnoses stated therein.
No records for dates requested	
No patient found	
Number of pages:	Includes billing records: yes no
_ 8,18.21	
Date:	7,5
C	Ciox Health - Release of Information Vendor for LRH OP REHAB

925 North Point Parkway, Suite 350 Alpharetta, GA 30005 800.367.1500 cioxhealth.com

CIOX Health Lakeland Regional Health 130 Pablo St. Lakeland, FL 33803

CERTIFICATION OF RECORDS

Re: (Patient Name)	_
As an HIM representative employed by	CIOX Health, the health information
management service used by Lakeland	Regional Health. I hereby
certify that the enclosed photographic of	copy of the medical records of the above-named
patient, covering the period from 9/12	/2019 to present , has
been compared with the original medic	al records and is an accurate duplicate of such
medical records.	
Number of pages22	Includes Bills X YesNo
Date <u>8/30/2021</u>	<u>Jamibel Velazquez</u> Signature of representative of CIOX Health



Ciox Health Release of Information

Patient Name:					
Date of Birth:					
Medical Record #:					
Court Case #:					
9	CERTIFICATION OF	RECORDS			
Enclosed are the medical record	ds of	·	Ciox Hea	olth, LLC ("Ciox") is
producing the records as the Health	Insurance Portability	y and Accounta	bility Act busi	iness associate	of
LAKELAND REGIONAL HEALTH PHYSICIANS GROUP and	pursuant to a subp	ooena or patien	ıt authorized	request issued	to
LAKELAND REGIONAL HEALTH PHYSICIANS GROUP. Pleas	se accept this docume	nt as certification	of the records	produced herev	vith.
The records you requested are maintaine	d by	ELILLALISICIANS SKOO	The records pro	oduced herewith	are
accurate, complete, true, and c	orrect copies of	all records r	etrieved by	Ciox from	the
LAKELAND REGIONAL HEALTH PHYSICIANS GROUP medi	cal records pursua	nt to your re	quest. I fu	urther certify	that
LAKE LAND REGIONAL HEALTH PHYSICIANS GROUP is the	custodian of record, t	hat the records v	were kept in th	e regular course	e of
business and that this is a regularly condu	ucted business activity,	that upon informa	ation and belief,	these records w	/ere
made at or near the time the acts, event	s, conditions, opinions	, or diagnoses od	curred or within	n a reasonable t	ime
thereafter pursuant to a doctor's orders a	nd finally that these re	cords were made	by, or from info	rmation transmi	tted
by, a person with knowledge of the acts,	events, conditions, opir	nions or diagnose	s stated therein	1-	
No records for dates requested					
No patient found					
Number of pages:13	Includes bil	ling records yes	no		
5 . 40/7/0004	Oam	Kal Valana	100		
Date:12/7/2021		bel Velazgu		_	
	Ciox Health - Re				
	LAKELAND REGIO	NAL HEALTH PHYS	SICIANS GROUP		



LAMELAND REGIONAL MEDICAL CHATER INC Profit Transaction Activity

DATE: 08/17/21 TIME: 15:46

PAGE NO. 1

Energe Dt Account:	Service Dt	Pusing Dt	Trans	Delec/Tracks Subtype	Reason.	Am
09/18/19	09/18/19	29/18/19	Charg	PT Evaluation Units, L		172.0
	09/19/19	09/18/19	Chirg	PT Manuel Therapy Unit		88,.0
		09/23/19		Patient payment	Solf-Pay Payme	-20.0
	09/23/19	09/23/19	Chag	PT Therepeutic Exercis		114.0
	09/23/19	09/23/19	Chrg	PT Marmsal Therapy Chit		8870
	09/25/19	09/25/19	Chrg	PT Therapoutic Exercis		228.0
	09/27/19	09/27/19	Chrg	FT Therapeutic Exercis		114.0
	09/27/19	09/27/19	Ching	PT Manual Therapy Unit		88.0
		09/30/19	_	Patient payment	Self-Pay Payme	-20.0
	09/30/19	09/30/19	Chag	PT Therapeutic Exercis	,-	228.0
		10/02/19		Patient payment	Solf-Pay Payme	~20.0
	10/02/19	10/02/19	Chrg	ET Therepeutic Execus		239:0
		10/04/19		Patient payment	Scif-Pay Payme	-20/0
	10/04/19	10/04/19	Chro	PT Therapeutic Exercis		238,0
		10/07/19	Q	Patient payment	Self-Pay Payme	-20.0
	10/07/19	10/07/19	Chico	PT Therapeutic Exercis		23870
		10/09/19		Patient payment	Self-Tay Payme	-20.0
	10/09/19	10/09/19	Chre	PT Therspeutic Exarcis		238.0
	41,000 40	10/11/19	oran g	Patient payment	Solf-Pay Payme	-20.0
	10/11/19	10/13/19	Chra	PT Therapeutic Exercis		139.0
	10/11/19	10/11/19		PT Thorapoutic Activit		94,4
	10/14/19	10/14/19	Chira	PT Theregouthe Exercis		238.0
	10/16/19	10/16/19	Chire	PT Therepoutic Exercis		238.0
	10/18/19	10/18/19	Chro	PT Therepoutic Exercia		119.0
	10/18/19	10/18/19	Chira	PT Therapeutic Activit		94.0
	E-17 E-77 E-7	10/21/19	thing.	Commarcial insurance p	Communical Ins	0.0
		10/21/19		Contractual Allowance	Commercial Cog	-97.1
		10/21/19		Contractuel Allowance	Conservial Con	-497
		10/21/19		Contractual Allowance	Commercial Con	-64,4
		10/21/19		Contractual Allowance	Commercial Con	-49.3
		10/23/49		Contractual Allowance	Commercial Con	-128.6
		10/23/19		Contractual Allowance	Commercial Con	-64.4
		10/21/19		Contractual Allowance	Commercial Con	-49.7
		10/21/19		Contractual Allowance	Commercial Con	-128,8
		10/21/19		Somercial insurance p	Connercial Ins	-5,4
		10/21/19		Commercial insurance p	Commercial Ins	-2.1
		10/21/19		Commercial insurance p	Commercial Ins	-3.7
		10/21/19		Commercial insurance p	Connercial Ins	-2.5
		10/23/19		Commercial insurance p	Conmercial Ins	-7.5
		10/21/19		Commercial insurance p	Connercial Ins	-343
				Commercial insurance p	Commercial Ins	-2,3
		10/21/19				
		10/23/19		Commercial insurance p	Commercial Ins	-7,5
		11/04/19		Commercial insurance p	Contractial Ins	2.0
		11/04/19		Contractual Allowance	Commercial Con	-138.5
		11/04/19		Contractual Allowance	Commercial Con	-139,4
		11/04/19		Contractual Allowance	Communical Con	-138.5
		11/04/19		Contractual Allowance	Commercial Con	-139.1
		11/04/19		Contractual Allowance	Commercial Cen	-69.3
		an document		Contractual Allowance	Account a secret of 1 - Account	-54.7
		11/04/19		Contractual Allowance	Communical Com	-54.1

PAGE NO. 3

 Ententer	Dri:	Service	Ďŧ.	Trans It.	Tenna	Desc/Trans_Subtype	Reason	Amt.
				11/04/19		Contractual Allowance	Ocemercial Con	-338152
				11/04/19		Contractmal Allowance	Commercial Çon	-69,26
				11/04/19		Contractual Allowance	Commercial Con	-54.73
				11/04/19		Ocemercial linearance p	Consercial Ins	-89,54
				11/04/19		Commercial insyrance p	Commercial Ins	-89,53
				11/04/19		Commercial insurance p	Commercial Ins	-89.52
				11/04/19		Dommarcial insurance p	Consercial Ins	-89.53
				13/04/19		Commercial insurance p	Consected Ins	-44,77
				11/04/19		Compercial insurance p	Commercial Inc	-35.36
				13/04/19		Commercial insurance p	Conseccial Ins	-89.63
				11/04/19		Commercial insurance, p	Commercial Ins	-89.53
				11/04/19		Commercial insurance p	Conmercial Ins	~44.77
				11/04/19		Commercial insurance p	Commercial Ins	-35.36
				11/06/19		Paymont adjustment	Small Balance	2,51
				03/28/20		Squi Dight Weipeoff	Bad Debt Write	-390,22
				04/13/21		Baci Debt. Revensal.	Sed Debt Never	390.22
				04/01/21		Bad Dibé Adjustment	Bad Debt Adj Ú	-390,22
						Potal:		0.00

Billing: Patient Ledger

08/17/2021

Chart No.		Patient:	(LI, 08/23/19)	Account:	CURRENT	Primary:	Morgan and Morgan	Primai	ry ID:	
Balance \$:	\$0.00	Phone:		DOB:		Secondary	_	Secon	dary ID:	
Payment Statu	\$		Balances							
Unapplied Pati	ent Payments	\$0.00			0-30	31-60	61-90	91-120	> 121	Total
Last Patient Pa	yment	\$0.00	Patient Ag	ing	0.0	0.0	0.0	0.0	0.0	\$0.00
Last Insurance	Payments	\$0.00	Insurance	Aging	0.0	0.0	0.0	0.0	\$1,495.00	\$1,495.00
			Total		0.0	0.0	0.0	0.0	\$1,495.00	\$1,495.00
									Credit	Amount
							Unapplied Pati	ent Payments	\$0.00	\$0.00
								Net A/R		\$1,495.00
							Guar	antor Balance		\$0.00

With balances Sorted by: TOTAL_BALANCE DESC.

A/R Aging: All

Service Date	Claim/Code	Provider	Charges	Ins. Payment	Adjustment	Ins. Balance	Pat Resp.	Pat. Payment	Pat. Balance	Total Balance
10/16/2020	305286108	ORTHOPAEDIC S	\$1,495.00	\$0.00	\$0.00	\$1,495.00	\$0.00	\$0.00	\$0.00	\$1,495.00
10/16/2020	99203		\$1,495.00	\$0.00	\$0.00	\$1,495.00	\$0.00	\$0.00		

Claim History

Claim Id	Payer	Other Ins	Created Date	Status Date	Status	Insured Id
305286108	Morgan and Morgan		10/20/2020	10/20/2020	Accepted	

Visit Summary

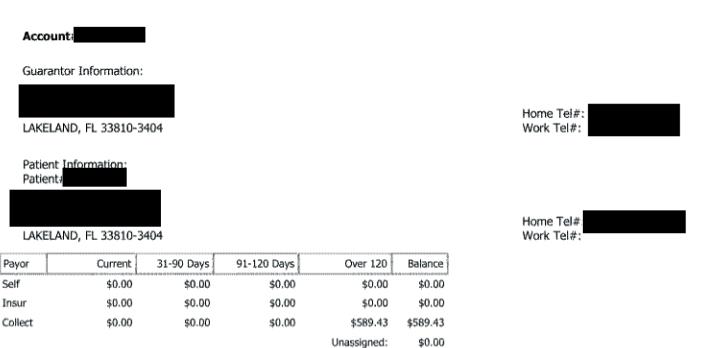
Co-Ins Due:

\$25.00

Lakeland Regional Health

130 Pablo Street Lakeland FL 338033818 Tel: (863) 284-5000 Fax: (863) 284-5199

ACCOUNT INQUIRY 08/27/2021 1:21 PM (EST)



	Service Date	Voucher#	Provider	Chg Amt	Pmts/Adjs	Balance	Payor	Coverage Type	Billed Date	Age	Patient
-	09/12/2019	525832090	1291	\$269.23	\$183.31	\$85.92	ASPCCV1	Other	10/07/2019	69	

\$589.43

Total Balance:

ocation	Departm	ent Place Of Svc	Refer. Dr.	Batch#		Voucher Status	Date Updated	Responsit Party	ble	Co-Ins Amt	Co-Ins Paid	Void Batch	- 1	Date Voided	Voided By
86	LHS-PCC	186	1291	2019/09/	1.6ALL3	Updated	09/17/2019	Service Course Annana	į.	\$20.00	\$20.00	rit-enorumov-s	n-energe entire	a unana u una	
Claim#		Bill Media	Billing	Prov	Local t	Jse Text	Orig Vouc	her#	Or	ig Payor	Orig E	ill Date	1	Orig	Media
258320	190		1291		#merrorror		52583209	0	24	18	09/17	/2019		Electr	onic
Dates of	-	Procedure Mo	ds Desc	ription	meneranananan	Diag1	Description	unananananananan		то	S Un	its	Fee Amt	Pmts/Ad	ijs Am Du
09/12/	2019 3	078F		Recent Dia 1 Pressure <		S46.819A	Strain Of Oth Tendons At S			a And ME	DICAL 1.	00 4	0.00	\$0.	00 \$0.0
Proces	and the second second second second														
Dia	ag2	Description	Ar CAR CAR CAR CAR CAR CAR CAR	e later late	LAN CAN CAN CAN CAN CAN CAN	te cales	ade ande ande ande ande ande ande ande a	Diag3	D	escription	1	Diag4	C	Description	'n
boom	ag2 8.41	Description Body Mass 1	ndex (bn	ni) 40.0-44.9), Adult			Diag3	D	escription		Diag4	C	Sescription	X n
Z68		Body Mass 1		ni) 40.0-44.		pped ICD9-2	Description				Description	nagraman			
Z68	8.41 oped ICD9	Body Mass I)(Ì	ni) 40.0-44.	Ма		Description Bmi 40.0-44.			ommonom	······································	nagraman			
Z6I Map	8.41 oped ICD9 .8 of	Body Mass I	ain, Sho	ulder/Arm N	Ма					ommonom	Description	n Map	ped I(CD9-4 [Description
Map 840.	8.41 pped ICD9 .8 of	Body Mass 1 -1 Description Sprain/St	ain, Shoo ds Desc Most	ulder/Arm N	Ma ec V85	5.41 Diag1	Bmi 40.0-44.	9, Adult	dappe	d ICD9-3	Description S Un	n Map	ped I(CD9-4 [Description lijs Am

186

LHS-PCC

186

1291

2020/12/07ALL2 Updated

840.8	i ICD9-1 De	scription		Мар	ped ICD9-2	Description	M	1apped ICD9	-3 Desc	ription	Mapped I	CD9-4 Des	cription
010.0	Sp	rain/Strain,	Shoulder/Am	m Nec V85.	41	Bmi 40.0-44	9, Adult					to the man to the to the man to the control of the	
Dates of Service	Procedi	Ire Mods	Description		Diag1	Description			TOS	Units	Fee Amt	Pmts/Adjs	Am Du
09/12/201	9 1160F		Rvw All Meds Prctionr Or C		S46.819A	Strain Of Oth Tendons At S			MEDICA	L 1.00	\$0.00	\$0.00	\$0.0
Diag2	Desc	ription					Diag3	Descript	noi	Diag	24 [Description	
Z68.4:	1 Body	Mass Index	(bmi) 40.0-	44.9, Adult				3			1.		
Mana	I ICD9-1 De			nanananyanan Man	ped ICD9-2	Description		lapped ICD9	3 Doca	ription	Mapped I	cpo 4 l por	mananananananananananananananananananan
840.8	trondriamer darkapeire	Ariver er em istrim destant er er	Shoulder/Arr			Bmi 40.0-44		apped ICD9	-3 Desc	ripuon	mapped I	CD9-4 Des	cription
processor				m Nec vos.	~~	-γ	.9, Auuk		Two	1	J	[m	*************
Dates of Service	Procedi	ire Mods	Description		Diag1	Description			TOS	Units	Fee Amt	Pmts/Adjs	Am Du
09/12/201	9 1159F		Medication Li Medical Reco		S46.819A	Strain Of Oth Tendons At :			MEDICA	L 1.00	\$0.00	\$0.00	\$0.0
Diag2	Desc	ription					Diag3	Descript	ion	Diag	94 [Description	
Z68.4:	1 Body	Mass Index	(bmi) 40.0-	44.9, Adult			······································	*****				****************	
Mapper	d ICD9-1 De	scription		Мар	ped ICD9-2	Description	M	1apped ICD9	-3 Desc	ription	Mapped I	CD9-4 Des	cription
840.8	Sp	rain/Strain,	Shoulder/Arr	m Nec V85.	41	Bmi 40.0-44	9, Adult						
Dates of Service	Procedi	Mods	Description		Diag1	Description			TOS	Units	Fee Amt	Pmts/Adjs	Am Du
09/12/201	9 99214	I	Est Patient Le	evel IV	S46.819A	Strain Of Oth Tendons At S			MEDICA	L 1.00	\$269.23	\$183.31	\$85.9
Diag2	Desc	ription	~~~~~~~~~~~~		~~~~~~~~~~~~~		Diag3	Descript	ion	Diag	94 [Description	
Z68.4	1 Body	Mass Index	(bmi) 40.0-	44.9, Adult			The same		-	-77.	7		
Manner	ICD9-1 De	scription		Man	ped ICD9-2	Description		1apped ICD9	-3 Desc	rintion	Mapped I	CD9-4 Des	cription
840.8			Shoulder/Arr	m Nec V85.		Bmi 40.0-44		1000	10000	ripuon)	· respect		
	***************************************				AND							*************************	- decima i manciano i ma
Payment Date	Reference	Coverage Type	Insurance	Transaction	Pmt Amt		rsf Batch# mt		Status	Date Update	d Bato		Voidex By
09/16/2019	CP CC # 0799		Self-Pay	Self Pay CC Payment	\$20.00		2019/09	9/16ALL3*	Updated	09/17/2	019		
	1SG0611035	6 Medical	2418	UHC	\$0.00				Undated		010		
09/30/2019			2.20	Payment	\$0.00		2019/10	0/013300	оровоси	10/01/2	.019		
			2418		\$163.31				Updated				
09/30/2019	1SG0611035	6 Medical		Payment UHC	\$163.31	Self-Pay \$85		0/013300		10/01/2	2019		
09/30/2019 09/30/2019 09/30/2019 09/30/2019	1SG0611035 1SG0611035	6 Medical 6 Medical	2418	Payment UHC Adjustment UHC	\$163.31	Self-Pay \$85	2019/10 92 2019/10	0/013300 0/013300	Updated	10/01/2	2019 2019		
09/30/2019 09/30/2019 09/30/2019	1SG0611035 1SG0611035 1SG0611035	6 Medical 6 Medical	2418 2418	Payment UHC Adjustment UHC Transfer Rebilled	\$163.31	Self-Pay \$85 ASPCCV1 \$85	2019/10 92 2019/10 2019/10	0/013300 0/013300 0/013300	Updated Updated Updated	10/01/2 10/01/2 10/01/2	2019 2019 2019		
09/30/2019 09/30/2019	1SG0611035 1SG0611035 1SG0611035	6 Medical 6 Medical 6	2418 2418 Self-Pay Self-Pay	Payment UHC Adjustment UHC Transfer Rebilled Claim Preferred Group	\$163.31	ASPCCV1 \$85	2019/10 92 2019/10 2019/10 92 COL071	0/013300 0/013300 0/013300	Updated Updated Updated Updated	10/01/2 10/01/2 10/01/2	2019 2019 2019 2020	Age Pati	ent
09/30/2019 09/30/2019 09/30/2019 07/18/2020	1SG0611035 1SG0611035 1SG0611035 10/07/2019	6 Medical 6 Medical 6	2418 2418 Self-Pay Self-Pay	Payment UHC Adjustment UHC Transfer Rebilled Claim Preferred Group Transfer	\$163.31	ASPCCV1 \$85	2019/10 92 2019/10 2019/10 92 COL071	0/013300 0/013300 0/013300 0/013300	Updated Updated Updated Updated	10/01/2 10/01/2 10/01/2 07/18/2	2019 2019 2019 2020 ate	Age Pati	ent

12/07/2020

\$0.00

\$0.00

Claim#	Bill Media	Billing Prov	Local	Use Text		Orig Vouch	er#	Orig Pay	or O	rig Billi	Date	Orig Med	lla
533934840		1291				533934840		2418	12	/07/20	20	Electronic	C
Dates of Service	Procedure M	lods Descriptio	1	Dia	g1 De	scription			TOS	Units	Fee Amt	Pmts/Adjs	Am Du
11/27/2020	99495	Transitioni Manageme	of Care ent Services	Z09	Exa	ounter For F mination Aft atmen		ed	MEDICAL	1.00	\$457.40	\$427.40	\$30.0
Diag2	Description		Dlag3	Descript	ion	Diag4	Descrip	tion	~~~~~~~~~~~~~	******			-connector-occur-
R07.89	Other Chest	Pain	N64.4	Mastody	nia	Z68.41	Body M	lass Index	(bmi) 40.0	-44.9,	Adult		
Mapped ICD	9-1 Descripti	on M	apped ICD9-2	Descrip	otion		Mapped IC	D9-3 Des	cription M	apped	ICD9-4	Description	******
V67.59	Follow-U	p Exam Nec 78	6.59	Sympto	om, Pair	Chest Nec	611.71	Mas	todynia V	35,41	E	3mi 40.0-44.	9, Adul
Dates of Service	Procedure M	lods Descriptio	n	Dia	g1 De	scription			TOS	Units	Fee Amt	Pmts/Adjs	Am Du
11/27/2020	3074F	Most Rece Pressure <	nt Systolic Blo 130	ood Z09	Exa	ounter For F mination Aft atmen		ed	MEDICAL	1.00	\$0.00	\$0.00	\$0.0
Diag2	Description			ennanananananananananananananananananan	nnnnnnnnnn		Diag3	Descrip	tion	Diag	94 [Description	
Z68.41	Body Mass	Index (bmi) 40	.0-44.9, Adult	t		teritoria de atempo de ate			addicitation/avecutoutoutoutouto	-		ed damin simo di arressanti derres	ngi ngi ngi ngi ngi ng
Mapped ICD	9-1 Descri	otion	Mapped IC	D9-2	Descript	00	Mapped	ICD9-3	Description	n Ma	pped ICD	9-4 Descr	ription
V67.59		-Up Exam Nec	V85.41	*****	****	-44.9, Adult	, riopped	**********	A COUNTY OF THE PARTY OF THE PA		pped 200		sterimentemies
Dates of Service		lods Descriptio	7	Día		scription	ronnonnonnonnonnon		TOS	Units	Fee Amt	Pmts/Adjs	Am Due
11/27/2020	1160F	Rvw All Me Prctionr O	eds By Rxng Clin Rp	R07	.89 Oti	er Chest Pai	n		MEDICAL	1.00	\$0.00	\$0.00	\$0.0
Diag2 Desc	cription Diag	3 Description						Diag	4 Descri	otion			
N64.4 Mast	odynia Z09	Encounter F	or Follow-Up	Examina	tion Aft	er Completed	l Treatmen	Z68.	41 Body N	lass In	dex (bmi)	40.0-44.9,	Adult
Mapped ICD	9-1 Descripti	on	Mapped I	CD9-2 [Descript	on Mapped	ICD9-3 De	scription	M	apped	ICD9-4	Description	-
786.59	Sympton	n, <mark>Pain,</mark> Chest N	ec 611.71	ľ	1astody	nia V67.59	Fol	low-Up Ex	am Nec V	35.41	E	3mi 40.0-44.	9, Adul
Dates of Service	Procedure M	lods Descriptio	n	Dia	g1 De	scription			TOS	Units	Fee Amt	Pmts/Adjs	Am Du
11/27/2020	1159F	Medication Medical Re	List Docd In cord	R07	.89 Otl	er Chest Pai			MEDICAL	1.00	\$0.00	\$0.00	\$0.0
Diag2 Desc	cription Diac	3 Description	-do-hartes-do-hartes-do-hartes-do-hartes-d	to destruir do destruir do destrui	-dontesies/sontesies/sonte			Diag	4 Descri	otion	vincin landarinci nlandarinci nlanda	eniralmenieniralmenieniralmenieniralme	alesi da destesi da destes
N64.4 Mast	odynia Z09	Encounter F	or Follow-Up	Examina	tion Aft	er Completed	l Treatmen			lass In	dex (bmi)	40.0-44.9, /	Adult
Manned ICD	9-1 Descripti	on	Manned I	CD9-2 1	Noccrint	on Mapped	ICD9-3 De	cerintion	manamanyon. EM	annod	ICD9-4	Description	
786.59		n, <mark>Pain,</mark> Chest N		eamannamailea		nia V67.59		·······	am Nec Vi			3mi 40.0-44.	9. Adul
Dates of Service	~~~~	ods Descriptio		Dia	resonagement.	scription		nonga engelopopopopopopopopo	TOS	Units	p	Pmts/Adjs	Am Du
L	1111F	Dischrg Mi W/ Curren	eds Reconcile t Med L	d R07	7.89 Ott	ier Chest <mark>Pai</mark>	1		MEDICAL	1.00	\$0.00	\$0.00	\$0.0
Diag2 Desc	ription Diag	3 Description						Diac	4 Descrip	noite			
N64.4 Mast			or Follow-Up	Examina	tion Aft	er Completed	Treatmen				dex (bmi)	40.0-44.9, /	Adult
Mapped ICD	9-1 Descripti		<u></u>			on Mapped		scription				Description	
786.59		n, Pain, Chest N				nia V67.59			am Nec V			3mi 40.0-44.	9, Adul
,		lods Descriptio				scription			TOS	Units		Pmts/Adis	Am

Service		1 1				-				40404	1	Amt	***************************************	Due
11/27/20	20 3078F	-	fost Recent lood Pressu		Z09	Encounte Examinat Treatmer	ion After	llow-Up r Completed		MEDICAL	. 1.00 \$	0.00	\$0.00	\$0.00
Diaga	Desc	ription						Diag3	Descrip	tion	Diag4	Desc	ription	Ì
Z68.4	1 Body	Mass Index	(bmi) 40.0-	44.9, Adult										
Марре	d ICD9-1	Description		Mapped ICD9-	2 Des	cription		Mapped I	CD9-3	Description	on Mappe	1 ICD9-4	Descr	iption
V67.59) <u>F</u>	ollow-Up Ex	am Nec	V85.41	8mi	40.0-44.9,	. Adult							
Payment Date	Reference	Coverage Type	Insurance	Transaction	Pmt Amt	7 1 101 101 101	Trsf Amt	Batch#		Status	Date Updated	Void Batch#	Date Voided	Voided By
12/11/2020	1TR7264417	0 Medical	2418	UHC Payment	\$186.02			2020/12/1	53108	Updated	12/16/2020			
12/11/2020	1TR7264417) Medical	2418	UHC Adjustment	\$241.38			2020/12/1	53108	Updated	12/16/2020			
12/11/2020	1TR7264417	0 Medical	2418	UHC Transfer		Self-Pay	\$30.00	2020/12/1	53108	Updated	12/16/2020			
12/11/2020	1TR7264417	0	Self-Pay	Rebilled Claim				2020/12/1	53108	Updated	12/16/2020			
07/10/2021	01/05/2021		Self-Pay	Preferred Group Transfer		ASPCCV1	\$30.00	COL07102	1Office2	Updated	07/10/2021			

Lakeland Regional Health

130 Pablo Street Lakeland FL 338033818 Tel: (863) 284-5000 Fax: (863) 284-5199

ACCOUNT INQUIRY 08/27/2021 1:21 PM (EST)



Guarantor Information:



Home Tel#: Work Tel#:

Patient Information: Patient#

LAKELAND, FL 33810-3404

Co-Ins Due:

Home Tel#: Work Tel#:

Payor	Current	31-90 Days	91-120 Days	Over 120	Balance	
Self	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	
Insur	\$0.00	\$0.00	\$0.00	\$0,00	\$0.00	
Collect	\$0.00	\$0.00	\$0.00	\$589.43	\$589.43	
				Unassigned:	\$0.00	

\$25.00

Total Balance: \$589.43

ı	Service Date	Voucher#	Provider	Chg Amt	Pmts/Adjs	Balance	Payor	Coverage Type	Billed Date	Age	Patient	
	12/19/2019	546733710	143	\$302.93	\$302.93	\$0.00	2418	Medical	12/23/2019	0		

L	ocation	Departn	nent Place Svc	Of Re		Batch#		Vouche Status		Date Updated	Responsible Party	2	Co-Ins Amt	Co-Ins Paid	Voic Bate		Date	√oided 3y
18	86	LHS-PC	186	14	43	2019/12/	23ALL1	Updated	i	12/23/2019		;	\$20.00	\$20.00)	reconstance and the	en valoriloriloren urunaneke ilenia et	
	Claim#		Bill Media	Е	Billing P	rov	Local U	lse Text		Orig Vouch	er#	Orig	Payor	Orig	3ill Da	te	Orig Med	fia
5	5467337	10	Electronic	1	43					546733710		2418	3	12/23	/2019)	Electroni	С
	Dates Service		Procedure	Mods	Desc	cription		Dia	ig1 [Description		ночочо	TOS	Un	its	Fee Amt	Pmts/Adjs	Amt Due
•	12/19/	2019	87804	QW,59	9 Iaadi	iadoo Inf		J10		Influenza Due Influenza Virus			ied LAB	1.	00	\$60.00	\$60.00	\$0.00

Diag2	Description		Diag3	Description		Diag4	Description
\$16.1XXA	Strain Of Muscle, Fascia And Tendon	ı At Neck Level, I	nitial E Z68.41	Body Mass Ind	ex (bmi) 40.0-44.9,	Adult	
Mapped ICD9-1	Description	Mapped ICD9-2	Description	Mapped ICD9-3	Description	Mapped ICD9-4	Description
488.12	Flu D/T H1N1+ Othr Resp Manifestat	847.0	Sprain/Strain, Neck	V85.41	Bmi 40.0-44.9, Adult		

Dates of Service	Procedure	Mods	Description	Diag1	Description	TOS	Units	Fee Amt	Pmts/Adjs	Amt Due
12/19/2019	87804	QW	Iaadiadoo Inf	310.1	Influenza Due To Other Identified	LAB	1.00	\$60.00	\$60.00	\$0.00

Influenza Virus With Other

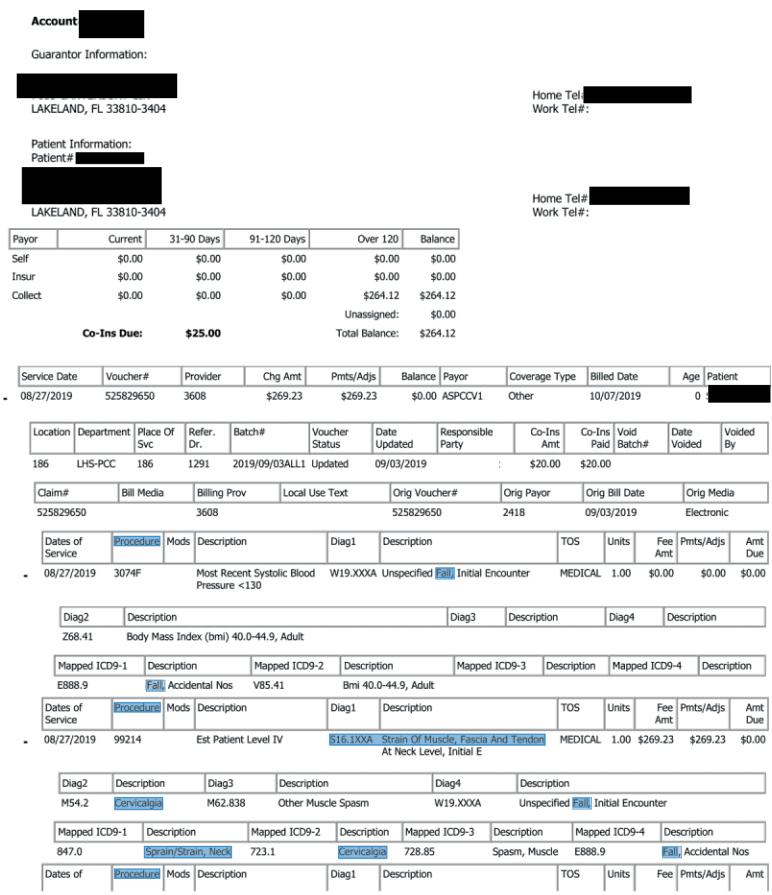
	Description				nenenanen en	**********	Diag3	Description				ладч то	escrip	tion
\$16.1XXA	Strain Of Mu	iscle, Fa	ascia And Tendon	At Neck L	evel, In	itial E	Z68.41	Body Mass Inde	ex (bmi) 40.0	44.9, /	Adult			
Mapped ICD9-1	Descrip	tion		Mapped ICD9-2		Descriptio	n	Mapped ICD9-3	Description		Mapped ICD9-4	1	Descrip	ptio
488.12	Flu D/T Manifesi		Othr Resp	847.0		Sprain/Str Neck	ain,	V85.41	Bmi 40.0-44 Adult	.9,				
Dates of Service	Procedure	Mods	Description		Diag1	Descript	tion		TOS	Units	Fee Amt	Pmts/Ad	tjs	An Du
12/19/2019	99213	25	Est Patient Leve	H III	310.1			o Other Identifie With Other	d MEDICAL	1.00	\$182.93	\$182.	93	\$0.6
Diag2	Description		(MITTON TON TON TON TON TON TON				Diag3	Description			C	Diag4 D	escrip	tion
S16.1XXA	Strain Of Mu	iscle, Fa	escia And Tendon	At Neck Lo	evel, In	itial E	Z68.41	Body Mass Inde	ex (bmi) 40.0	-44.9, /	Adult			
Mapped ICD9-1	Descript	tion	***************************************	Mapped ICD9-2		Descriptio	ж п	Mapped ICD9-3	Description	inanananananananananananananananananana	Mapped ICD9-4	C	Descrip	ptio
488.12	Flu D/T Manifesi		Othr Resp	847.0		Sprain/Str Neck	ain,	V85.41	Bmi 40.0-44 Adult	9,				
Dates of Service	Procedure	Mods	Description		Diag1	Descript	tion		TOS	Units	Fee Amt	Pmts/A	tjs	An Du
12/19/2019	1160F		Rvw All Meds B Prctionr Or Clin		J10.1			o Other Identifie With Other	d MEDICAL	1.00	\$0.00	\$0.	.00	\$0.0
Diag2	Description						Diag3	Description			c	Diag4 D	escrip	tion
S16.1XXA	Strain Of Mu	iscle, Fa	scia And Tendon	At Neck Lo	zvel, In	itial E	Z68.41	Body Mass Inde	ex (bmi) 40.0	44.9,	Adult	and an other property of	did to the state of the state o	********
Mapped ICD9-1	Descript	tion		Mapped ICD9-2		Descriptio	n	Mapped ICD9-3	Description		Mapped ICD9-4	ı	Descrip	ptio
488.12	Flu D/T Manifest		Othr Resp	847.0		Sprain/Str Neck	ain,	V85.41	3 Bmi 40.0-44 Adult	.9,	-			
Dates of Service	Procedure	Mods	Description		Diag1	Descript	tion	her	TOS	Units	Fee Amt	Pmts/Ad	zjs	An Du
12/19/2019	1159F		Medication List Medical Record	Docd In	J10.1		1.41	o Other Identifie With Other	d MEDICAL	1.00	\$0.00	\$0.	00	\$0.0
														Ad as as
Diag2	Description		***************************************				Diag3	Description			E	Diag4 D	escrip/	ruon
Diag2 S16.1XXA	Description Strain Of Mu	iscle, Fa	ascia And Tendon	At Neck L	evel, In	itial E	Diag3 Z68.41		ex (bmi) 40.0	-44.9, /		Diag4 D	escrip	HION
and the state of t			iscia And Tendor	At Neck La		itial E Descriptio	Z68.41		ex (bmi) 40.0 Description	-44.9, /			escrip Descrip	
S16.1XXA Mapped	Strain Of Mu	tion H1N1+	Othr Resp	Mapped			Z68.41	Body Mass Inde	· · · · · · · · · · · · · · · · · · ·		Adult			
S16.1XXA Mapped ICD9-1	Strain Of Mu Descript Flu D/T	tion H1N1+		Mapped ICD9-2		Descriptio	Z68.41	Body Mass Inde Mapped ICD9-3	Description Bmi 40.0-44		Adult	C	Descrip	ptio
Mapped ICD9-1 488.12	Descript Flu D/T Manifest	tion H1N1+ tat	Othr Resp	Mapped ICD9-2 847.0	Diag1	Description Sprain/Str Neck Descript Influenz	Z68.41 n ain, tion	Body Mass Inde Mapped ICD9-3	Description Bmi 40.0-44 Adult TOS	9, Units	Adult Mapped ICD9-4 Fee	Prints/Ac	Descrip djs	
Mapped ICD9-1 488.12 Dates of Service	Descript Flu D/T Manifest Procedure	tion H1N1+ tat	Othr Resp Description Dischrg Meds R	Mapped ICD9-2 847.0	Diag1	Description Sprain/Str Neck Descript Influenz	Z68.41 n ain, tion	Body Mass Inde Mapped ICD9-3 V85.41	Description Bmi 40.0-44 Adult TOS	9, Units	Mapped ICD9-4 Fee Amt \$0.00	Pmts/Ac	Descrip djs	An Du \$0.0
Mapped ICD9-1 488.12 Dates of Service 12/19/2019	Description Description Description	H1N1+ tat	Othr Resp Description Dischrg Meds R	Mapped ICD9-2 847.0	Diag1	Description Sprain/Str Neck Descript Influenz Influenz	Z68.41 ain tion a Due To	Body Mass Inde Mapped ICD9-3 V85.41 O Other Identifier With Other	Description Bmi 40.0-44 Adult TOS d MEDICAL	9, Units 1.00	Mapped ICD9-4 Fee Amt \$0.00	Pmts/Ad	Descrip	An Du \$0.4
Mapped ICD9-1 488.12 Dates of Service 12/19/2019 Diag2	Description Description Description	H1N1+ tat Mods	Othr Resp Description Dischrg Meds R W/ Current Med	Mapped ICD9-2 847.0	Diag1	Description Sprain/Str Neck Descript Influenz Influenz	Z68.41 ain, tion a Due To a Virus V Diag3 Z68.41	Body Mass Inde Mapped ICD9-3 V85.41 o Other Identifier With Other	Description Bmi 40.0-44 Adult TOS d MEDICAL	9, Units 1.00	Mapped ICD9-4 Fee Amt \$0.00	Pmts/Ad \$0.	Descrip	An Dt \$0.4
Mapped ICD9-1 488.12 Dates of Service 12/19/2019 Diag2 S16.1XXA	Description Strain Of Mu Description Strain Of Mu Description	H1N1+ tat Mods Iscle, Fa	Othr Resp Description Dischrg Meds R W/ Current Med	Mapped ICD9-2 847.0 econciled I L At Neck Li	Diag1	Description Sprain/Str Neck Descript Influenz Influenz	Z68.41 nn ain, tion a Due Toa Virus V Diag3 Z68.41	Body Mass Inde Mapped ICD9-3 V85.41 O Other Identifier With Other Description Body Mass Inde Mapped	Description Bmi 40.0-44 Adult TOS d MEDICAL	9, Units 1.00	Adult Mapped ICD9-4 Fee Amt \$0.00 C Adult Mapped Mapped	Pmts/Ad \$0.	Descrip	An Du \$0.0

Service	al de la constant de						-								1	Ami			Due
12/19/201	9 30)78F		Most Recent Blood Presso		с	306.9	Acute Upp Unspecifie	oer Ro ed	espirator	y Inf	ection,	MEDIC	AL 1.	00	\$0.00)	\$0.00	\$0.0
Diag2		Descript	tion			w				Diag3		Descript	tion	1	Diag	4	Desc	ription	
Z68.41		Body Ma	ss Index	(bmi) 40.0-4	14.9, Adı	alt													
Mapped 1	ICD9-	Descri	iption	endendendendendendenden	!		ICD9-	Descript	ion		Мар 3	ped ICD	9- De	scriptic	n N	4apped	ICD9	- Desc	ription
465.9		Infct l Nos	Jp Rsprt I	Ylit Sites, Acı	rte \	/85.41		Bmi 40.0 Adult)-44.9	Э,	inomo momo				mensili son				
Dates of Service	Pr	ocedure	Mods	Description			Diag1	Description	on				TOS	Un	ts	Fee Ami		ts/Adjs	Am Du
12/19/201	9 30)74F		Most Recent Blood Presso			J06.9	Acute Upp Unspecifie		espirator	y Inf	fection,	MEDIC	AL 1.	00	\$0.00)	\$0.00	\$0.0
Diag2		Descript	tion		*****	******	*****	******	*****	Diag3		Descript	tion	T	Diag	4	Desc	ription	****
Z68.41		Body Ma	ass Index	(bmi) 40.0-4	14.9, Adı	ult													
Mannor																			
1	ICD9-	Descr	iption		1	Маррес 2	‡ ICD9-	Descript	ion		Map 3	ped ICD	9- De	scriptic	n N	Mapped	(CD9	- Desc	ription
4	ICD9-			MIt Sites, Act	2	Mapper 2 /85.41	i ICD9-	Descript Bmi 40.0 Adult				ped ICD	9- De	scriptic			ICD9	- Desc	cription
1 465.9	ICD9-	Infct U Nos			2	2 /85.41	ICD9- Prnt Amt	Bmi 40.0	0-44.9		3	enenenenry.	9- De	Scriptic Date Upda			i	Date Voided	Voide
1 465.9 ayment	Referer	Infct U Nos	Up Rsprt 1		ite \	2/85.41 ction	Pmt	Bmi 40.0 Adult	0-44.9 Trsf	Batch#	3	enenenenry.	Status	Date Upda	ted	Voic Bate	i	Date	Voide
465.9	Referer	Infet (Nos	Up Rsprt 1 Coverage Type	Insurance	Transac Self Pay Cash	2/85.41 ction	Pmt Amt	Bmi 40.0 Adult	0-44.9 Trsf	Batch#	2/23	ALL1* U	Status	Date Upda 12/23	ted://20	Voic Batx	i	Date	Voide

Lakeland Regional Health

130 Pablo Street Lakeland FL 338033818 Tel: (863) 284-5000 Fax: (863) 284-5199

ACCOUNT INQUIRY 12/02/2021 8:42 AM (EST)



Se	rvice													Am	t		Due
_ 08	/27/20:	19 3078	F	Most Recent Pressure < 8		d W1	19.XXXA	Unsp	ecified	Fall) Initial End	counter	MEDICA	L 1.00	\$0.0	0	\$0.00	\$0.00
	Diag2	2 D	escription							Diag3	Description	n	Diag4	1	Descrip	tion	
	Z68.4	1 Bo	dy Mass In	dex (bmi) 40.0	-44.9, Adult												
	Mapped ICD9-1 Description		on	Mapped ICD9-2		Description		Mapped ICD9-3 D		Description	Марре	Mapped ICD9-		-4 Description			
	E888.9 Fall, Accidental Nos V85.41 Bmi 40.0-44.9, Adult																
Paym Date	ent	Reference	Covera Type	ge Insurance	Transaction		mt Trans	sfer	Trsf Amt	Batch#		Status	Date Updated	Voi Bat		Date /oided	Voided By
08/27	7/2019	CASH 20.0	0	Self-Pay	Self Pay Cash Payment	\$20.0	00			2019/09/04A/	AJ1	Updated	09/04/20:	19			
09/16	5/2019	1TR42173	365 Medica	2418	UHC Payment	\$0.0	00			2019/09/1733	307	Updated	09/18/20	19			
09/16	5/2019	1TR42173	365 Medica	2418	UHC Adjustment	\$163.	31			2019/09/1733	307	Updated	09/18/20	19			
09/16	5/2019	1TR42173	365 Medica	2418	UHC Transfer		Self-P	ay s	\$85.92	2019/09/1733	307	Updated	09/18/20:	19			
09/16	5/2019	1TR42173	365	Self-Pay	Rebilled Claim					2019/09/1733	307	Updated	09/18/20	19			
07/18	3/2020	10/07/201	9	Self-Pay	Preferred Group Transfer		ASPO	CV1	\$85.92	COL07182000	ffice1	Updated	07/18/207	20			
09/30)/2021	Payment Import - Text5.txt		Self-Pay	Bad Debt Write Off	\$85.9	92			PaymentIm09	9302021_05	Updated	09/30/202	21			

RADIOLOGY IMAGING SPECIALISTS

703 20th ST

COLUMBUS, GA 31904-8920

Phone: (800)666-1816

Fax: Tax ID:

Patient:

Date Created: Monday, November 22, 2021 3:07 PM

DATE	REF. DOCTOR	DOCTOR	PROCEDURE	CHARGES	PAYMENTS	ADJUSTMENTS	BALANCE PAY	SOURCE	INS PLAN
08/27/2019	GUSTAFSON, KESS	KASSNER, JULIAN	72050 - SPINE CER	\$118.00					
09/17/2019	13199086		Payment		\$0.00	\$45.39	UNIT	ED HEALTH	394
09/17/2019	13214279		Payment		\$0.00	\$0.00	UNIT	ED HEALTH	394
12/31/2019	14403271		Radiology Bill		\$0.00	\$72.61	WRIT	E OFF	0 []
				\$118.00	\$0.00	\$118.00	\$0.00		
			Account Total:	\$118.00	\$0.00	\$118.00	\$0.00		

Consents



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

9/18/2019

Disch Date: MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

/ Female

Page 61 of 110

Patient Education and Instructions



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

MRN: Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 69 of 110

Coding



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date: MRN:

Acct:

9/18/2019 10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

Print Date: 8/17/2021 15:53 EDT

Page 100 of 110

Admission Forms



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

9/18/2019

MRN:

Acct:

10/18/2019

Location: PT

Age/Sex: 36 years / Female

Admitting:

Report Req: 109496522

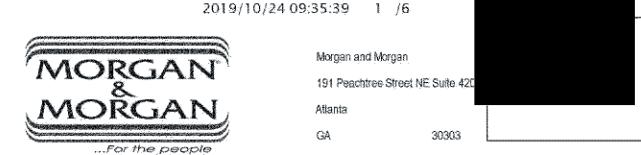
Print Date: 8/17/2021 15:53 EDT

Page 103 of 110





* Auth (Verified) *





TO

9601658818632845173

Sent: 10/24/19, at: 9:35:39 AM 6: page(s) (including cover)

Subject:

Comments:

Good day,

I have attached a request for bills and records for our client. Please feel free to call me with any questions pertaining to this request. Your prompt attention is greatly appreciated on this matter.

Warm Regards,



animated and the second second

A referral is the best compliment. If you know anyone that needs our help, please have them call our office 24/7,

CONFIDENTIALITY NOTICE: This e-mail message including attachments, if any, is intended for the person or entity to which it is addressed and may contain confidential and/or privileged material. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender by reply e-mail and destroy all copies of the original message. Thank you,



*Auth (Verified) * 2019/10/24 09:35:39 2 /6



October 24, 2019

Via Facsimile: 863-284-5173

THE STATE OF THE S

Attn: Medical Records Dept.

Lakeland Regional Health Sports Medicine

3030 Harden Blvd Lakeland, FL 33803

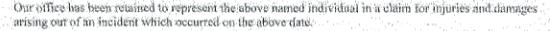
Re: Our Client:

Date of Loss.

DOB:

SSN

Dear Sir or Madam:



In accordance with the enclosed Medical Authorization form, we would appreciate being furnished with the Itemized Bill Medical records and Films including but not limited to X-ray, MRI CT Scans and Films.

Fluoroscopy

for the above named patient from 08/23/2019 through the present.

If you have any questions, or wish to discuss this matter more fully, please contact me by phone at (404)-496-7292, by fax at (470)-639-6892, or by email at nelay@forthepeople.com.

Thank you in advance for your cooperation and assistance.



BLR/nc

191 Peachbee St. NE, Soite 4200 • P.O. Box 57007 • Adamia, GA 30343-1007 • tel (404) 955-9811

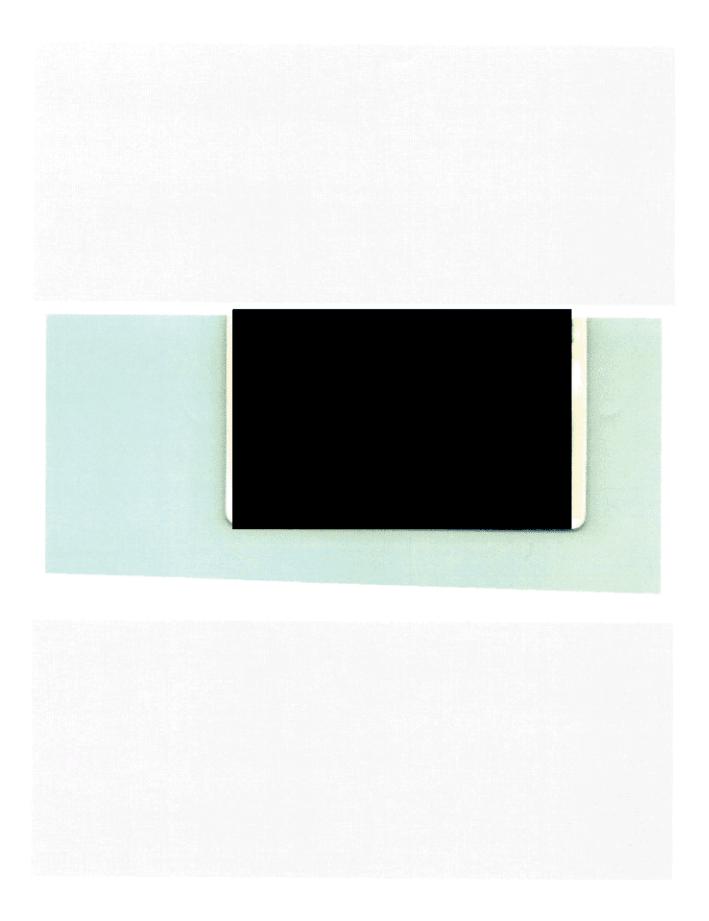


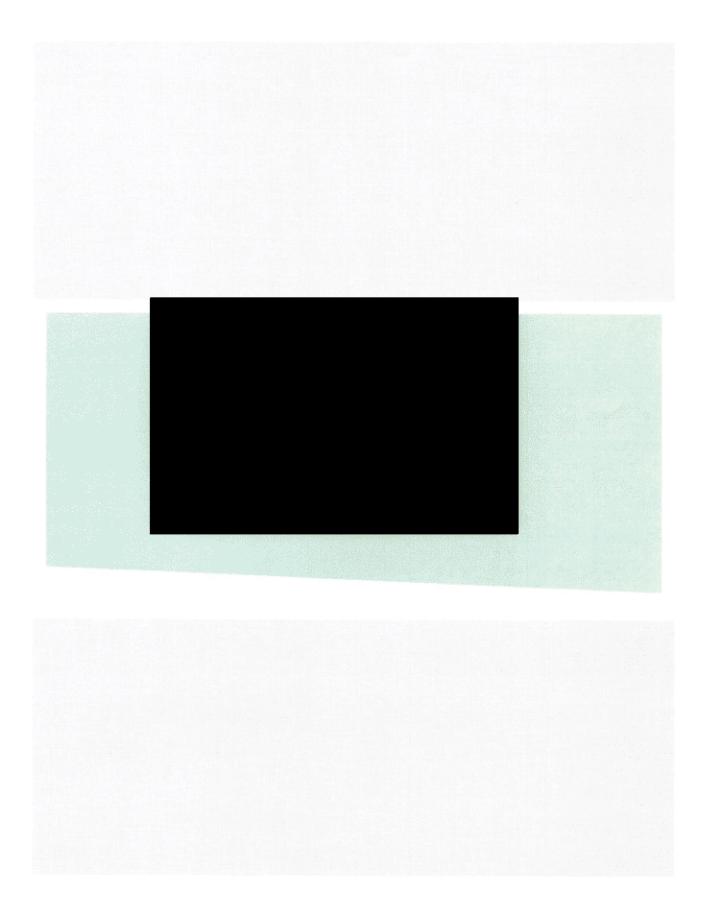


*Auth (Verified) * 2019/10/24 09:35:39 3 /6

. 19 a. – 19 m. – 19 m 19 m. – 19 m. –
CERTIFICATE OF AUTHENTICATION OF MEDICAL RECORDS PURSUANT TO O.C.G.A 88 24-9-902 & 24-8-803
Patient Name: (hereinafter "Patient")
Medical Provider(hereinafter "Provider")
It is the medical records and am a person responsible for the keeping of the medical records for the above Provider, and that the within attached records, are complete, true and accurate reproductions of all the medical records maintained by the Provider concerning the above named Patient, and that said records were (a) made at or near the time of the described acts, events, conditions, opinions, or diagnoses; (b) made by, or from information transmitted by a person with personal knowledge and a business that to report; (c) kept in the coarse of accurate conducted business activity and (d) it was the conducted business activity and (d) it was the conducted business activity.
regularly conducted business activity; and (d) it was the regular practice of that business activity to make the memorandum, report, record, or data compilation.
Custodian or Physician
Sworn to and subscribed before me this day of, 2019.
NOTARY PUBLIC My Commission Expires:

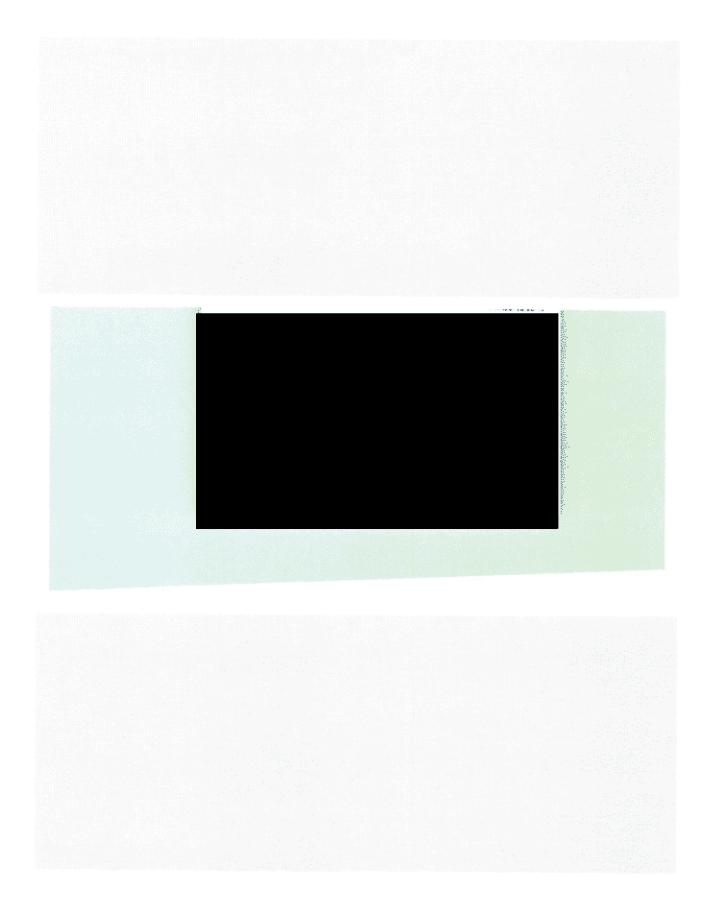
Facility: LRMC





Visit Index

Visit Summary



Progress Notes



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

MRN: Acct:

Disch Date:

9/18/2019 10/19/2010 Location: PT

Age/Sex: 34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 1 of 105

Consents



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

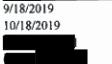
Patient Name:

Admit Date:

Disch Date:

MRN:

Acct:



Location: PT

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 64 of 105

Patient Education and Instructions



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date: MRN:

Acet:

9/18/2019

10/18/2019

Location: PT

Age/Sex: 34 years

/ Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 72 of 105

Coding



Lakeland Regional Medical Center

1324 Lakeland Hills Blvd Lakeland, FL 33805-

Patient Name:

Admit Date:

Disch Date:

9/18/2019

MRN: Acct:

10/18/2019

Location: PT

Age/Sex:

34 years / Female

Admitting: GUSTAFSON ARNP, KESSARIN

Report Req: 63027405

Print Date: 11/15/2019 09:30 EST

Page 103 of 105